

Rec & Roll

A DAY PROGRAM OF WDSRA

REC & ROLL FORT HILL APRIL 2026 SCHEDULE:

Monday 03/30	Tuesday 03/31	Wednesday 04/01	Thursday 04/02	Friday 04/03
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Spring Break

see you in APRIL!








Please call and/or email any absences to your head instructor before the program begins at 9:00 am. The best time to call is between 8:30 am and 9:00 am. Bring a non-perishable lunch unless otherwise noted.
Email: recandrollfh@wdsra.com; Phone: 630.384.8575

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REC & ROLL FORT HILL APRIL 2026 SCHEDULE:

Monday 04/06 <i>In-House Day</i>	Tuesday 04/07	Wednesday 04/08 <i>Snack Provided</i>	Thursday 04/09	Friday 04/10
Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time
Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches
Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break
Pick a Movie S.T.E.A.M. Activity Calm Bouncy Balls 	Naperville Library Buzzy Bee Craft Fitness Class: Mrs. Lisa 	Blain's Farm & Fleet Check Out Store Sweet Treat 	Fox Bowl Bowl 1 Game Stella's Pizza Pub 	<i>RRGE</i> Baseball Fever Kickball Game Baseball Craft <i>Wear your favorite team attire</i> 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Afternoon Group Activity	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill
Wind-Down Activity	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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REC & ROLL FORT HILL APRIL 2026 SCHEDULE:

Monday 04/13	Tuesday 04/14	Wednesday 04/15	Thursday 04/16	Friday 04/17 Lunch Provided
Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time
Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches
Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break
Oakhurst Forest Preserve Egg Hunt Race Park Clean Up 	<i>RRFV</i> Earth Day Celebration Earth Crafts Recycle Game 	Funway Center Arcade Games Mystery Project 	DoodleBug Workshop Wood Project Creation Local Park 	Giordano's Pizza Practice Ordering Local Park 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill
Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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REC & ROLL FORT HILL APRIL 2026 SCHEDULE:

Monday 04/20	Tuesday 04/21 Lunch Provided	Wednesday 04/22 <i>In-House Day</i>	Thursday 04/23	Friday 04/24
Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time
Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches
Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break
<i>All Sites</i> Rec & Roll Prom Fun Crafts & Games Dance Party 	<i>RRCS</i> Friendship Art Group Moral Jewel-Osco Store BLT/Chips/Fruit/Drink 	Galaxy Quest Exploring Galaxy Moonwalk Freeze Dance Straw Rocket Project 	<i>RRNAP</i> Trip to the Movies Super Mario Galaxy Mario Star Craft 	Downtown St. Charles Self-Tour History Local Park 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill	Travel Back to Fort Hill	Afternoon Group Activity	Travel Back to Fort Hill	Travel Back to Fort Hill
Afternoon Activities	Afternoon Activities	Wind-Down Activity	Afternoon Activities	Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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REC & ROLL FORT HILL APRIL 2026 SCHEDULE:

Monday 04/27	Tuesday 04/28	Wednesday 04/29	Thursday 04/30	Friday 05/01
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Season Break

2026/2027 REC & ROLL Year Begins on Monday, May 4, 2026

see you in May!



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