

Rec & Roll

A DAY PROGRAM OF WDSRA

Rec & Roll Fountain View Schedule **AUGUST 2026**

Monday 8/3	Tuesday 8/4	Wednesday 8/5 Snack Provided	Thursday 8/6 Bring Swim Gear	Friday 8/7
Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
How Was Your Weekend?	Story Time	Funny Wednesday	Trivia Thursday	Fun Fact Friday
Weather Report	Weather Report	Weather Report	Weather Report	Weather Report
Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up
Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
<i>All Site</i> Glen Ellyn Lakers Soccer Day 	<i>FH</i> Clow Airport 	<i>In House</i> Cooking Day 	Turtle Splash 	<i>In House</i> Western Day 
Lunch	Lunch	Lunch	Lunch	Lunch
Soccer Skills & Drills with the team	Check Out Old & New Cessna Planes	Gourmet Bread & Fruit Kabobs	Ride the Tube Slides & Soak up the Sun	Boot Toss & DIY Bandanas
Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home

Please call and/or email any absences to your Head Instructor before the program begins at 9:00 am. The best time to call is between 8:30 am and 9:00 am.

Email: recandrollfv@wdsra.com; Phone: 630-384-8564

Bring a non-perishable lunch unless noted otherwise.

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Monday 8/10	Tuesday 8/11 Treat Provided	Wednesday 8/12 Bring Swim Gear	Thursday 8/13	Friday 8/14
Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
How Was Your Weekend?	Story Time	Funny Wednesday	Trivia Thursday	Fun Fact Friday
Weather Report	Weather Report	Weather Report	Weather Report	Weather Report
Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up
Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
Pay it Forward Day at WDSRA 	Petit Three Donut Shop 	^{NAP} Centennial Beach 	Concert at Old Town Park 	^{CS} Field Day 
Lunch	Lunch	Lunch	Lunch	Lunch
Fancy Cards & Friendship Baskets	Afternoon Stroll through Red Oak Nature Center	Sandcastles & Summer Goodbyes	Jam to the Oldies with Friends	Relay Races & Walkie Chalk
Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home

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Monday 8/17	Tuesday 8/18	Wednesday 8/19	Thursday 8/20 Bring Swim Gear	Friday 8/21
Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
How Was Your Weekend?	Story Time	Funny Wednesday	Trivia Thursday	Fun Fact Friday
Weather Report	Weather Report	Weather Report	Weather Report	Weather Report
Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up
Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
<i>NAP</i> Primrose Farm 	Scavenger Hunt at Woodfield Mall 	Air Classics Museum 	<i>In House</i> Swimming at Fountain View 	<i>WTN</i> Green Valley Mini Golf 
Lunch	Lunch	Lunch	Lunch	Lunch
Feed the Cows & Take a Hayride	Product Search & Selfie Contest	Tour the Airplane Park & Fly Paper Planes	Knockout Basketball Competition	Hit the Clown Nose for a Free Game
Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home

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Monday 8/24 Optional: Bring your own money	Tuesday 8/25 Lunch Provided	Wednesday 8/26 Lunch Provided	Thursday 8/27	Friday 8/28
Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
How Was Your Weekend?	Story Time	Funny Wednesday	Trivia Thursday	Fun Fact Friday
Weather Report	Weather Report	Weather Report	Weather Report	Weather Report
Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up
Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
Town House Café 	Lunch at Honey Jam 	<i>All Site</i> Rec & Roll Survivor 	<i>GE</i> End of Summer Party at Ackerman 	<i>In House</i> Music Therapy with Olive 
Lunch	Lunch	Lunch	Lunch	Lunch
Group Stories & Book Creations	Play Yahtzee & Make Team Flags	Hot Dog Cart, Team Competitions & Awards	Wiffle Ball & Target Tosses	Sand Art Murals & Jars
Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home

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Monday 8/31	Tuesday	Wednesday	Thursday	Friday
Greetings and Free Time	Calendars for September will be sent out one week prior to the new month starting			
How Was Your Weekend?				
Weather Report				
Stretch & Warm Up				
Walk Indoor Track				
WTN Farmers Market				
				
Lunch				
Peruse the Tents & Lounge at Nike Park				
Clean Up and Get Ready to Go Home				

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