



A DAY PROGRAM OF WDSRA

Rec & Roll Fort Hill schedule: March

Bring a water bottle, and a non perishable lunch daily.

There will always be a rain plan in place.

Rec & Roll Fort Hill Email/Phone: recandrollfh@wdsra.com, 630.995.8944

Time	Monday 3/4	Tuesday 3/5	Wednesday 3/6	Thursday 3/7	Friday 3/8
9:00am-9:15am	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	Check in & Get ready for the day
9:15am-9:30am	Story Series	Today in History	Current Events	Word of the Day	PLEASE ARRIVE AT 9AM BUS LEAVES AT 910AM
9:30am-10:00am	Ride the Bus...	Celebrate Fat Tuesday!	Healthy Snack	Ride the Bus...	Ride the Bus...
10:15am-11:00am	Trip to Michael's	Decorate Masks	Ride the Bus...	95th Street Library	You're a Good Man Charlie Brown at Drury Lane Theater
11:00am-11:45am	Buy Decorations and Decorate King's Cakes	Dance Party	Yoga Class at Essencia Yoga	Head Back to FH	Enjoy the Show!
12:00pm-12:45pm	Lunch	Lunch	Head Back to FH	Lunch	Head Back to FH
1:00pm-1:45 pm	Open Gym	Fitness Class at FH	Lunch	Walk Indoor Track	Lunch
1:45pm-2:00pm	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home



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Time	Monday 3/11	Tuesday 3/12	Wednesday 3/13	Thursday 3/14	Friday 3/15
9:00am- 9:15am	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time
9:15am- 9:30am	Story Series	Word of the Day	Weather Report	Current Events	Today in History
9:30am- 10:00am	Ride the Bus...	Review Shapes and Colors	Ride the Bus...	Ride the Bus...	Ride the Bus...
10:15am- 11:00am	Grocery Shopping at Target	Host GE Friends	Party City Trip	Top Golf with FV	Phillip's Park Zoo
11:00am- 12:00pm	Make Taco Bowls at 95th Street Center	Decorate Pillow	Head Back to FH and Decorate for St Patrick's Day	Head Back to FH	Head Back to FH
12:00pm- 12:45pm	NO LUNCH NEEDED	Lunch	Lunch	Lunch	Lunch
1:00pm- 1:45 pm	Head Back to FH	Walk Indoor Track	Open Gym	Walk Indoor Track	Open Gym
1:45pm- 2:00pm	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home



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Time	Monday 3/18	Tuesday 3/19	Wednesday 3/20	Thursday 3/21	Friday 3/22
9:00am- 9:15am	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time	Check in & Get ready for the day, free time
9:15am- 9:30am	Story Series	Current Events	Word of the Day	Today in History	Weather Report
9:30am- 10:00am	Ride the Bus...	Ride the Bus...	Ride the Bus..	Ride the Bus...	Host STEPS
10:15am- 11:00am	Celebrate St Patrick's Day at FV	Trip to the Movies	Celebrate the Spring Solstice with FV at...	Bowling with FV at Fox Bowl	Decorate Flower Pots
11:00am- 11:45am	St Patrick's Day Movie	Money for Concessions Optional	The Morton Arboretum	Game One	Lunch
12:00pm- 12:45pm	Lunch and Shamrock Shakes	Enjoy the Show!	Picnic Lunch	Lunch	Plant Flower Pots
1:00pm- 1:45 pm	Head Back to FH	Head Back to FH	Head Back to FH	Finish Bowling and Head Back to FH	Open Gyn
1:45pm- 2:00pm	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home	Clean Up & Get ready to go home

**** Rec & Roll Spring Break: March 25th-29th - No Program**