



# Western DuPage

Special Recreation Association

Enriching Lives.  
Connecting Communities.  
Creating Fun.

9/4

## FISHIN' WITH A MISSION

Come with your  
family or WDSRA

9/8

## FAMILY FEST

REGISTER NOW!

NEW!

## BOXING

Ages 16+

### FALL REGISTRATION

Registration Begins: July 29th at 9am  
Registration Ends: August 2nd at 5pm

Confirmations will be sent  
out the week of August 19th.

FALL 2024 PROGRAM GUIDE

## Our Mission

We enrich lives, connect communities and create fun through inclusive recreational opportunities.

## Our Vision

A world of opportunities, belonging and individuals reaching their full potential.

## Core Values

Respect • Passion • Innovation  
Integrity • Communication  
Collaboration • Fun

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## WDSRA OFFICE

The office is temporarily closed to the public, but may reopen in early fall.

116 N. Schmale Road, Carol Stream, IL 60188  
630-681-0962

[WWW.WDSRA.COM](http://WWW.WDSRA.COM)

## ADMINISTRATION & FOUNDATION

**Dan Leahy** - MPA, CPRP, Executive Director

**Ann Kennedy** - Executive Assistant

**Natalie Principe** - MBA, Supt. of Finance & Business Services

**Steve Eckelberry** - CPRP, Technology Manager

**Curtis Lease** - Business Services Manager

**Becky Prince** - Asst. Superintendent of Admin Operations

**Joy Poling** - Administrative Assistant

**Rosa Matos** - Administrative Assistant

**Kari Wiggins** - Administrative Assistant

**Lea Jackman** - Supt. of Communications & Development

**Sherry Manschot** - Marketing/PR Manager

**Kristy Henson** - CTRS, Development Manager

## STAFFING

**Lisa Santoria** - SHRMCP, Senior Human Resources Manager

**Heather Richardson** - CTRS, Support Staff Manager

**Ellie Stefanic** - Support Staff Supervisor

**Diane Sabathne** - Support Services Assistant

## INCLUSION

**Tammy Kerrins** - CTRS, Supt. of Inclusion & Risk Management

**Maddy Manden** - Inclusion Manager

**Jenna Johnson** - CTRS, Inclusion Supervisor

**Alexia Chlibovytsch** - Inclusion Supervisor

## PROGRAM KEY

- **Requires A Lot Of Walking**  
Requires participant to keep pace with the group
- **Blue Programs**  
Meets on alternating weeks
- **Red Programs**  
Meets on alternating weeks



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## RECREATION

**Jorie Meyer** - CTRS, Superintendent of Recreation

**Emily Ackerman** - Program Manager

**Megan Maulding** - Program Supervisor

**Kristen Stepniak** - CTRS, Program Supervisor

**Phil Eide** - Athletics/Synergy Manager

**Ryan Fleck** - Athletics Supervisor

**Macey Horbach** - Athletics Supervisor

## REC & ROLL AND OUTREACH

**Rachel Pavesich** - CTRS, Adult Day Program & Outreach Manager

**Meghan Toliver** - CTRS, Adult Day Program Assistant Manager

**Katie Lyter** - CTRS, Adult Day Program Assistant Manager

**Diana Gallegos** - Adult Day Program Field Supervisor



## BOARD OF DIRECTORS

**Lynn McAteer** - Roselle, Chairman

**Joe Potts** - Bloomingdale

**Sue Rini** - Carol Stream

**Dave Thommes** - Glen Ellyn

**Brad Wilson** - Naperville

**Tim Reinbold** - Warrenville

**Gina Radun** - West Chicago

**Mike Benard** - Wheaton

**Tom Bower** - Winfield

*The WDSRA Board of Directors meets every other month. These meetings are usually held at WDSRA and are open to any community member. Call the office or visit [www.wdsra.com](http://www.wdsra.com) for the time and location of each meeting.*

## Reaching Staff on the Weekends

We continue to have an Emergency Call Forwarding Feature on our phone system for the benefit of parents and staff. If you have an emergency on the weekend, you can call the office, 630-681-0962 and listen to the prompt to dial 9 to be forwarded to a staff member on call. If staff are busy, the call will go to a voicemail system to leave a message and you can expect a call back, if necessary, within 15 minutes. Please leave your name and telephone number as it does not show up on our caller ID. If your issue is not an emergency, call the office Monday-Friday between the hours of 9:00am-4:00pm.

## Certification & Credentials

Certified Therapeutic Recreation Specialist (CTRS) and Certified Park and Recreation Professional (CPRP) are designations granted to professionals who can demonstrate through education and work experience that they meet the criteria set by the National Recreation and Park Association (NRPA) Certification Board and the National Council for Therapeutic Recreation Certification. These professionals have a Bachelor's or higher degree from an NRPA-accredited program, have passed a certification exam, and earn and maintain sanctioned Continuing Educational Units (CEU).

**Now Hiring.  
Apply Today!**

REGISTER ONLINE AT [WWW.WDSRA.COM](http://WWW.WDSRA.COM)



# It All Starts With a Gift ... Helping Sustain In-Person Programs, Virtual Programs and Inclusion Services.

## Making Special Recreation Available to All Families!

Keeping programs affordable and accessible is our commitment. Because of the labor intensive nature of our programs, the constant fluctuation of part-time staff needs, and rising costs overall, we continually need to bridge the gap between the cost of programming and the support received through tax revenues. That gap is filled through the generosity of grantors and donors. **Learn more at [www.wdsra.com](http://www.wdsra.com).**

### Board of Trustees

|                        |               |
|------------------------|---------------|
| Jeff Hayden, Chairman  | Kevin Lavin   |
| Lee Fennell, Treasurer | Pat Marks     |
| Lisa Anderson          | Nina Menis    |
| Mark Barnick           | Ken Munzing   |
| Kevin Beck             | Greg Schwarze |
| Dr. Lori Belha         | -----         |
| Jon Grant              | Dan Leahy     |
| Zach Greenberger       | Lea Jackman   |
| Molly Korb             |               |

### The WDSRA Foundation

- Assists with scholarships, vehicle purchases, program supplies, inclusion services, special projects and more
- Generates funding through donations, sponsorships, events, appeals and more
- Proceeds benefit WDSRA participants and families

For more information on the WDSRA Foundation, contact WDSRA Superintendent of Communications & Development, Lea Jackman at 630-681-0962 ext 580 or [leaj@wdsra.com](mailto:leaj@wdsra.com).

*All donations made to the WDSRA Foundation go directly to support WDSRA programs and services. A 501 (C) 3 not-for-profit organization.*



## SUPPORTING THE WDSRA FOUNDATION

### *Partner with us!*

We believe in building lasting relationships that will benefit participants while furthering the WDSRA mission.

**There are many ways to support WDSRA.  
We welcome your support however you feel comfortable . . .**

#### DONATE

Show your support with a financial contribution!

#### ATTEND EVENTS

Experience a WDSRA Foundation event!

#### VOLUNTEERING

Volunteer in a WDSRA program OR one of our sponsored opportunities. Ask your Human Resources Manager about employee volunteering.

#### GIFT MATCHING PROGRAM

Many companies will match your gift. Ask about your company policy for charitable giving.

#### SCHOLARSHIP ENDOWMENT

Help make sure every family has access to special recreation.

#### CAMPS GIFT CATALOG

Help support campers with a gift from the Camps Gift Catalog.

#### CORPORATE DONATIONS & SPONSORSHIPS

Ask your company to donate to or sponsor one of our events.

**Thank you for supporting WDSRA  
participants & families!**

**To learn more about WDSRA program and services, keep  
up-to-date with the latest news visit [www.wdsra.com](http://www.wdsra.com).**



## THE Ultimate End-of-Summer Celebration!

Grab your friends, family and neighbors for  
**THE LAST BIG PARTY** of the season. There will be:

- Carnival Games
- Face Painting
- Popcorn
- Yard Games
- Ballon Artist
- Kona Ice
- Inflatables
- Air Brush Tattoos
- DJ
- Mini Golf
- Hot Dog Cart

**Friends and family invited!**

**Sunday, September 8 • 1:00-4:00pm**

**Riverwalk Grand Pavilion, Naperville**

Code: 4300028-1

**Note:** This is not a WDSRA-staffed program. All participants must be in attendance with a parent/guardian while at the event and register online. If you are a friend of WDSRA and would like to attend, please email Emily Ackerman at [Emilya@wdsra.com](mailto:Emilya@wdsra.com) to register.



# Craft -N- CREATION

Elevate your artistic skills with new, unique crafts! See page 25 for details.



# JUST DANCING

Learn the latest moves and create unforgettable memories. See page 26 for details.



# DANCE FOR FUN

Turn up the tunes & learn the latest moves. See page 26 for details.



# BOXING

Kick, punch and work up a sweat! See page 35 for details.



# Actors WORKSHOP

Enhance your acting with games, exercise and a performance. See page 26 for details.



# SCHOOLS DAY OUT

## Bowling - Megan Maulding

### Age 8-18 years

Get ready to knock down some pins and score big at Fox Bowl! School's out, so why not spend your day off with a fun-filled bowling extravaganza with your friends? Whether you're a pro or first timer, Fox Bowl promises a blast of excitement and non-stop entertainment. After bowling we will head to the ARC for games and crafts. Don't miss out on the strikes, spares, and unforgettable moments waiting for you at Fox Bowl!

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400016-1 | M   | 9:00-2:00pm | 10/14 |

Location: ARC Center, West Chicago

Fee: \$70

Drop-off WPDCC: 8:30am

Pick-up WPDCC: 2:30pm

Drop-off ARC Center: 9:00am

Pick-up ARC Center: 2:00pm

## Gym Games & Ice Cream - Megan Maulding

### Ages 8-18 years

Don't let your day off from school go to waste searching for fun activities! We've got you covered with an exciting day of gym games with friends, topped off with a special ice cream treat just for you. Join us for a day packed with laughter, friendly competition, and delicious treats!

| Code      | Day | Time          | Dates |
|-----------|-----|---------------|-------|
| 4400034-1 | M   | 9:00am-2:00pm | 11/25 |

Location: ARC, West Chicago

Fee: \$70

Drop-off WPDCC: 8:30am

Pick-up WPDCC: 2:30pm

Drop-off ARC Center: 9:00am

Pick-up ARC Center: 2:00pm

## Swimming - Megan Maulding

### Ages 8-18 years

Dive into fun on your day off from school! Join us at Fountain View for a day of swimming and splashing around with your friends. Don't forget your swimsuit, towel and lunch.

| Code      | Day | Time          | Dates |
|-----------|-----|---------------|-------|
| 4400035-1 | TU  | 9:00am-2:00pm | 11/26 |

Location: ARC, West Chicago

Fee: \$70

Drop-off WPDCC: 8:30am

Pick-up WPDCC: 2:30pm

Drop-off ARC Center: 9:00am

Pick-up ARC Center: 2:00pm

## Lunch & A Movie - Megan Maulding

### Ages 8-18 years

Make the most of your day off school with a thrilling cinematic experience at the movie theater! Join our group for a fantastic movie screening and indulge in a delicious lunch right in the movie theater. After the movie, we'll head back to the ARC for games and activities.

| Code      | Day | Time          | Dates |
|-----------|-----|---------------|-------|
| 4400036-1 | W   | 9:00am-2:00pm | 11/27 |

Location: ARC, West Chicago

Fee: \$70

Drop-off WPDCC: 8:30am

Pick-up WPDCC: 2:30pm

Drop-off ARC Center: 9:00am

Pick-up ARC Center: 2:00pm



## Holiday Break Camp - Megan Maulding

### Ages 6-21 years

Get ready to turn your holiday break into an unforgettable adventure with WDSRA! Our action-packed camp days are bursting with excitement- think games, crafts, music, and so much more! Plus, we'll keep you on your toes with exciting field trips that add an extra dash of excitement to your holiday break. You will receive further information and a detailed camp schedule one week before the program. You must bring a sack lunch each day unless otherwise noted. **Note:** transportation is provided from WDSRA and Fort Hill. You may also meet on-site at the ARC Center in West Chicago.

### Ages 6-12 years

| Code                             | Day    | Time           |
|----------------------------------|--------|----------------|
| 4420000-1                        | M,TH,F | 9:00am -2:00pm |
| <b>Dates:</b> 12/23, 12/26,12/27 |        |                |
| 5120001-1                        | M,TH,F | 9:00am -2:00pm |
| <b>Dates:</b> 12/30, 1/2, 1/3    |        |                |
| Location: ARC West Chicago       |        |                |
| Fees: \$180                      |        |                |

Drop-off Fort Hill: 8:30am (back parking lot)  
Pick-up Fort Hill: 2:30pm (back parking lot)

Drop-off WDSRA: 8:30am  
Pick-up WDSRA: 2:30pm

Drop-off ARC: 9:00am  
Pick-up ARC: 2:00pm

### Ages 13-21 years

| Code                              | Day    | Time           |
|-----------------------------------|--------|----------------|
| 4420000-2                         | M,TH,F | 9:00am -2:00pm |
| <b>Dates:</b> 12/23, 12/26, 12/27 |        |                |
| 5120001-2                         | M,TH,F | 9:00am -2:00pm |
| <b>Dates:</b> 12/30, 1/2, 1/3     |        |                |
| Location: ARC West Chicago        |        |                |
| Fees: \$180                       |        |                |

**For safety reasons, Fort Hill drop-off and pick-up will be in the back parking lot.**

# SPECIAL EVENTS

## Fishin' with A Mission - Emily Ackerman

Bring your family and friends as we partner with Roselle Park District for their first-ever Fishin' with a Mission charity derby! 100% of proceeds will go toward their Passion Project, the creation of original Passion Flowers by WDSRA artists, which will adorn the arboretum walk at Clauss Recreation Center. Prizes will be awarded for the biggest fish, smallest fish, and most fish caught! You can register directly with Roselle Park District to attend with family/friends or participants can register to attend with WDSRA as a special event. \*Please note this event is the same day as Shopping, Lunch & Train Adventure.

### WDSRA Special Event Registration

#### Ages 16 years & older

All fishing equipment and bait will be provided. After the fishing derby, we will stop for lunch. Lunch and fishing admission are included in the fee.

| Code      | Day | Time         | Dates |
|-----------|-----|--------------|-------|
| 4400048-1 | SA  | 9:30-11:30am | 9/14  |

Location: Goose Lake South, Roselle

Fee: \$54

Drop-off WPDCC: 8:45am • Pick-up WPDCC: 1:00pm

### Roselle Family Registration

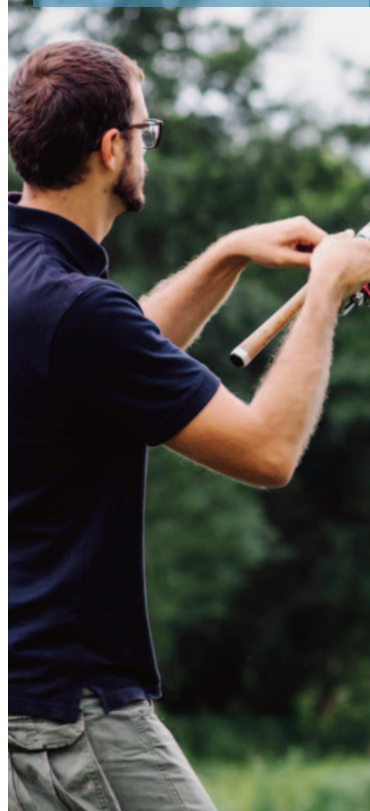
#### All Ages

Bait will be provided but bring your own fishing equipment. All attendees must register for this event. Children must be accompanied by an adult. Register directly with the Roselle Park District online at [rparks.org](http://rparks.org) or visit the Clauss Recreation Center at 555 W. Bryn Mawr Ave., Roselle. Registration Deadline: 9/9.

| Day | Time           | Date |
|-----|----------------|------|
| SA  | 9:30am-12:30pm | 9/14 |

Location: Goose Lake South, Roselle

Fee: \$10



## Virtual Brunch Cooking Class - Emily Ackerman

### Ages 10 years & older

Love brunch? So do we! Join us as we'll create a delicious brunch together. We'll take you step-by-step through recipe instructions in real-time. You'll have a delicious brunch to share and enjoy that day. You can even do it in your pjs!

Menu and ingredient list will be emailed one week before the start of the program.

| Code      | Day | Time          | Dates |
|-----------|-----|---------------|-------|
| 4400006-1 | SA  | 10:00-11:00am | 9/21  |

Location: Virtual

Fee: \$25

## CGDA Golf & Lunch - Kristen Stepniak

### Ages 18 years & older

Join us on the course as you get to practice your golf skills or just come for the fun of golf! The group will have the opportunity to play on Cog Hill's 3-hole Sunshine Course. You are free to practice your short game in the putting area or play the whole course. Lunch will be provided afterward at Cog Hill.

| Code      | Day | Time            | Dates |
|-----------|-----|-----------------|-------|
| 4400007-1 | SA  | 10:30am-12:00pm | 9/21  |

Location: Cog Hill, Lemont

Fee: \$39

Drop-off WPDCC: 9:45am

Pick-up WPDCC: 12:45pm

## ● Apple Picking – Kristen Stepniak

### Ages 16 years & older

Fall is crisp but the apples are crisper! Experience the joy of harvest season with a day of apple picking at Kuiper's Farm. This orchard offers acres of apple trees bursting with crisp, juicy fruit just waiting to be picked. Spend quality time with staff and friends as you wander through the orchard, selecting the perfect apples straight from the tree. Afterward, enjoy lunch on the farm and apple cider donuts for dessert. Participants must be able to walk long distances. **Due to the popularity of this event, we are offering 2 different dates. Please register for the appropriate age group.**

#### Age 16-29 years

| Code      | Day | Time         | Dates |
|-----------|-----|--------------|-------|
| 4400008-1 | SU  | 11:00-1:00pm | 9/22  |

#### Age 30 years & older

| Code      | Day | Time         | Dates |
|-----------|-----|--------------|-------|
| 4400010-1 | SU  | 11:00-1:00pm | 9/29  |

Location: Kuiper's Family Farm, Maple Park  
Fee: \$65

Drop-off WPDCC: 10:00am  
Pick-up WPDCC: 1:45pm

## North Central College Football Game – Megan Maulding

### Ages 18 years & older

Calling all football fanatics and sports enthusiasts! Round up your squad and witness the North Central Cardinals go head-to-head against the Washington University Bears. Experience the thrill of every touchdown, tackle, and triumph as these gridiron giants showcase their skills and determination. This action-packed game will keep you on the edge of your seat from kickoff to the final whistle! **Please bring money if you want to purchase food or drink and come dressed for the weather.**

| Code      | Day | Time         | Dates |
|-----------|-----|--------------|-------|
| 4400009-1 | SA  | 12:00-3:00pm | 9/28  |

Location: North Central College, Naperville  
Fee: \$56

Drop-off WDSRA: 10:45am  
Pick-up WDSRA: 4:00pm

Drop-off Fort Hill: 11:30am (back parking lot)  
Pick-up Fort Hill: 3:15pm (back parking lot)

## Saddle Up – Megan Maulding

### Ages 21 years & older

Get ready to kick up your heels and have a rootin' tootin' good time at Saddle Up Saloon! Saddle Up is not your ordinary bar—it's a country-themed hotspot where you can enjoy delicious food, drinks, and even learn some awesome line dancing moves from the pros! Whether you're a seasoned line dancer or a complete beginner, come on down and join the fun! **This event is exclusively for those aged 21 and older, so don't forget to bring your valid ID for entry.**

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400011-1 | W   | 6:00-8:30pm | 10/2  |

Location: Saddle Up Saloon, Naperville  
Fee: \$60

Drop-off WPDCC: 5:15pm  
Pick-up WPDCC: 9:15pm

Drop-off Fort Hill: 5:45pm (back parking lot)  
Pick-up Fort Hill: 8:45pm (back parking lot)

## ● Hiking at the Arboretum – Emily Ackerman

### Ages 18 years & older

You will get to hike and explore all that the Morton Arboretum has to offer! The Arboretum has gorgeous gardens, mazes, playgrounds, sculptures, and more. After hiking, the group will enjoy a picnic lunch. WDSRA will provide lunch from the café (included in the fee). Participants registered must be able to walk long distances independently.

| Code      | Day | Time         | Dates |
|-----------|-----|--------------|-------|
| 4400012-1 | SA  | 12:00-2:30pm | 10/5  |

Location: Morton Arboretum  
Fee: \$67

Drop-off WPDCC: 11:45am  
Pick-up WPDCC: 2:45pm

## PROGRAM KEY

- **Requires A Lot Of Walking**  
*Requires participant to keep pace with the group*
- **Blue Programs**  
*Meets on alternating weeks*
- **Red Programs**  
*Meets on alternating weeks*



# SPECIAL EVENTS

## ● The Forge – Kristen Stepniak

### Ages 18 years & older

Experience adventure, nature, and creativity like never before at The Forge: Lemont Quarries! Nestled in a historic quarry is a one-of-a-kind adventure park that offers thrilling outdoor activities. Here, you have the chance to play laser tag, archery, axe throwing, kayak cross the quarry's crystal-clear waters and so much more. The Forge: Lemont Quarries is the ultimate destination for adventure and inspiration! Lunch and activities are included in fee.

| Code      | Day | Time         | Dates |
|-----------|-----|--------------|-------|
| 4400013-1 | SU  | 11:30-3:30pm | 10/6  |

Location: The Forge, Lemont

Fee: \$117

Drop-off WPDCC: 11:00am

Pick-up WPDCC: 4:00pm

## ● Bengston's Pumpkin Patch – Kristen Stepniak

### Ages 18 years & older

Welcome to the pumpkin patch, where autumn magic comes to life! Get ready for a day of fun as you get to experience 20+ attractions and enjoy delicious fall treats. Create lasting memories with hayrides, pumpkins, and a variety of activities. Come join us and celebrate the splendor of the season!

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400014-1 | SA  | 1:00-4:00pm | 10/12 |

Location: Bengston's, Homer Glen

Fee: \$83

Drop-off Fort Hill: 12:15pm

Pick-up Fort Hill: 4:45pm

## ● Windy Acres Pumpkin Patch

– Kristen Stepniak

### Ages 18 years & older

Get ready for a day of fun as you navigate through our corn maze, dance to live musicians/DJ and enjoy delicious fall treats. Create lasting memories with 20+ attractions, pumpkins, and a variety of activities. Come join us and celebrate the beauty of the season!

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400015-1 | SU  | 1:00-4:00pm | 10/13 |

Location: Windy Acres Farm, Geneva

Fee: \$57

Drop-off WDSRA: 12:15pm

Pick-up WDSRA: 4:45pm

## Hollywood Palms – Megan Maulding

### Ages 18 years & older

Get ready for an unforgettable night at Hollywood Palms, where you'll be among friends catching the hottest new movie! We'll be seeing a film rated G, PG, or PG-13. The program fee covers not just the movie ticket but also a delicious dinner, making this evening a perfect blend of great food and entertainment! **Note:** An email will be sent out the week before with the name of the movie. Transportation will not be provided. You must meet the group directly at the Movie Theater.

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400017-1 | W   | 6:00-9:00pm | 10/16 |

Location: Hollywood Palms, Naperville

Fee: \$60



SCAN HERE  
FOR MORE  
INFORMATION

## Halloween Trolley - Kristen Stepniak

**Ages 18 years & older**

Ding! Ding! Trick or Treat! Back by popular demand is the Dinner and Naperville Halloween Lights Trolley Tour. We will be heading to Up North Ale House in Naperville for dinner followed by the Naperville Halloween Lights Trolley Tour. The tour will run from 7:30-8:30pm. This guided trolley tour will take us through North and South Naperville to look at all the Halloween-decorated homes. Please note: this trolley is accessible for all.

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400018-1 | SA  | 5:00-8:30pm | 10/19 |

Location: Naperville Area

Fee: \$68

Drop-off North Ale House 5:00pm

Pick-up North Ale House: 8:30pm

Drop-off WPDCC: 4:30pm

Pick-up WPDCC: 9:15pm

## Chicago Field Museum - Kristen Stepniak

**Ages 18 years & older**

Embark on an unforgettable journey of discovery at the Chicago Field Museum! Get ready to explore a world of wonder, where over 35,000 artifacts await your curiosity. Meet Sue, the largest and most complete T-Rex ever discovered, and come face-to-face with ancient civilizations and mummies from around the globe. Dive into the depths of the ocean, marvel at towering dinosaur skeletons, and gaze upon dazzling gemstones. Your visit to the Field Museum promises an adventure you'll cherish forever!

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400019-1 | SU  | 1:00-4:00pm | 10/20 |

Location: Field Museum, Chicago

Fee: \$66

Drop-off WPDCC: 11:45am

Pick-up WPDCC: 5:00pm

## Parents Night Out - Emily Ackerman

**Ages 6-12 years**

We are collaborating with Our Savior Lutheran Church to offer a parent's night out! Parents will enjoy a nice meal at Ricco Vinos while the participants stay at Our Savior Lutheran Church to participate in gym games, crafts, and refreshments with assistance from WDSRA staff. **Note:** Once parents drop off their participant at the church, they will head down the street for dinner at Ricco Vinos from 6:15-7:45 pm. Parents will need to pay for their own dinner.

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400020-1 | W   | 6:00-8:00pm | 10/23 |

Location: Our Savior Lutheran Church, Carol Stream

Fee: \$25

Drop-off Our Savior Lutheran Church: 6:00pm

Pick-up Our Savior Lutheran Church: 8:00pm

## PROGRAM KEY

- **Requires A Lot Of Walking**  
*Requires participant to keep pace with the group*
- **Blue Programs**  
*Meets on alternating weeks*
- **Red Programs**  
*Meets on alternating weeks*



**For safety reasons, Fort Hill drop-off and pick-up will be in the back parking lot.**

# SPECIAL EVENTS

## Costume Ball - Megan Maulding

### Ages 18 years & older

Get ready for a spooktacular evening at our annual Costume Ball! Dress to impress in your spookiest, silliest, or most stunning Halloween attire and join us for a night of dancing, a costume contest, and light refreshments. **Note: The following social clubs are scheduled to attend: Carol Stream Cruisers, and Naperville Crew. Please do not register for the special event if you are in one of these clubs.**

| Code                      | Day | Time        | Dates |
|---------------------------|-----|-------------|-------|
| 4400021-1                 | F   | 6:30-8:30pm | 10/25 |
| Location: TBD, Naperville |     |             |       |
| Fee: \$45                 |     |             |       |

Drop-off Fort Hill: 6:30pm (back parking lot)  
Pick-up Fort Hill: 8:30pm (back parking lot)

Drop-off WDSRA: 6:00pm  
Pick-up WDSRA: 9:15pm

## Howlin' at the Moon - Megan Maulding

### Ages 21 years & older

Dust off your most enchanting costume and get ready for a night of spine-tingling excitement at the Howlin' at the Moon festival. Enjoy live music and feast your fangs into delicious local cuisine at the Food Truck Graveyard. Get ready to be mesmerized by a stunning line up of attractions, including fire dancers, a contortionist, a magician, a graveyard photo-op, a reptile and bug show, and a host of other thrilling surprises. Please note: Participants must bring their own money if they want to purchase food. You must be at least 21 years old and bring a valid ID. Given the Halloween theme and spooky costumes this event may be scary and may not be suitable for all audiences.

| Code                                   | Day | Time        | Dates |
|----------------------------------------|-----|-------------|-------|
| 4400022-1                              | SA  | 6:00-8:30pm | 10/26 |
| Location: Naper Settlement, Naperville |     |             |       |
| Fee: \$67                              |     |             |       |

Drop-off Fort Hill: 5:45pm (back parking lot)  
Pick-up Fort Hill: 8:45pm (back parking lot)

Drop-off WDSRA: 5:00pm  
Pick-up WDSRA: 9:30pm

## Boo at the Zoo - Kristen Stepniak

### Ages 18 years & older

Join us for a spooktacular celebration at Boo at the Zoo! Explore the zoo as it is transformed into a festive wonderland, complete with trick-or-treating, costume contests, and creepy-crawly animal encounters. With pumpkin decorating, hayrides, and thrilling haunted houses, there's something for everyone to enjoy. Get your costumes ready and join us for Boo at the Zoo—it's a Halloween event you won't want to miss!

| Code                                 | Day | Time        | Dates |
|--------------------------------------|-----|-------------|-------|
| 4400023-1                            | SU  | 1:00-4:00pm | 10/27 |
| Location: Brookfield Zoo, Brookfield |     |             |       |
| Fee: \$81                            |     |             |       |

Drop-off WPDCC: 12:15pm  
Pick-up WPDCC: 4:45pm

## Dave & Busters - Emily Ackerman

### Ages 18 years & older

Saturday just got a whole lot more fun! Whether it's classic arcade or traditional games you like, Dave & Buster's has it all. When it's time to break for dinner, choose from their extensive menu including burgers, wings, desserts and more. Level up for an evening of endless fun! Please note: We will meet on-site at Dave and Busters. Dave and games are included in fee.

| Code                                 | Day | Time        | Dates |
|--------------------------------------|-----|-------------|-------|
| 4400024-1                            | SA  | 5:00-7:00pm | 11/2  |
| Location: Dave & Busters, Schaumburg |     |             |       |
| Fee: \$86                            |     |             |       |

Drop-off WPDCC: 4:15pm  
Pick-up WPDCC: 7:45pm



# SPECIAL EVENTS

## BUNCO – Megan Maulding

### Ages 16 years & older

Get ready to roll the dice and have a blast at our next BUNCO party! Gather your friends for an evening filled with delicious food from a local restaurant, refreshing drinks, and non-stop fun. We'll keep the excitement rolling with rounds of BUNCO, fabulous prizes, and a sweet finale with delicious desserts. Don't pass up the chance to be part of this unforgettable evening of fun with your friends!

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400025-1 | SU  | 3:30-6:00pm | 11/3  |

Location: Fort Hill, Naperville

Fee: \$45

Drop-off WDSRA 2:45pm

Pick-up WDSRA 6:45pm

Drop-off Fort Hill 3:30pm

Pick-up Fort Hill 6:00pm

## Studio Movie Grill - Kristen Stepniak

### Ages 18 years & older

Movie lovers, we are headed to the big screen! Dinner and the movie are included in the program fee. Depending on the length of the movie, the drop-off and pick-up times may change. You will be contacted prior to the event with final times and with the movie title. The group will be seated in a private theater and the showtimes are different than what is displayed on the theater's website. Depending on the month, movies can either be classics or new. The movie will be G, PG or PG-13.

Please meet inside at the main entrance.

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400026-1 | W   | 5:30-8:30pm | 11/6  |

Location: Studio Movie Grill, Wheaton

Fee: \$50



## Picklehaus – Kristen Stepniak

### Ages 18 years & older

Step onto the court and experience the excitement of Pickleball, the fastest-growing sport in America! Pickleball is a sport combining elements of tennis, badminton, and ping-pong. Pickelhaus is a unique venue that offers 12 courts, woodfired pizzas, and lounge areas to watch while you take turns playing on the court. WDSRA will be providing lunch.

| Code      | Day | Time           | Dates |
|-----------|-----|----------------|-------|
| 4400027-1 | SA  | 10:30am-1:30pm | 11/9  |

Location: Picklehaus, Algonquin

Fee: \$73

Drop-off WDSRA: 9:45am

Pick-up WDSRA: 2:15pm

# SPECIAL EVENTS

## ● Friendsgiving – Megan Maulding

**Ages 16 years & older**

Embark on an epic culinary journey like no other to three local restaurants! Start with delectable appetizers at one of the local trendiest eateries, setting the tone for an evening of culinary brilliance. Move on to a cozy café for mouthwatering entrees that will leave your taste buds dancing with delight. But wait, the adventure doesn't end there! Save room for the grand finale – a spectacular dessert spread at a charming restaurant. Gather your friends, savor the journey, and let the culinary magic unfold! Please note: All participants will meet at the ARRC.

| Code      | Day | Time         | Dates |
|-----------|-----|--------------|-------|
| 4400028-1 | SU  | 4:00-7:30 pm | 11/10 |

Location: ARRC, Naperville

Fee: \$75

## Fall Harvest Dance - Emily Ackerman

**Ages 18 years & older**

Dust off your dancing shoes and join us for a night of enchantment at our Fall Dance! Celebrate the beauty of the season with an evening filled with music, laughter, and memories. Whether you're twirling across the dance floor or simply enjoying the company of friends, our Fall Dance promises an unforgettable experience. With festive decorations, delicious refreshments, and a lively atmosphere, it's the perfect way to welcome autumn in style. Come make memories that will warm your heart all season long! **Wheaton Socialites and Naperville Nighthawks will be attending this dance. If you are enrolled in one of these clubs, please do not register for this event.**

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400029-1 | F   | 6:30-8:30pm | 11/15 |

Location: Fountain View Recreation, Carol Stream

Fee: \$45

Drop-off Fort Hill: 5:45pm (back parking lot)

Pick-up Fort Hill: 9:15pm (back parking lot)

Drop-off Fountain View Recreation: 6:30pm

Pick-up Fountain View Recreation: 8:30pm



## ● Christmas Shopping & Lunch – Emily Ackerman

**Ages 18 years & older**

Get a head start on your Christmas shopping this holiday season at Woodfield Mall! Start your shopping spree at the beautifully decorated stores, brimming with unique gifts, holiday décor, and seasonal surprises for everyone on your list. After finding the perfect presents, take a well-deserved break and enjoy a delicious lunch at the food court. Embrace the holiday spirit, create joyful memories, and experience the magic of Christmas shopping and lunch in style! **Bring your own money for shopping; WDSRA will provide lunch.**

| Code      | Day | Time         | Dates |
|-----------|-----|--------------|-------|
| 4400030-1 | SA  | 10:30-1:30pm | 11/16 |

Location: Woodfield Mall, Schaumburg

Fee: \$38

Drop-off WDSRA: 10:00 am

Pick-up WDSRA: 2:00pm

## PROGRAM KEY

- **Requires A Lot Of Walking**  
*Requires participant to keep pace with the group*
- **Blue Programs**  
*Meets on alternating weeks*
- **Red Programs**  
*Meets on alternating weeks*





## Sunday Funday: Bears vs. Packers

Watch Party – Kristen Stepniak

**Ages 18 years & older**

Looking for the best spot to catch the Bears vs. Packers game? Then join us at Buffalo Wild Wings! Enjoy the intense rivalry with its multiple big-screen TVs, surround sound, and game day specials. Grab a cocktail or mocktail, savor some delicious game-day food, and cheer on your favorite team. **WDSRA will provide lunch. Bring money and a valid ID if you plan to purchase an alcoholic drink.**

| Code      | Day | Time         | Dates |
|-----------|-----|--------------|-------|
| 4400031-1 | SU  | 12:30-4:00pm | 11/17 |

Location: Buffalo Wild Wings (Warrenville location)

Fee: \$50

Drop-off WPDCC: 12:00pm

Pick-up WPDCC: 4:30pm

*Connect With Us!*



Elevate your artistic skills with new, unique crafts! See page 25 for details.

## Main Event – Megan Maulding

**Ages 16 years & older**

Get ready for a night packed with non-stop fun, food, and friendly competition! Join us at Main Event for bowling, laser tag, high ropes course, arcade games, and pizza. Gather your crew, make memories, and let the excitement begin!

| Code      | Day | Time         | Dates |
|-----------|-----|--------------|-------|
| 4400032-1 | SA  | 5:00-7:30 pm | 11/23 |

Location: Main Event, Warrenville

Fee: \$45

Drop-off WPDCC: 4:45pm

Pick-up WPDCC: 7:45pm

## Top Golf – Kristen Stepniak

**Ages 18 years & older**

Swing into action and take your game to new heights at Topgolf! Hit microchipped golf balls at colorful targets on the range, compete in addictive point-scoring games, and enjoy delicious food and drinks from the chef-inspired menu. With climate-controlled hitting bays, live music, and a lively atmosphere, Topgolf is the ultimate destination for unforgettable fun. **Please meet on-site and look for WDSRA staff at the main entrance.**

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400033-1 | SU  | 5:00-7:00pm | 11/24 |

Location: Top Golf, Naperville

Fee: \$108

# SPECIAL EVENTS

## People's Resource Center

### Art Class – Emily Ackerman

#### Ages 18 years & older

WDSRA is collaborating again with People's Resource Center to offer you an art class. This special event will focus on creating a master art creation that you will get the opportunity to take home with you. Art + friends = perfect Tuesday evening!

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400037-1 | TU  | 6:30-8:00pm | 12/3  |

Location: People's Resource Center, Wheaton

Fee: \$30

Drop-off People's Resource Center: 6:30pm

Pick-up People's Resource Center: 8:00pm

## Holiday Dinner Dance - Kristen Stepniak

#### Ages 18 years & older

Join us for a magical evening of dining and dancing at our Holiday Dinner Dance! Celebrate the season in style as we deck the halls and spread festive cheer. Indulge in a delicious holiday feast prepared by the talented chefs, then hit the dance floor and groove to your favorite holiday tunes. All participants will receive a party favor to take home. **Note:** You must get dropped off and picked up at the location you chose at registration and participants must go home the same way they arrived at the dance.

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400038-1 | F   | 6:00-9:00pm | 12/6  |

Location: Abbington Banquets, Glen Ellyn

Fee: \$115

Drop-off WDSRA: 5:30pm

Pick-up WDSRA: 9:30pm

Drop-off Fort Hill: 5:15pm (back parking lot)

Pick-up Fort Hill: 9:45pm (back parking lot)

Drop-off Abbington: 6:00pm

Pick-up Abbington: 9:00pm

## Dinner & Holiday Lights

#### Ages 16 years & older

Get ready for the ultimate festive adventure! Back by popular demand, join us for an evening filled with joy, laughter, and dazzling sights and sounds of the season, all from the cozy comfort of a WDSRA vehicle! We kick off the festivities with a delectable dinner (which is included in the program fee), at a surprise restaurant location, revealed to you in a special email the week before the program. Once we've savored every bite, it's time to hit the road and immerse ourselves in the twinkling magic of holiday lights! From enchanting neighborhoods to spectacular displays, we'll hunt down the most mesmerizing sights while soaking in the holiday spirit. Reserve your spot now and make this holiday season one to remember!

### North - Emily Ackerman

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400039-1 | SA  | 5:00-8:00pm | 12/7  |

Location: WDSRA, Carol Stream

Fee: \$50

Drop-off WDSRA: 5:00pm

Pick-up WDSRA: 8:00pm

### South - Megan Maulding

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400039-2 | SA  | 5:00-8:00pm | 12/7  |

Location: Fort Hill, Naperville

Fee: \$50

Drop-off Fort Hill: 5:00pm

Pick-up Fort Hill: 8:00pm

# SPECIAL EVENTS

## Ugly Sweater & Hot Cocoa – Emily Ackerman

**Ages 16 years & older**

Get ready to sleigh the holiday season in style with our “ugly” sweater event! It’s time to dust off those quirky, festive garments that have been waiting all year to shine. Get into the groove with some jingle bell rock and enjoy the cozy warmth of delicious hot cocoa, topped with a delightful array of candies and sweets. It’s the perfect blend of festive fun and sweet indulgence.

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400040-1 | SU  | 3:00-5:00pm | 12/8  |

Location: Fort Hill, Naperville

Fee: \$35

Drop-off Fort Hill: 3:00pm

Pick-up Fort Hill: 5:00pm

Drop-off WDSRA: 2:15pm

Pick-up WDSRA: 5:45pm

## ● Holiday Magic – Kristen Stepniak

**Ages 18 years & older**

Experience the wonder of the holiday season at Brookfield Zoo’s Holiday Magic! Join us for a magical celebration filled with twinkling lights, festive decorations, and holiday cheer. Explore the Zoo after dark as it transforms into a Winter Wonderland, complete with dazzling light displays and seasonal attractions. Watch live ice carving demonstrations and enjoy holiday-themed entertainment. With carolers, live music, and special animal exhibits, Holiday Magic at Brookfield Zoo is the perfect way to make unforgettable memories this holiday season. **Note:** We are offering a South and North section, register for your preferred section. Dinner and admission are included in fee.

| North Code | Day | Time        | Dates |
|------------|-----|-------------|-------|
| 4400041-1  | F   | 6:00-9:00pm | 12/13 |

Location: Brookfield Zoo, Brookfield

Fee: \$87

Drop-off WDSRA: 5:00pm

Pick-up WDSRA: 9:45pm

| South Code | Day | Time        | Dates |
|------------|-----|-------------|-------|
| 4400041-2  | F   | 6:00-9:00pm | 12/13 |

Location: Brookfield Zoo, Brookfield

Fee: \$87

Drop-off Fort Hill: 5:00pm (back parking lot)

Pick-up Fort Hill: 9:45pm (back parking lot)



## Virtual Holiday Baking – Emily Ackerman

**Ages 16 years & older**

Don’t stress about your holiday baking any longer, we got you covered! Join us virtually where we will be baking our favorite holiday goods. Participants will increase their baking skills throughout this program by receiving helpful tips and tricks. Participants will be emailed the recipe and ingredients one-week prior to the start of the program.

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400042-1 | SA  | 6:00-7:30pm | 12/14 |

Location: Virtual

Fee: \$25

## WDSRA Showcase – Emily Ackerman

**All ages**

Join us for the event of the year! WDSRA’s participants’ talent will be spotlighted and displayed on the big screen! This showcase will include videos, photos, and pre-recorded performances from all aspects of WDSRA programming. Sit back, relax, and enjoy the show. **Note:** This is a community event, so bring the whole family. Everyone will need to register through the link below. Those participating in the showcase do not need to register.

**Link to buy tickets:**

<http://weblink.donorperfect.com/WDSRAShowcase2024>

| Day | Time        | Dates |
|-----|-------------|-------|
| SU  | 1:00-3:00pm | 12/15 |

Location: TBD

Fee: \$15

# SPECIAL EVENTS

## Hollywood Palms - Megan Maulding

**Ages 18 years & older**

Get ready for an unforgettable night at Hollywood Palms, where you'll be among friends catching the hottest new movie! We'll be seeing a film rated G, PG, or PG-13. The program fee covers not just the movie ticket but also a delicious dinner, making this evening a perfect blend of great food and entertainment!

**Note:** An email will be sent out the week before with the name of the movie. Transportation will not be provided. You must meet the group directly at the Movie Theater.

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400044-1 | W   | 6:00-9:00pm | 12/18 |

Location: Hollywood Palms, Naperville

Fee: \$60



## Gingerbread House Making - Emily Ackerman

**Ages 16 years & older**

From the frosty rooftop to the candy décor, no two gingerbread houses are alike! Let your imagination guide you as you create your very own. We'll keep the holiday cheer high with seasonal music, festive games and celebrating everyone's gingerbread house masterpiece.

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400045-1 | F   | 6:00-8:00pm | 12/20 |

Location: WDSRA, Carol Stream

Fee: \$35

Drop-off WDSRA: 6:00pm

Pick-up WDSRA: 8:00pm

Drop-off Fort Hill: 5:15pm (back parking lot)

Pick-up Fort Hill: 8:45pm (back parking lot)

## NYE Extravaganza - Kristen Stepniak

**Ages 18 years & older**

Say goodbye to 2024 and welcome 2025 with an evening of music, dancing, and a "midnight" toast! Whether you're on the dance floor or enjoying tabletop activities, there's something for everyone. This dance promises a night full of excitement and joy!

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400046-1 | F   | 6:30-8:30pm | 12/27 |

Location: WPDCC, Wheaton

Fee: \$45

Drop-off WPDCC: 6:30pm

Pick-up WPDCC: 8:30pm

Drop-off Fort Hill: 5:45pm (back parking lot)

Pick-up Fort Hill: 9:15pm (back parking lot)

What are you doing for NYE?? Come to the NYE Extravaganza and get ready for a great time!

## Cookie Decorating at Moose & Me - Megan Maulding

**Ages 18 years & older**

Dive into a world of sweet creativity with your pals! Picture this: laughter filling the air as you and your friends gather around a table filled with freshly baked cookies, ready to be transformed into edible masterpieces. With an array of colorful icings, sprinkles that sparkle, and delicious toppings, let your imagination run wild! Whether you're a seasoned decorator or a first-time cookie artist, this is an afternoon of fun, laughter, and scrumptious treats you won't forget! Grab your friends and let the cookie decorating adventure begin!

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 4400047-1 | SA  | 6:30-8:30pm | 12/28 |

Location: Moose & Me Bakery, 3075 Book Rd Naperville  
Fee: \$

Drop-off WDSRA: 5:45pm

Pick-up WDSRA 9:00pm

Drop-off Moose & Me: 6:30pm

Pick-up Moose & Me: 8:30pm

## Puttshack - Kristen Stepniak

**Ages 18 years & older**

Get ready to putt, party, and play at Puttshack Oakbrook – the ultimate destination for unforgettable fun! Whether you're a golf pro or just looking for a good time, this state-of-the-art mini-golf experience is sure to delight. Putt your way through the interactive courses, where advanced technology brings the game to life with every swing. Dinner will be provided. Come join the fun and experience mini-golf like never before!

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 5100001-1 | SA  | 3:30-6:30pm | 1/4   |

Location: Puttshack, Oakbrook  
Fee: \$97

Drop-off WPDCC: 3:00pm

Pick-up WPDCC: 7:00pm

## Paramount Theatre

### Frozen the Musical – Emily Ackerman

Bundle up! We are heading to Adrendelle! Join WDSRA as we watch Frozen the Musical at the Paramount Theatre. Here, we get to experience the well-loved Disney story of Anna and Elsa's journey through sisterhood and witness a live performance of your favorite Frozen songs.

**Ages 10-21 years**

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 5100002-1 | SU  | 1:00-3:30pm | 1/5   |

**Ages 22 years & older**

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 5100002-2 | SU  | 1:00-3:30pm | 1/5   |

Location: Paramount, Aurora

Fee: \$105

Drop-off WPDCC: 12:00pm

Pick-up WPDCC: 4:15pm

## Studio Movie Grill - Kristen Stepniak

**Ages 18 years & older**

Movie lovers, we are headed to the big screen! Dinner and the movie are included in the program fee. Depending on the length of the movie, the drop-off and pick-up times may change. You will be contacted prior to the event with final times and with the movie title. The group will be seated in a private theater and the showtimes are different than what is displayed on the theater's website. Depending on the month, movies can either be classics or new. The movie will be G, PG or PG-13. Please meet inside at the main entrance.

| Code      | Day | Time        | Dates |
|-----------|-----|-------------|-------|
| 5100003-1 | W   | 5:30-8:30pm | 1/8   |

Location: Studio Movie Grill, Wheaton

Fee: \$50

# SOCIAL PROGRAMS



## Aktion Club – Megan Maulding

**Ages 22 years & older**

A member of the Sponsored Organizations and Programs at Kiwanis International. Aktion Club is a community service club for adults who live with a disability, and it is designed for participants who have a primary diagnosis of a Learning Disability or Mental Illness. The club typically meets from 6:30-8:00pm on the first and third Mondays, between September and May. Meetings are held at either the WDSRA office in Carol Stream or another community location. Members plan and experience community service projects, fundraising, and educational presentations while developing important skills. Individuals in this program must be able to participate in community service projects independently and with minimal assistance. If you are considering registering as a new member for this program, please contact Megan for more details. The WDSRA Aktion Club is co-sponsored by Kiwanis Club of Glen Ellyn, Central DuPage, and Wheaton. **Note:** registration for Aktion Club will be twice a year, if you wish to continue the program, register again in the winter/spring.

| Code      | Day | Time        | Dates             |
|-----------|-----|-------------|-------------------|
| 4301011-1 | M   | 6:30-8:00pm | 1st & 3rd Mondays |

Location: WDSRA  
Fee: \$25

## ● Dinner & A Movie - Emily Ackerman

**Ages 18 years & older**

It's a night of film, food and fun when we break open the WDSRA movie vault. We'll vote on the featured movie (G, PG, or PG-13 only) and WDSRA will treat you to dinner! It's a thumbs up kind of night!

| Code      | Day | Time        |
|-----------|-----|-------------|
| 4402000-1 | M   | 6:30-8:45pm |

**Dates:** 9/16, 9/30, 10/14, 10/28, 11/11, 11/25  
Location: WDSRA  
Fee: \$165

Follows  
Fox Bowl  
Bowling!

Drop-off Fox Bowl: 6:00pm  
Pick-up Fox Bowl: 9:15pm

Drop-off WDSRA: 6:30pm  
Pick-up WDSRA: 8:45pm

## Program Transportation

For safety purposes participants must go home the same way they arrived. Vehicles may be pre-assigned and WDSRA cannot guarantee they will be on the same bus as friends/significant others. All participants must check in with staff upon arrival.

*Connect With Us!*



# SOCIAL PROGRAMS



## ● Restaurant Reviewers - Kristen Stepniak

**Ages 18 years & older**

What is the best restaurant around town? Let's enjoy dinner and find out! Each week we will try a new place and rate it based on the quality of food, service, and atmosphere. Please bring \$25 for your meal each week including tip. Bon appetit! A detailed schedule of restaurants will be sent out one week prior to the start of the program.

| Code      | Day | Time        |
|-----------|-----|-------------|
| 4402001-1 | M   | 6:15-8:15pm |

**Dates:** 9/23, 10/7, 10/21, 11/4, 11/18, 12/2

Location: Wheaton Area

Fee: \$95

Drop-off Fox Bowl: 6:00pm

Pick-up Fox Bowl: 8:30pm

Follows  
Fox Bowl  
Bowling!

## PROGRAM KEY

- **Requires A Lot Of Walking**  
*Requires participant to keep pace with the group*
- **Blue Programs**  
*Meets on alternating weeks*
- **Red Programs**  
*Meets on alternating weeks*



## ● Movie Mania - Megan Maulding

**Ages 18 years & older**

Join us for a fantastic evening at Hollywood Palms, where we will immerse ourselves in the newest blockbuster alongside our friends! Your movie ticket is already covered, so all you need to bring is money to cover the cost of dinner and a desire to indulge in the cinematic experience. Participants are required to purchase at least one item from the menu. Please be aware that the movie will be rated G, PG, PG-13, or R. See you there! **While exact timings may vary depending on the show schedules, rest assured, we will keep you informed with an email detailing the movie selection, showtime, and pickup arrangements the week prior.**

| Code      | Day | Time        |
|-----------|-----|-------------|
| 4402002-1 | M   | 6:00-9:00pm |

**Dates:** 9/16, 9/30, 10/14, 10/28, 11/11, 11/25

Location: Hollywood Palms, Naperville

Fee: \$172



Enhance your acting with games, exercise and a performance.  
See page 26 for details.

# SOCIAL CLUBS

## Friday Night Social Club

Make Fridays your night out with friends! A new activity every week keeps the fun going. Don't miss out on the excitement, laughter, and adventure. The ultimate way to spice up your Friday nights! *Activities and outings may occur between the hours of 6:00-9:00pm. Some activities may require additional spending money, and you may be asked to meet onsite at the location. A detailed activity schedule will be emailed one week before the start date and posted on the WDSRA website under schedules and forms.*

### ● Carol Stream Cruisers - Emily Ackerman

**Ages 18-29 years**

| Code | Day | Time |
|------|-----|------|
|------|-----|------|

|           |   |             |
|-----------|---|-------------|
| 4401001-1 | F | 6:00-9:00pm |
|-----------|---|-------------|

**Dates:** 9/27, 10/11, 10/25, 11/8, 11/22

Location: WDSRA

Fee: \$165

### ● Wheaton Socialites - Kristen Stepniak

**Ages 30 years & older**

| Code | Day | Time |
|------|-----|------|
|------|-----|------|

|           |   |             |
|-----------|---|-------------|
| 4401000-1 | F | 6:00-9:00pm |
|-----------|---|-------------|

**Dates:** 9/20, 10/4, 10/18, 11/1, 11/15

Location: Central Athletics Complex, Wheaton

Fee: \$165

### ● Naperville Nighthawks - Megan Maulding

**Ages 18-29 years**

| Code | Day | Time |
|------|-----|------|
|------|-----|------|

|           |   |             |
|-----------|---|-------------|
| 4401002-1 | F | 6:00-9:00pm |
|-----------|---|-------------|

**Dates:** 9/20, 10/4, 10/18, 11/1, 11/15

Location: Fort Hill, Naperville

Fee: \$165

### ● Naperville Crew - Megan Maulding

**Ages 30 & older**

| Code | Day | Time |
|------|-----|------|
|------|-----|------|

|           |   |             |
|-----------|---|-------------|
| 4401003-1 | F | 6:00-9:00pm |
|-----------|---|-------------|

**Dates:** 9/27, 10/11, 10/25, 11/8, 11/22

Location: Fort Hill, Naperville

Fee: \$165

### ● Teen Scene Social Club

- Kristen Stepniak

**Ages 14-21 years**

| Code | Day | Time |
|------|-----|------|
|------|-----|------|

|           |   |             |
|-----------|---|-------------|
| 4401004-1 | F | 6:00-9:00pm |
|-----------|---|-------------|

**Dates:** 9/27, 10/11, 10/25, 11/8, 11/22

Location: Central Athletics Complex, Wheaton

Fee: \$150



## Saturday Night Social Club

### ● In-Be-Tween Club - Megan Maulding

**Ages 8-14 years**

Families asked and we delivered! Exclusively for tweens, this is THE place to be for the coolest friendships and the most unforgettable moments! A new activity each week keeps the fun fresh. Don't miss out!

| Code | Day | Time |
|------|-----|------|
|------|-----|------|

|           |    |             |
|-----------|----|-------------|
| 4401005-1 | SA | 4:00-6:00pm |
|-----------|----|-------------|

**Dates:** 9/28, 10/12, 10/26, 11/9, 11/23, 12/14

Location: Fort Hill, Naperville

Fee: \$150



# CULTURAL ARTS PROGRAMS



## Craft -N- CREATION

### ● Craft-n-Creations – Emily Ackerman

**Ages 16 years & older**

Join us as we encourage you to step out of your comfort zone with art. In this program, we will be diving into new and unique crafts that will stretch your art abilities. Various techniques will be taught, including painting, drawing, collage, and so much more.

| Code      | Day | Time        |
|-----------|-----|-------------|
| 4404000-1 | M   | 7:00-8:00pm |

**Dates:** 9/23, 10/7, 10/21, 11/4, 11/18, 12/2

Location: Fort Hill, Naperville

Fee: \$80

### Colorguard/Flag Corps – Emily Ackerman

**Ages 14 years & older**

The perfect combination of music, dance and flags! You'll learn new dance and flag/spin sequences from the popular King Cobras All-Abilities Drumline. This program is in cooperation with the Rosemont Cavalier Drum and Bugle Corps. The program location is in the gymnasium at St. Irene - this room is not wheelchair accessible. Drumline will not be offered for Fall 2024.

| Code      | Day | Time       | Dates     |
|-----------|-----|------------|-----------|
| 4404002-1 | TU  | 600-7:00pm | 10/1-11/5 |

Location: St. Irene, Warrenville

Fee: \$40

## PROGRAM KEY

- **Requires A Lot Of Walking**  
*Requires participant to keep pace with the group*
- **Blue Programs**  
*Meets on alternating weeks*
- **Red Programs**  
*Meets on alternating weeks*



Bring out your creative side – check out  
Craft-n-Creation. A fun class for everyone!

# CULTURAL ARTS PROGRAMS

## DANCE FOR FUN



Dance for Fun - Emily Ackerman

**Ages 6-15 years**

Hey kids! We will turn up your favorite tunes and learn some of the newest dances. You'll be able to take your new moves to any dance floor. Hey Parents! Our dance instructor will keep this class lively, teach basic skills and dance floor etiquette. It's a great way to take that energy and shake it off, shake it off... all while making new friends!

| Code      | Day | Time        | Dates      |
|-----------|-----|-------------|------------|
| 4404003-1 | TU  | 4:00-5:00pm | 9/17-10/22 |

Location: Xilian, Naperville (1163 E. Ogden Avenue, Suite 610, Naperville, IL 60563)

Fee: \$50

## JUST DANCING



Just Dancin' - Emily Ackerman

**Ages 16 years & older**

Love to dance? Get ready to dance your heart out. Express yourself, get fit and share the fun with friends as you learn the latest dance moves. Dance to your favorite tunes and create unforgettable memories on the dance floor.

| Code      | Day | Time        | Dates      |
|-----------|-----|-------------|------------|
| 4404004-1 | TH  | 6:00-7:00pm | 9/19-12/12 |

Location: ARC Center, West Chicago

Fee: \$95

No Program 11/28



## Actors WORKSHOP

Actor's Workshop - Emily Ackerman

**Ages 18 years & older**

This workshop is designed to strengthen the acting "muscle." Through acting games and exercises, students will work on different aspects of acting techniques such as movement, voice, characterization, pantomime, and others each week. Participants will also work on a short 15-minute skit to apply the skills learned and perform at the end of the last class. Teamwork, focus, and listening are added benefits in this acting workshop. Participants must be able to function at a 1:4 ratio.

| Code      | Day | Time        | Dates      |
|-----------|-----|-------------|------------|
| 4404005-1 | SA  | 2:00-3:00pm | 9/21-10/26 |

Location: WPDCC

Fee: \$65

# INDIVIDUAL PROGRAMS



## Individual Piano & Voice – Emily Ackerman

### Ages 6 years & older

Unlock your full potential as a pianist or vocalist with personalized instruction from a professional music instructor. Tailored to your individual pace and preferences, individual lessons offer an opportunity for self-expression and skill refinement. Whether you're aiming to hit the high notes or perfect your piano technique, the instructor's expertise will guide you to success. Start your journey today and let your passion for music soar! This is a 12-week program. You have the option to choose piano or voice.

**Piano lessons** – you must have a piano or keyboard at home.

**Voice lessons** – you do not need a piano for voice lessons. Zoom link will be emailed out before the first day of class and used every week.

| Code      | Day | Time        | Dates     |
|-----------|-----|-------------|-----------|
| 4403000-1 | M   | 6:30-7:00pm | 9/16-12/2 |
| 4403000-2 | M   | 7:00-7:30pm | 9/16-12/2 |
| 4403000-3 | M   | 7:30-8:00pm | 9/16-12/2 |
| 4403000-4 | M   | 8:00-8:30pm | 9/16-12/2 |

| Code      | Day | Time        | Dates      |
|-----------|-----|-------------|------------|
| 4403001-1 | TH  | 6:30-7:00pm | 9/19-12/12 |
| 4403001-2 | TH  | 7:00-7:30pm | 9/19-12/12 |
| 4403001-3 | TH  | 7:30-8:00pm | 9/19-12/12 |
| 4403001-4 | TH  | 8:00-8:30pm | 9/19-12/12 |

| Code      | Day | Time         | Dates      |
|-----------|-----|--------------|------------|
| 4403002-1 | SA  | 12:30-1:00pm | 9/21-12/14 |
| 4403002-2 | SA  | 1:00-1:30pm  | 9/21-12/14 |
| 4403002-3 | SA  | 1:30-2:00pm  | 9/21-12/14 |
| 4403002-4 | SA  | 2:00-2:30pm  | 9/21-12/14 |

Location: WPDCC, Wheaton

Fee: \$190

No Program 11/28, 11/30

Registration for these individual programs are first-come first-served. If the program is full you can either choose a new time or register for the waitlist.

## Individual Dance – Emily Ackerman

### Ages 6 years & older

Have you ever wanted to learn how to dance with moves that impress? Now is your chance! Take one-on-one lessons with a dance instructor. Find your rhythm and express yourself through dance.

| Code      | Day | Time        | Dates      |
|-----------|-----|-------------|------------|
| 4403003-1 | TH  | 5:00-5:30pm | 9/19-12/12 |
| 4403003-2 | TH  | 5:30-6:00pm | 9/19-12/12 |

Location: ARC Center, West Chicago

Fee: \$95

No Program 11/28

*Connect With Us!*



# INDIVIDUAL PROGRAMS



## Individual Art – Emily Ackerman

**Ages 6 years & older**

Spend your Saturday mornings one-on-one with a professional art instructor. Here, you will get the opportunity to learn different art techniques and designs. Each lesson is adjusted to meet the participant's skill set.

| Code      | Day | Time          | Dates      |
|-----------|-----|---------------|------------|
| 4410006-1 | SA  | 9:00-9:30am   | 9/21-12/14 |
| 4410006-2 | SA  | 9:30-10:00am  | 9/21-12/14 |
| 4410006-3 | SA  | 10:00-10:30am | 9/21-12/14 |
| 4410006-4 | SA  | 10:30-11:00am | 9/21-12/14 |

Location: Central Athletics, Wheaton

Fee: \$190

No Program 11/30



**Kick, punch and work up a sweat!**  
See page 35 for details.

## Individual Guitar & Ukulele – Emily Ackerman

**Ages 6 years & older**

Learn to master the basics or learn more advanced concepts like finger exercises, picking techniques, and essential scales on the guitar or the ukulele with WDSRA's instructor, Tony Spadaro. Individuals will need a guitar or ukulele.

| Code      | Day | Time        | Dates     |
|-----------|-----|-------------|-----------|
| 4403004-1 | TU  | 3:30-4:00pm | 9/17-12/3 |
| 4403004-2 | TU  | 4:00-4:30pm | 9/17-12/3 |
| 4403004-3 | TU  | 4:30-5:00pm | 9/17-12/3 |
| 4403004-4 | TU  | 5:00-5:30pm | 9/17-12/3 |
| 4403004-5 | TU  | 5:30-6:00pm | 9/17-12/3 |

Location: Fort Hill, Naperville

Fee: \$190

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ePACT securely collects the health and emergency contact information. With ePACT, you only need to complete your child's information once. Then, on a yearly basis you will simply need to verify that the information is correct. Need to make a change? You can make changes at any time. We'll be notified of your updates directly from ePACT.

# VIRTUAL PROGRAMS



Registration for virtual programs  
are first-come first-served.

## Virtual Social Hangout: Game Show Bonanza - Kristen Stepniak

**Ages 16 years & older**

Social fun from the comfort of your own home. Join us for a variety of activities. We may play virtual games, test our trivia knowledge, or we may have an afternoon of chatting. Join in on this social fun! A Zoom link will be emailed out one week before the program.

| Code      | Day | Time        |
|-----------|-----|-------------|
| 4410008-1 | F   | 3:00-4:00pm |

**Dates:** 9/20, 9/27, 10/4, 10/11, 10/18, 10/25

Location: Virtual

Fee: \$25

## Virtual Holiday Caroling - Kristen Stepniak

**Ages 14 years & older**

Jingle into the holidays! What better way to get into the holiday spirit than caroling some of the seasons favorite songs. Cozy up with your favorite blanket and a warm cup of hot cocoa because this is a Zoom event. Don't forget to bring your holiday cheer! A Zoom link will be emailed out one week before the program.

| Code      | Day | Time        |
|-----------|-----|-------------|
| 4410009-1 | F   | 3:00-4:00pm |

**Dates:** 11/1, 11/8, 11/15, 11/22, 12/6, 12/13

Location: Virtual

Fee: \$25

## ● Virtual Art Expressions - Emily Ackerman

**Ages 10 years & older**

Are you tired of surfing the internet to find art activities you can do while sitting at home? Look no further. Join WDSRA staff and your friends for a virtual art class! Supplies used will be everyday items you may have around your house or get creative and use what you have! A schedule, supply list and zoom link will be sent out one week prior to program.

| Code      | Day | Time        |
|-----------|-----|-------------|
| 4410003-1 | TU  | 4:00-5:00pm |

**Dates:** 9/17, 10/1, 10/15, 10/29, 11/12, 11/26

Location: Virtual

Fee: \$25

*Connect With Us!*



# VIRTUAL PROGRAMS

## Virtual Bingo - Megan Maulding

**Ages 8 years & older**

Get ready to shout "B-I-N-G-O" as you join your friends virtually for a lively game session led by WDSRA staff. We will guide you through this timeless favorite, ensuring you have all the information you need in advance to access digital bingo cards, printable bingo cards, or create your own set. Just make sure you have your bingo markers, cards, and listening ears tuned in for those lucky numbers!

| Code | Day | Time |
|------|-----|------|
|------|-----|------|

|           |   |             |
|-----------|---|-------------|
| 4410000-1 | W | 6:30-7:30pm |
|-----------|---|-------------|

● **Dates:** 9/18, 10/2, 10/16, 10/30, 11/13, 11/27

| Code | Day | Time |
|------|-----|------|
|------|-----|------|

|           |    |             |
|-----------|----|-------------|
| 4410007-1 | TH | 6:30-7:30pm |
|-----------|----|-------------|

● **Dates:** 9/26, 10/10, 10/24, 11/7, 11/21, 12/12

Location: Virtual

Fee: \$25

## PROGRAM KEY

- **Requires A Lot Of Walking**  
*Requires participant to keep pace with the group*
- **Blue Programs**  
*Meets on alternating weeks*
- **Red Programs**  
*Meets on alternating weeks*



## ● Virtual Let's Make Dinner - Emily Ackerman

**Ages 10 years & older**

We've got your dinner plans covered for Tuesday nights, and you're in charge of cooking it. Join in as we cook through new recipes each week. Participants will be able to develop their cooking skills & techniques over the course of the program. Recipe plans, ingredient lists, and Zoom link will be emailed one week before the start of the program.

| Code | Day | Time |
|------|-----|------|
|------|-----|------|

|           |    |             |
|-----------|----|-------------|
| 4410004-1 | TU | 4:00-5:00pm |
|-----------|----|-------------|

**Dates:** 9/24, 10/8, 10/22, 11/5, 11/19, 12/3

Location: Virtual

Fee: \$25

## Virtual Karaoke - Megan Maulding

**Ages 16 years & older**

Get ready to rock the virtual stage, crank up the volume, and grab that mic because it's karaoke time! Every participant gets their moment in the spotlight to belt out their favorite tune. Make sure to share your six chosen songs when you register, so our staff can set up an epic playlist in advance. Let's make some musical magic together! **This program is in high demand, please sign up for just one day of karaoke to give everyone a chance to shine.**

| Code | Day | Time |
|------|-----|------|
|------|-----|------|

|           |   |             |
|-----------|---|-------------|
| 4410001-1 | W | 6:30-7:30pm |
|-----------|---|-------------|

● **Dates:** 9/25, 10/9, 10/23, 11/6, 11/20, 12/4

| Code | Day | Time |
|------|-----|------|
|------|-----|------|

|           |    |             |
|-----------|----|-------------|
| 4410002-1 | TH | 6:30-7:30pm |
|-----------|----|-------------|

● **Dates:** 9/19, 10/3, 10/17, 10/31, 11/14, 12/5

Location: Virtual

Fee: \$25





## Winter Overnight - Kristen Stepniak

**Ages 21 years & older**

Need a quick relaxing staycation? Join us on this weekend overnight trip and recharge your spirit! You will get to spend time at an Airbnb with your friends and soak in the hot tub, go bowling, and check out the latest flick at the movie theater. Pack your bags, hit the road, and make the most of your weekend with an unforgettable overnight getaway! A \$250 non-refundable deposit is due upon registration. Participants must be able to perform all daily living skills independently and function at a 1:5 staff-to-participant ratio. A detailed schedule and additional information will be emailed two weeks before the trip.

| Code      | Day  | Time           | Dates     |
|-----------|------|----------------|-----------|
| 5100004-1 | F-SU | 3:00pm-11:00am | 1/10-1/12 |

Location: Plano Area

Fee: \$507

Drop-off WDSRA: 3:00pm (Friday)

Pick-up WDSRA: 11:00am (Sunday)

## San Diego Spring Break Trip - Kristen Stepniak

**Ages 21 years & older**

Escape to sunny San Diego this Spring Break! The group will get to check out the San Diego Zoo, Belmont Park and relax by the ocean. We will be staying at a resort-style Airbnb with game rooms, pools, hot tubs, and so much more! With its perfect weather, stunning beaches, and endless attractions. San Diego offers something for everyone. A \$250 non-refundable deposit is due upon registration. Participants must be able to perform all daily living skills independently and function at a 1:5 staff-to-participant ratio. A detailed schedule and additional information will be emailed two weeks before the trip.

| Code      | Day   | Time | Dates     |
|-----------|-------|------|-----------|
| 5100005-1 | TU-SA | TBD  | 3/11-3/15 |

Location: San Diego, California

Fee: \$2,000

Drop-off WDSRA: Tuesday Morning TBD

Pick-up WDSRA: Saturday TBD

Everyone likes to get away . . .  
Join us for one of these fabulous trips.

# BOWLING PROGRAMS

## Adult Bowling - Macey Horbach

### Age 14 years & older

Come join us each week for WDSRA's favorite pastime! You will bowl with old friends and meet new ones as you work on improving your game. Beginners through advanced bowlers are welcome. The fee includes up to two games (if time allows), shoe rental and adaptive equipment.

#### Location: Fox Bowl, Wheaton

| Code      | Day | Time        | Dates                                       |
|-----------|-----|-------------|---------------------------------------------|
| 4408000-1 | M   | 4:15-5:00pm | Red: 9/16, 9/30, 10/14, 10/28, 11/11, 11/25 |
| 4408000-2 | M   | 5:15-6:00pm | Red: 9/16, 9/30, 10/14, 10/28, 11/11, 11/25 |
| 4408000-3 | M   | 4:15-5:00pm | Blue: 9/23, 10/7, 10/21, 11/4, 11/18, 12/2  |
| 4408000-4 | M   | 5:15-6:00pm | Blue: 9/23, 10/7, 10/21, 11/4, 11/18, 12/2  |
| Fee: \$90 |     |             |                                             |

### Sign up for Restaurant Reviewers & Dinner & A Movie

KEEP  
THE FUN  
GOING!

#### Location: Bowlero, Roselle

| Code      | Day | Time        | Dates                                       |
|-----------|-----|-------------|---------------------------------------------|
| 4408001-1 | M   | 5:00-6:00pm | Red: 9/16, 9/30, 10/14, 10/28, 11/11, 11/25 |
| 4408001-2 | M   | 5:00-6:00pm | Blue: 9/23, 10/7, 10/21, 11/4, 11/18, 12/2  |
| Fee: \$90 |     |             |                                             |

#### Location: Bowlero, Naperville

| Code      | Day | Time        | Dates                                        |
|-----------|-----|-------------|----------------------------------------------|
| 4408002-1 | TU  | 5:00-6:00pm | Green: 9/17-12/3                             |
| 4408003-1 | TH  | 4:15-5:15pm | Red 9/19, 10/3, 10/17, 10/31, 11/14, 12/5    |
| 4408003-2 | TH  | 5:25-6:25pm | Red: 9/19, 10/3, 10/17, 10/31, 11/14, 12/5   |
| 4408003-3 | TH  | 4:15-5:15pm | Blue: 9/26, 10/10, 10/24, 11/7, 11/21, 12/12 |
| 4408003-4 | TH  | 5:25-6:25pm | Blue: 9/26, 10/10, 10/24, 11/7, 11/21, 12/12 |
| Fee: \$90 |     |             |                                              |

### Sign up for Boxing!

KEEP  
THE FUN  
GOING!

## Wildcat Unified Sectional Bowling Competition - Ryan Fleck

### Ages 14 years & older

Come compete in Special Olympics' newest sport, Unified Bowling at the sectional bowling tournament! Unified athletics allow Special Olympics athletes to be paired with a partner. Athletes interested in competing in the sectional bowling competition must bring their own partner. Both athletes and partners will bowl 3 games. Athletes and partners must provide an average score over the course of 10 games. Scores must be submitted to Ryan by September 3rd. Partners must complete Special Olympics class A volunteer paperwork and athletes must have a current Special Olympics medical form on file, which is valid through January 2025. Athletes and partners must register and pay the fee for the program. Athletes, please register for your partner using the partner program code below. Note: Gold medal winners will advance on to the state bowling tournament December 7th at Landmark Lanes in Peoria, IL.

| Athlete                          |     |       | Partner   |     |       |
|----------------------------------|-----|-------|-----------|-----|-------|
| Code                             | Day | Date  | Code      | Day | Date  |
| 4406009-1                        | SU  | 10/13 | 4406009-2 | SU  | 10/13 |
| Fee: \$25                        |     |       | Fee: \$25 |     |       |
| Location: Stardust Bowl, Addison |     |       |           |     |       |

# ATHLETIC PROGRAMS

## Youth Soccer - Macey Horbach

### Age 7-15 years

We will put the FUN in fundamentals! Throughout this program, we will enhance your soccer skills, make new friends, and have a great time! We will work up a sweat by customizing drills and games to suit your needs. \*Please note that this program is not affiliated with the Special Olympics Illinois Competition.

| Code      | Day | Time         | Dates      |
|-----------|-----|--------------|------------|
| 4405000-1 | SA  | 9:00-10:00am | 9/21-10/26 |

Location: Beebe Elementary School, Naperville

Fee: \$60

## Learn 2 Play Sports - Macey Horbach

### Age 3-6 years

Unlock your potential and discover the joy of sports with our new program! Designed for beginners of young ages our program offers a supportive and fun environment to explore a variety of sports including soccer, basketball, and more.

| Code      | Day | Time          | Dates      |
|-----------|-----|---------------|------------|
| 4405001-1 | SA  | 10:00-10:45am | 9/21-10/26 |

Location: Jefferson Early Education Center, Wheaton

Fee: \$50

## Tae Kwon Do - Macey Horbach

### Age 8 years & older

Start your journey today and unlock your full potential in Tae Kwon Do! Led by Master Frank, a highly experienced instructor, this program caters to individuals of all abilities. Through a combination of physical and mental exercises, you will enhance your concentration, balance, coordination, gross motor skills, endurance, and flexibility. Whether you are a beginner or have prior experience, this program is designed to help you become a champion.

**Note:** This program is now one, 12-week session

| Code      | Day | Time       | Dates      |
|-----------|-----|------------|------------|
| 4405002-1 | SA  | 11-11:45am | 9/21-12/14 |
| 4405002-2 | SA  | 12-12:45pm | 9/21-12/14 |

Location: Lions Panzek Martial Arts, Winfield

Fee: \$150

No Program: 11/30

## Naperville

### Group Swim Lessons - Ryan Fleck

**NEW!**

#### Age 5-17 years

WDSRA is thrilled to partner with the Fry Family Naperville YMCA for inclusive group swim lessons. Group lessons are designed specifically for individuals with special needs, offering a fun and encouraging environment in a one-staff-to-two-participant ratio. Led by compassionate and certified instructors, our lessons focus on safety, skill development, and confidence-building. Make new friends, enhance your swimming skills, and enjoy the many physical and therapeutic benefits of being in the water.

| Code      | Day | Time          | Dates      |
|-----------|-----|---------------|------------|
| 4405010-1 | SU  | 10:00-10:30am | 9/15-10/20 |
| 4405010-2 | SU  | 10:35-11:05am | 9/15-10/20 |
| 4405010-3 | SU  | 11:10-11:40am | 9/15-10/20 |
| 4405010-4 | SU  | 11:45-12:15pm | 9/15-10/20 |

Location: Fry Family YMCA, 2120 95th St., Naperville

Fee: \$150

| Code      | Day | Time            | Dates      |
|-----------|-----|-----------------|------------|
| 4405011-1 | SU  | 10:00-10:30am   | 10/27-12/8 |
| 4405011-2 | SU  | 10:35-11:05am   | 10/27-12/8 |
| 4405011-3 | SU  | 11:10-11:40am   | 10/27-12/8 |
| 4405011-4 | SU  | 11:45am-12:15pm | 10/27-12/8 |

Location: Fry Family YMCA, 2120 95th St., Naperville

Fee: \$150

No Program: 12/1

## Carol Stream

### Group Swim Lessons - Ryan Fleck

**NEW!**

#### Age 5-17 years

Are you ready to make a splash and learn to swim? Group lessons are designed specifically for individuals with special needs, offering a fun and encouraging environment in a one-staff-to-two-participant ratio. Swimmers will learn basic skills and strokes led by WDSRA staff members.

| Code      | Day | Time         | Dates     |
|-----------|-----|--------------|-----------|
| 4405012-1 | SA  | 12:30-1:00pm | 9/28-11/2 |
| 4405012-2 | SA  | 1:00-1:30pm  | 9/28-11/2 |
| 4405012-3 | SA  | 1:30-2:00pm  | 9/28-11/2 |

Location: Fountain View Recreation Center, Carol Stream

Fee:

| Code      | Day | Time         | Dates      |
|-----------|-----|--------------|------------|
| 4405013-1 | SA  | 12:30-1:00pm | 11/9-12/21 |
| 4405013-2 | SA  | 1:00-1:30pm  | 11/9-12/21 |
| 4405013-3 | SA  | 1:30-2:00pm  | 11/9-12/21 |

Location: Fountain View Recreation Center, Carol Stream

Fee: \$150

No Program: 11/30

# ATHLETIC PROGRAMS

## ● Spin Class – Macey Horbach

### Ages 16 & older

Get your cycle on! During this class, we will work up a sweat while cycling to our favorite tunes. We will include interval training and a chance to challenge yourself to reach your goals. So, grab that water bottle and let's get moving!

| Code      | Day | Time          |
|-----------|-----|---------------|
| 4405003-1 | SU  | 11:00-11:45am |

**Dates:** 9/15, 9/29, 10/13, 10/27, 11/10, 11/24

Location: Warrenville Community Building, Warrenville

Fee: \$80

## COD Weightlifting – Macey Horbach

### Ages 16 & older

WDSRA and the College of DuPage have teamed up to offer a quality weightlifting and fitness program! Each athlete will be paired with a football player from the team, who will provide guidance on technique and motivate you to give your all. This partnership ensures personalized attention and support to help you reach your fitness goals. Join us for an empowering and dynamic fitness experience!

| Code      | Day | Time        |
|-----------|-----|-------------|
| 4405005-1 | W   | 6:00-7:00pm |

**Dates:** 9/11, 9/25, 10/9, 10/23, 11/6, 11/13

Location: College of DuPage, Athletics building, Glen Ellyn

Fee: \$80

## ● Pickleball – Macey Horbach

### Ages 14 & older

WDSRA is offering the fun and exciting sport of Pickleball! Pickleball is a fast-growing racquet sport played on a badminton court with a lower net, suitable for singles and doubles. You will learn strategies including lobbing, overhead slamming and fast volley exchanges at the net. Paddles and balls will be provided.

**Dates:** 9/22, 10/6, 10/20, 11/3, 11/17, 12/8

| Code      | Day | Time         |
|-----------|-----|--------------|
| 4405006-1 | SU  | 12:00-1:00pm |
| 4405006-2 | SU  | 1:00-2:00pm  |
| 4405006-3 | SU  | 2:00-3:00pm  |

Location: Wheaton Sports Center

Fee: \$90

## Outdoor Biking – Macey Horbach

### Ages 18 & older

Grab your water and your bike as we ride through the parks of Naperville and get exercise with your friends! Participants need to be able to ride 8-10 miles and keep up with the group. This will not be a fast bike ride, but the group will be moving at a steady pace. The group will stop for a couple of water breaks, to catch our breath, and check in on all the riders. Each participant will need to provide their own bike and helmet.

| Code      | Day | Time        | Dates      |
|-----------|-----|-------------|------------|
| 4405009-1 | TH  | 4:30-5:30pm | 9/19-10/24 |

Location: Knoch Knolls Park, Naperville

Fee: \$70

## Tone N Tighten – Macey Horbach

### Age 14 & older

Tone N Tighten your body through this interactive exercise class! Led by a Dance Fitness Instructor, TNT combines upbeat music with unique moves that make you want to dance 'till you drop! But don't worry, no prior dancing experience is required. Join us for a movin' and groovin' time!

Note: This program is now one, 12-week session

| Code      | Day | Time        | Dates      |
|-----------|-----|-------------|------------|
| 4405004-1 | W   | 6:00-7:00pm | 9/18-12/11 |
| 4405004-2 | W   | 7:00-8:00pm | 9/18-12/11 |

Location: 95th St Center, Naperville

Fee: \$180

No Program 11/27

## WDSRA Pickleball Classic – Macey Horbach

### Ages 14 & older

Attention, pickleballers!! Are you looking for some competition? We are thrilled to host the 2nd annual WDSRA Pickleball Tournament. Whether you are a beginner or an advanced player, we have the competition for you. We will also be able to play against athletes from other agencies. The registration fee includes a t-shirt and a small snack. The end time is based on the tournament schedule.

| Code      | Day | Time              | Dates |
|-----------|-----|-------------------|-------|
| 5107007-1 | SU  | 9:00am-2:00pm (T) | 2/23  |

Location: Wheaton Sports Center, Wheaton

Fee: \$45

# ATHLETIC PROGRAMS



## ● Boxing – Macey Horbach

NEW!

**Ages 16 & older**

Kick, punch, and work up a sweat with this new boxing program! This program will provide participants conditioning and skill development by focusing on technique. Our experienced coaches are dedicated to helping individuals of all skill levels to improve their boxing abilities. Join this new program today. Transportation not provided.

| Code      | Day | Time        |
|-----------|-----|-------------|
| 4405008-1 | TH  | 6:30-7:30pm |

**Dates:** 9/19, 10/3, 10/17, 10/31, 11/14, 12/5

**Location:** Title Boxing, Naperville

**Fee:** \$90



## Rhythmic Gymnastics – Macey Horbach

**Ages 8 & older**

Get ready for an exciting gymnastics class! Rhythmic gymnastics allows you to express yourself through movement and dance. Participants will learn dance routines using a ball, ribbon, hoop or rope. Participants will be grouped by age first and level of routine second and will be contacted with their specific 45-minute time slot before the start of the program. Athletes will compete in a Special Olympics event on February 25, 2025. Athletes who earn a gold medal at the regional event will qualify to compete at the state level in June.

**Note:** Athletes must have a Special Olympics medical form on file through July 2025 to be able to register for the program. Due to varying of sizes and unique fits, athletes are asked to purchase their own black or red leotards to wear to competitions. *\*\*If you are interested in the program, but the time/date/location does not work, reach out to Macey: maceyh@wdsra.com.*

| Code      | Day | Time        | Dates    |
|-----------|-----|-------------|----------|
| 4406008-1 | TU  | 6:30-7:45pm | 1/7-2/11 |

**Location:** Lions Panzek Martial Arts, Winfield

**Fee:** \$55

## ● Sports Bar Fanatics – Macey Horbach

NEW!

**Ages 16 & older**

Are you a sports enthusiast who enjoys good food and socializing with friends? Join us weekly at various sports bars to catch up on the latest highlights, games, and upcoming events. The program supervisor will share the schedule of designated sports bars two weeks before the program begins.

**Please note:** Transportation will not be provided. Participants are required to bring money for food.

| Code      | Day | Time        |
|-----------|-----|-------------|
| 4405007-1 | TH  | 6:30-8:00pm |

**Dates:** 9/26, 10/10, 10/24, 11/7, 11/21, 12/12

**Location:** Naperville Area

**Fee:** \$60

# WILDCAT SPORTS PROGRAMS



## Jr Wildcat Basketball - Macey Horbach

### Age 8-15 years

It's time to hit the hardwood and get ready for Jr. Wildcat Basketball! Our season will start with practices, followed by a series of games against other area teams. This program adapts to your skills and is a great way to meet new friends while enjoying friendly competition.

Teams will be determined based on ability and location. WDSRA will participate in the Special Olympics Tournament and the TR Sectional Tournament throughout the year. Teams winning a gold medal at the Special Olympics Tournament will qualify for the state basketball tournament in March 2025.

**Note:** There will be an additional fee for any team that qualifies for the state tournament. You must have a current Special Olympics medical form on file, which is valid through April 2025.

| Code      | Day | Time         | Dates         |
|-----------|-----|--------------|---------------|
| 4406007-1 | SA  | 12:00-1:00pm | 10/19-2/1 (T) |

Location: Beebe Elementary School, Naperville

Fee: \$95

| Code      | Day | Time         | Dates         |
|-----------|-----|--------------|---------------|
| 4406007-2 | SA  | 12:00-1:00pm | 10/19-2/1 (T) |

Location: Hubble Middle School, Warrenville

Fee: \$95

**More detailed dates will be sent out closer to program start date.**

## Wildcat Floor Hockey - Ryan Fleck

### Age 16 years & older

**Limited Space Available!** Speed your way around the court in this fast-paced, high energy, physical sport! Coaches will spend the first few weeks teaching the fundamentals of floor hockey before our teams take on the competition of other area teams. The season will end with the State Floor Hockey Tournament in the middle of November at Northeastern University in Chicago. The TR Section Tournament will take place Sunday October 20. All players must provide their own helmets with a protective shield, hockey gloves, and shin guards. You must have a current Special Olympics medical form on file, which is valid through December 2024.

| Code      | Day | Time        | Dates     |
|-----------|-----|-------------|-----------|
| 4406000-1 | M   | 6:30-8:00pm | 9/9-11/11 |

Location: Ackerman Sports and Fitness Center, Glen Ellyn

Fee: \$125

| Code      | Day | Time        | Dates     |
|-----------|-----|-------------|-----------|
| 4406000-2 | M   | 6:30-8:00pm | 9/9-11/11 |

Location: South Area

Fee: \$125

*Connect With Us!*



# WILDCAT SPORTS PROGRAMS

## Wildcat Basketball – Ryan Fleck

### Ages 16 & older

It's time to hit the hardwood and get ready for another season of Wildcat Basketball! We will focus on developing our ball handling, passing, and shooting skills, just like your favorite pros. Our season will kick off with practices, followed by a series of games against other area teams. **Please register for your respective region:** North (Bloomington, Roselle, Carol Stream), Central (Wheaton, Warrenville, Winfield, West Chicago, Glen Ellyn), or South (Naperville). Teams will be determined based on ability and location.

WDSRA will participate in the Special Olympics Tournament and the TR Sectional Tournament (February 2, 2025) throughout the year. All athletes are expected to attend both tournaments. Teams that win a gold medal at the Special Olympics Tournament will qualify for the state basketball tournament in March 2025 at Illinois State University in Bloomington/Normal. Let's get ready for an exciting season of Wildcat Basketball!

**Note:** It is expected that if your team qualifies for the state tournament, you will be in attendance. There will be an additional fee for any team that qualifies for the state tournament. Athletes must have a Special Olympics medical form on file through April 2025 to be able to register for the program.  
Fee: \$215  
No Program: 12/24, 12/31

| Code      | Day | Time        | Dates     |
|-----------|-----|-------------|-----------|
| 4406004-1 | TU  | 6:30-8:00pm | 10/15-2/4 |

Location: North-Fountain View Recreation Ctr, Carol Stream

| Code      | Day | Time        | Dates     |
|-----------|-----|-------------|-----------|
| 4406004-2 | TU  | 6:30-8:00pm | 10/15-2/4 |

Location: Central-Ackerman Sports & Fitness Center, Glen Ellyn, Hubble Middle School, Warrenville

| Code      | Day | Time        | Dates     |
|-----------|-----|-------------|-----------|
| 4406004-3 | TU  | 6:30-8:00pm | 10/15-2/4 |

Location: South-Fort Hill Activity Ctr, Ranchview Elementary School, Riverwoods Elementary School, Naperville



## Wildcat Snowshoe – Ryan Fleck

### Ages 8 & older

Snow is falling, which means it's time to put on our snowshoes and take off! Snowshoeing is a fantastic way to improve your overall fitness, coordination, and endurance. We will focus on practicing the proper techniques for putting on our snowshoes. then, we'll work on running different distances to build our stamina and technique. If you are unable to make the below practice times, please reach out to Ryan for alternative options. The regional competition will take place in early January 2025. Let's make the most of this winter season by staying active and improving our snowshoeing skills!

**Note:** All participants who plan to compete in the regional competition must have a valid Special Olympics Medical Form on file, valid through March 2025.

| Code      | Day | Time         | Dates      |
|-----------|-----|--------------|------------|
| 4406005-1 | SA  | 9:30-10:30am | 11/9-12/21 |

Location: Seven Gables Park, Wheaton  
Fee: \$75  
No Program: 11/30

# WILDCATS SPORTS PROGRAMS



## Wildcat Swim Team – Ryan Fleck

### Ages 8 & older

Come get your weekly aquatics workout with our qualified swim instructors! Athletes must be able to swim 50 yards without stopping. Weekly workouts will include stretching, stroke technique, endurance training, and relay team training. This program is not for individuals looking for individual swim lessons. **Note:** Dates and times may change based on pool availability.

| Code                                                    | Day | Time         | Dates     |
|---------------------------------------------------------|-----|--------------|-----------|
| 4407000-1                                               | SA  | 11am-12:30pm | 9/28-11/2 |
| Location: Fountain View Recreation Center, Carol Stream |     |              |           |
| Fee: \$90                                               |     |              |           |

| Code                                                    | Day | Time         | Dates      |
|---------------------------------------------------------|-----|--------------|------------|
| 4407000-2                                               | SA  | 11am-12:30pm | 11/9-12/21 |
| Location: Fountain View Recreation Center, Carol Stream |     |              |            |
| Fee: \$90                                               |     |              |            |
| No Program: 11/30                                       |     |              |            |

| Code                                               | Day | Time         | Dates     |
|----------------------------------------------------|-----|--------------|-----------|
| 4407001-1                                          | SU  | 12:30-2:00pm | 9/29-11/3 |
| Location: Naperville North High School, Naperville |     |              |           |
| Fee: \$90                                          |     |              |           |

| Code                                               | Day | Time         | Dates       |
|----------------------------------------------------|-----|--------------|-------------|
| 4407001-2                                          | SU  | 12:30-2:00pm | 11/10-12/22 |
| Location: Naperville North High School, Naperville |     |              |             |
| Fee: \$90                                          |     |              |             |
| No Program: 12/1                                   |     |              |             |

## Wildcat Powerlifting – Ryan Fleck

### Ages 16 & older

WDSRA is bringing back a new and improved powerlifting program! Powerlifting focuses on three lifts (squat, bench press, and deadlift). Coaches will work weekly with athletes to improve overall fitness while also focusing on the three lifts. Athletes can compete in the Region Competition in early 2025 to qualify for the 2025 Special Olympics Summer Games competition. **Note:** All participants who plan to compete in the regional competition must have a valid Special Olympics Medical Form on file, valid through July 2025.

| Code          | Day | Time            | Dates          |
|---------------|-----|-----------------|----------------|
| 4406006-1     | W   | 7:00-8:30pm (T) | 9/11-11/13 (T) |
| Location: TBD |     |                 |                |
| Fee: \$85     |     |                 |                |

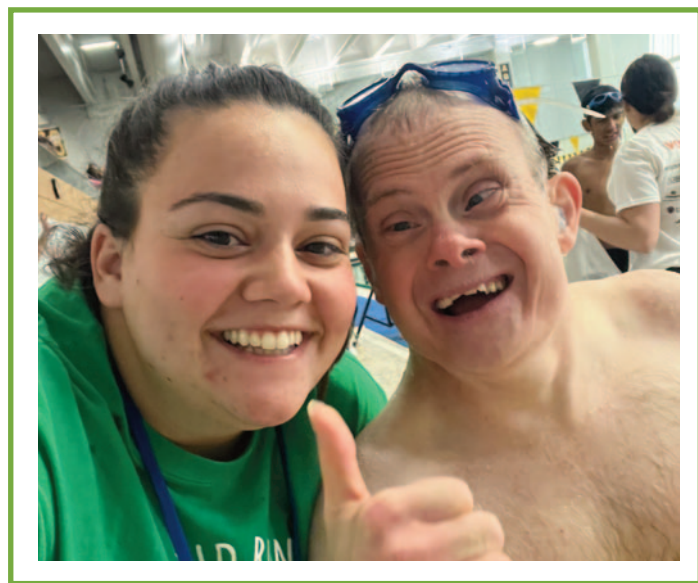
NEW!

## SEASPAR Swim Meet – Ryan Fleck

### Ages 8 & older

Join us in the first recreation swim meet of the season hosted by SEASPAR! This meet is a good warm-up to future meets that will eventually lead to the Region C Swim Competition in March 2025.

| Code                                              | Day | Time | Dates |
|---------------------------------------------------|-----|------|-------|
| 4407002-1                                         | SA  | TBD  | 12/7  |
| Location: Lemont Core, 16050 W. 127th St., Lemont |     |      |       |
| Fee: \$30                                         |     |      |       |



# SYNERGY ADAPTIVE ATHLETICS



## Live Life to Its Fullest!

Synergy Adaptive Athletics offers adaptive sports opportunities for individuals of all ages with primary physical disabilities. We believe everyone should have equal access to the numerous benefits that sports can offer. To make this a reality, we offer 4 seasons of programs and resources that help athletes experience and enjoy these benefits.

*Discover your potential with individual or team AND recreational or competitive sports!*



### Boccia

*Boccia is designed for individuals with a primary physical disability affecting his/her lower body such as cerebral palsy, muscular dystrophy, arthrogryposis, spinal cord injury, or other diagnoses.*

Boccia is broken up into three divisions of athletes who will throw and one division with ramps for people who are unable to throw a ball out to five meters or more. While the sport is designed to be played from a wheelchair, ambulatory athletes are welcome to join our program as well. This target-based sport combines the precision of archery and the intellectual challenges of chess. We offer recreational as well as competitive opportunities including local and national tournaments *Synergy boccia can take you from local play to Team USA!*

**Season:** February – October

**Registration:** Winter/Spring brochure

**Tournaments:** MNASR in March, GLASA in June, Nationals in August, Chicagoland in September/October

*Synergy boasts Team USA and Paralympic level coaches!*

# SYNERGY ADAPTIVE ATHLETICS

## Wheelchair Basketball

*Designed for individuals with a primary physical disability affecting his/her lower body. Athletes with a spinal cord injury, spina bifida, amputation, limb length difference, ankle fusion, cerebral palsy, or other diagnosis that affects one's ability to play competitive standup basketball, may qualify.*

Individuals do NOT have to be an everyday wheelchair user to play the sport. The sports wheelchair is simply a tool used to allow everyone to compete on an equal playing field. We offer recreational and competitive teams, prep and varsity teams, and adult teams. This program is in collaboration with Lincolnway Special Recreation Association.

**Season:** August – April

**Registration:** Fall brochure

**Tournaments:** typically 1-2 per month, Nationals in April

| Code           | Day | Time        | Dates |
|----------------|-----|-------------|-------|
| MINI 4438000-1 | TH  | 5:15-6:00pm | TBD   |

Location: Lincolnway Special Recreation Association  
Fee: \$350

| Code           | Day | Time        | Dates |
|----------------|-----|-------------|-------|
| PREP 4438000-2 | TH  | 6:00-7:30pm | TBD   |

Location: Lincolnway Special Recreation Association  
Fee: \$500

| Code              | Day | Time        | Dates |
|-------------------|-----|-------------|-------|
| VARSITY 4438000-3 | TH  | 7:15-8:45pm | TBD   |

Location: Lincolnway Special Recreation Association  
Fee: \$500

## Archery

*Open to anyone with a primary physical disability, including individuals with a visual impairment.*

Archery is an exciting lifetime sport that grows with you. Whether starting at a beginner level to learn the fundamentals of archery safety and basic technique, or to further develop more advanced skills, we will provide you with the tools and support to reach your goals. Adaptive equipment is available.  
**Season:** Call for the most up to date opportunities.

## Rock Climbing

*An activity which can be easily adapted to any ability level for people with physical disabilities.*

Synergy joins Adaptive Adventures in providing opportunities for people with physical disabilities to enjoy the sport of climbing by providing instruction and adaptive climbing gear to help each individual reach new heights. Whether you are an everyday wheelchair user or ambulatory, there are a variety of adaptations to utilize while climbing to new heights.  
**Season:** Call for the most up to date opportunities.

*For more information about specific sports, practice times, or to register, contact Phil Eide, Synergy/Athletics Manager at [phile@wdsra.com](mailto:phile@wdsra.com) or 630.681.0962.*





## Rec & Roll

A DAY PROGRAM OF **WDSRA**

### *Contact us!*

**For Naperville, Wheaton or Winfield locations:**  
Contact Meghan Toliver at [meghant@wdsra.com](mailto:meghant@wdsra.com)  
or 630-681-0962 ext560.

**For Carol Stream or Glen Ellyn locations:**  
Contact Katie Lyter at [katiel@wdsra.com](mailto:katiel@wdsra.com)  
or 630-681-0962 ext543.

If you are unsure which site is best for your participant, email [recandroll@wdsra.com](mailto:recandroll@wdsra.com).

Rec & Roll is a vibrant community-based recreation program designed for individuals aged 22-55 years old.

The program focuses on fostering social connections through community outings, recreational activities and service projects. Our schedule includes engaging activities all aimed at enhancing the quality of life for people with disabilities.

#### Typical activities can include

- Bowling
- Dining Out
- Themed Activity Days
- Tae Kwon Do
- Dancing
- Karaoke
- UNO Tournaments
- Community Outings
- Shopping at the Mall
- Swimming

And so much more!

# REC & ROLL



## Rec & Roll 1:3 Ratio

### Limit 9 participants per day/per location

These locations cater to individuals who may benefit from additional assistance. These sites are tailored for participants who may require more support from staff in areas such as daily living skills and social/emotional needs. The daily schedule includes a mix of staff-directed large and small group activities and community outings.

### Locations

**Fountain View** - Fountain View Recreation Center, Carol Stream

**Fort Hill** - Fort Hill Activity Center, Naperville

## Rec & Roll 1:6 Ratio

### Limit 12 participants per day/per location

Participants should be capable of engaging in a 1 staff to 6 participant ratio and independently managing their daily living skills. This includes responsibilities such as toileting, feeding, and dressing without requiring 1:1 staffing due to emotional outbursts. The daily schedule includes a variety of activities, both staff-directed and participant-directed, in large and small group settings.

### Locations

**Naperville** - Sportsman's Clubhouse, Naperville

**Carol Stream** - WDSRA office, Carol Stream

**Glen Ellyn** - Ackerman WDSRA Room, Glen Ellyn

**Wheaton** - Central Athletic Complex, Wheaton

**Winfield** - Charles R. Beggs Activity Center, Winfield



## Community • Activity • Friendship



## Join us!

Interested joining Rec & Roll? Start by filling out an interest form by scanning the QR code or visit <https://www.wdsra.com/wdsra-programs/rec-roll-program/>. Once received, an intake assessment will be scheduled to determine program eligibility. This assessment will help determine which Rec & Roll location and staff ratio is most appropriate.

# WELCOME NEW FAMILIES

**If you are a new family or participant, start by contacting WDSRA at 630-681-0962.**

## New Participant Intake

As a new participant to WDSRA, the front office team will send you an initial intake form. After you complete it, they will set you up with a household account in RecTrac (our registration system). They will send you your household account information which will be used to register for WDSRA programs. You will also receive an invite to fill out ePACT, which securely collects your child's health and emergency contact information. This additional information provides WDSRA staff the opportunity to properly staff programs and provides an environment that will be successful and enjoyable to the participant. For safety reasons, an individual without current ePACT medical information will not be permitted to participate in WDSRA programs.

## Outreach and New Families

Our outreach staff can make your transition to our programs as effortless as possible. Staff focuses on welcoming new families, answering questions, navigating forms and processes, and recommending appropriate programming for your loved one. We get to know your participant and family before starting programs so WDSRA can serve you better. We will also provide contact information for resources your participant may need.

## Inclusion Services

WDSRA and its member park districts believe all individuals should be provided with leisure opportunities that allow for performance at their highest level of ability. We understand not every person who has a special need desires WDSRA programming. In cooperation with our member districts, WDSRA staff will assist and advise any resident who is interested in participating (inclusion) in a local park district program. WDSRA will provide the type of support deemed necessary for successful participation. Supports may include training with park district staff members, consultation with the individual and their family members, and the assistance of a support staff member. WDSRA provides all inclusion services at no cost to the individual.

## Registration Information

### Ways to Register:

- Online Registration (Preferred Option)
- Drop-off or mail-before the start of registration. All mailed and dropped-off registration forms will be processed concurrently with online registrations and processed in random order.
- Email - download a form from our website, fill it out and email it to [registration@wdsra.com](mailto:registration@wdsra.com) (do not add credit card info on form when emailing it).
- Phone in registrations are not accepted.

## Virtual Program Registration

Registration will be first-come, first-served for both residents and non-residents.

## Individual Lesson Registration

Registration will be first come, first served for residents and non-residents.

## In-Person Program Lottery Registration

All In-Person program registrations will be assigned once WDSRA "spins" the lottery, randomly assigning enrollments to the programs you have registered for. The lottery will be spun for residents first, followed by non-residents. If the program has met the maximum number of participants, those not enrolled will be added to a waitlist. If you are placed on a waitlist and WDSRA can accommodate you safely, you will be enrolled in the program and notified.

## Out of District Policies

Families living outside a WDSRA Park District member district and belonging to a neighboring SRA are welcome to register in WDSRA programs with no additional fee. During lottery registration, in-district families will be spun first, followed by out of district families. This would apply to NEDSRA, FVSRA, NWSRA, and SEASPAR residents.

- If you live within a community with a Park District that does not belong to a Special Recreation Association, fees will be increased by an additional 50%.
- If you live in a community without a Park District or in an unincorporated area that falls outside of the Park District boundaries, fees will be increased by an additional 50%. An example of this would be Wayne residents and some parts of West Chicago.

# REGISTRATION, SCHOLARSHIPS

## Registration Notes

Registrations will not be processed if a fee balance remains from a previous season. Program fees will not be prorated for late registration. The scholarship request deadline is the same date set for resident registration.

If a program closes due to large enrollment, a paid waiting list of those interested will be kept. If space does not open in the program, your payment will be automatically refunded.

A class may be canceled if enrollment is less than five participants or unless otherwise noted.

## Special Olympics

For an athlete to compete in a Special Olympics program, a current Special Olympics Medical form must be on file at the WDSRA office. The Special Olympics Medical form is valid for three years from the date of the doctor's signature.

WDSRA Policy states an athlete cannot register for a Special Olympic program until you have a current form on file. If you are interested in participating in a Special Olympics program, please contact the WDSRA office for a form or download a form from our website at [www.wdsra.com](http://www.wdsra.com). **Parents and athletes are responsible for returning the completed form to the WDSRA office before you register.**



## Annual Scholarships

The scholarship request process is intended to allow participants/families who qualify for financial assistance to take part in recreation and leisure opportunities through the use of available funds. All funds for scholarships are obtained through the WDSRA Foundation's annual fundraising campaigns. Each year the amount available fluctuates based on the amounts received.

Scholarships are only available for residents of the association's nine-member park districts. Scholarships are awarded to participants who have completed the annual scholarship application and qualify for financial assistance. Applications are accepted anytime during the year but all applications expire on December 31. Fifty percent of the program fee for three (3) programs per season may be awarded. Payment plans may be arranged if needed. For more specific guidelines regarding scholarships, please visit our website at [www.wdsra.com](http://www.wdsra.com) and go to the links tab for WDSRA forms or contact the WDSRA office.

# CANCELLATIONS, REFUNDS

## Weather Cancellation Policy

**Severe Winter Weather:** Outdoor Programs or programs with transportation for people with physical disabilities: Temperature of 10 degrees or wind chill of 0 degrees or less. All other programs with transportation: Temperature of -5 degrees or wind chill of -15 degrees or less.

**All programs (including indoor):** Snowstorm or blizzard situations when driving restrictions and an emergency plan are in effect (winter or blizzard warnings). For more information on WDSRA weather policy, visit: [www.wdsra.com](http://www.wdsra.com).

## Cancelling Programs

- WDSRA staff will look at all circumstances beginning two hours before the starting time of the program or first pick-up to determine if the program should be cancelled.
- If the program is cancelled, program staff will attempt to reach all participants and staff by phone or text to inform them of the cancellation.
- Missed programs due to weather are made up the week following the end of the program, unless otherwise stated. If this is not possible, you will be issued a refund per program refund guidelines.

## Refund Procedure

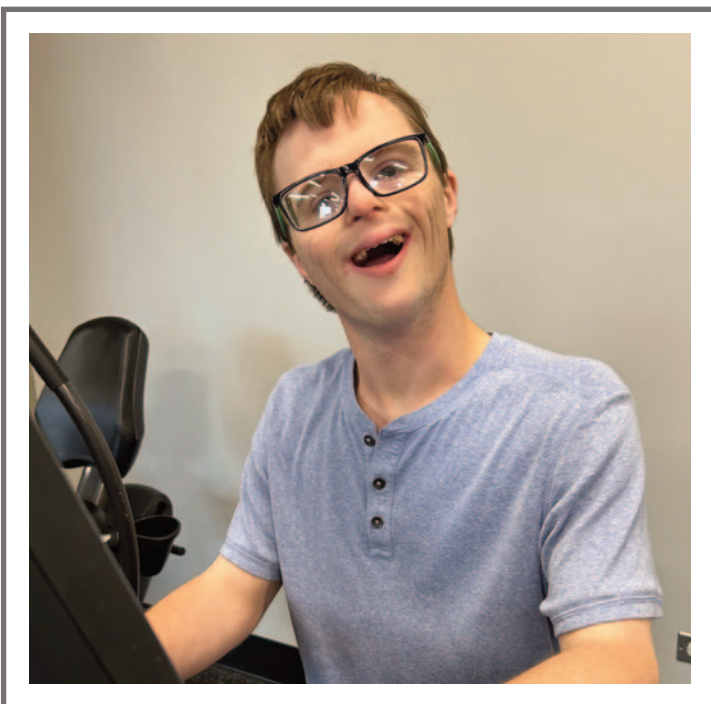
Refund requests for all programs must be received no less than 2 weeks prior to the start of the program.

- If the withdrawal request is received prior to 2 weeks you will receive a refund minus \$10 drop fee, any pre-purchased supplies and non-refundable deposits.
- A refund will not be given if the request is received less than 2 weeks prior to the start.
- Refunds will not be issued for missed classes.
- Cancellations for weekly programs will be rescheduled or a refund will be issued. Special Olympics weather refunds will be issued for missed games, but not for missed practices.
- A house credit will be issued for refunds of \$10 or less.
- Any variance to the refund procedures will be included in the program description.
- All refunds will be issued in the same form as payment was made.
- If there is an outstanding balance, your refund will be applied to the household balance due.

## PROGRAM POLICIES

When arriving at/departing from a program, parents are asked to check in with the staff person in charge of the program before leaving your child. WDSRA staff is not responsible for the supervision of participants who arrive prior to the start of the program. Also, if a participant is to be picked up by an unfamiliar guardian, neighbor, babysitter, etc. the parents are asked to notify the WDSRA staff person in charge of the program prior to the occurrence.

To provide for safe and meaningful learning experiences, a 1:3 staff-to-participant ratio is maintained for children's activities, a 1:4 ratio for teen activities, and a 1:6 ratio is maintained for adult activities. Some programs may have a higher ratio, depending on individual needs. When children of various ability/age levels are enrolled in the same program, WDSRA will group them according to their abilities.



# PROGRAM POLICIES

## Meeting on Location

For safety reasons, WDSRA will only allow participants to meet on location for community events (rather than taking the WDSRA transportation) when there is one main entrance/exit. Participants will not be allowed to meet at locations with multiple doors such as, but not limited to a mall, festival, carnival, etc.

## Program Transportation

For safety purposes participants must go home the same way they arrived. Vehicles may be pre-assigned and WDSRA cannot guarantee they will be on the same bus as friends/significant others. WDSRA requires a minimum of 3 participants at a pick-up location. Transportation will be cancelled if the minimum is not met. You will be notified if this occurs for any program.

## Late Pick-Up Policy

In order to be fair to our participants and program leaders, WDSRA has enacted a late pick-up policy and we would appreciate your cooperation in this matter. Many of our programs have more than one pick-up location and if one person is late, it may disrupt the schedule of others who are being picked up at another location. In addition, many of the WDSRA program leaders have responsibilities after everyone is picked up. We request that you double-check the pick-up time and be prompt. You will be notified of late pick-ups and a late pick-up charge may be applied to your account.

## Dietary Restrictions

Due to the amount and various types of dietary needs, WDSRA will only provide an alternative option for meals when the program is preparing/making their own food. If the program is attending a special event or eating at a restaurant in the community, the family must look ahead at the menu and relay the participant's order to the head instructor upon arrival. You may be asked to send or make appropriate accommodations for your participant on occasion.



## Behavior Code

Participants, staff, volunteers, and parents are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make WDSRA's programs safe and enjoyable for everyone. Additional rules may be developed for particular programs and athletic leagues as deemed necessary by the staff. Staff, participants, volunteers, and parents shall:

- show respect to all participants, staff, volunteers, and parents
- refrain from using foul language
- refrain from causing bodily harm to other participants, staff, coaches, or parents
- demonstrate respect for equipment, supplies, and facilities
- represent WDSRA in a manner that is consistent with the goals, objectives, and ethics of the association

## Discipline

A caring and positive discipline approach will be used. WDSRA reserves the right to dismiss a participant, staff, volunteer, or parent if it is in the best interest of the association. Each situation will be evaluated on its own merit.

## Atlanto-Axial Subluxations (ASC)

Individuals who have Down Syndrome have a high risk of having ASC. For the safety of WDSRA participants with Down Syndrome, a doctor's note proving they have been cleared of this condition by an x-ray is required to participate in any program that could potentially injure the neck area.

# EQUAL ACCESS, PHOTOGRAPHY

No participant shall be denied equal access to programs, activities, services, or benefits or be limited in the exercise of any right, privilege, advantage, or opportunity on the basis of race, sex, creed, national origin, or disability.

## Americans with Disabilities Act (ADA) Grievance Procedure

The Western DuPage Special Recreation Association has established an internal grievance system for prompt and equitable resolution of grievances alleging any action by the Western DuPage Special Recreation Association that would be prohibited by the ADA or the applicable Title II Rules. Grievances should be directed to:

**Superintendent of Inclusion & Risk Management,  
Compliance Officer, WDSRA**

Mail: 116 N Schmale Road, Carol Stream, IL, 60188

Phone: 630-681-0962

Please call WDSRA to schedule a meeting.

## IMPORTANT INFORMATION

The Western DuPage Special Recreation Association (WDSRA) is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. WDSRA continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and /or skilled for activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way, or recently suffered an illness, injury, or impairment, to consult a physician before undertaking any physical activity.

## Warning of Risk

Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Understandably, not all hazards and dangers can be foreseen. Participants must understand that certain risks, dangers, and injuries due to acts of God, inclement weather, slipping, falling, equipment failure, failure in supervision, premise defect, and all other circumstances inherent to recreational activities/programs exist. In this regard, it must be recognized that it is impossible for WDSRA to guarantee absolute safety.

## Say Cheese

WDSRA staff occasionally takes photos or videos of participants for promoting/advertising our programs, services, events, activities, and facilities in our brochures, website or social media, and other promotional avenues.

By registering for, participating in, or attending WDSRA programs, events, or other activities, the participant (or parent/guardian of a minor participant) irrevocably agrees to the use and distribution by WDSRA of his or her image (or of his minor child/ward) in photos, video recordings, and any other electronic reproductions of such programs, events, and activities for any purpose without inspection or approval and without compensation, rights to royalties or any other consideration now and in the future.

## Connect With Us!



# REGISTRATION FORM

Register online at [www.wdsra.com](http://www.wdsra.com)

Mail: WDSRA, 116 N Schmale Rd., Carol Stream, IL 60188

Email: [registration@wdsra.com](mailto:registration@wdsra.com)

Phone: 630-681-0962

Are you a new participant with WDSRA?

☐ Yes ☐ No

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Billing Address (if different than above): \_\_\_\_\_

Primary Phone: \_\_\_\_\_ Mom Cell: \_\_\_\_\_ Dad Cell: \_\_\_\_\_

Parent/Guardian Name(s): \_\_\_\_\_ Disability: \_\_\_\_\_

Primary Email: \_\_\_\_\_ Park District: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_ T-Shirt Size: \_\_\_\_\_

| FIRST NAME                                                                | PROGRAM NAME | PROGRAM CODE | PICK UP/DROP OFF LOCATION | FEE |
|---------------------------------------------------------------------------|--------------|--------------|---------------------------|-----|
|                                                                           |              |              |                           | \$  |
|                                                                           |              |              |                           | \$  |
|                                                                           |              |              |                           | \$  |
|                                                                           |              |              |                           | \$  |
|                                                                           |              |              |                           | \$  |
|                                                                           |              |              |                           | \$  |
| YOU MUST SIGN AND DATE THIS FORM FOR<br>YOUR REGISTRATION TO BE PROCESSED |              |              | TOTAL                     | \$  |

\_\_\_\_\_  
Printed Name of Person Signing Form

\_\_\_\_\_  
Signature of participant (or parent/guardian if under 18)

\_\_\_\_\_  
Date

I have read and fully understand the information on the reverse of this form, warning of risk, assumption of risk and waiver and release of all claims. If registering a minor participant, I further attest that I have read the reverse to my minor child/ward. **Note:** Do not write credit card info if sending via email.

| CARDHOLDER NAME | ACCOUNT NUMBER | EXP DATE | 3 DIGIT | AMOUNT |
|-----------------|----------------|----------|---------|--------|
|                 |                |          |         |        |

# REGISTRATION, WAIVERS

## Waiver and Release of All Claims & Assumption of Risk

Please read this form carefully and be aware that in the signing and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages, or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against WDSRA, including officials, agents, volunteers and employees (hereinafter collectively referred as WDSRA).

I do hereby fully release and forever discharge WDSRA from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, in any way associated with this program/activity.

In the event of an emergency, I understand and authorize WDSRA staff and officials to secure from any licensed hospital, physician and/or medical personnel any treatment deemed necessary for immediate care for myself or minor/ward and agree that I will be responsible for payment of any and all medical services rendered.



## Photo/Video Release

I hereby authorize and give my consent to WDSRA to photograph/video my child (or me) or to obtain outside photographs/video of my child (or me) participating in WDSRA activities/events/programs, and without limitation, to use such photographs/video in connection with promoting/advertising the services, programs, and facilities of WDSRA, without consideration of any kind.



SCAN HERE  
FOR MORE  
INFORMATION

ePACT securely collects the health and emergency contact information. With ePACT, you only need to complete your child's information once. Then, on a yearly basis you will simply need to verify that the information is correct. Need to make a change? You can make changes at any time. We'll be notified of your updates directly from ePACT.

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