



Drop In Center – January 2020

Dates: Every Wednesday
Program Time: 6:00pm - 8:30pm
Dinner: 6:00pm - 7:00pm
Activity: 7:00pm - 8:30pm
Fee: Free
Transportation: WDSRA provides transportation to and from the ARRCC, for up to 12 people, when we go on outings. You can also drive yourself and meet us there.

Location: Alfred Rubin Riverwalk Community Center (ARRCC)
Address: 305 W. Jackson Ave. Naperville
Age group: Adults 18 and older who have a primary diagnosis of mental illness



In cooperation with the National Alliance on Mental Illness (NAMI) and Western DuPage Special Recreation Association (WDSRA).

January 1	No Program – Happy New year!		
January 8	NAMI Dinner Birthday & Visiting Artist Night <u>Alfred Rubin Riverwalk Community Center, 305 W. Jackson Ave.</u> We will celebrate January birthdays with some cake after dinner. We will also welcome visiting artist Kristen Doty who will lead us in a wonderful art activity.	ARRCC Dinner: ARRCC Activity:	6:00-7:00pm 7:00-8:30pm
January 15	NAMI Dinner Bowling <u>Alfred Rubin Riverwalk Community Center, 305 W. Jackson Ave,</u> <u>Bowlero 1515 Aurora Ave, Naperville</u> After dinner we will head out for a game of bowling! See if you can get a spare or better yet a strike as you socialize with your friends. WDSRA will pay for bowling but please bring your own money if you wish to purchase any drinks or snacks.	ARRCC Dinner: Drive: ARRCC Activity: ARRCC-Drop off	6:00-7:00pm 7:00pm 7:15-8:30pm 8:45pm
January 22	NAMI Dinner Super Bowl Party with Benet Volunteers <u>Alfred Rubin Riverwalk Community Center, 305 W. Jackson Ave,</u> Tonight come dressed in your favorite football gear! February 2 nd is the Super Bowl so why not celebrate with some games!	ARRCC Dinner: ARRCC Activity:	6:00-7:00pm 7:00-8:30pm
January 29	NAMI Dinner Game Night <u>Alfred Rubin Riverwalk Community Center, 305 W. Jackson Ave,</u> After dinner we will have several board games for you to choose from and play with your friends. If you have a board game at home you would like to bring, please feel free to do so.	ARRCC Dinner: ARRCC Activity:	6:00-7:00pm 7:00-8:30pm

Please contact Emily Ackerman at (630) 681-0962 ext. 559 or email emilya@wdsra.com for more information.