



## REGISTRATION

Begins: July 31st at 9am  
Ends: August 4th at 5pm

Lottery Spun:  
August 7th

Enriching Lives. Connecting Communities. Creating Fun.



Fall 2023 Program Guide

REGISTER ONLINE AT [WWW.WDPSRA.COM](http://WWW.WDPSRA.COM)

JUNIOR  
WILDCATS



## Our Mission

We enrich lives, connect communities and create fun through inclusive recreational opportunities.

## Our Vision

A world of opportunities, belonging and individuals reaching their full potential.

## Core Values

Respect • Passion • Innovation  
Integrity • Communication  
Collaboration • Fun

## FALL PROGRAMS

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## OFFICE HOURS

### Regular Office Hours

Monday	9:00am-4:00pm
Tuesday	9:00am-4:00pm
Wednesday	9:00am-4:00pm
Thursday	9:00am-4:00pm
Friday	9:00am-4:00pm

After hours and on the weekends, please leave a voice mail message. Staff will return your call as soon as possible. WDSRA continues to have an Emergency Call Forwarding Feature on our phone system for the benefit of parents and staff. If you have an emergency on the weekend, you can call the WDSRA office, 630-681-0962, and listen to the prompt.

Si usted habla español y desea más información sobre los programas y servicios de WDSRA, por favor marque 630-681-0962 y pregunte por Rosa Matos. Rosa está disponible para servirle durante el horario de WDSRA, de Lunes a Viernes, 9:00am-4:00pm.

### LOCATION ACRONYMS

BLM - Bloomingdale	CS - Carol Stream
GE - Glen Ellyn	NAP - Naperville
ROS - Roselle	WAR - Warrenville
WTN - Wheaton	WC - West Chicago
WIN - Winfield	

### LOCATION KEY

**North** - Bloomingdale/Carol Stream/Roselle  
**Central** - Warrenville/West Chicago/Winfield  
Wheaton/Glen Ellyn  
**South** - Naperville

## STAFF & ADMINISTRATION

**Dan Leahy** - MPA, CPRP, Executive Director  
**Lisa Santoria** - Human Resources Manager  
**Ann Kennedy** - Executive Assistant  
**Natalie Principe** - Supt. of Finance & Business Services  
**Steve Eckelberry** - CPRP, Technology Manager  
**Curtis Lease** - Business Services Manager  
**Kathy Noviskis** - Administrative Assistant  
**Becky Prince** - Asst. Superintendent of Admin Operations  
**Mary Beck** - Front Office Manager  
**Joy Poling** - Administrative Assistant  
**Rosa Matos** - Administrative Assistant  
**Kari Wiggins** - Administrative Assistant  
**Lea Jackman** - Supt. of Communications & Development  
**Sherry Manschot** - Marketing/PR Manager  
**Kristy Henson** - CTRS, Development Manager  
**Tammy Kerrins** - CTRS, Supt. of Staffing & Support Services  
**Heather Richardson** - CTRS, Support Staff Manager  
**Ellie Stefanic** - Support Staff Supervisor  
**Diane Sabathne** - Support Services Assistant  
**Maddy Manden** - Inclusion Manager  
**Jenna Johnson** - CTRS, Inclusion Supervisor  
**Shakyrh Williams** - Inclusion Supervisor  
**Alexia Chlibovytsch** - Inclusion Supervisor  
**Jorie Meyer** - CTRS, Superintendent of Recreation  
**Emily Ackerman** - Program Manager  
**Katie Leone** - CTRS, Program Supervisor  
**Megan Maulding** - Program Supervisor  
**Kristen Stepniak** - CTRS, Program Supervisor  
**Phil Eide** - Athletics/Synergy Manager  
**Ryan Fleck** - Athletics Supervisor  
**Macey Horbach** - Athletics Supervisor  
**Rachel Pavesich** - CTRS, Adult Day Program & Outreach Manager  
**Meghan Toliver** - CTRS, Adult Day Program Assistant Manager  
**Katie Lyter** - CTRS, Adult Day Program Assistant Manager

## WDSRA BOARD OF DIRECTORS

**Brad Wilson** - Naperville, Chairman  
**Joe Potts** - Bloomingdale  
**Sue Rini** - Carol Stream  
**Glen Ellyn** - TBA  
**Lynn McAteer** - Roselle  
**Tim Reinbold** - Warrenville  
**Gina Radun** - West Chicago  
**Mike Benard** - Wheaton  
**Mark Pawlowski** - Winfield

The WDSRA Board of Directors meets every other month. These meetings are usually held at WDSRA and are open to any community member. Call the office or visit [www.wdsra.com](http://www.wdsra.com) for the time and location of each meeting.



Now Hiring.  
Apply Today!





# IT ALL STARTS WITH A GIFT... HELPING SUSTAIN IN-PERSON PROGRAMS, VIRTUAL PROGRAMS AND INCLUSION SERVICES.

## Making Special Recreation Available to ALL Families!

Keeping programs affordable and accessible is our commitment. Because of the labor intensive nature of our programs, the constant fluctuation of part-time staff needs, and rising costs overall, we continually need to bridge the gap between the cost of programming and the support received through tax revenues. That gap is filled through the generosity of grantors and donors.

Learn more at [www.wdsra.com](http://www.wdsra.com).

## Board of Trustees

Jeff Hayden, Chairman	Kevin Lavin
Lee Fennell, Treasurer	Pat Marks
Lisa Anderson	Nina Menis
Mark Barnick	Ken Munzing
Kevin Beck	Greg Schwarze
Dr. Lori Belha	
Scott Harbaugh	
Molly Korb	
	Dan Leahy
	Lea Jackman



## The WDSRA Foundation

- Assists with scholarships, vehicle purchases, program supplies, inclusion services, special projects and more
- Generates funding through donations, sponsorships, events, appeals and more
- Proceeds benefit WDSRA participants and families

For more information on the WDSRA Foundation, contact WDSRA Superintendent of Communications & Development, Lea Jackman at 630-681-0962 ext 580 or [leaj@wdsra.com](mailto:leaj@wdsra.com).

*All donations made to the WDSRA Foundation go directly to support WDSRA programs and services. A 501 (C) 3 not-for-profit organization.*



# SCHOLARSHIP ENDOWMENT!

*Creating ACCESS  
and sustaining  
HOPE for all!*



Everyone needs to have access to programs regardless of their financial challenges.

The ability to pay should never limit someone's access to special recreation.

The WDSRA Scholarship Endowment has a fund balance goal of \$750,000. Once in place, that figure and the earnings it produces, will fulfill our typical annual scholarship need and more in perpetuity.

This is a sustainable way to meet the needs of current and future participants & families.

Learn more at <https://www.wdsra.com/wdsra-foundation/wdsra-scholarship-endowment/>.

**DONATE or become  
a PARTNER today!**



If you would like more information, contact Lea Jackman at 630.681.0962 or [leaj@wdsra.com](mailto:leaj@wdsra.com).



## HELLO ... WDSRA FRIENDS & FAMILIES

We're excited to share our Fall Program Guide with you. Inside you'll find amazing opportunities for participants of all ages. Expanding our program offerings are a constant goal as we strive to help individuals develop to their full potential.

While creating fun programs is a privilege that we enjoy, I want to highlight the talented staff that make it all happen. On page three, you'll find our full-time roster of professionals that work tirelessly to deliver the very best in therapeutic recreation. Our core teams consist of administration, recreation, marketing/development, inclusion, support staffing, human resources, athletics, technology, business services and front office staff are responsible for coordinating service delivery. Within those disciplines, there's a multitude of tasks, responsibilities and processes that ensure a well-designed, safe, and fiscally responsible operation.

You'll notice many staff have CTRS or CPRP next to their name. These designations signify best-in-class certifications in the areas of therapeutic recreation and/or parks and recreation. Aside from those professional classifications, there are many other staff who've earned additional certifications ranging from behavior management, handle-with-care safety training, technology, business and much more. And that's just on the full-time side. Our part-timer team comes brings a diverse set of professional skills and their own passion to our programs on a daily basis.

While we're in the business of creating fun, professional development and being leaders in our field is something WDSRA takes great pride in. It's truly humbling to work with such a talented and dedicated group of individuals. As a parent of a WDSRA participant, I'm personally thankful to each and every team member for all they do.

Ok, back to the fun! We've got a full line-up of special events, athletic programs, cultural arts, trips and other unique activities to help fill any calendar. I hope to see you out at our programs. I enjoy meeting the families and participants in our communities. Have a great fall season.



*Sincerely*

**Dan Leahy** - MPA, CPRP  
WDSRA Executive Director



# 2ND ANNUAL Celebration of SPECIAL RECREATION

**SAVE THE DATE!**  
**SATURDAY, OCTOBER 7TH**  
**11 AM - 3 PM**

Explore a variety of fun & challenging adapted recreational activities while connecting with community service providers.

**OCT 7, 2023 | 11 am - 3 pm**

Annerino Community Center,  
201 Recreation Drive, Bolingbrook

Visit  
**[celebratespecialrec.org](https://celebratespecialrec.org)**  
for up-to-the-minute details

Presented collaboratively by  
Bolingbrook Arts Council, Bolingbrook Park District,  
Northern Will County Special Recreation Association, &  
Angelic Kindness



**Bolingbrook  
Park District**



**FEATURING  
ACTIVITY PARTNERS:**



**Lincolnway**  
SPECIAL RECREATION  
ASSOCIATION

**ZOTARTZ**  
MAKE YOUR MARK!



REGISTER ONLINE AT [WWW.WDSRA.COM](http://WWW.WDSRA.COM)

# SPECIAL EVENTS



## Hollywood Palms - Megan Maulding

**Age: 18 years & older**

Let's enjoy a night at Hollywood Palms and catch the latest flick with our friends! The group will be watching a G, PG, or PG-13 movie. The fee includes dinner and a movie ticket. Please note: An email with the movie's name will be sent the week before. Transportation will not be provided. You must meet the group directly at the Movie Theater.

Fee: \$56

Location: Hollywood Palms, Naperville

Program Code: 3400000-1

Day: W

Time: 6:00-9:00pm

Date: 9/6

Program Code: 3400023-1

Day: W

Time: 6:00-9:00pm

Date: 11/8

## Movie in the Park – Lyle, Lyle Crocodile

- Megan Maulding

**Age: 16 years & older**

Join the Naperville Park District outdoors for a fun Friday night kick-off to the weekend featuring a family-friendly movie of Lyle, Lyle Crocodile. Bring your lawn chair or blanket, and we will enjoy popcorn and treats. Enjoy the movie!

Fee: \$20

Location: 95th Community Plaza

Program Code: 3400001-1

Day: F

Time: 7:30-9:30pm

Date: 9/8

Drop-off WPDCC: 6:30pm

Pick-up WPDCC: 10:15pm

Drop-off 95th St Community Plaza: 7:15pm

Pick-up 95th St Community Plaza: 9:30pm

## Morton Arboretum Hike - Kristen Stepniak

**Age: 18 years & older**

You will get to hike and explore all the Morton Arboretum offers! The Arboretum has gorgeous gardens, mazes, playgrounds, sculptures, and more. After hiking, the group will enjoy a picnic lunch. WDSRA will provide lunch from the café, which is included in the fee. Participants registered must be able to walk long distances independently.

Fee: \$42

Location: Morton Arboretum, Lisle

Program Code: 3400003-1

Day: SU

Time: 12:00-2:00pm

Date: 9/10

Drop-off WPDCC: 11:45am

Pick-up WPDCC: 2:15pm



# SPECIAL EVENTS

## Saddle Up - Megan Maulding

**Age: 21 years & older**

Yee-Haw! Join us for dinner and dancing at Saddle Up Saloon. Saddle Up is a country-themed entertainment and sports bar where we will learn how to line dance from the pros! You must be at least 21 years old and bring a valid ID.

Fee: \$56

Location: Saddle Up Saloon, Naperville

Program Code: 3400004-1

Day: W

Time: 6:00-8:30pm

Date: 9/13

Drop-off WPDCC: 5:15pm

Pick-up WPDCC: 9:15pm

Drop-off Fort Hill: 5:45pm

Pick-up Fort Hill: 8:45pm

## Six Flags Great America - Kristen Stepniak

**Age: 18 years & older**

We are calling all thrill-seekers! It's time to have the ride of your life as we venture through Six Flags Great America Theme Park. The program fee includes ticket, parking, and the mega meal deal package. The mega-meal deal includes a meal, snack, and drinks at select park locations all day. Meal and snack options include chicken tenders, burgers, pizza, pretzels, funnel cake, and more! Please note: Participants registered must be able to walk long distances independently and have the ability to go on all rides with the group and staff. Remember to dress appropriately for the weather.

Fee: \$150

Location: Great America, Gurnee

Program Code: 3400005-1

Day: SA

Time: 11:00am-6:00pm

Date: 9/16

Drop-off WPDCC: 9:30am

Pick-up WPDCC: 7:30pm

## Bicycle & Paint - Katie Leone

**Age: 18 years & older**

Have you ever wanted to bicycle and paint at the same time? Well, now you can! We will be going to the Bloomingdale-Spin Art Nation, where we will get the chance to ride an indoor bike while creating a beautiful masterpiece. Participants must fill out a waiver, which will be emailed one week prior. Please note: wear clothes you can get paint on and wear socks.

Fee: \$60

Location: Spin Art Nation Chicago, Bloomingdale

Program Code: 3400007-1

Day: SA

Time: 2:00-3:30pm

Date: 9/23

Drop-off Fort Hill: 1:15pm

Pick-up Fort Hill: 4:15pm

Drop-off Bloomingdale-Spin Art Nation: 2:00pm

Pick-up Bloomingdale-Spin Art Nation: 3:30pm

## Shedd Aquarium - Kristen Stepniak

**Age: 18 years & older**

Let's seas the day at the Shedd Aquarium! The group will explore the aquatic animal world and have a chance to see dolphins, sharks, turtles, and much more. Lunch will also be provided at the Aquarium and is included in the program fee. Please bring additional money for extra snacks or souvenirs.

Fee: \$93

Location: Shedd Aquarium, Chicago

Program Code: 3400008-1

Day: SU

Time: 1:00-4:30pm

Date: 9/24

Drop-off WPDCC: 11:45am

Pick-up WPDCC: 5:30pm

NEW!

NEW!

# SPECIAL EVENTS

## Apple Picking - Kristen Stepniak

**Age: 18 years & older**

Fall is crisp, but the apples are crisper! Join us as we pick fresh apples with our friends to bring home. Afterward, the group will enjoy lunch on the farm and apple cider donuts for dessert. Please bring additional money for any extra concessions.

Fee: \$60

Location: Kuipers Family Farm, Maple Park

Program Code: 3400009-1

Day: SA

Time: 11:00am-1:00pm

Date: 9/30

Drop-off WPDCC: 10:00am

Pick-up WPDCC: 1:45pm

## Jack O-Lantern World

- Kristen Stepniak

**Age: 18 years & older**

This is a one-of-a-kind celebration of Halloween, art, nature, and fall! You will get to walk through thousands of incredible hand-carved Jack O'Lanterns. Afterward, the group will enjoy dinner from the food trucks. Dinner is included in the program fee. Participants registered must be able to walk long distances independently.

Fee: \$69

Location: Jack O'Lantern World, Lake Zurich

Program Code: 3400011-1

Day: SA

Time: 6:00-8:15pm

Date: 10/7

Drop-off WPDCC: 4:45pm

Pick-up WPDCC: 9:30pm

NEW!

## Dinner & Dave & Busters - Katie Leone

**Age: 18 years & older**

Spend your Sunday evening playing some of your favorite arcade games and eating delicious food at Dave and Buster's. Pacman, Mario Kart Arcade, and Skee Ball are just a few of the many games you can play in this special event. Please note: We will meet on-site at Dave and Busters.

Fee: \$67

Location: Dave & Busters, Addison

Program Code: 3400012-1

Day: SU

Time: 5:00-7:00pm

Date: 10/8

## Studio Movie Grill - Kristen Stepniak

**Age: 18 years & older**

Let's enjoy a night out at the movies and catch the latest flick with our friends! Dinner and the movie are included in the program fee. Transportation will not be provided. Please meet the group directly at the movie theater at 5:30pm. Participants will be contacted on Monday (10/9) and Monday (12/11) with pick-up time and movie title. Please note: The group will be seated in a private movie theater and the show-times are different than what is displayed on the website. Movie will be rated G, PG or PG-13.

Fee: \$50

Location: Studio Movie Grill, Wheaton

Program Code: 3400014-1

Day: W

Time: 5:30-8:30pm (end time is approximate)

Date: 10/11

Program Code: 3400038-1

Day: W

Time: 5:30-8:30pm

Date: 12/13



SCAN HERE  
FOR MORE  
INFORMATION



# SPECIAL EVENTS



## Cantigny Fall Festival - Kristen Stepniak

**Age: 18 years & older**

Celebrate Fall at Cantigny Park with craft shows, pumpkins, music, hayrides, and more! Afterward, we will head over to 302 Wheaton for a late lunch. Lunch is included in the program fee. Please bring additional money for attractions and souvenirs at the festival.

Fee: \$58

Location: Cantigny Park, Wheaton

Program Code: 3400015-1

Day: SA

Time: 11:00am-2:00pm

Dates: 10/14

Drop-off WPDCC: 10:45am

Pick-up WPDCC: 2:15pm

## Astro Fun World & Dinner

- Megan Maulding

**Age: 16 years & older**

Astro Fun World is glow-in-the-dark fun in a one-of-a-kind indoor entertainment center offering fun for everybody to enjoy! We will enjoy activities including mini golf, Laser tag, go-karts, climbing walls, arcade games, and more. After all the fun and games, we will enjoy salad and pizza at CiCi's Pizza.

Fee: \$70

Location: Astro Fun World, Naperville

Program Code: 3400016-1

Day: SU

Time: 3:30-6:30pm

Date: 10/15

Drop-off WPDCC: 3:00pm

Pick-up WPDCC: 7:00pm

Drop-off ASTRO: 3:30pm

Pick-up ASTRO: 6:30pm

NEW!

## Dirt Oval Sixty Six - Kristen Stepniak

**Age: 18 years & older**

Tonight is the Eve of Haunted Destruction at the racetrack! You will experience a fun-filled Halloween night at the Demolition Derby, including school bus racing, derbys, Halloween contests, and more. Wear your best costume and enjoy the night with your WDSRA friends. Dinner will be provided. Please note: the demolition derby is a loud event. If you are sensitive to loud noise, please consider this when registering or bringing headphones.

Fee: \$48

Location: Dirt Oval 66, Joliet

Program Code: 3400017-1

Day: SA

Time: 5:00-8:00pm

Date: 10/21

Drop-off WPDCC: 4:00pm

Pick-up WPDCC: 9:00pm

NEW!

# SPECIAL EVENTS

## Boo! at the Zoo - Kristen Stepniak

**Age: 18 years & older**

Brookfield Zoo is getting spooky for Halloween! Come dressed in your most fa-boo-lous costume and explore the Zoo at this Halloween-themed event. The zoo will have Halloween décor, activities, and your favorite animals. The group will also stop for a snack of choice. Please bring money for extra concessions and souvenirs.

Fee: \$74

Location: Brookfield Zoo, Brookfield

Program Code: 3400018-1

Day: SU

Time: 1:00-4:00pm

Date: 10/22

Drop-off WPDCC: 12:15pm

Pick-up WPDCC: 4:45pm

## Costume Ball - Katie Leone

**Age: 18 years & older**

Come dressed in your spooky, silly, or stunning Halloween costume, and dance the night away at this annual bash! Prizes for the best, scariest, most creative, best couple, and cutest costumes will be awarded. Refreshments will be provided. The following social clubs are scheduled to attend: Carol Stream Cruisers and Naperville Crew. Please do not register for the special event if you are in one of these clubs.

Fee: \$45

Location: Fountain View, Carol Stream

Program Code: 3400019-1

Day: F

Time: 6:30-8:30pm

Date: 10/27

Drop-off Fort Hill: 5:45pm

Pick-up Fort Hill: 9:15pm

Drop-off Fountain View: 6:30pm

Pick-up Fountain View: 8:30pm



## Halloween Trolley - Kristen Stepniak

**Age: 18 years & older**

Ding! Ding! Trick or Treat! Back by popular demand is the Dinner and Naperville Halloween Lights Trolley Tour. We will head to Aurelio's in Naperville for dinner tonight, followed by the Naperville Halloween Lights Trolley Tour. The tour will run from 7:30-8:30pm and begins at Aurelio's parking lot. This guided trolley tour will bring us through North and South Naperville to look at all the Halloween-decorated homes. Please note: this trolley is accessible for all. If you wish to meet directly at Aurelio's in Naperville, you can meet at 5:00pm and be picked up at 8:30pm.

Fee: \$85

Location: Aurelio's, Naperville

Program Code: 3400020-1

Day: SA

Time: 5:00-8:30pm

Date: 10/28

Drop-off WPDCC: 4:30pm

Pick-up WPDCC: 9:15pm

Drop-off at Aurelio's: 5:00pm

Pick-up Aurelio's: 8:30pm



# SPECIAL EVENTS

## BUNCO - Megan Maulding

**Age: 16 years & older**

Join us for another BUNCO party with friends, food, refreshments, and fun! We will order food from a local restaurant, play BUNCO, award prizes, and finish with some delicious desserts.

Fee: \$40

Location: Fort Hill, Naperville

Program Code: 3400022-1

Day: SU

Time: 3:30-6:00pm

Date: 10/29

Drop-off WDSRA: 2:45pm

Pick-up WDSRA: 6:45pm

Drop-off Fort Hill: 3:30pm

Pick-up Fort Hill: 6:00pm

## Immersive Gamebox - Kristen Stepniak

**Age: 16 years & older**

Play together as a team in an interactive smart room called the Immersive Gamebox. This unique immersive experience is played in a room with motion tracking, touch screens, and surround sound. The group will play Shaun the Sheep: Championsheeps. This includes interactive games inspired by sporting events around the farm and working as a team to win. Afterward, the group will go to The District food court for lunch.

Fee: \$60

Location: Immersive Gamebox, Oakbrook

Program Code: 3400024-1

Day: SU

Time: 12:00-2:00pm

Date: 11/5

Drop-off WPDCC: 11:30am

Pick-up WPDCC: 2:30pm

## Sparkle Light Festival - Kristen Stepniak

**Age: 18 years & older**

Experience the holiday magic at the Sparkle Light Festival in Rosemont. As you immerse yourself in millions of sparkling lights, you will stroll through illuminated villages with custom holiday features. You will also get a chance to go down the two-story Alpine Ice Slide. Afterward, the group will enjoy pizza and refreshments at Giordano's. Please bring additional money for extra concessions/souvenirs at the festival.

Fee: \$100

Location: Impact Field, Rosemont

Program Code: 3400025-1

Day: SA

Time: 4:30-7:30pm

Date: 11/11

Drop-off WPDCC: 3:30pm

Pick-up WPDCC: 8:15pm

## Fall Football Shuffle - Megan Maulding

**Age: 18 years & older**

Tis the season for some football! Let's kick off those cleats and put on some dancing shoes. Wear your favorite football jerseys and get those feet shuffling to great music. We will have delicious appetizers and refreshments while the DJ plays great tunes. Please note: Wheaton Socialities and Naperville Crew social clubs will be attending this event.

Fee: \$40

Location: Fort Hill Activity Center, Naperville

Program Code: 3400027-1

Day: F

Time: 6:30-8:30pm

Date: 11/17

Drop-off WDSRA: 5:45pm

Pick-up WDSRA: 9:15pm

Drop-off Fort Hill: 6:30pm

Pick-up Fort Hill: 8:30pm

# SPECIAL EVENTS

## Cinderella - Katie Leone

**Age: 18 years & older**

Come along to experience a story about a young woman who wished for a life as beautiful as a fairytale. Cinderella the Musical will be performing live at Drury Lane Theatre. What a perfect way to spend the holiday season! Please note: This is a 2-hour and 30-minute production.

Fee: \$120

Location: Drury Lane, Oakbrook Terrace

Program Code: 3400026-1

Day: SU

Time: 2:00-4:30pm

Date: 11/12

Drop-off WPDCC: 1:15pm

Pick-up WPDCC: 5:15pm

## Fall Fest - Katie Leone

**Age: 16 years & older**

Join us and celebrate autumn by being together with friends and doing fall activities. In this in-house special event, we will make fall crafts, play games, and eat fall-inspired snacks. Make sure you wear a cozy flannel!

Fee: \$30

Location: WDSRA, Carol Stream

Program Code: 3400028-1

Day: SA

Time: 3:00-5:00pm

Date: 11/18

Drop-off Fort Hill: 2:15pm

Pick-up Fort Hill: 5:45pm

Drop-off WDSRA: 3:00pm

Pick-up WDSRA: 5:00pm



## Top Golf - Kristen Stepniak

**Age: 18 years & older**

This is not your average putting green or driving range! We will enjoy a variety of golf games and a dinner buffet. Dinner is included in the program fee. Transportation will not be provided for this event. Please meet on-site and look for WDSRA staff at the main entrance.

Fee: \$108

Location: Top Golf, Naperville

Program Code: 3400029-1

Day: SU

Time: 5:00-7:00pm

Date: 11/19

## Dinner & Holiday Lights

**Age: 16 years & older**

Back again by popular demand! Enjoy the best sights and sounds of the season in the warmth of a WDSRA vehicle. We'll start the evening with a great dinner around the area. The restaurant location will be emailed to you the week before the program. Then, we will scope out the best Christmas lights we can find for the duration of the evening. Dinner is included in the fee.

## Dinner & Holiday Lights South - Megan Maulding

Fee: \$45

Location: Fort Hill, Naperville

Program Code: 3400033-1

Day: SA

Time: 5:00-8:00pm

Date: 12/2

## Dinner & Holiday Lights North - Katie Leone

Fee: \$45

Location: WDSRA, Carol Stream

Program Code: 3400033-2

Day: SA

Time: 5:00-8:00pm

Date: 12/2



## Whirlyball & Dinner - Kristen Stepniak

**Age: 18 years & older**

Game on! Whirlyball is a team sport that combines the elements of basketball, lacrosse, and hockey while riding in whirlybugs, similar to bumper cars. You will use a bumper car and scoop to get the whiffle ball and shoot it into the goal. Afterward, the group will enjoy dinner at Whirlyball. Transportation will not be provided for this event. Please meet on-site and look for WDSRA staff at the main entrance.

Fee: \$76

Location: Whirlyball, Naperville

Program Code: 3400034-1

Day: SU

Time: 5:00-7:00pm

Date: 12/3



## Holiday Dinner Dance - Kristen Stepniak

**Age: 18 years & older**

It's the most wonderful time of the year! Celebrate the holiday season with your friends at our biggest event of the year. You will be served a delicious meal and dance the night away! All participants will receive a party favor to take home. Please note: participants can be dropped off directly at Abbington Banquets at 6pm and picked up at 9pm. Participants must go home the same way they arrived at the dance. For safety purposes, we will pre-assign vehicles for this dance. We cannot guarantee that participants will be on the same bus as friends/significant others.

Fee: \$110

Location: Abbington Banquets, Glen Ellyn

Program Code: 3400035-1

Day: F

Time: 6:00-9:00pm

Date: 12/8

Drop-off WDSRA: 5:30pm

Pick-up WDSRA: 9:45pm

Drop-off Fort Hill: 5:30pm

Pick-up Fort Hill: 9:45pm

## Ugly Sweater & Hot Cocoa - Megan Maulding

**Age: 16 years & older**

'Tis the season for "ugly" sweaters! Dust off those fun and wacky holiday garments that have been collecting dust all year. We will have a contest for the Most Festive, Most Adorable, and Funniest Attire. Be ready to jingle bell rock and enjoy delicious hot cocoa topped with candies and sweets.

Fee: \$30

Location: Fort Hill, Naperville

Program Code: 3400036-1

Day: SA

Time: 3:00-5:00pm

Date: 12/9

Drop-off WDSRA: 2:15pm

Pick-up WDSRA: 5:45pm

Drop-off Fort Hill: 3:00pm

Pick-up Fort Hill: 5:00pm

## Charlie & the Chocolate Factory

- Katie Leone

**Age: 18 years & older**

Come and see Charlie and the Chocolate Factory at the Paramount Theatre. This fantastic musical follows young Charlie Bucket and his grandpa Joe as they join four other Golden Ticket winners to tour a magical chocolate factory created by the "Candy Man" Willy Wonka. Join us to experience this classic story!

Fee: \$102

Location: Paramount, Aurora

Program Code: 3400041-1

Day: SU

Time: 12:15-4:00pm

Date: 12/17

Drop-off WPDCC: 11:30am

Pick-up WPDCC: 4:30pm

# SPECIAL EVENTS

## Holiday Magic - Kristen Stepniak

**Age: 16 years & older**

Celebrate the holiday season as we head to Brookfield Zoo's annual Holiday Magic! This event features nearly one million twinkling lights, ice-carving demonstrations, and live musical performances. In addition, the zoo's food stands and gift shops will have hundreds of unique items. We will also have dinner at the zoo. The fee includes zoo admission and dinner, but please bring additional money for snacks or souvenirs if desired. This event requires participants to keep pace with the group while walking in the zoo. Please note: due to the popularity of this event, we are offering a north section and a south section, so please be sure to enroll in your preferred section based on the drop-off and pick-up location.

Fee: \$82

Location: Brookfield Zoo, Brookfield

## Holiday Magic North

Program Code: 3400039-1

Day: F

Time: 6:00-9:00pm

Date: 12/15

Drop-off WDSRA: 5:00pm

Pick-up WDSRA: 9:45pm

## Holiday Magic South

Program Code: 3400039-2

Day: F

Time: 6:00-9:00pm

Date: 12/15

Drop-off Fort Hill: 5:00pm

Pick-up Fort Hill: 9:45pm

## WDSRA Showcase - Katie Leone

**All Ages**

SAVE THE DATE - Join us for the event of the year! WDSRA's participant's talent will be spotlighted and displayed on the big screen! This showcase will include videos, photos, and pre-recorded performances from all aspects of WDSRA programming. Sit back, relax, and enjoy the show. Please note: This is a community event, so bring the whole family. Admission includes popcorn and water, but please bring money for other purchases.

Fee: \$5

Location: Hollywood Palms, Naperville

Program Code: 3400037-1

Day: SU

Time: 10:30am -12:30pm

Date: 12/10

## NYE Extravaganza - Kristen Stepniak

**Age: 18 years & older**

Ring in 2024 with a WDSRA-style celebration! This event includes appetizers, NYE noise makers and hats, dancing, and a "midnight" toast! Participants may be dropped off directly at WPDCC at 6:30pm and picked up at 8:30pm. Please note: participants must go home the same way they arrived.

Fee: \$40

Location: WPDCC, Wheaton

Program Code: 3400042-1

Day: TH

Time: 6:30-8:30pm

Date: 12/28

Drop-off WPDCC: 6:30pm

Pick-up WPDCC: 8:30pm

Drop-off Fort Hill: 6:00pm

Pick-up Fort Hill: 9:00pm



SCAN HERE  
FOR MORE  
INFORMATION



# KIDS/TEEN SCHOOL DAY'S OUT/CAMP

## School's Day Out

- Megan Maulding

**Age: 8-18 years**

Fee: \$65

Location: ARC Center, West Chicago

Time: 9:00am-2:00pm

Drop-off WPDCC: 8:30am/Pick-up WPDCC: 2:30pm

Drop-off ARC Center: 9:00am/Pick-up ARC Center: 2:00pm

## Swimming

Spend your day off from school by swimming with your friends. At Fountain View, we will play some pool games and do some swimming activities. Don't forget to bring your suit, towel, and lunch.

Program Code: 3400013-1

Day: M

Date: 10/9

## Kids Empire

We are headed to Kids Empire in West Chicago to explore the floor-to-ceiling climbing walls, play structures, and ball pits. It will be a great day to play!

Program Code: 3400030-1

Day: M

Date: 11/20

## Bowling

On this school day out, join us for a game of bowling with friends. Mark your calendars because this school day's out will be STRIKING.

Program Code: 3400031-1

Day: TU

Date: 11/21

## Lunch & A Movie

The group will watch a movie and enjoy lunch in the theater. After the movie, we will return to the ARC for games and activities.

Program Code: 3400032-1

Day: W

Date: 11/22



## Holiday Break Camp

**Age: 6-21 years**

Spend your holiday break with WDSRA! Your camp day will include games, field trips, crafts, music, and more. You will receive further information and a detailed camp schedule one week before the program. You must send a sack lunch each day unless otherwise noted. Please note: transportation is provided from WDSRA and Fort Hill. You may also meet on-site at the ARC Center in West Chicago.

Fee: \$180

Location: ARC West Chicago

Time: 9:00am-2:00pm

Drop-off Fort Hill: 8:30am

Pick-up Fort Hill: 2:30pm

Drop-off WDSRA: 8:30am

Pick-up WDSRA: 2:30pm

**Ages: 6-12 years**

Program Code: 3420000-1

Dates: 12/26-12/28

Program Code: 3420001-1

Dates: 1/2-1/5

**Ages: 13-21 years**

Program Code: 3420000-2

Dates: 12/26-12/28

Program Code: 3420001-2

Dates: 1/2-1/5

# SOCIAL PROGRAMS

## Social Clubs

Start your Friday night with us at one of our WDSRA social clubs. Each club offers the opportunity to venture out for various activities in the surrounding community. Activities and outings may occur between the hours of 6-9 pm. Some activities may require additional spending money, and you may be asked to meet onsite at the location. A detailed activity schedule will be emailed one week before the start date and posted on the WDSRA website.

### Wheaton Socialites - Kristen Stepniak

**Age: 36 years & older**

Fee: \$136

Location: Central Athletics Complex, Wheaton

Program Code: 3401000-1

Day: F

Time: 6:00-9:00pm

9/22, 10/6, 10/20, 11/3, 11/17

### Carol Stream Cruisers - Katie Leone

**Age: 18-35 years**

Fee: \$136

Location: WDSRA, Carol Stream

Program Code: 3401001-1

Day: F

Time: 6:00-9:00pm

Dates: 9/29, 10/13, 10/27, 11/10, 12/1

### Naperville Nighthawks - Megan Maulding

**Age: 18-29 years**

Fee: \$136

Location: Fort Hill, Naperville

Program Code: 3401002-1

Day: F

Time: 6:00-9:00pm

Dates: 9/22, 10/6, 10/20, 11/3, 11/17

### Naperville Crew - Megan Maulding

**Age: 30 years & older**

Fee: \$136

Location: Fort Hill, Naperville

Program Code: 3401003-1

Day: F

Time: 6:00-9:00pm

Dates: 9/29, 10/13, 10/27, 11/10, 12/1

### Teen Scene Social Club - Kristen Stepniak

**Age: 14-21 years**

Fridays are for the teens! Don't miss out on a fun evening with friends as we venture out into the central area or stay in to do various activities. A detailed activity schedule will be emailed one week before the start date and posted on the WDSRA website.

Fee: \$125

Location: Central Athletics, Wheaton

Program Code: 3401004-1

Day: F

Time: 6:00-9:00pm

Dates: 9/29, 10/13, 10/27, 11/10, 12/1

### Dinner & A Movie - Katie Leone

**Age: 18 years & older**

Lights, Camera, Action! Every other week we will come together to watch G, PG, or PG13 movies that the group will vote on. While we watch the movie, WDSRA will provide a delicious dinner. See you there!

Fee: \$100

Location: WDSRA, Carol Stream

Program Code: 3402000-1

Day: M

Time: 6:15-8:45pm

Dates: 9/18, 10/2, 10/16, 10/30, 11/13, 11/27

Drop-off Fox Bowl: 6:00pm

Pick-up Fox Bowl: 9:15pm

Drop-off WDSRA: 6:15pm

Pick-up WDSRA: 8:45pm



# SOCIAL PROGRAMS

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## Restaurant Reviewers - Kristen Stepniak

**Age: 18 years & older**

What is the best restaurant around town? Let's enjoy dinner and find out! We will try and rate a new place each week based on the food quality, service, and atmosphere. Please bring \$25 for your meal each week, including tips. A detailed schedule of restaurants will be sent out one week before the start of the program. Bon appetit!

Fee: \$90

Location: Wheaton Area

Program Code: 3402001-1

Day: M

Time: 6:15-8:15pm

Dates: 9/25, 10/9, 10/23, 11/6, 11/20, 12/4

Drop-off Fox Bowl: 6:00pm

Pick-up Fox Bowl: 8:30pm

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## Movie Mania - Megan Maulding

**Age: 18 years & older**

Let's enjoy a night out at Hollywood Palms and catch the latest flick with our friends! Your movie ticket is included in the fee. Participants must bring their own money for dinner and are required to purchase at least one item from the menu. Times are approximate and may change based on showtimes. Please note: An email with the movie, showtime, and pick-up times will be sent out the week before. The movie will be rated G, PG, PG-13, or R.

Fee: \$167

Location: Hollywood Palms

Program Code: 3402002-1

Day: TH

Time: 6:45-9:30pm

Dates: 9/21, 10/5, 10/19, 11/2, 11/16, 11/30

Drop-off Bowlero: 6:25pm

Pick-up Bowlero: TBD

Drop-off Hollywood Palms: 6:45pm

Pick-up Hollywood Palms: TBD

## WDSRA Aktion Club

**Age: 22 years & older**

A member of the Sponsored Organizations and Programs at Kiwanis International. Aktion Club is a community-service club for adults who live with a disability, and is designed for participants who have a primary diagnosis of a Learning Disability or Mental Illness. The club typically meets from 6:30pm-8:00pm on the first and third Mondays of each month, between September and May. Meetings are held at either the WDSRA office in Carol Stream or at another location in the community. Members plan and experience community service projects, fundraising, and educational presentations while developing important skills in the process. Individuals in this program must be able to participate in community service projects independently and without supervision. Please contact WDSRA for more details. *The WDSRA Aktion Club is co-sponsored by Kiwanis Club of Glen Ellyn, Central DuPage and Wheaton. A schedule is completed and emailed quarterly to members.*

Fee: \$35 (Annual Fee)

Program Code: 3402010-1

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## Restaurant Reviews - Megan Maulding

**Age: 18 years & older**

What is the best restaurant around town? Let's enjoy dinner and find out! We will try and rate a new place each week based on the food quality, service, and atmosphere. Please bring \$25 for your meal each week, including tips. A detailed schedule of restaurants will be sent out one week before the start of the program. Bon appetite!

Fee: \$90

Location: Naperville Area

Program Code: 3402003-1

Day: TH

Time: 6:45-8:45pm

Dates: 9/28, 10/12, 10/26, 11/9, 12/7, 12/14

Drop-off Bowlero: 6:25pm

Pick-up Bowlero: 9:00pm

# CULTURAL ARTS PROGRAMS

## Actor's Workshop - Katie Leone

**Age: 18 years & older**

This workshop is designed to strengthen the acting "muscle." Students will work on different aspects of acting techniques through acting games and exercises, such as movement, voice, characterization, pantomime, and others each week. Participants will also work on a 15-minute skit to apply the skills learned and perform at the end of the last class. Teamwork, focus, and listening are added benefits of this acting workshop. Participants must be able to function at a 1:4 ratio.

Fee: \$60

Location: WPDCC, Wheaton

Program Code: 3404001-1

Day: SA

Time: 2:00-3:00pm

Dates: 9/23-10/28

## Creative Corner - Katie Leone

**Age: 16 years & older**

Join us as we encourage you to explore your creativity through art activities. Each week you will find inspiration from something new and experiment with different mediums to create your masterpieces. Various techniques will be taught, including painting, drawing, collage, clay, etc

Fee: \$78

Location: Winfield Park District

Program Code: 3404005-1

Day: TH

Time: 6:00-7:00pm

Dates: 9/21-10/26

Location: Fort Hill, Naperville

Program Code: 3404005-2

Day: W

Time: 6:00-7:00pm

Dates: 9/20-10/25

## Just Dancin' - Katie Leone

**Age: 16 years & older**

Dance is an excellent form of exercise and fun. In this dance class, you will have the freedom to utilize dance as a recreational tool. Join us to learn some fun moves and dance to your favorite tunes. Get ready to dance and have fun with your friends.

Fee: \$90

Location: Arc Center, West Chicago

Program Code: 3404000-1

Day: TH

Time: 6:00-6:45pm

Dates: 9/21-12/14 (No program 11/23)

## King Cobras - Drumline - Katie Leone

**Age: 14 years & older**

In cooperation with the Rosemont Cavalier Drum and Bugle Corps, WDSRA is excited to offer this drumming program. You will get the chance to learn new percussion with a group called King Cobras Drumline. Can't wait to see you there!

Fee: \$38

Location: St. Irenes, Warrenville

Program Code: 3404003-1

Day: TU

Time: 6:00-7:00pm

Dates: 10/10-11/21 (no program 10/31)

## King Cobras - Color Guard - Katie Leone

**Age: 14 years & older**

We are excited to announce that WDSRA is collaborating with the fantastic Rosemont Cavalier Drum and Bugle Corps this fall. In this program, you will get the chance to learn new dances and flag sequences. They will meet in the gymnasium at St. Irenes for this weekly program. Please note: This room is not wheelchair accessible. Can't wait to see you there!

Fee: \$38

Location: St. Irenes, Warrenville

Program Code: 3404004-1

Day: TU

Time: 7:00-8:00pm

Dates: 10/10-11/21 (no program 10/31)

*Connect With Us!*





# VIRTUAL SPECIAL EVENTS

## Virtual Game Show - Katie Leone

**Age: 10 years & older**

Join us to participate virtually in your favorite game shows. You can play Name that Tune, Jeopardy, Family Feud, and more here! A Zoom link will be emailed one week before the event.

Fee: \$10

Program Code: 3400002-1

Day: SA

Time: 6:00-7:00pm

Dates: 9/9



## Virtual Holiday Baking - Katie Leone

**Age: 10 years & older**

Don't stress about your holiday baking any longer; we got you covered! Join us virtually, where we will be baking our favorite holiday goods. Participants will increase their baking skills throughout this program by receiving helpful tips and tricks. Before the program, participants will be emailed the recipe and ingredients one week before the program.

Fee: \$10

Program Code: 3400040-1

Day: SA

Time: 6:00-7:30pm

Dates: 12/16



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your emergency network



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INFORMATION

ePACT securely collects the health and emergency contact information families are required to update yearly through the Annual form. With ePACT, you only need to complete your child's information once. Then on a yearly basis you will simply need to verify that the information is correct. Need to make a change? You can make changes at any time. We'll be notified of your updates directly from ePACT.

# VIRTUAL PROGRAMS



## Virtual Sports Talk Radio - Macey Horbach

**Age: 14 years & older**

Do you love sports . . . or maybe you're obsessed with sports? Join WDSRA staff as we host our very own sports talk radio program. We will debate hot topics, make big predictions, and there will be plenty of top-notch sports banter. Once again, this season will be giving YOU a chance to be the host of the show.

Fee: \$20

Location: Virtual

Program Code: 3410021-1

Day: M

Time: 6:30-7:30pm

Dates: 9/25, 10/9, 10/23, 11/6, 11/20, 12/4

## Virtual Cardio Conditioning - Macey Horbach

**Age: 8 years & older**

Exercise is always more fun when you do it with friends! Join WDSRA staff as they get your blood pumping and guide you through this virtual cardio conditioning class. Staff will use a combination of cardio exercise videos specially selected with you in mind and lead a few workouts themselves. Staff will give modifications and cues to ensure you work up a sweat. No fitness equipment is required.

Fee: \$20

Location: Virtual

Program Code: 3410014-1

Day: M

Time: 3:00-4:00pm

Dates: 9/18, 10/2, 10/16, 10/30, 11/13, 11/27

## Virtual Social Hangout - Kristen Stepniak

**Age: 16 years & older**

Social fun from the comfort of your own home. Join us for a variety of activities. We may play virtual games, test our trivia knowledge, or have an afternoon of chatting. Join in on this social fun!

Fee: \$20

Program Code: 3410006-1

Day: F

Time: 3:00-4:00pm

9/22-10/27

## Virtual Holiday Caroling - Kristen Stepniak

**Age: 14 years & older**

Get in the holiday spirit with us. Bundle up in your favorite blanket and a cup of hot cocoa and join the group of carolers on Zoom. Each week we will sing through a different playlist of holiday carols.

Fee: \$20

Program Code: 3410018-1

Day: F

Time: 3:00-4:00pm

Dates: 11/3-12/15

## Virtual Let's Make Dinner - Katie Leone

**Age: 10 years & older**

We've covered your dinner plans for Tuesday nights, and you're in charge of cooking it. Join in as we cook new recipes each week. Participants will be able to develop their cooking skills & techniques over the course of the program. Before the start of the program, recipe plans and weekly ingredient lists will be emailed.

Fee: \$20

Program Code: 3410001-1

Day: TU

Time: 4:00-5:00pm

Dates: 9/26, 10/10, 10/24, 11/7, 11/21, 12/5



# VIRTUAL PROGRAMS

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## Virtual Art Expression - Katie Leone

**Age: 10 years & older**

Are you tired of surfing the internet to find art activities you can do while sitting at home? Look no further. Join WDSRA staff and your friends for a virtual art class! Supplies will be everyday items you may have around your house, or get creative and use what you have!

Fee: \$20

Program Code: 3410000-1

Day: TU

Time: 4:00-5:00pm

Dates: 9/19, 10/3, 10/17, 10/31, 11/14, 11/28

## Virtual Individual Piano & Voice - Katie Leone

**Age: 6 years & older**

Find your inner maestro and express yourself through music. Senja Morgan will be teaching piano and voice lessons via Zoom! Those signing up for piano lessons must have a piano or keyboard at home, and you do not need a piano for voice lessons. The Zoom link will be emailed out before the first day of class and used every week.

Fee: \$175

Program Code	Time
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3410010-1	9:00-9:30am
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3410010-2	9:30-10:00am
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3410010-3	10:00-10:30am
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3410010-4	10:30-11:00am
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3410010-5	11:00-11:30am
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3410010-6	11:30am-12:00pm
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Day: SA

Dates: 9/23-12/9 (no program 11/25)

Virtual & Individual lesson  
registration are first  
come first served.

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## Virtual Bingo - Megan Maulding

**Age: 8 years & older**

B-I-N-G-O! Come play with your friends virtually. WDSRA staff will lead you through this classic favorite. Information will be shared in advance for accessing a printable bingo card or creating your own set of cards. Have your bingo markers, cards, and ears ready to hear those numbers!

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Fee: \$20

Program Code: 3410002-1

Day: W

Time: 6:30-7:30pm

Dates: 9/20, 10/4, 10/18, 11/1, 11/15, 11/29

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Fee: \$20

Program Code: 3410004-1

Day: TH

Time: 6:30-7:30pm

Dates: 9/28, 10/12, 10/26, 11/9, 12/7, 12/14

## Virtual Karaoke - Megan Maulding

**Age: 16 years & older**

Step up to your virtual stage, turn up that volume, and grab your microphone! Each participant will have their turn in the spotlight to sing us their favorite karaoke tunes. At registration, please be prepared to give six songs you will be singing so staff can prepare the playlist. Due to the popularity of this program, please only sign up for ONE day of karaoke to allow everybody to participate.

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Fee: \$20

Program Code: 3410003-1

Day: W

Time: 6:30-7:30pm

Dates: 9/27, 10/11, 10/25, 11/8, 11/22, 12/6

---

Fee: \$20

Program Code: 3410005-1

Day: TH

Time: 6:30-7:30pm

Dates: 9/21, 10/5, 10/19, 11/2, 11/16, 11/30

# INDIVIDUAL PROGRAMS

## Individual Voice/Piano Lessons - Katie Leone

### Age: 6 years & older

Find your inner maestro and express yourself through music. Take one-on-one lessons with a professional music instructor! The instructor will adjust your lesson to fit your musical needs. Please note: This is an 11-week program. WDSRA will contact you two weeks before the program starts with your lesson time.

Fee: \$175

Location: Central Athletics, Wheaton

Day: M - first come first serve

Program Code Time

3403002-1 6:00-6:30pm

3403002-2 6:30-7:00pm

3403002-3 7:00-7:30pm

3403002-4 7:30-8:00pm

3403002-5 8:00-8:30pm

Dates: 9/18-12/4 (No program 11/20)

Day: TH - first come first serve

Program Code Time

3403003-1 6:30-7:00pm

3403003-2 7:00-7:30pm

3403003-3 7:30-8:00pm

3403003-4 8:00-8:30pm

Dates: 9/21-12/7 (No program on 11/23)

Day: SA - first come first serve

Program Code Time

3403004-1 12:30-1:00pm

3403004-2 1:00-1:30pm

3403004-3 1:30-2:00pm

3403004-4 2:00-2:30pm

Dates: 9/16-12/9 (No program 11/18 & 11/25)

Individual Voice/Piano  
lesson registration are first  
come first served.

## Individual Dance - Katie Leone

### Age: 6 years & older

Have you ever wanted to learn how to dance with moves that impress? Take one-on-one lessons with a dance instructor. Find your rhythm and express yourself through dance.

Fee: \$175

Location: ARC, West Chicago

Day: TH - first come first serve

Program Code Time

3403000-1 5:00-5:30pm

3403000-2 5:30-6:00pm

Dates: 9/21-12/7 (No program 11/23)

## Individual Art - Katie Leone

### Age: 6 years & older

Saturday mornings one-on-one with art instructor, David LaGrecia. Get the opportunity to learn different art techniques. Each lesson is adjusted to meet the participant's skill set.

Fee: \$95

Location: Central Athletics, Wheaton

Day: SA - first come first serve

Program Code Time

3403001-1 9:00-9:30am

3403001-2 9:30-10am

3403001-3 10:00-10:30am

3403001-4 10:30-11:00am

Dates: 9/23-10/28

## Individual Guitar & Ukulele - Katie Leone

### Age: 6 years & older

Master concepts like finger exercises, picking techniques, and essential scales on the guitar or the ukulele with instructor, Tony Spadaro. You will need a guitar or ukulele.

Fee: \$190

Location: Fort Hill, Naperville

Day: TU - first come first serve

Program Code Time

3403005-1 3:30-4:00pm

3403005-2 4:00-4:30pm

3403005-3 4:30-5:00pm

3403005-4 5:00-5:30pm

3403005-5 5:30-6:00pm

Dates: 9/19-12/5

## SPRING BREAK 2024 ALL INCLUSIVE VACATION

Riu Dunamar Cancun - Kristen Stepniak

NEW!

Age: 21 years & older

Enjoy five days in Paradise at this 5-star resort. Relax at the pool with a drink, or feel the sand between your toes! This resort has so much to offer: we will be swimming, relaxing beachside and poolside, enjoying the onsite waterpark Splash Water World, snorkeling, upscale dinners, nightly entertainment, and dancing! The fee includes accommodations, flight, food, and all entertainment. Participants will be required to bring money for food at the airport and spending money on souvenirs. Please note: participants will share rooms with one other same-gender peer and have their own bed. An additional fee will be required if you would like your own room. Please contact Kristen upon registering if you would like your own room. Participants must be able to function at a 1:6 staff-to-participant ratio and perform daily living skills. Participants must have successfully participated in at least one overnight before registering for this trip. A detailed schedule, packing list, and additional information will be given at the mandatory spring break meeting in March 2024. Participants must have a valid passport. A \$250 non-refundable deposit is due upon registration.

Fee: \$2,015

Location: Cancun, Mexico

Program Code: 4100002-1

Day: TU-SA

Dates: 3/19-3/23

Drop-off WDSRA: Tuesday morning

Pick-up O'Hare Airport: Saturday TBD

Participants with physical disabilities that are interested in registering, please see page 34 with more information.

Connect With Us!



## Chicago Overnight - Katie Leone

Age: 21 years & older

We will spend two nights in the heart of downtown Chicago! The weekend will be filled with food, shopping, and exploring ALL things Chicago. Other visits are planned too! Let's have the time of our lives as we head to our hometown, Chicago. Please bring spending money for shopping, snacks, and other activities listed on the schedule. The schedule will be sent the Monday before the trip. A \$100 non-refundable deposit is due upon registration.

Fee: \$371

Location: Chicago, Illinois

Program Code: 410000-1

Dates: 1/12-1/14

Dropoff WDSRA: 3:00pm (Friday)

Pickup WDSRA: 11:00am (Sunday)



# ATHLETIC PROGRAMS



## Youth Athletics

The youth sports program is recreation-focused and a great avenue to build skills for ages 7-15. The program will focus on drills and fun games to help your athlete grow. WDSRA skills programs include soccer, t-ball, and basketball.

### Youth Yoga - Macey Horbach

#### Age: 7-17 years

The benefits of Yoga are endless! Participants will increase their flexibility, condition their bodies, and stretch their minds as they work on breathing, simple poses, and balance. Sign up and see what Yoga can do for you! \*Please bring your Yoga mat to each class.

Fee: \$65

Location: Beebe Elementary School

Program Code: 3405001-1

Day: SA

Time: 9:00-9:45am

Dates: 9/23-11/4 (no program 10/7)

### Learn 2 Play Soccer - Macey Horbach

#### Age: 3-6 years

Come out and join us as we work on kicking and passing! This program is for beginning players who don't know much about soccer and have only kicked the ball a few times. We will meet new friends and play games that will adapt to your skills.

Fee: \$45

Location: Wheaton area

Program Code: 3405012-1

Day: SA

Time: 10:00-10:45am

Dates: 9/16, 10/7, 10/28

### Youth Soccer - Macey Horbach

#### Age: 7-15 years

We will put the FUN in fundamentals! Throughout this program, we will grow our soccer skills, meet new friends, and have fun! We will work up a sweat by adapting drills and games to your needs! \*This program is not part of the Special Olympics Illinois Competition.

Fee: \$60

Location: Wheaton Area

Program Code: 3405011-1

Day: SA

Time: 10:00-10:45am

Dates: 9/23, 9/30, 10/14, 10/21



# ATHLETIC PROGRAMS

## Pickleball – Macey Horbach

**Age: 16 years & older**

WDSRA is offering the fun and exciting sport of Pickleball. Pickleball is a fast-growing racquet sport. This fun and engaging game is played on a badminton court with a lower net and can be played as singles and doubles. You will learn strategies that include: lobbing, overhead slamming, and fast volley exchanges at the net. Paddles and balls will be provided. Section 1 is for newer/ beginner players. Section 2 is for more advanced players. **\*\*NOTE:** Register with a partner if possible (family member or friend)

Fee: \$65

Location: Wheaton Sports Center, Wheaton

Program code Section 1: 3405004-1

Day: SU

Time: 12:00-1:00pm

Dates: 9/24, 10/8, 10/22, 11/5, 11/19, 12/3

Program Code Section 2: 3405004-2

Day: SU

Time: 1:00-2:00pm

Dates: 9/24, 10/8, 10/22, 11/5, 11/19, 12/3

## Spin Class - Macey Horbach

**Age: 16 years & older**

Get your cycle on! During this class, we will work up a sweat while cycling to our favorite tunes. We will include interval training and a chance to challenge yourself to reach your goals. So, grab that water bottle, and let's get moving.

Fee: \$75

Location: Warrenville Park District

Program Code: 3405005-1

Day: SU

Time: 11:00am-12:00pm

Dates: 9/17, 10/1, 10/15, 10/29, 11/12, 11/26

## Tae Kwon Do - Macey Horbach

**Age: 7 years & older**

Hi-Ya! Experience the art of Tae Kwon Do! Master Frank has many years of experience teaching martial arts to individuals with and without disabilities. Each week he will lead you through a balanced physical and mental workout. The course will focus on increasing concentration and balance and improving overall coordination, gross motor skills, endurance, and flexibility. Kick, block, and chop your way to becoming a Champion today! Students are welcome at any level of background.

Fee: \$60

Location: Lions Panzek Martial Arts, Winfield

Day: SA

Session 1 Time		Dates	Program Code
Shift 1	11:00-11:45am	9/23-10/28	3405009-1
Shift 2	12:00-12:45pm	9/23-10/28	3405009-2
Session 2			
Shift 1	11:00-11:45am	11/4-12/16	3405010-1
Shift 2	12:00-12:45pm	11/4-12/16	3405010-2

## COD Weightlifting - Macey Horbach

**Age: 16 years & older**

WDSRA and the College of DuPage have teamed up to offer a quality weightlifting and fitness program! With the help of the football team, each athlete is paired with a football player. These partners will teach technique and push athletes to give their all. Please note: Dates and times are subject to change based on the COD Football schedule.

Fee: \$80

Location: College of DuPage, Glen Ellyn

Program Code: 3405003-1

Day: W

Time: 6:00-7:00pm (T)

Dates: 10/4, 10/11, 10/25, 11/1, 11/8, 11/15(T)

# ATHLETIC PROGRAMS

## Tone N Tighten - Macey Horbach

**Age: 14 years & older**

Tone N Tighten your body through this interactive exercise class! Led by a Dance Fitness Instructor, TNT combines upbeat music with unique moves that make you want to dance 'till you drop! But don't worry, no prior dancing experience is required. Join us for a movin' and groovin' time!

Fee: \$60

Location: 95th St Center, Naperville

Day: W

Session 1	Time	Dates	Program Code
Shift 1	6:00-7:00pm	9/13-10/25	3405000-1
Shift 2	7:00-8:00pm	9/13-10/25	3405000-2

### Session 2

Shift 1	6:00-7:00pm	11/1-12/6	3405006-1
Shift 2	12:00-12:45pm	11/1-12/6	3405006-2

No program 9/20

## Kickboxing – Macey Horbach

**Age: 16 years & older**

Exercise is always more fun when you do it with friends! Join Lisa in this upbeat, energetic cardio and strength training class. This class is designed for all levels and will help elevate your heart rate through cardio kickboxing moves and build strength through lifting light weights and bodyweight exercises.

Fee: \$50

Location: Spring Ave Rec Center, Glen Ellyn

Program Code: 3405008-1

Day: W

Time: 4:00-5:00pm

Dates: 9/20-10/25

## Outdoor Biking - Macey Horbach

**Age: 18 years & older**

This program will be a super fun outdoor biking program where we will ride through the parks of Naperville and get exercise with your friends. Participants need to be able to ride 8-10 miles and keep up with the group. This will not be a fast bike ride, but the group will move steadily. The group will stop for a few water breaks to catch our breath and check in on all the riders. Each participant will need to provide their bike and helmet.

Fee: \$50

Location: Knoch Knoll Park, Naperville

Program Code: 3405007-1

Day: TH

Time: 4:30-5:30pm

Dates: 9/21-10/26





# ATHLETIC PROGRAMS

## Athletic Special Events

### Bump, Set, Spike, & Subs! - Macey Horbach

**Age: 14 years & older**

Volleyball and lunch? Count us in! Join us for an outdoor volleyball game, and you may even compete against a WDSRA staff or two. Enjoy lunch after the friendly competition! What could be better than that? Grab your water and get ready for some fun! The exact location will be emailed at a later date.

Fee: \$30

Location: Winfield area

Program Code: 3300047-1

Day: SU

Time: 11:00am-1:00pm

Date: 9/17

### Breast Cancer Walk - Macey Horbach

**Age: 16 years & older**

Join us as we make strides against Breast Cancer at Cantigny Park! We will walk about 2 miles to help support the American Cancer Society to invest in research and help those battling Breast Cancer. After the walk, we will grab lunch and write letters to those battling. Join us for a fun, rewarding time.

Fee: \$30

Location: Cantigny Park, Wheaton

Program Code: 3400010-1

Day: SU

Time: 8:00am-12:00pm

Date: 10/1

### Rock Climbing & Ice Cream - Macey Horbach

**Age: 18 years & older**

Join us at Vertical Endeavors as we test our strengths and abilities! This program will rock your socks off as we climb as high as possible! After rock climbing, we will head out to get ice cream!

Fee: \$40

Location: Vertical Endeavors, Glendale Heights

Program Code: 3400021-1

Day: SA

Time: 11:00am-2:00pm

Date: 11/4

Drop-off: WPDCC: 10:30am

Pick-up: WPDCC: 2:30pm

### WDSRA Pickleball Classic - Macey Horbach

**Age: 14 years & older**

Attention, Pickleballers! Are you looking for some competition? We are so excited to host our first- WDSRA Pickleball Tournament and hope you are too! Whether you are a beginner or an advanced player, we have the competition for you. We will be able to play against athletes from other agencies as well. The registration fee includes a T-shirt.

Fee: \$35

Location: Wheaton Sports Center, Wheaton

Program Code: 4105013-1

Day: SU

Time: 11:00-2:00pm (tentative)

Date: 2/4



SCAN HERE  
FOR MORE  
INFORMATION

# BOWLING PROGRAMS

## ADULT BOWLING - Macey Horbach

**Age: 14 & older**

Join us each week for WDSRA's favorite pastime! You will bowl with old friends and meet new ones as you work on improving your game. Beginners through advanced bowlers are welcome. The fee includes up to two games (if time allows), shoe rental, and adaptive equipment.

Fee: \$80

### Wheaton – Fox Bowl

Session	Time	Day	Dates	Program Code
Shift 1	4:15-5:00pm	M	9/18, 10/2, 10/16, 10/30, 11/13, 11/27	3408000-1
Shift 2	5:15-6:00pm	M	9/18, 10/2, 10/16, 10/30, 11/13, 11/27	3408000-2
Shift 1	4:15-5:00pm	M	9/25, 10/9, 10/23, 11/6, 11/20, 12/4	3408001-1
Shift 2	5:15-6:00pm	M	9/25, 10/9, 10/23, 11/6, 11/20, 12/4	3408001-2

### Roselle – Bowlero

Session	Time	Day	Dates	Program Code
Shift 1	5:00-6:00pm	M	9/18, 10/2, 10/16, 10/30, 11/13, 11/27	3408002-1
Shift 1	5:00-6:00pm	M	9/25, 10/9, 10/23, 11/6, 11/20, 12/4	3408003-1

### Naperville Thursday – Bowlero

Session	Time	Day	Dates	Program Code
Shift 1	4:15-5:15pm	TH	9/21, 10/5, 10/19, 11/2, 11/16, 11/30	3408004-1
Shift 2	5:25-6:25pm	TH	9/21, 10/5, 10/19, 11/2, 11/16, 11/30	3408004-2
Shift 1	4:15-5:15pm	TH	9/28, 10/12, 10/26, 11/9, 12/7, 12/14	3408005-1
Shift 2	5:25-6:25pm	TH	9/28, 10/12, 10/26, 11/9, 12/7, 12/14	3408005-2

### Naperville Tuesday – Bowlero

Session	Time	Day	Dates	Program Code
Session 1	5:00-6:00pm	TU	9/19-10/24	3408006-1
Session 2	5:00-6:00pm	TU	10/31-12/5	3408006-2

# WILDCATS SPORTS PROGRAMS



## Wildcat Unified Sports

**What are Unified Sports?** Unified Sports allows Special Olympics athletes to compete with a partner without intellectual disabilities in individual and team sports. WDSRA offers three unified sports: Bocce, Golf, and Volleyball. Athletes must provide a partner if they are interested in competing in unified sports. Partners can be family members or friends.

**Partner Responsibility:** Partners must complete the Class A registration through Special Olympics Illinois. Class A registration is divided into Protective Behavior Training and Concussion Training. Once the partner completes the training, Special Olympics will run a background check. Once approved, registration is approved for three years. Partners can complete the training at Special Olympics Illinois website at [www.soill.org/class-a-registration](http://www.soill.org/class-a-registration)

**Registration Procedure:** Athletes and partners must both register and pay the fee for the program. Partners must fill out the registration form through a link in the program blurb on WDSRA's registration page.

**The form must be filled out and returned to [ryanf@wdsra.com](mailto:ryanf@wdsra.com) or [registration@wdsra.com](mailto:registration@wdsra.com).**



# WILDCATS SPORTS PROGRAMS

## Junior Wildcats Athletics

The Jr. Wildcat program is geared for ages 8-15 and offers team and individual sports the opportunity to compete in local Special Olympics games and competitions. Special Olympics Youth sports offered at WDSRA include basketball, soccer, swimming, and track and field.

### Junior Wildcats Basketball - Macey Horbach

**Age: 8-15 years**

It's time to hit the hardwood and prepare for Jr Wildcat Basketball's first season. We will begin the season with practices followed by a season of games against other teams from the area. This program will adapt to your skills and is a great way to meet new friends while having a friendly competition. We will determine teams based on ability and location. WDSRA will participate in the Special Olympics and TR Sectional tournaments throughout the year. Teams winning a gold medal at the Special Olympics Tournament will qualify for the state basketball tournament in March. Please note: There will be an additional fee for any team that qualifies for the state tournament. Athletes must have a Special Olympics medical form on file through March 2024 to be able to register for the program. \* Tournament dates are on Sundays and are still to be determined. An updated schedule will be sent prior to the start of the season.

Fee: \$95

Location: Beebe Elementary School, Naperville

Program Code Naperville: 3405002-1

Day: SA

Time: 11:00am-12:00pm

Dates: 10/4-2/10

Location: Wheaton Area

Program Code Wheaton: 3405002-2

Day: SA

Time: 11:00am-12:00pm

Dates: 10/14-2/10

### Adult Wildcat Basketball - Ryan Fleck

**Age: 16 years & older**

It's time to hit the hardwood and prepare for another Wildcat Basketball season. We will begin the season with practices followed by a season of games against other teams from the area. Please register North (Bloomington, Roselle, Carol Stream), Central (Wheaton, Warrenville, Winfield, West Chicago, Glen Ellyn), or South (Naperville). We will determine teams based on ability and location. WDSRA will participate in the Special Olympics and TR Sectional tournament throughout the year. All athletes are expected to attend both tournaments. Teams winning a gold medal at the Special Olympics Tournament will qualify for the state basketball tournament in March. Please note: It is expected that if your team qualifies for the state tournament, you will be in attendance. There will be an additional fee for any team that qualifies for the state tournament. Athletes must have a Special Olympics medical form on file through March 2024 to be able to register for the program.

Fee: \$195

Location: North Area

(Fountain View Recreation Center)

Program Code: 3406003-1

Day: TU

Time: 6:30-8:00pm

Dates: 10/17-2/6 (no program 12/26)

Location: Central Area

(Hubble Middle School/Ackerman Sports and Fitness Center)

Program Code: 3406003-2

Day: TU

Time: 6:30-8:00pm

Dates: 10/17-2/6 (no program 12/26)

Location: South Area

(Fort Hill Activity Center, Ranchview/Riverwoods School)

Program Code: 3406003-3

Day: TU

Time: 6:30-8:00pm

Dates: 10/17-2/6 (no program 12/26)

# WILDCATS SPORTS PROGRAMS

## Wildcat Snowshoe – Ryan Fleck

**Age: 8 years & older**

It's time to put on our snowshoes and take off! Snowshoeing is a great way to improve your overall fitness, coordination, and endurance. Each week we will practice techniques of getting our snowshoes on and practicing running different distances. We will also have our practice at-home option. If you choose the practice-at-home option, you can come the first week to get snowshoes and some practice ideas to practice at home. You will also need to attend another practice so we can get times for the regional competition. The regional competition will take place in early January. Please note: All participants who plan to compete in the regional competition must have a valid Special Olympics Medical Form on file, valid through February 2024.

Fee: \$65

Location: Seven Gables, Wheaton

Program Code: 3406004-1

Day: SA

Time: 9:30-10:30am

Dates: 11/4-12/16 (No Program 11/25)

Fee: \$10

Location: At Home (Borrow WDSRA snowshoes)

Program Code: 3406004-2

Day: SA

Time: 9:30-10:30am

Dates: 11/4-12/16 (No Program 11/25)



## Wildcat Floor Hockey – Ryan Fleck

**Age: 16 years & older**

Join us in this fast-paced, high-energy Special Olympics sport. Coaches will spend the first few weeks teaching the basics of floor hockey before our Wildcats team plays against other area teams. All players must provide helmets with a protective shield, hockey gloves, and shin guards. Please note: Floor hockey has moved to Mondays this season. There will be two tournaments throughout the season. The TR Section Tournament will take place on October 15th. The season will end with the State Floor Hockey Tournament on November 18-19, 2023. All athletes are expected to attend both tournaments. You must have a current Special Olympics medical form on file, valid through November 2023.

Fee: \$115

Day: M

Time: 6:30-8:00pm

Dates: 9/11-11/13

Location: Ackerman Sports and Fitness Center, Glen Ellyn

Session 1: 3406000-1

Location: Fort Hill Activity Center

Session 2: 3406000-2

## Wildcat Swim Team – Ryan Fleck

**Age: 8 years & older**

Wildcat Swim Team is back! Athletes must be able to swim 50 yards without stopping. Weekly workouts include stretching, stroke technique, endurance, and relay team training. This program is not for individuals looking for individual swim lessons. Please note: dates and times may change based on pool availability.

Fee: \$72

Day: SA

Time: 11:00am-12:30pm

Location: Fountain View Recreation Center, Carol Stream

Session 1: 3407002-1

Dates: 9/23-10/28

Session 2: 3407002-2

Dates: 11/4-12/16 (no program 11/25)

Location: Naperville North High School, Naperville

Program Code: 3407003-1

Fee: \$132

Day: SU

Time: 12:30-2:00pm

Dates: 10/1-12/17 (no program 11/26)





Synergy Adaptive Athletics helps individuals of all ages with a primary physical disability Live Life To Its Fullest through a variety of adaptive athletics opportunities. We believe everyone should have equal access to the wide range of benefits sports opportunities can provide. We help make that possible by offering programs and resources to assist athletes in realizing those benefits **For more information about specific sports and practice times, please contact:**

**Athletics/Synergy Manager**

**Phone:** at 630-384-8581

**Email:** [information@synergyaa.com](mailto:information@synergyaa.com)

**Follow Us:** [facebook.com/synergyaa](https://facebook.com/synergyaa)

## WHEELCHAIR BASKETBALL

Wheelchair basketball is designed for individuals with a primary physical disability affecting his/her lower body. Athletes with a spinal cord injury, cerebral palsy, spina bifida, amputation, limb length difference, ankle fusion, or other diagnosis that affects one's ability to play competitive standup basketball, may qualify. Individuals do NOT have to be an everyday wheelchair user to play the sport. The sports wheelchair is simply a tool used to allow everyone to compete on an equal playing field.

Jr Bulls Prep: Ages 6-3

Jr Bulls Varsity: Ages 13-High School

## SPRING BREAK 2024 ALL INCLUSIVE VACATION

Riu Dunamar Cancun - Kristen Stepniak

**Age: 21 years & older**

Enjoy five days in Paradise at this 5-star resort. Relax at the pool with a drink, or feel the sand between your toes! This resort has so much to offer: we will be swimming, relaxing beachside and poolside, enjoying the onsite waterpark Splash Water World, snorkeling, upscale dinners, and nightly entertainment! The fee includes accommodations, flight, food, and all entertainment for you and your aide. Participants will be required to bring money for food at the airport and spending money on souvenirs. Please note: you must bring a 1:1 aide on this trip and share a room with them. The program fee includes your personal care assistant's airfare, lodging, and excursions. A detailed schedule, packing list, and additional information will be given at the mandatory spring break meeting in March 2024. Participants must have a valid passport. A \$250 non-refundable deposit is due upon registration.

**Fee:** \$3,500

**Location:** Cancun, Mexico

**Program Code:** 4100002-1

**Day:** TU-SA

**Dates:** 3/19-3/23

**Drop off WDSRA:** Tuesday morning

**Pick up O'Hare Airport:** Saturday TBD





# Rec & Roll

## A DAY PROGRAM OF WDSRA

### Rec & Roll

**Ages:** 22-55 years

**Time:** 9:00am-2:00pm

**Dates:**

Mondays 1/9/2023-4/24/2024

Tuesdays 1/3/2023-4/25/2024

Wednesdays 1/4/2023-4/26/2024

Thursdays 1/5/2023-4/27/2024

Friday 1/6/2023-4/28/2024

### Rec & Roll

#### 1:6 Ratio

Limit: 12 participants per day

Locations:

Naperville; Sportsman's Clubhouse, Naperville

Carol Stream; WDSRA office, Carol Stream

Glen Ellyn; Ackerman WDSRA Room, Glen Ellyn

Wheaton; Central Athletics, Wheaton

Winfield; Charles R. Beggs Activity Center, Winfield

### Rec & Roll

#### 1:3 Ratio

Limit: 9 participants per day

Locations:

Fountain View; Fountain View Recreation Center, Carol Stream

Fort Hill; Fort Hill Activity Center, Naperville

Rec & Roll is a community-based recreation program for individuals ages 22-55 years. The program emphasizes social interaction, community outings, service projects, and more. Recreational activities are planned to help people with disabilities develop and enhance their quality of life. The daily schedule can include animal therapy, volunteer projects, gardening, field trips, fitness, outdoor recreation, crafts, and games.

#### 1:6 Ratio

**Naperville, Carol Stream, Glen Ellyn, Wheaton, & Winfield**

Participants must be able to successfully participate in a 1 staff to 6 participant ratio and perform all of their own daily living skills. Participants attending Rec & Roll must be toilet trained, responsible for independent care such as feeding and dressing, devoid of emotional outbursts that require 1:1 staffing. Please send a sack lunch daily. The program limit is 12.

#### 1:3 Ratio

**Fountain View, Carol Stream & Fort Hill, Naperville**

If your family member needs a little more assistance to be successful, then this day program is for you. The daily schedule is a mixture of staff-directed and participant-directed large and small group activities. Participants must be able to successfully participate in a 1 staff to 3 participant ratio. Rec & Roll Fountain View and Rec & Roll Fort Hill are designed for participants who may require some assistance with daily living skills and may require emotional support from staff. Please send a sack lunch daily. The program limit is 9.

## How to join!

New participants interested in the opportunity to register for Rec & Roll must pre-arrange an intake day to determine whether they meet the programs eligibility requirements. This meeting will help staff determine which Rec & Roll is most appropriate. Staff ratio will be determined at this time by the Day Program Assistant Manager. For Naperville, Wheaton, or Winfield locations, contact Meghan Toliver and Carol Stream or Glen Ellyn locations, contact Katie Lyter. If you are unsure of which site is best for your participant, email [recandroll@wdsra.com](mailto:recandroll@wdsra.com).

# WDSRA INFORMATION

## Discipline

A caring and positive discipline approach will be used. WDSRA reserves the right to dismiss a participant, staff, volunteer, or parent if it is in the best interest of the association. Each situation will be evaluated on its own merit.

## Special Olympics

For an athlete to compete in a Special Olympics program, a current Special Olympics Medical form must be on file at the WDSRA office. This form is separate from the WDSRA annual form. The Special Olympics Medical form is valid for three years from the date of the doctor's signature.

WDSRA Policy states an athlete cannot register for a Special Olympic program until you have a current form on file. If you are interested in participating in a Special Olympics program, please contact the WDSRA office for a form or download a form from our website at [www.wdsra.com](http://www.wdsra.com). **Parents and athletes are responsible for returning the completed form to the WDSRA office before you register.**

## Atlanto-Axial Subluxations (ASC)

Individuals who have Down Syndrome have a high risk of having ASC. For the safety of WDSRA participants with Down Syndrome, a doctor's note proving they have been cleared of this condition by an x-ray is required to participate in any program that could potentially injure the neck area.

## Meeting on Location

For safety reasons, WDSRA will only allow participants to meet on location for community events (rather than taking the WDSRA transportation) when there is one main entrance/exit. Participants will not be allowed to meet at locations with multiple doors such as, but not limited to a mall, festival, carnival, etc.

## Late Pick-Up Policy

In order to be fair to our participants and program leaders, WDSRA has enacted a late pick-up policy, and we would appreciate your cooperation in this matter. Many of our programs have more than one pick-up location and if one person is late, it may disrupt the schedule of others who are being picked up at another location. In addition, many of the WDSRA program leaders have responsibilities after everyone is picked up. We request that you double-check the pick-up time and be prompt.

## Outreach and New Families

Our outreach staff can make your transition to our programs as effortlessly as possible. Staff focuses on welcoming new families, answering questions, navigating forms and processes, and recommending appropriate programming for your loved one. We get to know your participant and family before starting programs so WDSRA can serve you better. We will also provide contact information for resources your participant may need. If you are a new family or participant, start by contacting WDSRA at 630-681-0962.

## New Participant Intake

WDSRA requires all new participants to complete an intake with the Outreach Supervisor prior to attending their first program. The intake allows the agency to get to know the participant and their individual needs better. This additional information provides WDSRA staff the opportunity to properly staff programs and provides an environment that will be successful and enjoyable to the participant. If you are new to the programs and have not done an intake, please contact the Outreach Supervisor at 630-681-0962. For safety reasons, an individual without current annual information and intake forms on file will not be permitted to participate in WDSRA programs.

## Equal Access

No participant shall be denied equal access to programs, activities, services, or benefits or be limited in the exercise of any right, privilege, advantage, or opportunity on the basis of race, sex, creed, national origin, or disability.

# WDSRA INFORMATION

## Inclusion Services

WDSRA and its member park districts believe all individuals should be provided with leisure opportunities that allow for performance at their highest level of ability. We understand not every person who has a special need desires WDSRA programming. In cooperation with our member districts, WDSRA staff will assist and advise any resident who is interested in participating (inclusion) in a local park district program. WDSRA will provide the type of support deemed necessary for successful participation. Supports may include training with park district staff members, consultation with the individual and their family members, and the assistance of a support staff member. WDSRA provides all inclusion services at no cost to the individual.

## Certification and Credentials

Certified Therapeutic Recreation Specialist (CTRS) and Certified Park and Recreation Professional (CPRP) are designations granted to professionals who can demonstrate through education and work experience that they meet the criteria set by the National Recreation and Park Association (NRPA) Certification Board and the National Council for Therapeutic Recreation Certification. These professionals have a Bachelor's or higher degree from an NRPA-accredited program, have passed a certification exam, and earn and maintain sanctioned Continuing Educational Units (CEU).

## Dietary Restrictions

Due to the amount and various types of dietary needs, WDSRA will only provide an alternative option for meals when the program is preparing/making their own food. If the program is attending a special event or eating at a restaurant in the community, the family must look ahead at the menu and relay the participant's order to the head instructor upon arrival. You may be asked to send or make appropriate accommodations for your participant on occasion.

## Americans with Disabilities Act (ADA) Grievance Procedure

The Western DuPage Special Recreation Association has established an internal grievance system for prompt and equitable resolution of grievances alleging any action by the Western DuPage Special Recreation Association that would be prohibited by the ADA or the applicable Title II Rules. Grievances should be directed to:

### **Superintendent of Recreation, Compliance Officer, WDSRA**

Mail: 116 N Schmale Road, Carol Stream, IL, 60188

Phone: 630-681-0962

Appointment: Call 630-681-0962 to schedule a meeting

## Behavior Code

Participants, staff, volunteers, and parents are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make WDSRA's programs safe and enjoyable for everyone. Additional rules may be developed for particular programs and athletic leagues as deemed necessary by the staff. Staff, participants, volunteers, and parents shall:

- show respect to all participants, staff, volunteers, and parents
- refrain from using foul language
- refrain from causing bodily harm to other participants, staff, coaches, or parents
- demonstrate respect for equipment, supplies, and facilities
- represent WDSRA in a manner that is consistent with the goals, objectives, and ethics of the association

## Say Cheese

WDSRA staff occasionally takes photographs or videos of participants for promoting/advertising our programs, services, events, activities, and facilities in our brochures, website or social media, and other promotional avenues. By registering for, participating in, or attending WDSRA programs, events, or other activities, the participant (or parent/guardian of a minor participant) irrevocably agrees to the use and distribution by WDSRA of his or her image (or of his minor child/ward) in photographs, video recordings, and any other electronic reproductions of such programs, events, and activities for any purpose without inspection or approval and without compensation, rights to royalties or any other consideration now and in the future.

*Connect With Us!*





# WDSRA INFORMATION

## Canceling Programs

- WDSRA staff will look at all circumstances beginning two hours before the starting time of the program or first pick-up to determine if the program should be canceled.
- If the program is canceled, program staff will attempt to reach all participants and staff by phone using the calling post messaging system to inform them of the cancellation.
- Missed programs due to weather are made up the week following the end of the program. If this is not possible, you will be issued a refund per program refund guidelines.

## Weather Cancellation Policy

In the event of severe weather, WDSRA may decide to cancel programs in the best interest of our participants. The following guidelines will be used to determine cancellations:

**WDSRA Weather Policy;** In the event of severe weather, WDSRA may decide to cancel programs in the best interest of our participants. The following guideline is used to determine cancellations:



**Severe Winter Weather:** Outdoor programs or programs with transportation for people with physical disabilities: Temperature of 10 degrees or wind chill of 0 degrees or less. All other programs with transportation: Temperature of -5 degrees or wind chill of -15 degrees or less.

All programs (including indoor): Snowstorm or blizzard situations when driving restrictions and an emergency plan are in effect (winter or blizzard warnings).

## Refund Procedure

Refund requests for all programs must be received no less than 10 business days prior to the start of the program.

- If the withdrawal request is received prior to 10 business days you will receive a refund minus \$10 drop fee, any pre-purchased supplies, and non-refundable deposits.
- A refund will not be given if the request is received less than 10 business days prior to the start.
- Refunds will not be issued for missed classes.
- Cancellations for weekly programs will be rescheduled or a refund will be issued. Special Olympics weather refunds will be issued for missed games, but not missed practices.
- A house credit will be issued for refunds of \$10 or less.
- Any variance to the refund procedures will be included in the program description.
- All refunds will be issued in the same form as payment was made. If payment was cash/check you will receive a check via the mail.

## Out of District Policies

Families living outside a WDSRA Park District member district and belong to a neighboring SRA are welcome to register in WDSRA programs during the out-of-district registration time frame. This would apply to NEDSRA, FVSRA, NWSRA, and SEASPAR residents.

- If you live within a community with a Park District that does not belong to a Special Recreation Association a 50% fee will be assessed per program.
- If you live in a community without a Park District or in an unincorporated area that falls outside of the Park District boundaries, a 50% fee will be assessed per program. An example of this would be Wayne residents and some parts of West Chicago.

# REGISTRATION INFORMATION

## Program Policies

When arriving at/departing from a program, parents are asked to check in with the staff person in charge of the program before leaving your child. WDSRA staff is not responsible for the supervision of participants who arrive prior to the start of the program. Also, if a participant is to be picked up by an unfamiliar guardian, neighbor, babysitter, etc. the parents are asked to notify the WDSRA staff person in charge of the program prior to the occurrence.

To provide for safe and meaningful learning experiences, a 1:3 staff-to-participant ratio is maintained for children's activities, a 1:4 ratio for teen activities, and a 1:6 ratio is maintained for adult activities. Some programs may have a higher ratio, depending on individual needs. When children of various ability/age levels are enrolled in the same program, WDSRA will group them according to their abilities.

If a program closes due to large enrollment, a paid waiting list of those interested will be kept. If space does not open in the program, your payment will be automatically refunded.

A class may be canceled if enrollment is less than four participants for children's programs and five participants for adult programs unless otherwise noted.

WDSRA requires a minimum of 3 participants at a pick-up location. Transportation will be canceled if the minimum is not met. You will be notified if this occurs for any program.

Neatly complete the registration form, filling in all appropriate spaces. Missing information will delay your registration. Phone-in registrations are not accepted.

**Note:** Registrations will not be processed if a fee balance remains from a previous season. Program fees will not be prorated for late registration. The scholarship request deadline is the same date set for resident registration.

If you have any questions on the registration day, when you call the office you will be directed to the right individual to help you.

Online registration is the preferred method. It offers you the most up-to-date information on your programs.

### Ways to Register:

- Online Registration (Preferred Option)
- Drop-off or Mail-before the start of registration, all mailed and dropped-off registration forms will be processed concurrently with online registration and processed in random order.

## Virtual Program Registration

For the Virtual programs, registration will be first come first served for both residents and non-residents.

## Individual Lesson Registration

Registration will be first come, first served for residents and non-residents.

## In-Person Program Lottery Registration

All In-Person program registrations will be assigned once WDSRA "spins" the lottery, randomly assigning enrollments to the programs you have registered for. The lottery will be spun for Residents first, followed by Non-Residents. If the program has met the maximum number of participants, those not enrolled will be added to a waitlist. If you are placed on a waitlist and WDSRA can accommodate you safely, you will be enrolled in the program.

## Annual Scholarships

The scholarship request process is intended to allow participants/families who qualify for financial assistance to take part in recreation and leisure opportunities through the use of available funds. All funds for scholarships are obtained through the WDSRA Foundation's annual fundraising campaigns. Each year the amount available fluctuates based on the amounts received.

Scholarships are only available for residents of the association's nine-member park districts. Scholarships are awarded to participants who have completed the annual scholarship application and qualify for financial needs. Applications are accepted anytime during the year but all applications expire on December 31. Fifty percent of the program fee for three (3) programs per season may be awarded. Payment plans may be arranged if needed. For more specific guidelines regarding scholarships, please visit our website at [www.wdsra.com](http://www.wdsra.com) and go to the links tab for WDSRA forms or contact the WDSRA office.

# REGISTRATION FORM

Register online at [www.wdsra.com](http://www.wdsra.com)

Mail: WDSRA, 116 N Schmale Rd., Carol Stream, IL 60188

Email: [registration@wdsra.com](mailto:registration@wdsra.com)

Phone: 630-681-0962

Are you a new participant with WDSRA?

☐ Yes ☐ No

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Billing Address (if different than above): \_\_\_\_\_

Primary Phone: \_\_\_\_\_ Mom Cell: \_\_\_\_\_ Dad Cell: \_\_\_\_\_

Parent/Guardian Name(s): \_\_\_\_\_ Disability: \_\_\_\_\_

Primary Email: \_\_\_\_\_ Park District: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_ T-Shirt Size: \_\_\_\_\_

FIRST NAME	PROGRAM NAME	PROGRAM CODE	PICK UP/DROP OFF LOCATION	FEE
				\$
				\$
				\$
				\$
				\$
				\$
YOU MUST SIGN AND DATE THIS FORM FOR YOUR REGISTRATION TO BE PROCESSED			TOTAL	\$

\_\_\_\_\_  
Printed Name of Person Signing Form

\_\_\_\_\_  
Signature of participant (or parent/guardian if under 18)

\_\_\_\_\_  
Date

I have read and fully understand the information on the reverse of this form, warning of risk, assumption of risk and waiver and release of all claims. If registering a minor participant, I further attest that I have read the reverse to my minor child/ward.

CARDHOLDER NAME	ACCOUNT NUMBER	EXP DATE	3 DIGIT	AMOUNT



# REGISTRATION INFORMATION

## Western DuPage Special Recreation Association

### Important Information

The Western DuPage Special Recreation Association (WDSRA) is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. WDSRA continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and /or skilled for activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way, or recently suffered an illness, injury, or impairment, to consult a physician before undertaking any physical activity.

### Warning of Risk

Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Understandably, not all hazards and dangers can be foreseen. Participants must understand that certain risks, dangers, and injuries due to acts of God, inclement weather, slipping, falling, equipment failure, failure in supervision, premise defect, and all other circumstances inherent to recreational activities/programs exist. In this regard, it must be recognized that it is impossible for WDSRA to guarantee absolute safety.

*Connect With Us!*



## Waiver and Release of All Claims and Assumption of Risk

Please read this form carefully and be aware that in the signing and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages, or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against WDSRA, including officials, agents, volunteers and employees (hereinafter collectively referred as WDSRA).

I do hereby fully release and forever discharge WDSRA from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, in any way associated with this program/activity.

In the event of an emergency, I understand and authorize WDSRA staff and officials to secure from any licensed hospital, physician and/or medical personnel any treatment deemed necessary for immediate care for myself or minor/ward and agree that I will be responsible for payment of any and all medical services rendered.

### Photo/Video Release

I hereby authorize and give my consent to WDSRA to photograph/video my child (or me) or to obtain outside photographs/video of my child (or me) participating in WDSRA activities/events/programs, and without limitation, to use such photographs/video in connection with promoting/advertising the services, programs, and facilities of WDSRA, without consideration of any kind.

You must sign and date the bottom of the reverse side of this form before your registration can be processed. Participation will be denied if the signature of adult participant or parent/guardian and date are not on the front of this waiver