



A DAY PROGRAM OF WDSRA

# Carol Stream March 2019

WDSRA office, 116 N Schmale Rd, Carol Steam. 630-384-8565

Mon	Tue	Wed	Thu	Fri
<p>Rec &amp; Roll skill building this month is: Nutrition Importance</p>				<p>1 <i>Nap, CS, GE, &amp; Wtn @ CS</i> Dr. Seuss Day! Reading Dr. Seuss and Making Green Eggs &amp; Ham <b>Bring your lunch</b></p>
<p>4 <i>CS &amp; Wtn at CS</i> 9:30am grocery shopping 11-1pm cooking skills <b>Do not bring lunch</b></p>	<p>5 Mardi Gras &amp; Fat Tuesday! Making Crafts and Sweet Treats <b>Bring your lunch</b></p>	<p>6 <i>Nap &amp; CS</i> Cernan Space Center Learning about our solar system <b>Bring your lunch</b></p>	<p>7 <i>Nap, CS, GE, &amp; Wtn</i> 10:30am Bowling League at Fox Bowl 2 Games of bowling <b>Bring your lunch</b></p>	<p>8 <i>Nap, CS, GE, Wtn &amp; FH</i> "You're a good man, Charlie Brown" @ Drury Lane <b>Bring \$10</b> <b>Bring your lunch</b></p>
<p>11 <i>CS &amp; Wtn at CS</i> Celebrating Nutrition Month Healthy Plate Craft Healthy Snack <b>Bring your lunch</b></p>	<p>12 <i>CS &amp; Wtn at Wtn</i> Plant a Flower Day! Planting Flowers and Making Dirt Cake! <b>Bring your lunch</b></p>	<p>13 Getting together with SEASPAR Eagles @WDSRA St. Patrick's Day Crafts <b>Bring your lunch</b></p>	<p>14 <i>Nap, CS, GE, &amp; Wtn</i> Ninja Academy Pie (<math>\pi</math>) Day! Mini Pie Dessert! <b>Bring your lunch</b></p>	<p>15 <i>Nap &amp; CS @ FH</i> Sham "Rock" Shuffle Track &amp; Field Games! <b>Bring your lunch</b></p>
<p>18 <i>Nap, CS, GE, &amp; Wtn</i> Surprise Movie! <b>Bring your lunch</b> (Optional; Bring at least \$15 for Concessions)</p>	<p>19 Expression's Dance Studio 11:15 AM Dance Class Wear comfortable clothing <b>Bring your lunch</b></p>	<p>20 11:45am Fit &amp; Fun Aerobics at Fountain View <b>Dress to exercise</b> <b>Bring your lunch</b></p>	<p>21 <i>Nap, CS, GE, FH, &amp; Wtn</i> Rec &amp; Roll Final Four Basketball Tournament @ WTN <b>Bring your lunch</b></p>	<p>22 <i>Nap, CS, GE, &amp; Wtn</i> March Madness Lunch Out at Village Tavern! <b>Bring \$10</b> <b>Do not bring lunch</b></p>
<p>25 <b>Spring break</b> <b>No Rec &amp; Roll</b></p>	<p>26 <b>Spring break</b> <b>No Rec &amp; Roll</b></p>	<p>27 <b>Spring break</b> <b>No Rec &amp; Roll</b></p>	<p>28 <b>Spring break</b> <b>No Rec &amp; Roll</b></p>	<p>29 <b>Spring break</b> <b>No Rec &amp; Roll</b></p>