Rec & Roll

A DAY PROGRAM OF WDSRA

REC & ROLL FORT HILL DECEMBER 2026 SCHEDULE:

Monday 11/30 Outdoor Activity	Tuesday 12/01 *In-House Day*	Wednesday 12/02	Thursday 12/03	Friday 12/04 *Lunch Provided*
Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time
Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches
Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break
RRNAP Holiday Shopping Chicago Premium Outlet Food Court Lunch *Optional: $$ for Lunch or Gifts* 	Grinch Day! Craft & Activity Watch Classic Movie 	Local Lanes Bowl 1 Game Lunch at Alley 	*RRFV* Retro Game Day at Wheaton R&R Room Wii Games & Activity 	Cracker Barrel Restaurant Dollar Tree Store Toys for Tots Donation 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill Afternoon Activities	Afternoon Group Activity Wind-Down Activity	Travel Back to Fort Hill Afternoon Activities	Travel Back to Fort Hill Afternoon Activities	Travel Back to Fort Hill Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

Please call and/or email any absences to your head instructor before the program begins at 9:00 am.
The best time to call is between 8:30 am and 9:00 am. Bring a non-perishable lunch unless otherwise noted.
Email: recandrollfh@wdsra.com; Phone: 630.384.8575

Rec & Roll

A DAY PROGRAM OF WDSRA

REC & ROLL FORT HILL DECEMBER 2026 SCHEDULE:

Monday 12/07 Outdoor Activity	Tuesday 12/08	Wednesday 12/09 *Lunch Provided*	Thursday 12/10	Friday 12/11
Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time
Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches
Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break
RRNAP Cosley Zoo Check Out Animals Holiday Displays 	Local Movie Theater Hexed Movie Popcorn Treat 	*All Sites* Ugly Sweater Party Holiday Activities Ugly Sweater Contest *Wear Ugly Sweater Attire* 	*RRGE* Main St Recreation Center Holiday Group Activity BINGO Game 	*All Sites* The Venue Merry Janes Concert Enjoying Holiday Tunes 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill Afternoon Activities	Travel Back to Fort Hill Afternoon Activities	Travel Back to Fort Hill Afternoon Activities	Travel Back to Fort Hill Afternoon Activities	Afternoon Group Activity Wind-Down Activity
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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A DAY PROGRAM OF WDSRA

REC & ROLL FORT HILL DECEMBER 2026 SCHEDULE:

Monday **12/14** *In-House Day*	**Tuesday** **12/15**	**Wednesday** **12/16** **9:00AM Departure**	**Thursday** **12/17**	**Friday** **012/18** Outdoor Activity
Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time
Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches
Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break
Holiday Traditions Around the World Festive Activities 	*RRWTN* Winfield Kitchen Bake & Decorate Cookies Holiday Activity 	*RRWIN/RRFV* Chicago Wolves Game at Allstate Arena Let's Go Wolves! 	*RRWIN* Holiday Caroling at Round 1 Holiday Decorations *Optional: $$ for lunch* 	*RRCS* Lilica Park Holiday Display Holiday Light Craft 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Afternoon Group Activity Wind-Down Activity	Travel Back to Fort Hill Afternoon Activities	Travel Back to Fort Hill Afternoon Activities	Travel Back to Fort Hill Afternoon Activities	Travel Back to Fort Hill Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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Rec & Roll

A DAY PROGRAM OF WDSRA

REC & ROLL FORT HILL DECEMBER 2026 SCHEDULE:

Monday 12/21	Tuesday 12/22	Wednesday 12/23	Thursday 12/24	Friday 12/25
No Rec & Roll this week!				

Please call and/or email any absences to your head instructor before the program begins at 9:00 am.
The best time to call is between 8:30 am and 9:00 am. Bring a non-perishable lunch unless otherwise noted.
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Rec & Roll

A DAY PROGRAM OF WDSRA

REC & ROLL FORT HILL DECEMBER 2026 SCHEDULE:

Monday 12/28	Tuesday 12/29	Wednesday 12/30	Thursday 12/31	Friday
No Rec & Roll this week!				

Please call and/or email any absences to your head instructor before the program begins at 9:00 am.
The best time to call is between 8:30 am and 9:00 am. Bring a non-perishable lunch unless otherwise noted.
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