

# Drop In Center For Young Adults

# March 2012



Presented by the National Alliance on Mental Illness (NAMI)  
and Western DuPage Special Recreation Association (WDSRA).

The Drop In Center for Young Adults meets every Wednesday from 6:00pm - 9:00pm  
at the Ackerman Sports and Fitness Center (ACK), 800 St. Charles Road, Glen Ellyn.

From 6:00pm –7:00pm dinner is provided. Donations are welcomed.  
From 7:00pm – 9:00pm WDSRA provides free, fun activities (time may vary depending on the activity).

WDSRA provides transportation for up to 12 people when we go on outings.  
We leave from Ackerman and bring you back to Ackerman (times are indicated below).  
You can also drive yourself and meet us there.

<p><b>Mar 7</b></p> <p>Staff: April, Shawn</p>	<p><b>Dinner: Grilled Ham &amp; Cheese Sandwiches &amp; Chips</b> <b>Open Art Night: Clay Nameplates</b> <u>Ackerman Sports and Fitness Center, 800 St. Charles Rd., Glen Ellyn</u> Tonight we will use air-dry clay to make our own clay nameplates that when finished, you can hang on the wall in your room. We can even paint them the next Wednesday if you like.</p>	<p><b>ACK:</b></p>	<p><b>6:00-7:00pm</b> <b>7:00-9:00pm</b></p>
<p><b>Mar 14</b></p> <p>Staff: Heather, Shawn</p>	<p><b>Dinner: Corned Beef, Cabbage &amp; Potatoes</b> <b>Celebrating St. Patrick's Day</b> <u>Ackerman Sports and Fitness Center, 800 St. Charles Rd., Glen Ellyn</u> Be sure to wear green tonight! First we will make and eat some traditional Corned Beef &amp; Cabbage with Potatoes. Then we will watch the movie "Rudy." This movie is an inspiring sports film about a real-life underdog set at Notre Dame University. For those that also want to paint their clay nameplates we will have materials there to do that as well.</p>	<p><b>ACK:</b></p>	<p><b>6:00-7:00pm</b> <b>7:00-9:00pm</b></p>
<p><b>Mar 21</b></p> <p>Staff: April, Shawn</p> <p>Vehicle: Snow White</p>	<p><b>Dinner: Spaghetti, Salad &amp; Bread</b> <b>Glow Golf</b> <u>Ackerman Sports and Fitness Center, 800 St. Charles Rd., Glen Ellyn</u> <u>Stratford Square Mall, 810 Stratford Square Mall, Bloomingdale (Upper level )</u> After dinner we will drive over to the Stratford Square Mall to play some glow in the dark mini golf. You can get some friendly competition going and see who will be the first to make a hole in one!</p>	<p><b>ACK:</b></p> <p><b>Drive:</b></p> <p><b>Golf:</b></p> <p><b>Drive:</b></p> <p><b>ACK:</b></p>	<p><b>6:00-7:00pm</b></p> <p><b>7:00pm</b></p> <p><b>7:30-8:30pm</b></p> <p><b>8:30pm</b></p> <p><b>9:00pm</b></p>
<p><b>Mar 28</b></p> <p>Staff: Heather, Shawn</p> <p>Vehicle: Snow White</p>	<p><b>Dinner: Pizza</b> <b>NCC Student Jazz Concert</b> <u>Riverwalk Community Center, 305 W. Jackson Ave, Naperville</u> <u>North Central College, Madden Theatre at the Fine Arts Center, 171 E. Chicago Ave., Naperville, Show starts at 7:30pm</u> Tonight we are going to have a potluck dinner and ask that everyone make or buy a dish and bring it with you to be served. We will have a signup sheet for items the Wednesday before this night. After dinner, we will go to North Central College to see student performers showcase their talents as two North Central College Student Jazz Ensembles perform. It will be a fun night for all!</p>	<p><b>ACK:</b></p> <p><b>Drive:</b></p> <p><b>NCC:</b></p> <p><b>Drive:</b></p> <p><b>ACK:</b></p>	<p><b>6:00-6:30pm</b></p> <p><b>6:30pm</b></p> <p><b>7:30-8:30pm</b></p> <p><b>8:30pm</b></p> <p><b>9:00pm</b></p>

Please contact Dana Stewart at (630) 681-0962 ext. 131 or email [danas@wdsra.com](mailto:danas@wdsra.com) for more information.