

REGISTRATION

Begins: December 4 at 9am Ends: December 8 at 5pm

Lottery Spun: December 11

Enriching Lives. Connecting Communities. Creating Fun.



Winter/Spring 2024 Program Guide





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Our Mission

We enrich lives, connect communities and create fun through inclusive recreational opportunities.

Our Vision

A world of opportunities, belonging and individuals reaching their full potential.

Core Values

Respect • Passion • Innovation Integrity • Communication Collaboration • Fun

WINTER/SPRING PROGRAMS

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LOCATION ACRONYMS

BLM - Bloomingdale
GE - Glen Ellyn
ROS - Roselle
WTN - Wheaton
WIN - Winfield

CS - Carol Stream
NAP - Naperville
WAR - Warrenville
WC - West Chicago

LOCATION KEY

North - Bloomingdale/Carol Stream/Roselle Central - Warrenville/West Chicago/Winfield Wheaton/Glen Ellyn South - Naperville



New Program



Requires Walking

requires participant to keep pace with group and requires a lot of walking.



OFFICE HOURS

Regular Office Hours

Monday 9:00am-4:00pm
Tuesday 9:00am-4:00pm
Wednesday 9:00am-4:00pm
Thursday 9:00am-4:00pm
Friday 9:00am-4:00pm

After hours and on the weekends, please leave a voice mail message. Staff will return your call as soon as possible. WDSRA continues to have an Emergency Call Forwarding Feature on our phone system for the benefit of parents and staff. If you have an emergency on the weekend, you can call the WDSRA office, 630-681-0962, and listen to the prompt.

Si usted habla español y desea más información sobre los programas y servicios de WDSRA, por favor marque 630-681-0962 y pregunte por Rosa Matos. Rosa está disponible para servirle durante el horario de WDSRA, de Lunes a Viernes, 9:00am-4:00pm.

STAFF & ADMINISTRATION

Dan Leahy - MPA, CPRP, Executive Director

Ann Kennedy - Executive Assistant

Natalie Principe - MBA, Supt. of Finance & Business Services

Steve Eckelberry - CPRP, Technology Manager

Curtis Lease - Business Services Manager

Kathy Noviskis - Administrative Assistant

Becky Prince - Asst. Superintendent of Admin Operations

Mary Beck - Front Office Manager

Joy Poling - Administrative Assistant

Rosa Matos - Administrative Assistant

Kari Wiggins - Administrative Assistant

Lea Jackman - Supt. of Communications & Development

Sherry Manschot - Marketing/PR Manager

Kristy Henson - CTRS, Development Manager

Lisa Santoria - SHRMCP, Senior Human Resources Manager

Heather Richardson - CTRS, Support Staff Manager

Ellie Stefanic - Support Staff Supervisor

Diane Sabathne - Support Services Assistant

Tammy Kerrins - CTRS, Supt. of Inclusion & Risk Management

Maddy Manden - Inclusion Manager

Jenna Johnson - CTRS, Inclusion Supervisor

Alexia Chlibovytsch - Inclusion Supervisor

Jorie Meyer - CTRS, Superintendent of Recreation

Emily Ackerman - Program Manager

Katie Leone - CTRS, Program Supervisor

Megan Maulding - Program Supervisor

Kristen Stepniak - CTRS, Program Supervisor

Phil Eide - Athletics/Synergy Manager

Ryan Fleck - Athletics Supervisor

Macey Horbach - Athletics Supervisor

Rachel Pavesich - CTRS, Adult Day Program & Outreach Manager

Meghan Toliver - CTRS, Adult Day Program Assistant Manager

Katie Lyter - CTRS, Adult Day Program Assistant Manager

WDSRA BOARD OF DIRECTORS

Brad Wilson - Naperville, Chairman

Joe Potts - Bloomingdale

Sue Rini - Carol Stream

Dave Thommes - Glen Ellyn

Lynn McAteer - Roselle

Tim Reinbold - Warrenville

Gina Radun - West Chicago

Mike Benard - Wheaton

Tom Bower - Winfield

The WDSRA Board of Directors meets every other month. These meetings are usually held at WDSRA and are open to any community member. Call the office or visit www.wdsra.com for the time and



Now Hiring. Apply Today!

WDSRA Foundation



IT ALL STARTS WITH A GIFT... HELPING SUSTAIN IN-PERSON PROGRAMS, VIRTUAL PROGRAMS AND INCLUSION SERVICES.

Making Special Recreation Available to ALL Families!

Keeping programs affordable and accessible is our commitment. Because of the labor intensive nature of our programs, the constant fluctuation of part-time staff needs, and rising costs overall, we continually need to bridge the gap between the cost of programming and the support received through tax revenues. That gap is filled through the generosity of grantors and donors.

Learn more at www.wdsra.com.

Board of Trustees

Jeff Hayden, Chairman Lee Fennell, Treasurer Lisa Anderson Mark Barnick Kevin Beck Dr. Lori Belha Scott Harbaugh Molly Korb

Kevin Lavin Pat Marks Nina Menis Ken Munzing Greg Schwarze



Dan Leahy Lea Jackman



The WDSRA Foundation

- Assists with scholarships, vehicle purchases, program supplies, inclusion services, special projects and more
- Generates funding through donations, sponsorships, events, appeals and more
- Proceeds benefit WDSRA participants and families

For more information on the WDSRA Foundation, contact WDSRA Superintendent of Communications & Development, Lea Jackman at 630-681-0962 ext 580 or leaj@wdsra.com.

All donations made to the WDSRA Foundation go directly to support WDSRA programs and services. A 501 (C) 3 not-for-profit organization.

WDSRA Foundation



Help Meet the \$12,500 Match!

Donations made between Nov. 1 – Dec. 15, 2023 will be matched by the The Trish and Scott Karll Charitable Fund (up to \$12,500).

For every donation of \$225 or more The Trish and Scott Karll Charitable Fund will donate \$225.

Your donation of \$225 turns into \$450

Your donation of \$250 turns into \$475

Your donation of \$500 turns into \$725

Please give generously.

Ask family and friends too!



Ways to Donate:

Donate online at www.wdsra.com.

Mail your donation to:

WDSRA Foundation 116 N. Schmale Rd. Carol Stream, IL 60188 Make checks payable to the WDSRA Foundation

THANK YOU!

If your company offers a matching gift program, simply return that information with your contribution. (WDSRA Foundation EIN #36-3932924). The WDSRA Foundation is a 501(c)(3) nonprofit organization and all contributions are tax deductible to the extent allowed by law.



HELLO ...



WDSRA FRIENDS & FAMILIES

Each one of these books, and seasons, is an opportunity for me to reflect on what WDSRA means in our communities. In my role as director, sometimes it's easy to get caught up in the day-to-day administration of the agency. But when I get out and see our programs in action, meet our families, and meet community partners that connect with WDSRA...that's when I connect most closely with our mission.

As you may have heard, our full-time staff is a bit displaced at the moment. Our building restoration from the Oct. 2023 flood continues. Thankfully, staff have stepped up to the challenge and continue to run programs without interruption. Thanks to help from our member districts, we have teams of people at several buildings. These types of challenges always present silver linings – I see our teams connecting in new ways with our communities...I'm getting out to more programs...and we're seeing the willingness of people to help WDSRA in any way possible.

We look forward to 2024 with enthusiasm and a passion for delivering much-needed services to individuals with disabilities. I want to continue to challenge our team to chase down goals, continue their professional development, and innovate within the field of therapeutic recreation. Please enjoy looking through this program guide and I hope to see many of you at our programs and events next year!

Sincerely

Dan Leahy - MPA, CPRP WDSRA Executive Director



WDSRA will be partnering with FTEA for Summer 2024 programming!

Mounted and Unmounted Horsemanship is available.
Check back in Summer 2024!



Friends for Therapeutic Equine Activities (FTEA)

4N681 Munger Road | Wayne, IL 60184

Awakening the HEART, MIND, BODY & SPIRIT



KIDS/TEEN SCHOOL'S DAY OUT/CAMP



School's Day Out

Age: 8-18 years

Fee: \$65

Location: ARC Center, West Chicago

Time: 9:00-2:00pm

Drop-off WPDCC: 8:30am/Pick-up WPDCC: 2:30pm Drop-off ARC Center: 9:00am/Pick-up ARC Center 2:00pm

Lunch & A Movie- Megan Maulding

The group will watch a movie and enjoy lunch in the theater. After the movie, we will return to the ARC for games and activities.

Program code: 4100004-1

Day: M Date: 1/15

Enchanted Castle-Megan Maulding

Spend your day off from school at Enchanted Castle playing laser tag and indoor mini golf! Don't miss out on this fun-filled day!

Program code: 4100017-1

Day: M Date: 2/19

Brookfield Zoo-Megan Maulding

Spend your day off from school at the zoo! Join us at Brookfield

Zoo, as we have a blast checking out all the animals!

Program code: 4100020-1

Day: F Date: 3/1

Spring Break Camp - Megan Maulding

Age: 6-21 years

Spend your Spring Break with WDSRA! Your camp day will include games, field trips, crafts, music, and more. You will receive further information and a detailed camp schedule one week before the program. You must send a sack lunch each day unless otherwise noted. Participants will be placed in age appropriate groups after registration. **Please note:** transportation is provided from WDSRA and Fort Hill. You may also meet on site at the ARC Center of West Chicago.

Fee: \$200

Location: ARC West Chicago Program code: 4120000-1

Time: 9:00-2:00pm

Dates: 3/25-3/28 (M-TH)

Drop-off Fort Hill: 8:30am Pick-up Fort Hill: 2:30pm

Drop-off at WDSRA: 8:30am Pick-up at WDSRA: 2:30pm

Trivia & Bingo Night - Katie Leone

Age: 16 years & older

Spend your Friday night playing Trivia and Bingo with your WDSRA friends. You will be participating in different categories of trivia and playing different themes of bingo. Light refreshments

will be provided. See you there!

Fee: \$35

Location: Fountain View, Carol Stream

Program code: 4100006-1

Day: F

Time: 6:00-8:00pm

Dates: 1/19

Drop-off Fort Hill: 5:15pm Pick-up Fort Hill: 8:45pm

Drop-off Fountain View: 6:00pm Pick-up Fountain View: 8:00pm

Hollywood Palms - Megan Maulding

Age: 18 years & older

Let's enjoy a night at Hollywood Palms and catch the latest flick with your friends! The group will be watching a G, PG, or PG-13 movie. The fee includes dinner and a movie ticket. Please note: an email with the movie's name will be sent the week before. Transportation will not be provided. You must meet the group directly at the movie theater.

Fee: \$56

Location: Hollywood Palms, 352 Illinois Rte 59, Naperville

Program code: 4100005-1

Day: W

Time: 6:00-9:00pm

Date: 1/17



Disney on Ice: Magic in the Stars

- Kristen Stepniak

Age: 16-24 years

Experience Disney's Magic in the Stars come to life at the Disney on Ice performance! The Magic in the Stars features all of your favorite Disney characters including Frozen, Aladdin, Moana, and more. WDSRA will provide a meal at the arena. **Please note:** if you wish to purchase additional items, bring a credit card as the arena is cashless.

Fee: \$89

Location: Allstate Arena, Rosemont

Program Code: 4100007-1

Day: SA

Time: 7:00-9:00pm

Date: 1/20

Drop-off WPDCC: 5:30pm Pick-up WPDCC: 10:00pm

Disney on Ice: Magic in the Stars

- Kristen Stepniak

Age: 25 years & older

Experience Disney's Magic in the Stars come to life at the Disney on Ice performance! The Magic in the Stars features all of your favorite Disney characters including Frozen, Aladdin, Moana, and more. WDSRA will provide a meal at the arena. **Please note:** if you wish to purchase additional items, bring a

Fee: \$89

Location: Allstate Arena, Rosemont

credit card as the arena is cashless.

Program Code: 4100008-1

Dav: SU

Time: 7:00-9:00pm

Date: 1/21

Drop-off WPDCC: 5:30pm Pick-up WPDCC: 10:00pm

Chicago Bulls Game - Kristen Stepniak

Age: 18 years & older

Cheer on the Chicago Bulls as they go up against the Sacramento Kings. The program fee includes admission and dinner. Please bring a credit card if you wish to purchase additional

snacks. Please note: the arena is cashless.

Fee: \$155

Location: United Center, Chicago Program Code: 4100009-1

Day: SA

Time: 7:00-9:30pm

Date: 2/3

Drop-off WPDCC: 5:00pm Pick-up WPDCC: 10:45pm

Sunday Funday at Lewey Q's Top - Kristen Stepniak



Come enjoy Sunday Funday with us at Lewey Q's tap while we watch the NFL Pro Bowl games. Along with the games on TV, there will also be tabletop games to play during breaks. Pizza, appetizers, and soft drinks will be provided by WDSRA.

Fee: \$41

Location: Lewey Q's Tap, 427 N. Main St., Glen Ellyn

Program Code: 4100010-1

Dav: SU

Time: 2:00-4:00pm

Date: 2/4

Drop-off Fort Hill: 1:15pm Pick-up Fort Hill: 4:45pm

Drop-off Lewey Q's: 2:00pm Pick-up Lewey Q's: 4:00pm

Studio Movie Grill - Kristen Stepniak

Age: 18 years & older

Let's enjoy a night out at the movies and catch the latest flick with our friends! Dinner and the movie are included in the program fee. Transportation will not be provided. Please meet the group directly at the movie theater. Participants will be contacted on Monday (2/5) with drop-off and pick-up times and with the movie title. Please note: The group will be seated in a private movie theater and the showtimes are different than what is displayed on the theater's website. Dinner will be chosen from a limited menu. Movie will be rated G. PG or PG-13.

Fee: \$50

Location: Studio Movie Grill, Wheaton

Program Code: 4100011-1

Day: W

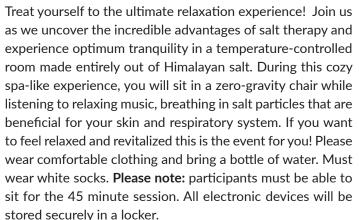
Time: 5:30-8:30pm

Date: 2/7

Salt Cave (Halotherapy)

- Megan Maulding

Age: 16 years & older



Fee: \$63

Location: Tavoos Spa, 710 Roosevelt Rd Glen Ellyn

Program code: 4100012-1

Day: SU

Time: 10:00-11:00am

Date: 2/11

Drop-off Fort Hill: 9:15am Pick-up Fort Hill: 11:45am

Drop off Tavoos Spa: 10:00am Pick up Tavoos Spa: 11:00am



Legoland - Megan Maulding

Age: 10-21 years

Do you love to build with LEGOs? Join us at the ultimate indoor LEGO playground with rides, LEGO play zones, immerse yourself in the interactive LEGO play area, enjoy the 4D cinema and so much more! The program fee covers the cost of admission. **Please note:** additional money if you wish to buy souvenirs in the gift shop.

Fee: \$58

Location: Legoland Discovery Center

Program code: 4100013-1

Day: SA

Time: 2:00-4:00pm

Date: 2/10



Midwestern University Valentines Dance

- Kristen Stepniak

Age: 18 years & older

The Valentine's Day dance is back at Midwestern University! Grab your dancing shoes and join us on the dance floor with other SRA's. There will be a DJ, crafts, photo booth, and light refreshments. The event is held in the Wellness Center Gym.

Fee: \$40

Location: Midwestern University, Downers Grove

Program code: 4100043-1

Day: SA

Time: 7:00-9:00pm

Date: 2/10

Drop-off WPDCC: 6:30pm Pick-up WPDCC: 9:30pm

Drop-off Fort Hill: 6:30pm Pick-up Fort Hill: 9:30pm

Princesses & Superheroes Dance

- Katie Leone

Age: 18 years & older

Do you prefer Batman or Spiderman? Or do you prefer Cinderella or Elsa? Pick your favorite superhero or princess and represent them at the dance! DJ Chris will be playing some great tunes, snacks and refreshments will be served and activities will be offered. **Please note:** the following social clubs are scheduled to attend: Naperville Nighthawks and Wheaton Socialites. Please do not register for the event if you are in one of these social clubs.

Fee: \$40

Location: Fountain View Recreation, Carol Stream

Program code: 4100014-1

Day: F

Time: 6:30-8:30pm

Dates: 2/16

Drop-off at Fort Hill: 5:45pm Pick-up at Fort Hill: 9:15pm

Drop-off at Fountain View: 6:30pm Pick-up at Fountain View: 8:30pm

Chicago Wolves Game - Kristen Stepniak

Age: 18 years & older

We are headed to the Allstate Arena to watch the Chicago Wolves, a minor league hockey team, take on the Cleveland Monsters. The program fee includes a ticket to the game and a food voucher. If you wish to purchase additional items, please bring a credit card, as the arena is cashless. **Please note:** tonight is Adopt a Dog night. There will be dogs at this game. Please consider this when registering.

Fee: \$64

Location: Allstate Arena, Rosemont

Program Code: 4100015-1

Day: SA

Time: 7:00-9:30pm

Date: 2/17

Drop-off WPDCC: 5:30pm Pick-up WPDCC: 10:30pm

Museum of Science & Industry



Age: 18 years & older

Explore all the discoveries of the world at the Museum of Science and Industry! You will get to explore the wonders of science and even take a tour down below into the coal mine and get a hands-on experience of what it was like working in the coal mine industry. Lunch at the museum is included in the program fee at the Museum.

Fee: \$86

Location: Chicago

Program Code: 4100016-1

Dav: SU

Time: 1:00-4:00pm

Date: 2/18

Drop-off WPDCC: 11:30am Pick-up WPDCC: 5:00pm



Windy City Bulls Game - Kristen Stepniak

Age: 18 years & older

Let's cheer on the Chicago Windy City Bulls, NBA's minor league basketball team, as they go up against the Indiana Mad Ants. The program fee includes a ticket to the game and a food voucher. **Please note:** If you wish to purchase additional items, please bring a credit card as this arena is cashless.

Fee: \$61

Location: NOW Arena, Hoffman Estates

Program Code: 4100018-1

Day: SA

Time: 7:00-9:15pm

Date: 2/24

Drop-off WPDCC: 5:30pm Pick-up WPDCC: 10:15pm



Self Defense Class with Master Frank



- Kristen Stepniak

Age: 18 years & older

Learn to protect yourself with some self-defense moves that will be taught by the one and only Master Frank. He will teach the group hands-on practice, working with targets and board breaking. Before class, the group will enjoy lunch at McAlister's Deli.

Fee: \$55

Location: Lions Panzek Martial Arts, Winfield

Program Code: 4100021-1

Day: SA

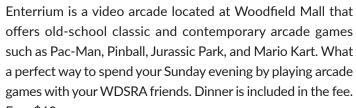
Time: 11:15-1:30pm

Date: 3/2

Drop-off WPDCC: 11:00am Pick-up WPDCC: 2:00pm

Enterrium - Katie Leone





Fee: \$60

Location: Woodfield Mall, Schaumburg

Program code: 4100019-1

Day: SU

Time: 6:00-8:00pm

Dates: 2/25

Drop-off WPDCC: 5:30pm Pick-up WPDCC: 8:30pm

Top Golf - Kristen Stepniak

Age: 18 years & older

This is not your average putting green or driving range! We will enjoy a variety of golf games and a dinner buffet. Dinner is included in the program fee. Transportation will not be provided for this event. Please meet on-site and look for WDSRA staff at the main entrance.

Fee: \$108

Location: Top Golf, Naperville Program Code: 4100022-1

Day: SU

Time: 5:00-7:00pm

Date: 3/3

Peace, Love & Party - Megan Maulding



Age: 16 years & older

Let's have fun in a GROOVY kind of way! Join us to learn how to tie dye. A t-shirt wil be provided for you. Each participant will go home with a one-of-a-kind tie dye t-shirt. After creating your tie dye masterpiece, enjoy some games and snacks with friends. Please note: participants should wear clothing that

can get dirty.

Fee: \$35

Location: Fort Hill

Program code: 4100023-1

Day: SA

Time: 3:00-5:00pm

Date: 3/9

Drop-off WDSRA: 2:15pm

Pick-up WDSRA: 5:45pm

Drop-off Fort Hill: 3:00pm

Pick-up Fort Hill: 5:00pm



Mish Mosh Adventures - Kristen Stepniak



Age: 18 years & older

Mish Mash is a unique escape room where teams work together to complete the challenges that are hidden behind every door. No worries if you fail, unlike other escape rooms, you can try as many times as you want to succeed or switch to another adventure. A variety of skills are used from physical, logic and sometimes the floor is lava! Join in on this hands on, unique and fun experience! Please note: if you decide to meet onsite, meet outside of Fox Valley Mall at The Comedy Shrine.

Fee: \$67

Location: Fox Valley Mall, Aurora Program Code: 4100024-1

Day: SU

Time: 2:00-4:00pm

Date: 3/10

Drop-off Fox Valley Mall: 2:00pm Pick-up Fox Valley Mall: 4:00pm

Drop-off WPDCC: 1:30pm Pick-up WPDCC: 4:30pm

Hollywood Polms - Megan Maulding

Age: 18 years & older

Let's enjoy a night at Hollywood Palms and catch the latest flick with your friends! The group will be watching a G, PG, or PG-13 movie. The fee includes dinner and a movie ticket. Please note: An email with the movie's name will be sent the week before. Transportation will not be provided. You must meet the group directly at the movie theater.

Fee: \$56

Location: Hollywood Palms Program Code: 4100025-1

Day: W

Time: 6:00-9:00pm

Date: 3/13

Billy Elliot the Musical - Katie Leone



Age: 18 years & older

Fill a seat at the Paramount and experience the music of Elton John and the life story of Billy Elliot. Billy Elliot, an 11 year old English Boy, discovers his secret love for dancing and the opportunities it will bring him. You will not want to miss this inspirational story!

Fee: \$87

Location: Paramount, Aurora Program code: 4100026-1

Day: SA

Time: 3:00-5:45pm

Dates: 3/16

Drop Off WPDCC: 1:45 pm Pick Up WPDCC: 6:30 pm

Chicago Blackhawks Game - Kristen Stepniak

Age: 18 years & older

Calling all hockey fans, come and cheer on the Chicago Blackhawks as they go up against the San Jose Sharks. The fee includes admission to the game and dinner. Please bring a credit card if you wish to purchase additional snacks as the arena is cashless.

Fee: \$133

Location: United Center, Chicago Program Code: 4100027-1

Day: SU

Time: 5:00-7:30pm

Date: 3/17

Drop-off WPDCC: 3:15pm Pick-up WPDCC: 8:45pm



St. Patrick's Day Dance - Kristen Stepniak

Age: 18 years & older

It's your lucky day! WDSRA is extending the St. Patrick's Day shenanigans! Please join us for a wee-bit o'fun at our St. Patrick's Day dance! There will be a live DJ, delicious appetizers, and refreshments. Feel free to come dressed in your favorite green and gold outfit and have a shamrockin' good time! Please note: the following social clubs are scheduled to attend: Carol Stream Cruisers and Naperville Crew. Please do not register for the event if you are in one of these social clubs.

Fee: \$40

Location: WPDCC, Wheaton Program code: 4100028-1

Day: F

Time: 6:30-8:30pm

Dates: 3/22

Drop-off WPDCC: 6:30pm Pick-up WPDCC: 8:30pm

Drop-off Fort Hill: 5:45pm Pick-up Fort Hill: 9:15pm

March Madness - Megan Maulding

Age: 18 years & older

Enjoy food, fun, and basketball! Come grab a bite to eat and catch some of the college matchups during the iconic, larger than-life basketball tournament that is March Madness!

Fee: \$41

Location: Buffalo Wild Wings, 2555 W. 75th St. Naperville

Program code: 4100029-1

Day: SA

Time: 11:00-1:00pm

Date: 3/23

Drop-off WPDCC: 10:30am Pick-up WPDCC: 1:30pm

Drop-off Buffalo Wild Wings: 11:00am Pick-up Buffalo Wild Wings: 1:00pm

Art in Motion - Katie Leone

NEW!

Age: 18 years & older

Have you ever thought about creating art while using a bicycle? We will be going to the Bloomingdale-Spin Art Nation, where you will get the chance to pedal a stationary bike while it spins a variety of colors on a canvas to create a beautiful masterpiece. Participants will need to fill out a wavier which will be sent via email one week prior. **Please note:** wear clothes you can get paint on. Socks are required.

Fee: \$66

Location: Spin Art Nation Chicago, 901 Stratford Dr, Bloom-

ingdale, IL 60108

Program code: 4100030-1

Day: SU

Time: 1:30-3:00pm

Dates: 3/24

Drop-off Fort Hill: 12:45pm Pick-up Fort Hill: 3:45pm

Drop-off Spin Art Nation Chicago: 1:30pm Pick-up Spin Art Nation Chicago: 3:00pm

Sugar Factory - Katie Leone

Age: 18 years & older

Join WDSRA and friends as we go to the famous Sugar Factory in Rosemont. The Sugar Factory is known for its fun drinks, colorful food, amazing atmosphere, and crazy store. WDSRA will cover the cost of dinner and soda. **Please note:** If you wish to purchase dessert/milkshake or souvenirs, please bring \$20-\$30 dollars.

Fee: \$60

Location: Sugar Factory, Rosemont

Program code: 4100031-1

Day: SA

Time: 6:00-8:00pm

Dates: 4/6

Drop-off WPDCC: 5:00pm Pick-up WPDCC: 8:45pm

Chicago Museum of Ice Cream - Kristen Stepniak

NEW! OF THE PARTY OF THE PARTY

Age: 18 years & older

The Chicago Museum of Ice Cream is every dessert lover's dream! This museum serves unlimited ice cream as you journey through 14 magical playscapes. You can ride on the pink Sprink-L line, play mini golf and take a dip into a pool filled with millions of sprinkles. You will rediscover the kid in you at this fun, unique and colorful museum!

Fee: \$77

Location: Chicago

Program Code: 4100032-1

Day: SU

Time: 3:00-4:00pm

Date: 4/7

Drop-off WPDCC: 1:30pm Pick-up WPDCC: 5:00pm



Chicago Steel Hockey Game - Kristen Stepniak

Age: 18 years & older

Let's cheer on the Chicago Steel hockey team as they go up against the Muskegon Lumberjacks. The group will have their own private suite to watch the game which includes a private balcony terrace. The program fee includes dinner. **Please note:** If you wish to purchase additional items, please bring a credit card as this arena is cashless.

Fee: \$89

Location: Fox Valley Ice Arena, Geneva

Program Code: 4100033-1

Day: SA

Time: 6:00-8:30pm

Date: 4/13

Drop-off WPDCC: 5:00pm Pick-up WPDCC: 9:15pm

Activate - Katie Leone Age: 18 years & older





Activate offers high-tech games that will test you and your team's physical and mental abilities. Once you enter the active game floor, there are hundreds of games and difficulty levels to choose from. You don't want to miss this new and unique experience. Please wear gym shoes.

Fee: \$48

Location: Activate, Oak Brook Program code: 4100034-1

Day: SU

Time: 2:15-3:30pm

Dates: 4/14

Drop-off WPDCC: 1:30pm Pick-up WPDCC: 4:15pm





SCAN HERE FOR MORE INFORMATION

Let's Glow Crazy - Megan Maulding

Age: 18 years & older

Spend your Friday evening dancing the night away at our Glow Dance! Show up wearing white, or neon colors. There will be a live DJ, delicious appetizers, and refreshments. You won't want to miss this amazing event! Ready, Set, Glow!

Fee: \$40

Location: Fort Hill

Program code: 4100036-1

Day: F

Time: 6:30-8:30pm

Date: 4/19

Drop-off WDSRA: 5:45pm Pick-up WDSRA: 9:15pm

Drop-off Fort Hill: 6:30pm Pick-up Fort Hill: 8:30pm

Pete's Dueling Piano Bar - Katie Leone

Age: 21 years & older

Elevate your Saturday night by attending Pete's Dueling Piano Bar in Rosemont. Here you will witness the musical battle between pianists as they attack song requests from the audience. Please note: you will have to show proof you are over 21 so bring your ID. WDSRA will cover appetizers and non-alcoholic drinks.

Fee: \$70

Location: Petes Dueling Piano Bar, Rosemont

Program code: 4100037-1

Day: SA

Time: 6:30-9:00pm

Dates: 4/20

Drop-off WPDCC: 5:30pm Pick-up WPDCC: 9:45pm

Bocce at Pinstripes - Kristen Stepniak

Age: 18 years & older

Enjoy the evening playing Bocce at one of the best bocce ball courts in Oakbrook! Whether you're a seasoned bocce player or a beginner, you're bound to have a great time at Pinstripes. After playing an hour of Bocce, the group will enjoy dinner

together. Fee: \$68

Location: Pinstripes, Oakbrook Program Code: 4100038-1

Day: SU

Time: 3:00-5:45pm

Date: 4/21

Drop-off WPDCC: 2:15pm Pick-up WPDCC: 6:15pm

Studio Movie Grill - Kristen Stepniak

Age: 18 years & older

Let's enjoy a night out at the movies and catch the latest flick with our friends! Dinner and the movie are included in the program fee. Transportation will not be provided. Please meet the group directly at the movie theater. Participants will be contacted on Monday (4/15) with drop-off and pick-up times and with the movie title. Please note: the group will be seated in a private movie theater and the showtimes are different than what is displayed on the theater's website. Dinner will be chosen from a limited menu. Movie will be rated G, PG or PG-13.

Fee: \$50

Location: Studio Movie Grill, Wheaton

Program Code: 4100035-1

Day: W

Time: 5:30-8:30pm

Date: 4/17



Medieval Times - Kristen Stepniak

Age: 18 years & older

We will witness the epic battles of steel and steed as we cheer on our favorite knight. We will tour the castle and enjoy the Dinner and Show. Dinner includes a 4-course meal and beverages. Admission and dinner are included in the program fee. Please bring money for souvenirs.

Fee: \$94

Location: Medieval Times, Schaumburg

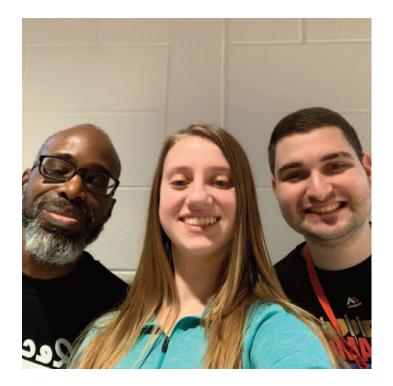
Program Code: 4100039-1

Day: SA

Time: 3:00-6:00pm

Date: 4/27

Drop-off WPDCC: 2:30pm Pick-up WPDCC: 7:00pm



Volo Museum Day Trip

- Kristen Stepniak

Age: 18 years & older



The Volo Museum is one of the country's largest collections of rotating modern and classic cars, an antique mall with 300 vendors and over 60-acres of the rarest mechanical marvels, from boats, planes, trains, Disney galleries, dinosaur parks and more! This museum has amazing discoveries and experiences for everyone. The group will get to explore the Volo Museum as well as the Jurassic Gardens exhibit. Lunch is included in the program fee.

Fee: \$97

Location: Volo Museum, Volo Program Code: 4100040-1

Day: SU

Time: 12:00-3:00pm

Date: 4/28

Drop-off WPDCC: 10:30am Pick-up WPDCC: 4:30pm

Saddle Up - Megan Maulding

Age: 21 years & older

Yee-Haw! Join us for dinner and dancing at Saddle Up Saloon. Saddle Up is a country-themed entertainment and sports bar where we will learn how to line dance from the pros! You must be at least 21 years old and bring a valid ID.

Fee: \$56

Location: Saddle Up, Naperville Program code: 4300001-1

Day: W

Time: 6:00-8:30pm

Date: 5/1

Drop-off: WPDCC: 5:15pm Pick-up: WPDCC: 9:15pm

Drop-off: Fort Hill: 5:45pm Pick-up: Fort Hill: 8:45pm

Drama Club Performance - Katie Leone

All ages

Come and support WDSRA's Drama Club! This year the Drama Club will be performing a spin-off of the well-loved Disney movie "The Little Mermaid". Fill a seat and experience this adventurous tale! Light refreshments will be provided after the performance.

Fee: \$5

Location: WPDCC

Program code: 4300002-1

Day: F

Time: 6:00-8:00pm

Date: 5/3



Age: 18 years & older

Join us as we learn from the best culinary professionals in town! Your Chef instructor will teach proper techniques through individual and group work to elevate your pizza cooking skills. Create a pizza from start to finish. Come hungry because at the end you'll enjoy the delicious meal you created!

Fee: \$82

Location: The North American Pizza & Culinary Academy, Lisle

Program code: 4300003-1

Day: SA

Time: 11:00-1:30pm

Date: 5/4

Drop-off WPDCC: 10:45am Pick-up WPDCC: 1:45pm

Program Transportation

For safety purposes participants must go home the same way they arrived. Vehicles may be pre-assigned and WDSRA cannot guarentee they will be on the same bus as friends/significant others.



Spring Fling Formal Dance - Kristen Stepniak

Age: 18 years & older

Spring is in the air! Dinner, dancing, photos and a keepsake of the evening are all included. Ladies and gentlemen are asked to wear formal attire (dresses, collared shirts, etc.).

If you will be taking transportation, please indicate which location you will meet at. Please also share any dietary restrictions.

Fee: \$103

Location: Arrowhead Golf Club, Wheaton

Program Code: 4300004-1

Day: SU

Time: 5:30-8:30pm

Date: 5/5

Drop-off Arrowhead: 5:30pm Pick-up Arrowhead: 8:30pm

Drop-off WDSRA: 5:00pm Pick-up WDSRA: 9:00pm

Drop-off Fort Hill: 5:00pm Pick-up Fort Hill: 9:00pm

Selfie World - Katie Leone Age: 18 & older

Bring yourself and your phone to the most Instagrammable place in the Midwest. WDSRA is heading to Selfie World to capture the most creative pictures. This exhibit offers different rooms full of unique backgrounds, figures, and props. Can't wait to see yourself(ie) there! Please note: It is "Bring Your Pet" day at Selfie World, you might be in an area with people who have animals with them.

Fee: \$55

Location: Selfie World, Schaumburg

Program code: 4300005-1

Day: F

Time: 6:00-8:00 pm

Dates: 5/10

Drop-off WPDCC: 5:15 pm Pick-up WPDCC: 8:30 pm

Brunch & Hike - Katie Leone

Age: 18 years & older

Have a slow Saturday morning with WDSRA and friends. We will all meet at Egg'lectic for a delicious brunch and then hike around Downtown Wheaton. After our hike, we will meet back at Egg'lectic to be picked up. Make sure you wear outdoor clothes and shoes. Please note: No transportation will be provided; all participants must meet on-site. In case of inclement weather. This program will be cancelled.

Fee: \$39

Location: Egg'lectic, 145 N Hale St. Wheaton

Program code: 4300006-1

Dav: SA

Time: 11:00 am -1:30pm

Dates: 5/11

WDSRA Polar Plunge - Ryan Fleck



Age: All Ages

Are you ready to take the Plunge? Join the WDSRA team in supporting Special Olympics Illinois by raising money and plunging into freezing cold water. Each Plunger will need to raise a minimum of \$100 to participate and will receive a polar plunge sweatshirt. All funds raised go to provide programming and events for athletes across Illinois. WDSRA is working together with Special Olympics and St. Charles Law Enforcement to coordinate the plunge this year. Staff supervision will not be provided by WDSRA. If you wish to participate, you will need a family member to be present with you. Everybody is encouraged to participate . . . athletes, parents, siblings, friends, etc. The more the merrier! More information will be coming out with the location, date, time, and link to register.

Fee: Free

Location: St. Charles

Program Code: 4100041-1

Dav: TBD Time: TBD

Date: End of February or beginning of March

People's Resource Center - Art Class - Katie Leone



Age: 18 years & older

We are collaborating with the People's Resource Center to offer an art special event! On each date, you will have the opportunity to create a fun art program that you will be able to take home. Projects include Valentine's Day cards, mixed media projects, and more. Please note: When you register for this event, you will be registering for the three dates below.

Fee: \$25

Location: People Resource Center, Wheaton (201 S Naperville

Rd, Wheaton, IL 60187) Program Code: 4100042-1

Day: TU

Time: 6:30-8:00pm Dates: 2/6, 3/5, 4/2

SOCIAL PROGRAMS

Social Clubs

Food! Fun! Friends! It's Friday night social club time! Each club offers the opportunity to venture out for various activities in the surrounding community. Activities and outings may occur between the hours of 6-9 pm. Some activities may require additional spending money, and you may be asked to meet at the location. A detailed activity schedule will be emailed one week before the start date and posted on the WDSRA website.

Carol Stream Cruisers - Katie Leone

Age: 18-29 years

Fee: \$160

Location: Fountain View, Carol Stream

Program Code: 4101001-1

Day: F

Time: 6:00-9:00pm

Date: 2/9, 2/23, 3/8, 3/22, 4/5, 4/19

Wheaton Socialites - Kristen Stepniak

Age: 30 & older Fee: \$160

Location: Central Athletics Complex, Wheaton

Program Code: 4101000-1

Day: F

Time: 6:00-9:00pm

Date: 2/2, 2/16, 3/1, 3/15, 4/12, 4/26 (No program: 3/29)

Naperville Nighthawks - Megan Maulding

Age: 18-29 years

Fee: \$160

Location: Fort Hill, Naperville Program Code: 4101002-1

Dav: F

Time: 6:00-9:00pm

Dates: 2/2, 2/16, 3/1, 3/15, 4/12, 4/26 (No program: 3/29)

Noperville Crew - Megan Maulding

Age: 30 & older Fee: \$160

Location: Fort Hill, Naperville Program Code: 4101003-1

Day: F

Time: 6:00-9:00pm

Dates: 2/9, 2/23, 3/8, 3/22, 4/5, 4/19

Teen Scene - Kristen Stepniak

Age: 14-21 years

Fridays are for the teens! Don't miss out on a fun evening with friends as we venture out into the Wheaton area or stay in to do a variety of activities. A detailed activity schedule will be emailed one week before the start date and posted on the WDSRA website.

Fee: \$148

Location: Central Athletics Complex, Wheaton

Program Code: 4101004-1

Day: F

Time: 6:00-9:00pm

Date: 2/9, 2/23, 3/8, 3/22, 4/5, 4/19

The In-Be-Tween Club - Megan Maulding

NEW!

Age: 8-14 years

Are you ready to make new friends and memories that will last a lifetime? Don't miss out on our new social club, the In-Be-Tween Club! This club will enjoy going out for activities in the Naperville area or stay in to do a variety of activities at Fort Hill Activity Center. Some activities may require additional spending money, and you may be asked to meet onsite at the location. A detailed activity schedule will be emailed one week before the start date and posted on the WDSRA website as well.

Fee: \$148

Location: Fort Hill, Naperville Program Code: 4101005-1

Day: SA

Time: 10:00-12:00pm

Dates: 2/10, 2/24, 3/9, 3/23, 4/6, 4/20

SOCIAL PROGRAMS

Dinner & A Movie - Katie Leone

Age: 18 & older

Lights, Camera, Action! Every other week we will come together to watch G, PG, or PG13 movies at Fountain View that will be voted on by the group. While we watch the movie, WDSRA will

provide a delicious dinner. See you there!

Fee: \$158

Location: Fountain View, Carol Stream

Program Code: 4102004-1

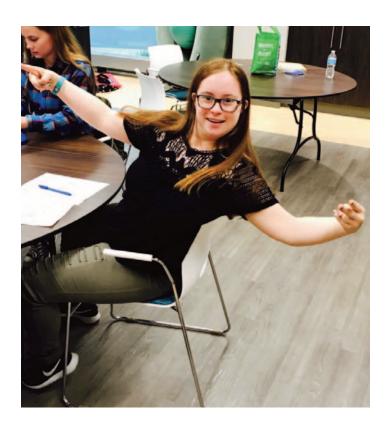
Day: M

Time: 6:30-8:45pm

Dates: 1/29, 2/12, 2/26, 3/11, 3/25, 4/8

Drop-off Fox Bowl: 6:00pm Pick up Fox Bowl: 9:15pm

Drop-off Fountain View: 6:30pm Pick-up Fountain View: 8:45pm



Movie Monio - Megan Maulding

Age: 18 & older

Join us at Hollywood Palms to watch the latest movie with some friends! Your movie ticket is included in the fee. Participants must bring their own money for dinner and are required to purchase at least one item from the menu. Times are approximate and may change based on showtime. Please note: an email with the movie, showtime, and pick-up times will be sent out the week before. The movies will be rated G, PG, PG-13, or R. Transportation is not provided. You must meet the group directly at the movie theater.

Fee: \$167

Location: Hollywood Palms, 325 Illinois Rte 59, Naperville

Program Code: 4102001-1

Day: M

Time: 6:00-9:00pm (TBD)

Dates: 1/29, 2/12, 2/26, 3/11, 3/25, 4/8

Drop-off Hollywood Palms: 6:00pm Pick-up Hollywood Palms: TBD

Jackbox Games - Megan Maulding

Age: 18 & older

If you enjoy hanging out with friends and playing simple, party-style games join us for Jackbox Games. Jackbox Games is a series of party video games similar to classic social games like charades played on many different devices. Please bring your iPhone or iPad if you have one. WDSRA will provide them if you need one. You do not need to know how to play to register as it's very easy to explain and teach.

-ee: \$52

Location: Fort Hill, Naperville Program Code: 4102002-1

Day: TH

Time: 6:45-8:15pm

Dates: 2/8, 2/22, 3/7, 3/21, 4/4, 4/18

Drop-off Bowlero: 6:25pm Pick-up Bowlero: 8:30pm

Drop-off Fort Hill: 6:45pm Pick-up Fort Hill: 8:15pm

SOCIAL/CULTURAL ARTS PROGRAMS

Restaurant Reviewers - Kristen Stepniak

Age: 16 years & older

What is the best restaurant around town? Let's enjoy dinner and find out! Each week we will try a new place and rate it based on the quality of food, service, and atmosphere. Please bring \$25 for your meal each week including tip. A detailed schedule of restaurants will be sent out one week prior to the start of the program. Bon appetit!

Fee: \$90

Location: Wheaton Area Program Code: 4102000-1

Day: M

Time: 6:15-8:15pm

Date: 2/5, 2/19, 3/4, 3/18, 4/1, 4/15

Drop-off Fox Bowl: 6:00pm Pick-up Fox Bowl: 8:30pm BUNCO - Megan Maulding

Age: 16 years & older

Let the good times roll! Join us for our new weekly BUNCO program. Play BUNCO, win prizes, and hang out with friends! Dinner will be provided. Please bring your own drink.

Fee: \$170

Location: Fort Hill, Naperville Program Code: 4102003-1

Day: TH

Time: 6:45-8:30pm

Dates: 2/1, 2/15, 2/29, 3/14, 3/28, 4/11

Drop-off Bowlero: 6:25pm Pick-up Bowlero: 8:45pm

Drop-off Fort Hill: 6:45pm Pick-up Fort Hill: 8:30pm

Drama Club - Katie Leone

Age: 18 years & older

Are you an aspiring actor or actress? Then we invite you to audition for WDSRA's Drama Club to perform in this year's stage show, which is a spin-off of "The Little Mermaid". Participants will learn the on and off – stage skills needed to complete a drama performance. Participants must have strong reading skills, be able to function in a 1:6 ratio and act on stage in front of an audience. We will be holding an audition for this program on the first day of this program. Attendance at rehearsal is critical to the success of the show. Please only register if you can commit to the rehearsal dates below. This is a no-cut program. Everyone will be given a role in the play. **Please note:** participants will need to purchase their own costume.

Fee: \$150

Location: WPDCC

Program Code: 4104007-1

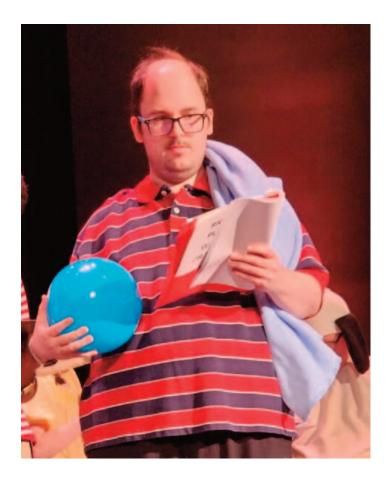
Day: SA

Time: 2:00-3:30pm

Dates: 2/3-4/27 (No program 3/30)

Tech Date: 5/1

Performance Date: 5/3



CULTURAL ARTS PROGRAMS

King Cobras - Colorguard - Katie Leone

Age: 14 years & older

We are excited to continue collaborating with the fantastic Rosemont Cavalier Drum and Bugle Corps. In this program, you will get the chance to learn new dances and flag sequences. They will meet in the gymnasium at St.Irenes for this weekly program. **Please note:** This room is not wheelchair accessible.

Fee: \$38

Location: St. Irenes, Warrenville Program Code: 4104001-1

Day: TU

Time: 7:00-8:00pm Dates: 1/30-3/5

Just Dancin' - Katie Leone

Age: 16 years & older

Dance is an excellent form of exercise and fun. In this dance class, you will have the freedom to utilize dance as a recreational tool. Join us to learn some fun moves and dance to your favorite tunes. Get ready to dance and have fun with your friends.

Fee: \$90

Location: ARC Center, West Chicago

Program code: 4104002-1

Day: TH

Time: 6:00-7:00pm

Dates: 2/1-4/25 (no program 2/8)

Croft n Creations - Katie Leone

Age: 16 years & older

Join us as we encourage you to step out of your comfort zone with art. In this program, we will be diving into new and unique crafts that will stretch your art abilities. Various techniques will be taught, including painting, drawing, collage, and so much more.

Fee: \$78

Location: Fort Hill, Naperville Program code: 4104003-1

Day: M

Time: 7:00-8:00pm

Dates: 2/5, 2/19, 3/4, 3/18, 4/1, 4/15

Dance for Fun - Katie Leone

Age: 8-15 years

Calling all kids! Join us for a beginner dance class for kids. We will dance to all your favorite tunes while working on different techniques. A dance instructor will teach this lively class each week. Be ready to learn some fun moves.

Fee: \$50

Location: Xilin, Naperville Program Code: 4104004-1

Day: TU

Time: 4:00-5:00pm

Dates: 1/30, 2/13, 2/27, 3/12, 3/26, 4/9

Crofty Connections - Katie Leone



Age: 16 years & older

WDSRA is excited to announce a new art program that will elevate your art abilities and connect you with local artists in the DuPage area. Each week we will bring in a different art instructor who specializes in a different medium. Some examples may include duct tape art, keychains, jewelry, etc.

Fee: \$57

Location: WPDCC

Program Code: 4104005-1

Day: W

Time: 6:00-7:00pm

Dates: 1/31, 2/14, 2/28, 3/13, 3/27, 4/10

Snap & Scrap - Katie Leone



Age: 18 years & older

Have you ever wanted to create a book with all your memories? Now you can! In this program, you will be taking pictures and creating your own scrapbook to keep. A detailed itinerary for this program will be emailed a week before the program. Please note: please bring in pictures you would like to use for your scrapbook, we will also be taking pictures as well that will be printed by WDSRA.

Fee: \$68

Location: WPDCC

Program Code: 4104006-1

Day: W

Time: 6:00-7:00pm

Dates: 2/7, 2/21, 3/6, 3/20, 4/3, 4/17

INDIVIDUAL PROGRAMS

Individual Guitar & Ukulele - Katie Leone

Age: 6 years & older

Learn to master the basic or learn more advanced concepts like finger exercises, picking techniques, and essential scales on the guitar or the ukulele with WDSRA's instructor, Tony Spadaro. Individuals will need a guitar or ukulele.

Fee: \$190

Location: Fort Hill, Naperville Program Code Time

4103000-1 3:30-4:00pm 4103000-2 4:00-4:30pm 4103000-3 4:30-5:00pm 4103000-4 5:00-5:30pm 4103000-5 5:30-6:00pm

Day: TU

Dates: 1/30-4/16

Individual Dance - Katie Leone

Age: 6 years & older

Have you ever wanted to learn how to dance with moves that impress? Now is your chance! Take one-on-one lessons with a dance instructor. Find your rhythm and express yourself through dance.

Fee: \$155

Location: ARC, West Chicago Program Code Time

4103001-1 5:00-5:30pm 4103001-2 5:30-6:00pm

Day: TH

Dates: 2/1-4/25 (no program 2/8)

Individual Art - Katie Leone

Age: 6 years & older

Spend your Saturday mornings one-on-one with a professional art instructor. Here, you will get the opportunity to learn different art techniques and crafts. Each lesson is adjusted to meet the participant's skill set.

Fee: \$106

Location: Central Athletics, Wheaton

Program Code Time 4103002-1 9:00-9:30am

4103002-2 9:30-10:00am 4103002-3 10:00-10:30am 4103002-4 10:30-11:00am

Day: SA

Dates: 2/3-3/9

Individual Voice/Piano Lessons - Katie Leone

Age: 6 years & older

Find your inner maestro and express yourself through music. Take one-on-one lessons with a professional music instructor! The instructor will adjust your lesson to fit your musical needs. **Please note:** this is a 12-week program. WDSRA will contact you two weeks before the program starts with your lesson time. You can choose piano or voice.

Fee: \$190

Location: Central Athletics, Wheaton

Day: M

Program Code Time
4103003-1 6:00-6:30pm
4103003-2 6:30-7:00pm
4103003-3 7:00-7:30pm
4103003-4 7:30-8:00pm
4103003-5 8:00-8:30pm

Dates: 1/29-4/22 (No program 3/25)

Day: TH

Program Code Time
4103004-1 6:30-7:00 pm
4103004-2 7:00-7:30 pm
4103004-3 7:30-8:00 pm
4103004-4 8:00-8:30 pm
Dates: 2/1-4/25 (No program 3/28)

Day: SA

Program Code Time
4103005-1 12:30-1:00 pm
4103005-2 1:00-1:30 pm
4103005-3 1:30-2:00 pm
4103005-4 2:00-2:30pm
Dates: 2/3-4/27 (No program 3/30)

Registration for these individual programs are first-come first-served. If the program is full you can either choose a new time or register for the waitlist.

VIRTUAL PROGRAMS



Registration for virtual programs are first-come first-served.

Virtual Bingo - Megan Maulding

Age: 8 years & older

B-I-N-G-O! Come play with your friends virtually. WDSRA staff will lead you though the classic favorite. Information will be shared in advance for accessing a printable bingo card or creating your own set of cards. Have your bingo marker, cards, and ears ready to hear those numbers!

Fee: \$25

Program Code: 4110003-1

Dav: W

Time: 6:30-7:30pm

Dates: 1/31, 2/14, 2/28, 3/13, 3/27, 4/10

Virtual Bingo - Megan Maulding

Age: 8 years & older

B-I-N-G-O! Come play with your friends virtually. WDSRA staff will lead you though the classic favorite. Information will be shared in advance for accessing a printable bingo card or creating your own set of cards. Have your bingo marker, cards, and ears ready to hear those numbers!

Fee: \$25

Program Code: 4110005-1

Dav: TH

Time: 6:30-7:30pm

Dates: 2/8, 2/22, 3/7, 3/21, 4/4, 4/18

Virtual Karaoke - Megan Maulding

Age: 16 years & older

Step up to your virtual stage, turn up that volume, and grab your microphone! Each participant will have their turn in the spotlight to sing us their favorite karaoke tunes. At registration please be prepared to give six songs you will be singing so staff can prepare the playlist. Due to the popularity of this program, please only sign up for ONE day of karaoke to allow everyone to participate.

Fee: \$25

Program Code: 4110002-1

Day: W

Time: 6:30-7:30pm

Dates: 2/7, 2/21, 3/6, 3/20, 4/3, 4/17

Virtual Karaoke - Megan Maulding

Age: 16 years & older

Step up to your virtual stage, turn up that volume, and grab your microphone! Each participant will have their turn in the spotlight to sing us their favorite karaoke tunes. At registration please be prepared to give six songs you will be singing so staff can prepare the playlist. Due to the popularity of this program, please only sign up for ONE day of karaoke to allow everyone to participate.

Fee: \$25

Program Code: 4110004-1

Dav: TH

Time: 6:30-7:30pm Dates: 2/1, 2/15, 2/29,

3/14, 3/28, 4/11





VIRTUAL PROGRAMS

Virtual Hangout - Kristen Stepniak

Age: 16 years & older

Social fun from the comfort of your own home. Join us for a variety of activities. We may play virtual games, test our trivia knowledge, or we may have an afternoon of chatting. Join in on this social fun!

Fee: \$25

Location: Virtual

Program Code: 4110006-1

Day: F

Time: 3:00-4:00pm

Date: 2/2, 2/16, 3/1, 3/15, 4/12, 4/26

(No program: 3/29)

Virtual Let's Make Dinner - Katie Leone

Age: 10 years & older

We've got your dinner plans covered for Tuesday nights, and you're in charge of cooking it. Join in as we cook through new recipes each week. Participants will be able to develop their cooking skills & techniques over the course of the program. Before the start of the program, recipe plans and weekly ingredient lists will be emailed.

Fee: \$25

Location: Virtual

Program Code: 4110001-1

Day: TU

Time: 4:00-5:00pm

Dates: 2/6, 2/20, 3/5, 3/19, 4/2, 4/16

Connect With Us!

Virtual Art Expression - Katie Leone

Ages: 10 years & older

Are you tired of surfing the internet to find art activities you can do while sitting at home? Look no further. Join WDSRA staff and your friends for a virtual art class! Supplies used will be everyday items you may have around your house or get creative and use what you have!

Fee: \$25

Location: Virtual

Program code: 4110000-1

Day: TU

Time: 4:00-5:00pm

Dates: 1/30, 2/13, 2/27, 3/12, 3/26, 4/9

Virtual Individual Piano & Voice - Katie Leone

Age: 6 years & older

Find your inner maestro and express yourself through music. Senja Morgan will be teaching piano and voice lessons via Zoom! Those signing up for piano lessons must have a piano or keyboard at home; you do not need a piano for voice lessons. Zoom link will be emailed out before the first day of class and used every week.

Fee: \$190

Location: Virtual

Program Code Time

4110007-1 9:00-9:30 am

4110007-2 9:30-10:00 am

4110007-3 10:00-10:30 am

4110007-4 10:30-11:00 am

4110007-5 11:00-11:30 am

4110007-6 11:30-12:00 pm

Day: SA

Dates: 2/3-4/27 (No program 3/30)

ADULT TRIPS



SPRING BREAK 2024 ALL INCLUSIVE VACATION RIU DUNOMOR CONCUN - Kristen Stepniak

Age: 21 years & older

Enjoy 5 days in Paradise at this 5-star resort. Relax at the pool with a drink or feel the sand between your toes! This resort has so much to offer: we will be swimming, relaxing beachside and poolside, enjoying the onsite waterpark Splash Water World, snorkeling, upscale dinners, nightly entertainment and dancing! Fee includes accommodations, flight, food, and all entertainment. Participants will be required to bring money for food at the airport and spending money for souvenirs.

Please note: participants will be sharing rooms with one other same gender peer and will have their own bed. If you would like your own room, an additional fee will be required. Please contact Kristen upon registering if you would like your own room. Participants must be able to function at a 1:6 staff to participant ratio and perform daily living skills. Participants must have successfully participated in at least one overnight before registering for this trip. A detailed schedule, packing list and additional information will be given at the mandatory spring break meeting in March 2024. Participants must have a valid passport. A \$250 non-refundable deposit is due upon registration. Registration for this trip occurred in Fall, there are 3 spots open- register ASAP!

Fee: \$2,015

Location: Cancun, Mexico Program Code: 4100002-1

Day: TU-SA

Dates: 3/12-3/16

Drop-off WDSRA: Tuesday morning Pick-up O'Hare Airport: Saturday TBD

Participants with physical disabilities that are interested in registering, please see page 34 with more information.





SCAN HERE FOR MORE INFORMATION

ePACT securely collects the health and emergency contact information. Families are required to update yearly through the Annual form. With ePACT, you only need to complete your child's information once. Then, on a yearly basis you will simply need to verify that the information is correct. Need to make a change? You can make changes at any time. We'll be notified of your updates directly from ePACT.

BOWLING PROGRAMS

Adult Bowling - Macey Horbach

Age: 14 years & older

Is bowling right up your alley? Show us how you roll each week in WDSRA's favorite past time! You will bowl with old friends and meet new ones, as you work on improving your game. Beginners through advanced bowlers are welcome. Fee includes up to two games (if time allows), shoe rental, and adaptive equipment.

Fee: \$80

Wheaton - Fox Bowl

Session	Time	Day	Dates	Program Code
Shift 1	4:15-5:00pm	M	1/29, 2/12, 2/26, 3/11, 3/25, 4/8	4108000-1
Shift 2	5:15-6:00pm	M	1/29, 2/12, 2/26, 3/11, 3/25, 4/8	4108000-2
Shift 1	4:15-5:00pm	M	2/5, 2/19, 3/4 , 3/18, 4/1, 4/15	4108001-1
Shift 2	5:15-6:00pm	M	2/5, 2/19, 3/4 , 3/18, 4/1, 4/15	4108001-2

Roselle - Bowlero

Session	Time	Day	Dates	Program Code
Shift 1	5:00-6:00pm	М	1/29, 2/12, 2/26, 3/11, 3/25, 4/8	4108002-1
Shift 1	5:00-6:00pm	М	2/5, 2/19, 3/4 , 3/18, 4/1, 4/15	4108003-1

Naperville Tuesday - Bowlero

Session	Time	Day	Dates	Program Code
Session 1	5:00-6:00pm	TU	1/30-3/5	4108004-1
Session 2	5:00-6:00pm	TU	3/12-4/16	4108004-2

NapervilleThursday - Bowlero

Session	Time	Day	Dates	Program Code
Shift 1	4:15-5:15pm	TH	2/1, 2/15, 2/29, 3/14, 3/28, 4/11	4108005-1
Shift 2	5:25-6:25pm	TH	2/1, 2/15, 2/29, 3/14, 3/28, 4/11	4108005-2
Shift 1	4:15-5:15pm	TH	2/8, 2/22, 3/7, 3/21, 4/4, 4/18	4108006-1
Shift 2	5:25-6:25pm	TH	2/8, 2/22, 3/7, 3/21, 4/4, 4/18	4108006-2

ATHLETIC PROGRAMS



Youth Athletics

The youth sports program is recreation focused and is a great avenue to build athletic skills for kids ages 3-15. The program will focus on drills and fun games to help your athlete grow. WDSRA skills programs include soccer, t-ball and basketball.

Youth Basketball - Macey Horbach

Age: 7-15 years

We put the FUN in fundamentals! Throughout this program, you will grow your basketball skills, meet new friends, and have fun! We will work up a sweat by adapting drills and games to your needs! *This program is not part of Special Olympics Illinois Competition.

Fee: \$60

Location: Beebe Elementary School, Naperville

Program code: 4105001-1

Dav: SA

Time: 10-10:45am

Dates: 2/10, 2/24, 3/9, 3/23, 4/6, 4/20

Learn 2 Play Basketball - Macey Horbach NEW

NEW!

Age: 3-6 years

Come out and join us as we work on dribbling and passing skills for basketball! This program is for beginners who don't have much knowledge of basketball. We will meet new friends and play games that will adapt to your skills.

Fee: \$45

Location: Jefferson Early Childhood, Wheaton

Program code: 4105000-1

Day: SA

Time: 9-9:45am Dates: 2/3, 2/17, 3/9

CDGA Golf Clinic - Macey Horbach

Age: 8 years & older

It's time FORE golf! The Sunshine Through Golf Foundation will lead this instructional golf program. We will hold the program at the beautiful Cantigny, White Eagle, and Glen Oaks Country Clubs, where the CDGA professionals will instruct the athletes. Please wear a polo shirt and pants or shorts. Clubs are available to borrow if you do not have your own. If you need more information, please call the athletics department at the WDSRA office. Please note: dates and times are tentative until we can secure a schedule with the CDGA.

Fee: \$45

Location: Glen Oak Country Club, Glen Ellyn

Cantigny Golf Course, Wheaton White Eagle Golf Club, Naperville

Day: W

Time: 4:30-5:30pm (T)
Dates: April-May (T)
Program Code:

4305010-1: Glen Oak 4305010-2: Cantigny 4305010-3: White Eagle



ATHLETIC PROGRAMS

Pickleball - Macey Horbach

Age: 16 years & older

WDSRA is offering the fun and exciting sport of Pickleball. Pickleball is a fast-growing racquet sport. This fun and engaging game is played on a badminton court with a lower net and can be played as singles and doubles. You will learn strategies that include: lobbing, overhead slamming, and fast volley exchanges at the net. Paddles and balls will be provided. Section 1 is for newer/ beginner players. Section 2 is for more advanced players. **NOTE: Register with a partner if possible (family member or friend).

Fee: \$75

Location: Wheaton Sports Center

Program code Section 1: 4105004-1 (beginner)
Program Code Section 2: 4105004-2 (advanced)

Day: SU

Section 1 Time: 12:00-1:00pm Section 2 Time: 1:00-2:00pm

Dates: 2/4, 2/18, 3/3, 3/17, 4/14, 4/21

Spin Class - Macey Horbach

Age: 16 years & older

Get your cycle on! During this class, we will work up a sweat while cycling to our favorite tunes. We will include interval training and you will be challenged to reach your goals. So, grab your water bottle, and let's get moving.

Fee: \$75

Location: Warrenville Community Center

Program Code: 4105008-1

Day: SU

Time: 11:00-11:45am

Dates: 1/28, 2/11, 2/25, 3/10, 3/24, 4/7

Toe Kwon Do - Macey Horbach

Age: 7 years & older

Hi-Ya! Come experience the art of Tae Kwon Do! Master Frank has many years of experience teaching martial arts to individuals with and without disabilities. Each week he will lead you through a balanced physical and mental workout. The course will focus on increasing concentration and balance as well as improving overall coordination, gross motor skills, endurance, and flexibility. Kick, block, and chop your way to becoming a Champion today! Students are welcome at any level of background.

Fee: \$65

Location: Lions Panzek Martial Arts, Winfield

Day: SA

Session	1 Time	Dates	Program Code		
Shift 1	11:00-11:45am	2/3-3/9	4105005-1		
Shift 2	12:00-12:45pm	2/3-3/9	4105005-2		
Session 2					
Shift 1	11:00-11:45am	3/16-4/27	4105006-1		
Shift 2	12:00-12:45pm	3/16-4/27	4105006-2		
(no program 3/30)					

COD Weightlifting - Macey Horbach

Age: 16 years & older

WDSRA and the College of DuPage have teamed up to offer a quality weightlifting and fitness program! With the help of the football team, each athlete is paired with a football player. These partners will teach techniques and push athletes to give their all. **Please note:** dates and times are subject to change based on the COD Football schedule.

Fee: \$80

Location: College of DuPage, Glen Ellyn

Program Code: 4105007-1

Day: W

Time: 6:00-7:00pm (T)
Dates: Feb- April (T)

ATHLETIC PROGRAMS

TNT- Macey Horbach

Age: 14 years & older

Tone N Tighten your body through this interactive exercise class! Led by a Dance Fitness Instructor, TNT combines upbeat music with unique moves that will make you want to dance 'till you drop! But don't worry, no prior dancing experience is required. Join us for a movin' and groovin' time!

Fee: \$75

Location: 95th St Center, Naperville

Day: W

Session 1	Time	Dates	Program Code	
Shift 1	6:00-7:00pm	1/31-3/6	4105002-1	
Shift 2	7:00-8:00pm	1/31-3/6	4105002-2	
Session 2				
Shift 1	6:00-7:00pm	3/13-4/24	4105003-1	
Shift 2	7:00-8:00pm	3/13-4/24	4105003-2	
No program 3/27				

Indoor Walking - Macey Horbach



Age: 13 years & older

Come join us as we get our steps in! We will walk around the track with our friends to get a good, low-impact workout in. Feel free to bring your headphones and music or chat with your friends!

Fee: \$60

Location: Upstairs track, Fountain View Rec Center

Day: TH

Time: 3:00-4:00pm

Dates: 2/8, 2/22, 3/7, 3/21, 4/4, 4/18

Program Code: 4105014-1

Water Aerobics - Macey Horbach

Age: 13 years & older

Get ready for this low-impact water workout. Throughout this program, we will use the natural resistance of the water while doing different workout movements such as running in place and other aerobic exercises. Grab your towel and join us in the therapy pool!

Fee: \$60

Location: Therapy Pool, Fountain View Rec Center

Day: TH

Time: 3:00-4:00pm

Dates: 2/1, 2/15, 2/29, 3/14, 3/28, 4/11

Program Code: 4105009-1



VIRTUAL ATHLETIC PROGRAMS

Virtual Sports Talk Radio - Macey Horbach

Age: 14 years & older

Do you love sports.... or maybe you're obsessed with sports? Join WDSRA staff as we host our very own sports talk radio program. We will debate hot topics, make big predictions, and there will be plenty of top-notch sports banter. Once again, this season will be giving YOU a chance to be the host of the show.

Fee: \$25

Location: Virtual

Program code: 4110020-1

Day: F

Time: 3:00-4:00pm

Dates: 2/9, 2/23, 3/8, 3/22, 4/5, 4/19

Virtual Cardio Conditioning - Macey Horbach

Age: 8 years & older

Exercise is always more fun when you do it with friends! Join WDSRA staff as they get your blood pumping and guide you through this virtual cardio conditioning class. Staff will use a combination of cardio exercise videos specially selected with you in mind and lead a few workouts themselves. Staff will give modification and cues to ensure you work up a sweat. No fitness equipment is required.

Fee: \$25

Location: Virtual

Program code: 4110021-1

Day: M

Time: 6:30-7:30pm

Dates: 1/29, 2/12, 2/26, 3/11, 3/25, 4/8



Virtual Weights & Core - Macey Horbach

Age: 8 years & older

Move it, shake it, and lift it with Lisa! This class is designed for all levels and will help build strength through lifting light weights or bodyweight exercises., as well as healing our muscles with stretching and core exercises. Light weights are recommended but not required.

Fee: \$25

Location: Virtual

Program Code: 4110022-1

Day: M

Time: 6:30-7:30pm

Dates: 2/5, 2/19, 3/4, 3/18, 4/1, 4/15





SCAN HERE FOR MORE INFORMATION



Wildcat Unified Sports

What are Unified Sports? Unified Sports allows Special Olympics athletes to compete with a partner without intellectual disabilities in individual and team sports. WDSRA offers three unified sports: Bocce, Golf, and Volleyball. Athletes must provide a partner if they are interested in competing in unified sports. Partners can be family members or friends.

Partner Responsibility: Partners must complete the Class A registration through Special Olympics Illinois. Class A registration is divided into Protective Behavior Training and Concussion Training. Once the partner completes the training, Special Olympics will run a background check. Once approved, registration is approved for three years. Partners can complete the training at Special Olympics Illinois website at www.soill.org/class-a-registration

Registration Procedure: Athletes and partners must both register and pay the fee for the program. Partners must fill out the registration form through a link in the program blurb on WDSRA's registration page.

The form must be filled out and returned to ryanf@wdsra.com or registration@wdsra.com.

WDSRA Golf Program

WDSRA will be offering two golf programs this upcoming summer. We will be offering competitive golf (traditional 3,6,9-hole or unified 9-hole golf). Competitive golf is designed for athletes who are ready to play the course and understand rules and etiquette. Coaches will evaluate golfers to determine if they are best suited for competitive golf or recreation golf. Athletes competing in competitive golf must turn in three 9-hole scorecards to coaches prior to the second week of practice to ensure competing in competition. The coaches will need to turn these scorecards into Special Olympics.

For those who just want to play for fun and learn the game, we will be offering recreation golf. This program will be designed to learn golf rules and etiquette as well as learn proper swing technique. We will use the skills learned in this program and put them into practice on the course later in the season. In this program, there will be more instruction than competitive golf. This program is intended for individuals looking to learn the game and have a good time.

Upcoming Tournament Dates*

1/6/24: Region Snow Shoe @ Hoffman Estates High School

1/14/24: Region Jr. Basketball @ Alquonquin, IL

1/14/24: FVSRA Swim Meet @ Vaughn Athletic Center

1/21/24: Region Sr. Basketball @ Oswego East High School

2/4/24: TR Section Basketball (TBD)

2/6-2/8/24: State Winter Games @ Galena (Chestnut Mountain)

3/2/24: Region Rhythmic Gymnastics @ Palatine High School

3/8-3/10/24: State Basketball @ ISU and Illinois Wesleyan

3/21/24: Region Swim @ Metea Valley High School

4/27-4/28/24: Spring Games @ Marmion High School

5/5/24: Region Soccer @ Hinsdale South High School

5/11/24: TR Section Soccer: Location TBD

6/7-6/9/24: Summer Games @ Bloomington-Normal area

*Please be sure to check these dates so you don't double book yourself with other WDSRA programs. For tournament date(s) not listed here, families will have one week from the date they are notified of tournament dates to contact WDSRA of overlapping programs for a refund minus the cost of expenses (tickets, etc). **

Junior Wildcats Athletics

The Jr wildcat program is geared for ages 8-15 and offers young athletes the opportunity to compete in local team and individual Special Olympics games and competitions. Special Olympics youth sports offered at WDSRA include basketball, soccer, swimming, rhythmic gymnastics, and track and field.

Jr. Wildcats Soccer - Macey Horbach

Age: 8-15 years

It's time to hit the field and get ready for the second season of Jr. Wildcats Soccer. We will begin the season with practices followed by games against other teams from the area. This program will adapt to your skills and is a great way to meet new friends while having friendly competition. We will determine teams based on ability and location. WDSRA will participate in the Special Olympics Tournament. Teams winning a gold medal at the Special Olympics Tournament will qualify for the state soccer tournament in June. Please note: there will be an additional fee for any team that qualifies for the state tournament. Athletes must have a Special Olympics medical form on file through July 2024 to be able to register for the program.

Fee: \$95

Location: Naperville Area

Program Code Naperville: 4106009-1

Location: Wheaton Area

Program Code Wheaton: 4106009-2

Day: W

Time: 4:30-5:30pm Dates: 3/13-5/1

*NOTE: the Regional Tournament is on a Sunday, date is TBD.



Rhythmic Gymnastics - Macey Horbach

Age: 8 years & older

Get ready for an exciting gymnastics class! Rhythmic gymnastics allows you to express yourself through movement and dance. Participants will learn dance routines using a ball, ribbon, hoop, or rope. Participants will be grouped by age first and level of routine second and will be contacted with their specific 45-minute time slot before the start of the program. Athletes will compete in a Special Olympics event on February 25th. Athletes who earn a gold medal at the regional event will qualify to compete at the state level in June. Please note: athletes must have a Special Olympics Athlete consent form and a Special Olympics medical form on file through July 2024 to be able to register for the program. Due to varying of sizes and unique fits, athletes are asked to purchase their own black or red leotards to wear to competitions.

Fee: \$55

Location: Lions Panzek Studio, Winfield

Program Code: 4106008-1

Day: T

Time: 6:45-7:30pm Dates: 1/9-2/16

**If you are interested in the program, but the time/date/location does not work, please reach out to Macey: maceyh@wdsra.com

WDSRA Pickleball Classic - Macey Horbach

Age: 14 years & older

Attention, Pickleballers! Are you looking for some competition? We are so excited to host our first WDSRA Pickleball Tournament and hope you are too! Whether you are a beginner or an advanced player, we have the competition for you. We will be able to play against athletes from other agencies as well. The registration fee includes a T-shirt and a small snack. End time is based on tournament schedule.

Fee: \$35

Location: Wheaton Sports Center

Program Code: 4105013-1

Day: SU

Time: 9:00am-2:00pm (tentative)

Day: 2/25

Wildcat Soccer- Ryan Fleck

Age: 16 years & older

If you want to have a part in defending last year's state soccer championship, then come join us on the soccer field this season! The season will begin with practices followed by games against other area organizations. Athletes will be notified of field locations before the start of the season. WDSRA will participate in two tournaments (Special Olympics Regional 5/5/24 and TR Section 5/11/24) throughout the season. Athletes are expected to participate in both tournaments. There will be an additional fee for any team that qualifies for the state tournament. If a team qualifies for the state tournament, there may be extra practices leading up to the state tournament with an additional fee. Please note: Athletes must have a valid Special Olympics consent form and a Special Olympics medical form on file through July 2024 to be able to register for the program.

Fee: \$115

Location: North/Central Area Program Code: 4106001-1

Day: W

Time: 5:00-6:30pm Dates: 3/13-5/15

Location: South Area Program Code: 4106001-2

Day: W

Time: 5:00-6:30pm Dates: 3/13-5/15



Wildcat Softball - Ryan Fleck

Age: 16 years & older

Dust off those cleats and take the field for another season of Wildcat Softball! We will be offering traditional softball teams as well as coach pitch teams. We will start the season with a few practices followed by games against other area organizations. Athletes will be notified of field locations before the start of the season. WDSRA will participate in two tournaments (Special Olympics Regional 8/4/24 and TR Section 7/14/24 throughout the season). All athletes are expected to participate in both tournaments. There will be an additional fee for any team that qualifies for the state tournament. If a team qualifies for the state tournament, there may be extra practices leading up to the state tournament with an additional fee. Please note: Athletes must have a valid Special Olympics consent form and a Special Olympics medical form on file through October 2024 to be able to register for the program.

Fee: \$200

Location: North Area Program Code: 4306000-1

Day: TU

Time: 6:30-8:00pm Dates: 4/30-7/30

Location: North/Central Area-Coach Pitch

Program Code: 4306000-2

Day: TU

Time: 6:30-8:00pm Dates: 4/30-7/30

Location: Central Area Program Code: 4306000-3

Day: TU

Time: 6:30-8:00pm Dates: 4/30-7/30

Location: South Area Program Code: 4306000-4

Day: TU

Time: 6:30-8:00pm Dates: 4/30-7/30

Location: South Area-Coach Pitch

Program Code: 4306000-5

Day: TU

Time: 6:30-8:00pm Dates: 4/30-7/30

Wildcat Track & Field - Ryan Fleck

Age: 8 years & older

On your mark, get set, GO! Who's ready for WDSRA track and field? Want to try out the mini javelin or run a 400 meter? Come join us as we train in various track and field events to prepare for the Special Olympics Spring Games. Athletes who earn a gold medal at Spring Games (4/27/24-4/28/24) will qualify for state competition in June. If an athlete qualifies for the state competition, there may be extra practice leading up to the state competition for an additional fee. Please note: Athletes must have a valid Special Olympics consent form and a Special Olympics medical form on file through July 2024 to be able to register for the program.

Location: TBD Track Fee: \$45

Program Code: 4106002-1

Day: SU

Time: 1:00-2:00pm

Dates: 3/3-4/21 (no program 3/31)

Field Fee: \$45

Program Code: 4106002-2

Day: SU

Time: 2:00-3:00pm

Dates: 3/3-4/21 (no program 3/31)

Softball Spring Training - Ryan Fleck Age 16 years & older



Come join one of WDSRA's newest programs! Improve your softball skills in this fun program. We will be teaching the fundamentals of fielding, batting, and baserunning. This registration is separate from team registration, this is just extra practice.

Fee: \$50

Location: Central Area Program Code: 4105012-1

Day: TU

Time: 6:30-8:00pm Dates: 4/2-4/23

Location: South Area Program Code: 4105012-2

Dav: TU

Time: 6:30-8:00pm Dates: 4/2-4/23

Wildcat Swim Team

Age: 8 years & older

Wildcat Swim Team is back! Athletes must be able to swim 50 yards without stopping. Weekly workouts will include stretching, stroke technique, endurance training, and relay team training. This program is not for individuals looking for individual swimming lessons. **Please note:** dates and times may change based on pool availability.

Location: Fountain View Recreation Center, Carol Stream

Program Code: Session 1: 4107000-1

Fee: \$135 Day: SA

Time: 11:00 am-12:30pm

Dates: 1/6-3/16 No program 2/17

Program Code: Session 2: 4107000-2

Fee: \$82 Day: SA

Time: 11:00 am-12:30pm

Dates: 4/20-6/1 (no program 5/25)

Location: Naperville North High School, Naperville

Program Code: Session 1: 4107001-1

Fee: \$122 Day: SU

Time: 12:30-2:00pm Dates: 1/21-3/17

Program Code: Session 2: 4107001-2

Fee: \$68 Day: SU

Time: 12:30-2:00pm Dates: 4/7-5/5



FVSRA Swim Meet - Ryan Fleck

Age: 8 years & older

Grab your goggles and get ready to jump in! FVSRA will be hosting their annual recreational swim meet on January 14, 2024. Each swim meet will have their own registration. This swim meet is for extra practice only.

Fee: \$25

Location: Vaughn Athletic Center Program Code: 4107003-1

Day: SU Time: TBD Date: 1/14

WDSRA Swim Meet - Ryan Fleck

Age: 8 years & older

Get ready for some friendly competition at WDSRA's annual swim meet on February 17, 2024. Each swim meet will have their own registration and is for extra practice only.

Fee: \$15

Location: West Chicago High School

Program Code: 4107004-1

Day: SA Time: TBD Date: 2/17

Region Swim Meet - Ryan Fleck

Age: 8 years & older

Want to qualify for the Illinois State Special Olympics Summer Games? Compete in the region swim meet where gold medal winners qualify to compete in the Special Olympics summer games. Athletes who earn a gold medal at the region swim meet will qualify for the state competition in June. If an athlete qualifies for the state competition, there may be extra practice leading up to the state competition for an additional fee. Please note: Athletes must have a valid Special Olympics consent form and a Special Olympics medical form on file through July 2024 to be able to register for the program.

Fee: \$30

Location: Metea Valley High School

Program Code: 4107002-1

Day: TH Time: TBD Date: 3/21





Synergy Adaptive Athletics helps individuals of all ages with a primary physical disability Live Life To Its Fullest through a variety of adaptive athletics opportunities. We believe everyone should have equal access to the wide range of benefits sports opportunities can provide. We help make that possible by offering programs and resources to assist athletes in realizing those benefits For more information about specific sports and practice times, please contact:

Athletics/Synergy Manager: Phil Eide

Phone: at 630-681-0962 Email: phile@wdsra.com

BOCCIA

Age: 16 years & older

Boccia is designed for individuals with a primary physical disability affecting his/her lower body. Athletes with cerebral palsy, muscular dystrophy, arthrogryposis, spinal cord injury, or other diagnoses. The sport is broken up into three divisions of athletes who will throw and one division with ramps for people who are unable to throw a ball out to five meters or more. While the sport is designed to be played from a wheelchair, ambulatory athletes are welcome to join our program as well. This target-based sport is combining the precision of archery and the intellectual challenges of chess.

Fee: \$210

Location: Ackerman Sports and Fitness Center, Glen Ellyn

Program Code: 4418050-1

Day: SA

Time: 12:00-2:00pm

Dates: 2/3-10/5 (detailed schedule with tournaments and dates

off will come after registration)

SPRING BREAK 2024 ALL INCLUSIVE VACATION

Riu Dunamar Cancun - Kristen Stepniak

Age: 21 years & older

Enjoy five days in Paradise at this 5-star resort. Relax at the pool with a drink, or feel the sand between your toes! This resort has so much to offer: we will be swimming, relaxing beachside and poolside, enjoying the onsite waterpark Splash Water World, snorkeling, upscale dinners, and nightly entertainment! The fee includes accommodations, flight, food, and all entertainment for you and your aide. Participants will be required to bring money for food at the airport and spending money on souvenirs. Please note: you must bring a 1:1 aide on this trip and share a room with them. The program fee includes your personal care assistant's airfare, lodging, and excursions. A detailed schedule, packing list, and additional information will be given at the mandatory spring break meeting in March 2024. Participants must have a valid passport. A \$250 non-refundable deposit is due upon registration.

Fee: \$3,500

Location: Cancun, Mexico Program Code: 4100003-1

Day: TU-SA

Dates: 3/19-3/23

Drop off WDSRA: Tuesday morning Pick up O'Hare Airport: Saturday TBD



Rec & Roll is a community-based recreation program for individuals ages 22-55 years. The program emphasizes social interaction, community outings, service projects, and more. Recreational activities are planned to help people with disabilities develop and enhance their quality of life. The daily schedule can include animal therapy, volunteer projects, gardening, field trips, fitness, outdoor recreation, crafts, and games.

Registration Timeline

Rec & Roll runs on an annual basis May-April with registration occurring in February.

Registration OPENS at 9 a.m. Monday, February 19th Registration CLOSES at 9 a.m. Monday, February 26th

In-District lottery spun Monday, February 26th

Non-Resident lottery spun Wednesday, February 28th

Confirmations sent Friday, March 8th

Rec & Roll -2024/2025

Ages: 22-55 years Time: 9:00am-2:00pm

Dates: Mondays 5/6/2024-4/21/2025
Tuesdays 5/7/2024-4/22/2025
Wednesdays 5/8/2024-4/23/2025
Thursdays 5/9/2024-4/24/2025
Friday 5/10/2024-4/25/2025

Rec & Roll 1:6 Ratio

Participants must be able to successfully participate in a 1 staff to 6 participant ratio and perform all of their own daily living skills. Participants attending Rec & Roll must be toilet trained, responsible for independent care such as feeding and dressing, devoid of emotional outbursts that require 1:1 staffing. Please send a sack lunch daily.

Limit: 12 participants per day

Locations:

Naperville; Sportsman's Clubhouse, Naperville Carol Stream; WDSRA office, Carol Stream Glen Ellyn; Ackerman WDSRA Room, Glen Ellyn Wheaton; Central Athletic Complex, Wheaton Winfield; Charles R. Beggs Activity Center, Winfield

Rec & Roll 1:3 Ratio

If your family member needs a little more assistance to be successful, then this day program is for you. The daily schedule is a mixture of staff-directed and participant-directed large and small group activities. Participants must be able to successfully participate in a 1 staff to 3 participant ratio. Rec & Roll Fountain View and Rec & Roll Fort Hill are designed for participants who may require some assistance with daily living skills and may require emotional support from staff. Please send a sack lunch daily.

Limit: 9 participants per day

Locations:

Fountain View; Fountain View Recreation Center, Carol Stream

Fort Hill; Fort Hill Activity Center, Naperville

How to join!

New participants interested in the opportunity to register for Rec & Roll must pre-arrange an intake day to determine whether they meet the programs eligibility requirements. This meeting will help staff determine which Rec & Roll is most appropriate. Staff ratio will be determined at this time by the Day Program Assistant Manager. For Naperville, Wheaton, or Winfield locations, contact Meghan Toliver and Carol Stream or Glen Ellyn locations, contact Katie Lyter. If you are unsure of which site is best for your participant, email recandroll@wdsra.com.

Rec & Roll 2024 registration information will be available in January. Scan the QR code for our interest form.



WDSRA INFORMATION

Discipline

A caring and positive discipline approach will be used. WDSRA reserves the right to dismiss a participant, staff, volunteer, or parent if it is in the best interest of the association. Each situation will be evaluated on its own merit.

Special Olympics

For an athlete to compete in a Special Olympics program, a current Special Olympics Medical form must be on file at the WDSRA office. The Special Olympics Medical form is valid for three years from the date of the doctor's signature.

WDSRA Policy states an athlete cannot register for a Special Olympic program until you have a current form on file. If you are interested in participating in a Special Olympics program, please contact the WDSRA office for a form or download a form from our website at www.wdsra.com. Parents and athletes are responsible for returning the completed form to the WDSRA office before you register.

Atlanto-Axial Subluxations (ASC)

Individuals who have Down Syndrome have a high risk of having ASC. For the safety of WDSRA participants with Down Syndrome, a doctor's note proving they have been cleared of this condition by an x-ray is required to participate in any program that could potentially injure the neck area.

Meeting on Location

For safety reasons, WDSRA will only allow participants to meet on location for community events (rather than taking the WDSRA transportation) when there is one main entrance/exit. Participants will not be allowed to meet at locations with multiple doors such as, but not limited to a mall, festival, carnival, etc.

Program Transportation

For safety purposes participants must go home the same way they arrived. Vehicles may be pre-assigned and WDSRA cannot guarentee they will be on the same bus as friends/significant others.

Late Pick-Up Policy

In order to be fair to our participants and program leaders, WDSRA has enacted a late pick-up policy, and we would appreciate your cooperation in this matter. Many of our programs have more than one pick-up location and if one person is late, it may disturpt the schedule of others who are being picked up at another location. In addition, many of the WDSRA program leaders have responsibilities after everyone is picked up. We request that you double-check the pick-up time and be prompt.

Outreach and New Families

Our outreach staff can make your transition to our programs as effortlessly as possible. Staff focuses on welcoming new families, answering questions, navigating forms and processes, and recommending appropriate programming for your loved one. We get to know your participant and family before starting programs so WDSRA can serve you better. We will also provide contact information for resources your participant may need. If you are a new family or participant, start by contacting WDSRA at 630-681-0962.

New Participant Intake

WDSRA requires all new participants to complete an intake with the Outreach Supervisor prior to attending their first program. The intake allows the agency to get to know the participant and their individual needs better. This additional information provides WDSRA staff the opportunity to properly staff programs and provides an environment that will be successful and enjoyable to the participant. If you are new to the programs and have not done an intake, please contact the Outreach Supervisor at 630-681-0962. For safety reasons, an individual without current annual information and intake forms on file will not be permitted to participate in WDSRA programs.

Equal Access

No participant shall be denied equal access to programs, activities, services, or benefits or be limited in the exercise of any right, privilege, advantage, or opportunity on the basis of race, sex, creed, national origin, or disability.

WDSRA INFORMATION

Inclusion Services

WDSRA and its member park districts believe all individuals should be provided with leisure opportunities that allow for performance at their highest level of ability. We understand not every person who has a special need desires WDSRA programming. In cooperation with our member districts, WDSRA staff will assist and advise any resident who is interested in participating (inclusion) in a local park district program. WDSRA will provide the type of support deemed necessary for successful participation. Supports may include training with park district staff members, consultation with the individual and their family members, and the assistance of a support staff member. WDSRA provides all inclusion services at no cost to the individual.

Certification and Credentials

Certified Therapeutic Recreation Specialist (CTRS) and Certified Park and Recreation Professional (CPRP) are designations granted to professionals who can demonstrate through education and work experience that they meet the criteria set by the National Recreation and Park Association (NRPA) Certification Board and the National Council for Therapeutic Recreation Certification. These professionals have a Bachelor's or higher degree from an NRPA-accredited program, have passed a certification exam, and earn and maintain sanctioned Continuing Educational Units (CEU).

Dietary Restrictions

Due to the amount and various types of dietary needs, WDSRA will only provide an alternative option for meals when the program is preparing/making their own food. If the program is attending a special event or eating at a restaurant in the community, the family must look ahead at the menu and relay the participant's order to the head instructor upon arrival. You may be asked to send or make appropriate accommodations for your participant on occasion.



Americans with Disabilities Act (ADA) Grievance Procedure

The Western DuPage Special Recreation Association has established an internal grievance system for prompt and equitable resolution of grievances alleging any action by the Western DuPage Special Recreation Association that would be prohibited by the ADA or the applicable Title II Rules. Grievances should be directed to:

Superintendent of Inclusion & Risk Management, Compliance Officer, WDSRA

Mail: 116 N Schmale Road, Carol Stream, IL, 60188

Phone: 630-681-0962

Please call WDSRA to schedule a meeting.

Behavior Code

Participants, staff, volunteers, and parents are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make WDSRA's programs safe and enjoyable for everyone. Additional rules may be developed for particular programs and athletic leagues as deemed necessary by the staff. Staff, participants, volunteers, and parents shall:

- show respect to all participants, staff, volunteers, and parents
- refrain from using foul language
- refrain from causing bodily harm to other participants, staff, coaches, or parents
- demonstrate respect for equipment, supplies, and facilities
- represent WDSRA in a manner that is consistent with the goals, objectives, and ethics of the association

Say Cheese

WDSRA staff occasionally takes photographs or videos of participants for promoting/advertising our programs, services, events, activities, and facilities in our brochures, website or social media, and other promotional avenues. By registering for, participating in, or attending WDSRA programs, events, or other activities, the participant (or parent/guardian of a minor participant) irrevocably agrees to the use and distribution by WDSRA of his or her image (or of his minor child/ward) in photographs, video recordings, and any other electronic reproductions of such programs, events, and activities for any purpose without inspection or approval and without compensation, rights to royalties or any other consideration now and in the future.

WDSRA INFORMATION

Refund Procedure

Refund requests for all programs must be received no less than 2 weeks prior to the start of the program.

- If the withdrawal request is received prior to 2 weeks you will receive a refund minus \$10 drop fee, any pre-purchased supplies, and non-refundable deposits.
- A refund will not be given if the request is received less than 2 weeks prior to the start.
- Refunds will not be issued for missed classes.
- Cancellations for weekly programs will be rescheduled or a refund will be issued. Special Olympics weather refunds will be issued for missed games, but not for missed practices.
- A house credit will be issued for refunds of \$10 or less.
- Any variance to the refund procedures will be included in the program description.
- All refunds will be issued in the same form as payment was made.



Out of District Policies

Families living outside a WDSRA Park District member district and belonging to a neighboring SRA are welcome to register in WDSRA programs with no additional fee. During lottery registration, in-district families will be spun first, followed by out of district families. This would apply to NEDSRA, FVSRA, NWSRA, and SEASPAR residents.

- If you live within a community with a Park District that does not belong to a Special Recreation Association a 50% fee will be assessed per program.
- If you live in a community without a Park District or in an unincorporated area that falls outside of the Park District boundaries, a 50% fee will be assessed per program. An example of this would be Wayne residents and some parts of West Chicago.

Canceling Programs

- WDSRA staff will look at all circumstances beginning two hours before the starting time of the program or first pick-up to determine if the program should be canceled.
- If the program is canceled, program staff will attempt to reach all participants and staff by phone using the calling post messaging system to inform them of the cancellation.
- Missed programs due to weather are made up the week following the end of the program. If this is not possible, you will be issued a refund per program refund guidelines.

Weather Cancellation Policy

In the event of severe weather, WDSRA may decide to cancel programs in the best interest of our participants. The following guidelines will be used to determine cancellations:

WDSRA Weather Policy; In the event of severe weather, WDSRA may decide to cancel programs in the best interest of our participants. The following guideline is used to determine cancelations:

Severe Winter Weather: Outdoor programs or programs with transportation for people with physical disabilities: Temperature of 10 degrees or wind chill of 0 degrees or less. All other programs with transportation: Temperature of -5 degrees or wind chill of -15 degrees or less.

All programs (including indoor): Snowstorm or blizzard situations when driving restrictions and an emergency plan are in effect (winter or blizzard warnings).

REGISTRATION INFORMATION

Program Policies

When arriving at/departing from a program, parents are asked to check in with the staff person in charge of the program before leaving your child. WDSRA staff is not responsible for the supervision of participants who arrive prior to the start of the program. Also, if a participant is to be picked up by an unfamiliar guardian, neighbor, babysitter, etc. the parents are asked to notify the WDSRA staff person in charge of the program prior to the occurrence.

To provide for safe and meaningful learning experiences, a 1:3 staff-to-participant ratio is maintained for children's activities, a 1:4 ratio for teen activities, and a 1:6 ratio is maintained for adult activities. Some programs may have a higher ratio, depending on individual needs. When children of various ability/age levels are enrolled in the same program, WDSRA will group them according to their abilities.

If a program closes due to large enrollment, a paid waiting list of those interested will be kept. If space does not open in the program, your payment will be automatically refunded.

A class may be canceled if enrollment is less than five participants for children's programs and five participants for adult programs unless otherwise noted.

WDSRA requires a minimum of 3 participants at a pick-up location. Transportation will be canceled if the minimum is not met. You will be notified if this occurs for any program.

Neatly complete the registration form, filling in all appropriate spaces. Missing information will delay your registration. Phone-in registrations are not accepted.

Note: Registrations will not be processed if a fee balance remains from a previous season. Program fees will not be prorated for late registration. The scholarship request deadline is the same date set for resident registration.

If you have any questions on the registration day, call the office and we will direct you to the right individual to help you.

Online registration is the preferred method. It offers you the most up-to-date information on your programs and the ability to pay online at the time of registration.

Ways to Register:

- Online Registration (Preferred Option)
- Drop-off or Mail-before the start of registration, all mailed and dropped-off registration forms will be processed concurrently with online registrations and processed in random order.

Virtual Program Registration

Registration will be first-come, first-served for both residents and non-residents.

Individual Lesson Registration

Registration will be first come, first served for residents and non-residents.

In-Person Program Lottery Registration

All In-Person program registrations will be assigned once WDSRA "spins" the lottery, randomly assigning enrollments to the programs you have registered for. The lottery will be spun for Residents first, followed by Non-Residents. If the program has met the maximum number of participants, those not enrolled will be added to a waitlist. If you are placed on a waitlist and WDSRA can accommodate you safely, you will be enrolled in the program and notified. Program confirmations will be sent out by the end of December.

Annual Scholarships

The scholarship request process is intended to allow participants/ families who qualify for financial assistance to take part in recreation and leisure opportunities through the use of available funds. All funds for scholarships are obtained through the WDSRA Foundation's annual fundraising campaigns. Each year the amount available fluctuates based on the amounts received.

Scholarships are only available for residents of the association's nine-member park districts. Scholarships are awarded to participants who have completed the annual scholarship application and qualify for financial needs. Applications are accepted anytime during the year but all applications expire on December 31. Fifty percent of the program fee for three (3) programs per season may be awarded. Payment plans may be arranged if needed. For more specific guidelines regarding scholarships, please visit our website at www.wdsra.com and go to the links tab for WDSRA forms or contact the WDSRA office.

REGISTRATION FORM

Register online at www.wdsra.com

Mail: WDSRA, 116 N Schmale Rd., Carol Stream, IL 60188

Email: registration@wdsra.com

Phone: 630-681-0962

Are you	a new participant with WDSRA?
O Yes	O No

First Name:	Last N	Name:	Age: Bi	rthdate:	Gender:	
Address:		City:	Zip Code:			
Billing Address (if differ	ent than above):					
Primary Phone:	ary Phone: Dad Cell: Dad Cell:					
Parent/Guardian Name	Parent/Guardian Name(s): Disability:					
Primary Email:		Parl	k District:			
Emergency Contact:		Emergency Phone	:	T-Shir	t Size:	
FIRST NAME	PROGRAM NAME	PROGRAM CODE	PICK UP/DROP OFF	LOCATION	FEE	
					\$	
					\$	
					\$	
					\$	
					\$	
					\$	
YOU MUST SIGN AND DATE THIS FORM FOR YOUR REGISTRATION TO BE PROCESSED						
Printed Name of Po	erson Signing Form	Signature of pa	nrticipant (or parent/gua	rdian if under 1	8) Date	
		ion on the reverse of this ticipant, I further attest th	=	-		
CARDHOLDER NA	AME #	ACCOUNT NUMBER	EXP DATE	3 DIGIT	AMOUNT	

REGISTRATION INFORMATION

Western DuPage Special Recreation Association

Important Information

The Western DuPage Special Recreation Association (WDSRA) is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. WDSRA continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and /or skilled for activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way, or recently suffered an illness, injury, or impairment, to consult a physician before undertaking any physical activity.

Warning of Risk

Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Understandably, not all hazards and dangers can be foreseen. Participants must understand that certain risks, dangers, and injuries due to acts of God, inclement weather, slipping, falling, equipment failure, failure in supervision, premise defect, and all other circumstances inherent to recreational activities/programs exist. In this regard, it must be recognized that it is impossible for WDSRA to guarantee absolute safety.



Waiver and Release of All Claims and Assumption of Risk

Please read this form carefully and be aware that in the signing and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages, or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against WDSRA, including officials, agents, volunteers and employees (hereinafter collectively referred as WDSRA).

I do hereby fully release and forever discharge WDSDA from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ ward and arising out of, connected with, io in any way associated with this program/activity.

In the event of an emergency, I understand and authorize WDSRA staff and officials to secure from any licensed hospital, physician and/or medical personnel any treatment deemed necessary for immediate care for myself or minor/ward and agree that I will be responsible for payment of any and all medical services rendered.

Photo/Video Release

I hereby authorize and give my consent to WDSRA to photograph/video my child (or me) or to obtain outside photographs/video of my child (or me) participating in WDSRA activities/events/programs, and without limitation, to use such photographs/video in connection with promoting/advertising the services, programs, and facilities of WDSRA, without consideration of any kind.