

# Rec & Roll

A DAY PROGRAM OF **WDSRA**

## REC & ROLL FORT HILL FEBRUARY 2026 SCHEDULE:

Monday 02/02	Tuesday 02/03	Wednesday 02/04	Thursday 02/05 <i>In-House Day</i> <b>Snack Provided</b>	Friday 02/06 <b>Snack Provided</b>
Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
Weekend Chat Calendar Updates	Question of the Day Calendar Updates	Weather Wednesday Calendar Updates	Today in History Calendar Updates	Fun Fact Friday Calendar Updates
Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track
Disc Replay Music Tune BINGO Records Craft 	Oswego Library Read Books Groundhog Day Craft 	DuPage Wildlife Center Nature Center Decorate Birdfeeders 	<i>Remember the Titans Movie</i> Predict Super Bowl Squares Appetizer Treat <i>Optional: Wear football attire</i> 	Target Store 2k Walk/Gym Time Heart Healthy Treat <i>Optional: Wear red shirt</i> 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Afternoon Group Activity	Travel Back to Fort Hill
Afternoon Activities	Afternoon Activities	Afternoon Activities	Wind-Down Activity	Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

Please call and/or email any absences to your head instructor before the program begins at 9:00 am.  
The best time to call is between 8:30 am and 9:00 am. Bring a non-perishable lunch unless otherwise noted.

Email: [recandrollfh@wdsra.com](mailto:recandrollfh@wdsra.com); Phone: **630.384.8575**



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## REC & ROLL FORT HILL FEBRUARY 2026 SCHEDULE:

Monday 02/09	Tuesday 02/10	Wednesday 02/11 <i>In-House Day</i> <b>Snack Provided</b>	Thursday 02/12 <b>Snack Provided</b>	Friday 02/13 <b>Lunch Provided</b>
Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
Weekend Chat	Question of the Day	Weather Wednesday	Today in History	Fun Fact Friday
Calendar Updates	Calendar Updates	Calendar Updates	Calendar Updates	Calendar Updates
Warm Up Stretches	Warm Up Stretches	Warm Up Stretches	Warm Up Stretches	Warm Up Stretches
Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
Local Alley Bowl 1 Game Bowling Ball Craft 	RRWTN Cool Creations Winter Craft Activity Games on Turf 	Mardi Gras Day Games & Craft Special Treat Optional: Wear Mardi Gras Attire 	RRWIN Season of Love Heart Games & Crafts Edible Project Optional: Wear Valentine's Attire 	All Sites Valentine's Day Party Games & Crafts Dance Party Optional: Wear Valentine's Attire 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill	Travel Back to Fort Hill	Afternoon Group Activity	Travel Back to Fort Hill	Travel Back to Fort Hill
Afternoon Activities	Afternoon Activities	Wind-Down Activity	Afternoon Activities	Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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## REC & ROLL FORT HILL FEBRUARY 2026 SCHEDULE:

Monday 02/16	Tuesday 02/17	Wednesday 02/18	Thursday 02/19 <b>Lunch Provided</b>	Friday 02/20
<b>NO PROGRAM</b>  <b>PRESIDENT'S DAY</b>  	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
	Question of the Day	Weather Wednesday	Today in History	Fun Fact Friday
	Calendar Updates	Calendar Updates	Calendar Updates	Calendar Updates
	Warm Up Stretches	Warm Up Stretches	Warm Up Stretches	Warm Up Stretches
	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
	RRGE Lunar New Year Year of Animal. Game Paper Lantern Craft 	Lombard Fitness Go Fish Game Pet Craft 	Red Robbin Practicing Ordering Cabala's Store 	RRCS Yoga Exercises Meditation Time Homemade Sugar Scrub 
	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill
	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities
	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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## REC & ROLL FORT HILL FEBRUARY 2026 SCHEDULE:

Monday 02/23	Tuesday 02/24 <i>In-House Field Trip</i> <b>Snack Provided</b>	Wednesday 02/25 <b>Lunch Provided</b>	Thursday 02/26 <b>Snack Provided</b>	Friday 02/27 <b>In-House Day</b>
Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
Weekend Chat  Calendar Updates	Question of the Day  Calendar Updates	Weather Wednesday  Calendar Updates	Today in History  Calendar Updates	Fun Fact Friday  Calendar Updates
Warm Up Stretches  Walk Indoor Track	Warm Up Stretches  Walk Indoor Track	Warm Up Stretches  Walk Indoor Track	Warm Up Stretches  Walk Indoor Track	Warm Up Stretches  Walk Indoor Track
<b>Trip to Movies</b> <b>Goat Movie</b> <b>Basketball Craft</b>  	<b>RRNAP</b>  <b>Carnival Day</b> <b>Games &amp; Crafts</b> <b>Carnival Snacks</b>  	<b>Jewel Osco Store</b> <b>Tortellini w/ Sauce &amp; Garlic Bread</b> <b>Strawberry Shortcake</b> <b>Mystery Fun Craft Project</b>  	<b>RRFV</b>  <b>Home Theater</b> <b>Home Theater Movie</b> <b>Popcorn Treat</b> <b>Gym Time</b>  	<b>Cherry, Cherry Day</b> <b>Cherry Story &amp; Craft</b> <b>Pin the Cherry on Tree</b>  
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill	Afternoon Group Activity	Travel Back to Fort Hill	Travel Back to Fort Hill	Afternoon Group Activity
Afternoon Activities	Wind-Down Activity	Afternoon Activities	Afternoon Activities	Wind-Down Activity
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**2026/27 Early Bird Registration for In-district opens 2/12 & closes 2/15**

**Early Bird Lottery Spin on 2/16**

**Regular Registration opens on 2/16 & closes 2/22. Lottery spin on 2/23**

**All confirmations sent on 3/6**