

Participant Wellness Guide

In consideration of other participants, WDSRA staff and to prevent the spread of contagious illnesses, it is recommended that participants refrain from attending programs when any of the following conditions exist:

1. Fever of 100 degrees or higher.
2. Vomiting within the last 24 hours.
3. Persistent diarrhea in conjunction with other symptoms.
4. Contagious rash or a rash of unknown origin.
5. Persistent cough and/or cold symptoms.
6. Pink eye (conjunctivitis) or discharge from the eye.
7. Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo or coxsackie's.
8. Runny nose with yellow or green discharge (which indicates infection).
9. Lice or mites.
10. Fatigue, due to illness, that will hinder participation or enjoyment of the program.

Families are asked to notify the WDSRA office if the participant contracts any contagious illness that will affect his/her attendance at the program. Participants should return to programs at the doctor's recommendation, or, if not under the doctor's care, when the symptoms have clearly passed.