

Rec and Roll Carol Stream-116 N Schmale Rd Carol Stream; (630)-384-8565

October 2026

Rec & Roll

A DAY PROGRAM OF **WDSRA**

Monday		Tuesday		Wednesday		Thursday		Friday	
28		29		30		1		2	
						Shopping Day Spirit Halloween Picture Frame Craft		Bowling & Friends Stardust Bowling Resistance Band Workout Bring Cold Lunch	
5		6		7		8		9	
In House				GE/FH/WTN		GE			
Pumpking Painting Sports Skills Day Special Guests Snack Provided		Fall Color Walk Blackwell Forest preserve Nautre Scavanger Hunt Bring Cold Lunch		St. Charles Paddlewheel Riverboat Tour Lunch at Potawatomi Park Bring Cold Lunch		Bingo Glen Ellyn Park District Monster Coffee Filter Craft Bring Cold Lunch		Scarecrow Fest Vote on Scarecrows Lunch at Flagship on the Fox Lunch Provided	
12		13		14		15		16	
WIN		In House				In House			
Chicago Botanic Garden Fall Flower Exploration Drumming Workout Bring Cold Lunch		Master Gardeners DIY Ghost Candles Plant Fall Garden		Book Club Read "The Bad Guys" Pumpkin Carving		Cooking Skills with Katie R&R Recipe Book Crockpot Lunch Lunch Provided		Yoga Class Baking Muffins For Gifts Appreciation Cards	
19		20		21		22		23	
				In House				NAP	
Fountain View Fitness "Are You Smarter Than" Game Show Day		Supply Shopping Taste Test Apples Caramel Apple Cups Snack Provided		Back To the Future Day 1985 News Room Game Watch "Back To the Future"		Carol Stream Library Put Together Soup Kits Participant Led Workout		Kuipers Pumpkin Patch Corn Maze Barn Store Shopping Optional Bring \$\$	
26		27		28		29		30	
						All Sites		In House	
Visit with SEASPAR National Pumpkin Day Paint Fall Tote Bags		Chicago Wolves Game vs. Manitoba Moose All State Arena Bring Cold Lunch		NEDSRA Halloween Party Dancing & Games Meet New Friends Bring Cold Lunch		Halloween Party Costume Contest Dancing & Crafts Bring Cold Lunch		Office Trick or Treating Sensory Game Halloween Jeopardy	
		Notes							