

# August 2023



A DAY PROGRAM OF WDSRA

Monday		Tuesday		Wednesday		Thursday		Friday	
		<b>1</b> Vintage Day Visit Antique Shop Mindful Walk at Park		<b>2</b> Morning Hike Lunch at Chili's Restaurant Creative Time <b>Lunch Provided</b>		<b>3</b> In-House Movie Day Make a Movie Snack Create a Movie Scene		<b>4</b> Swimming At Coral Cove With RRGE <b>Bring swim stuff</b>	
<b>7</b> Tae Kwon Do Music Art With RRWIN		<b>8</b> Master Gardeners Visit Park Lunch With RRWTN		<b>9</b> Blackwell Forest Preserve Paddle Boating Picnic		<b>10</b> Outdoor Scavenger Hunt Picnic With RRFV		<b>11</b> St. Charles Riverboat Ride Decorate Visors With RRGE, RRWIN & RRFV	
<b>14</b> Outdoor Field Day Hosted by NISRA with RRWIN, RRGE & RRFV		<b>15</b> Shop & Cook Plan menu & prepare Explore Creativity <b>Lunch Provided</b>		<b>16</b> Geocaching Lincoln Marsh Picnic		<b>17</b> Morning Brain Teaser Glen Ellyn Farmers Market Butterfly Craft		<b>18</b> WWE Day Themed Games With RRFV	
<b>21</b> Fitness Class Clay Art Project Outdoor Games		<b>22</b> Soccer Clinic Glen Ellyn Lakers All R&R Sites <b>Wear Proper Attire &amp; shoes</b>		<b>23</b> End of Summer BBQ At Churchill Woods All R&R Sites <b>Lunch Provided</b>		<b>24</b> Music Day Music Therapy Imagination Station		<b>25</b> Environment Day Visit Brookfield Zoo How to Help the Planet	
<b>28</b> Monday Hangout Make a Gift SEASPAR EAGLES		<b>29</b> Share Your Hobby Explore Hobbies Try something new		<b>30</b> Rec & Roll News Day Create A News Show Write & Film		<b>31</b> Sensory Thursday Peck Farm Picnic			
		<p><b>Notes</b> Please bring a <b>cold lunch</b> on picnic &amp; swim days</p>							