

# Rec & Roll

A DAY PROGRAM OF WDSRA

## REC & ROLL FORT HILL JULY 2026 SCHEDULE:

Monday 06/29 Outdoor Activity	Tuesday 06/30 <i>In-House Day</i>	Wednesday 07/01 Outdoor Activity	Thursday 07/02 Walking Field Trip <b>Lunch Provided</b>	Friday 07/03
Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	<p style="text-align: center;"><b>NO PROGRAM</b></p> 
Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	
Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	
Kline Creek Farm Animals & Flowers Picnic Lunch 	Ocean Day Virtual Aquarium View Ocean Craft & Games 	<i>RRWTN</i> Field of Honor Seven Gables Park Picnic Lunch 	Chili's Restaurant Practice Ordering Lunch Red, White & Blue Activity 	
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	
Travel Back to Fort Hill Afternoon Activities	Afternoon Group Activity Wind-Down Activity	Travel Back to Fort Hill Afternoon Activities	Afternoon Group Activity Wind-Down Activity	
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	

Please call and/or email any absences to your head instructor before the program begins at 9:00 am.  
The best time to call is between 8:30 am and 9:00 am. Bring a non-perishable lunch unless otherwise noted.

Email: [recandrollfh@wdsra.com](mailto:recandrollfh@wdsra.com); Phone: 630.384.8575



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## REC & ROLL FORT HILL JULY 2026 SCHEDULE:

Monday 07/06 Outdoor Activity	Tuesday 07/07 Snack Provided	Wednesday 07/08 In-House Day	Thursday 07/09 In-House Day	Friday 07/10 Swimming Outdoor Activity
Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time
Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches
Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break
<i>RRWIN</i> DuPage Wildlife Center Explore Center & Path Picnic Lunch 	<i>RRWTN</i> Trip to the Movies <i>Minions &amp; Monsters</i> Movie Popcorn Treat 	Penny Lane Pennsylvania History Tour Virtual Ride Hershey Park Guitar Craft Project 	Mystery Activity w/ Surprise Guest Choice of In-House Movie Summer BINGO Game 	Carol Cove Pool Swim & Lunch Swimsuit, Towel & Change of Clothes 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill Afternoon Activities	Travel Back to Fort Hill Afternoon Activities	Afternoon Group Activity Wind-Down Activity	Afternoon Group Activity Wind-Down Activity	Travel Back to Fort Hill Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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Monday 07/13 <b>In-House Day</b> <b>Snack Provided</b>	Tuesday 07/14 Outdoor Activity	Wednesday 07/15	Thursday 07/16 Outdoor Activity	Friday 07/17 Outdoor Activity
Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time
Daily Overview  Warm Up Stretches	Daily Overview  Warm Up Stretches	Daily Overview  Warm Up Stretches	Daily Overview  Warm Up Stretches	Daily Overview  Warm Up Stretches
Walk Indoor Track  Bathroom Break	Walk Indoor Track  Bathroom Break	Walk Indoor Track  Bathroom Break	Walk Indoor Track  Bathroom Break	Walk Indoor Track  Bathroom Break
<i>RRCS</i> Music Therapy w/ Olive Disney Fun Activity Dole Whip Treat 	Stone Creek Mini Golf Round of Mini Golf Picnic Lunch 	Half Priced Books Browse at Books 95 <sup>th</sup> St Park 	Dog Days Statues Downtown Naperville Riverwalk Park 	Lyman Woods Guide to 100 Acres Woods Hike & Picnic Lunch 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Afternoon Group Activity	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill
Wind-Down Activity	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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**REC & ROLL FORT HILL JULY 2026 SCHEDULE:**

Monday 07/20 <b>Swimming</b> Outdoor Activity	Tuesday 07/21 Outdoor Activity	Wednesday 07/22 <i>In-House Day</i>	Thursday 07/23 Outdoor Activity	Friday 07/24 Outdoor Activity
Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time
Daily Overview	Daily Overview	Daily Overview	Daily Overview	Daily Overview
Warm Up Stretches	Warm Up Stretches	Warm Up Stretches	Warm Up Stretches	Warm Up Stretches
Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
Bathroom Break	Bathroom Break	Bathroom Break	Bathroom Break	Bathroom Break
Turtle Splash Pool Swim & Lunch Swimsuit, Towel & Change of Clothes 	<i>RRNAP</i> Peck Farm Park Butterfly House Hike & Picnic Lunch 	Western Day Western Tag Game Western Craft Line Dancing Fun 	Clocktower Mini Golf Round of Mini Golf Picnic Lunch 	<i>RRFV</i> DuPage County Fair Enjoying Fairgrounds Picnic Lunch 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill	Travel Back to Fort Hill	Afternoon Group Activity	Travel Back to Fort Hill	Travel Back to Fort Hill
Afternoon Activities	Afternoon Activities	Wind-Down Activity	Afternoon Activities	Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home




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Monday 07/27 <i>In-House Day</i>	Tuesday 07/28 <i>Outdoor Activity</i>	Wednesday 07/29 <i>Lunch Provided</i> <i>Outdoor Activity</i>	Thursday 07/30 <i>In-House Day</i>	Friday 07/31
Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time
Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches
Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break
Holidays in July Paint Pine Tree Craft Holidays BINGO Gift Box Toss Game 	<i>RRGE</i> Cosley Zoo Zoo Animal Hunt Game Picnic Lunch 	<i>RRNAP/GE/WTN/CS</i> Kane County Cougars Baseball Game <i>Lunch: Hot Dog, Chips &amp; Drink</i> 	Mystery Activity w/ Special Guest Soarin Around the World Build Your Own Landscapes 	Parkside Lanes Bowl 1 Game Picnic Lunch 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Afternoon Group Activity Wind-Down Activity	Travel Back to Fort Hill Afternoon Activities	Travel Back to Fort Hill Afternoon Activities	Afternoon Group Activity Wind-Down Activity	Travel Back to Fort Hill Afternoon Activities
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