

## Equal Fun For Everyone

It is the belief of WDSRA and its member park districts that all individuals should be provided with opportunities that allow an individual to perform at his/her highest level of ability.



## The Benefits Are Endless

The benefits of recreation extend far beyond the soccer field. For an individual with a disability, recreational activities can improve self-confidence, provide socialization opportunities, establish friendships, and reinforce the skills needed throughout a lifetime.



Visit us  
online at  
[www.wdsra.com](http://www.wdsra.com)



## WDSRA Foundation

The WDSRA Foundation was developed in 1993 to establish long term programs of giving from individual businesses and organizations to further the goals and ideals of the Western DuPage Special Recreation Association. The WDSRA Foundation is a 501(c)3 organization.

For more information about the WDSRA Foundation or any of its annual fund raisers, call (630) 681-0962 or visit [www.wdsra.com](http://www.wdsra.com)



WDSRA is a two-time winner of the National Gold Medal Award for excellence in community based programming and a recipient of the Illinois Distinguished Agency Award.

## Western DuPage Special Recreation Association

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# Western DuPage Special Recreation Association



*Equal Fun For Everyone*

Serving the park districts of  
Bloomingdale, Carol Stream, Glen Ellyn,  
Roselle, Naperville, Warrenville,  
West Chicago, Wheaton and Winfield

## WDSRA

The Western DuPage Special Recreation Association (WDSRA) offers over 1,000 programs, trips and special events to *individuals with special needs* each year.

*We provide a safe learning environment with caring, dedicated, trained staff and offer a wide range of programs appealing to a variety of interests.*

WDSRA has been providing fun, recreational opportunities to individuals of all ages with disabilities since 1976 and is a cooperative extension of nine member park districts.

### Programs, Trips, Special Events

WDSRA offers a wide range of weekly programs including Special Olympics and adapted sports, drama and dance, as well as camps and trips. Programs are offered for all ages, from preschool to seniors, and are designed with a close staff to participant ratio.



### Inclusion

WDSRA offers assistance to any individual with a disability who registers for a park district program in any of our member districts. The

goal is to provide the least restrictive environment for an individual. Assistance varies depending on the needs of the individual and can range from adapting

materials to sending support staff. There is no additional cost for participants to receive inclusion services.



## Programs

- Adapted Sports
- Arts and Crafts
- Camps
- Cooking
- Dance
- Drama
- Music
- Social Clubs
- Sports

### Special Olympic Sports

- |                     |               |
|---------------------|---------------|
| Basketball          | Skiing        |
| Bocce               | Snowshoeing   |
| Bowling             | Soccer        |
| Cheerleading        | Softball      |
| Floor Hockey        | Swim Team     |
| Golf                | Tennis        |
| Ice Skating         | Track & Field |
| Power Lifting       | Volleyball    |
| Rhythmic Gymnastics |               |



### Special Events & Trips

- Community Outings
- Dances
- Sporting Events
- Weekend/Extended Trips

## Education

WDSRA offers educational opportunities, including Disability Awareness programs, for the general public that can be adapted for schools, clubs, or other organizations.

### Community Support

Community partnerships are a cornerstone of WDSRA. We believe that it is essential to partner with local organizations, clubs,

churches, agencies, schools, and businesses. WDSRA strives to create partnerships that



enhance the overall experience for participants and community members at large.

### Staff/Volunteers

Full time staff at WDSRA are degreed professionals in Therapeutic Recreation, Special Education, Art and Music Therapy, or related fields. WDSRA employs many part-time staff members. They receive specialized training from our full-time staff. Additionally, WDSRA is always looking for dedicated volunteers to assist in programs.



For more information about WDSRA programs and events or to volunteer, call (630) 681-0962 or visit [www.wdsra.com](http://www.wdsra.com).