



A DAY PROGRAM OF **WDSRA**

REC & ROLL FORT HILL **NOVEMBER 2025** SCHEDULE:

Monday 11/03 In-House Day Lunch Provided	Tuesday 11/04 In-House Day Snack Provided	Wednesday 11/05	Thursday 11/06 Swimming	Friday 11/07
Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
Weekend Chat Calendar Updates	Question of the Day Calendar Updates	Weather Wednesday Calendar Updates	Today in History Calendar Updates	Today in History Calendar Updates
Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track
Salad Spinner Art Fun Stations JJ Box Lunch 	Day of the Dead Skeleton Craft "Coco" Movie Fiesta Treat 	Retro Arcade Craft Round 1 Arcade Games Food Court Lunch 	RRCS Fountain View Swim & Lunch Swimsuit, Towel & Change of Clothes 	St. Charles History Museum Explore Museum Greeting People Lesson 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill
Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

Please call and/or email any absences to your head instructor before the program begins at 9:00 am. The best time to call is between 8:30 am and 9:00 am. Email: recandrollfh@wdsra.com; Phone: **630.995.8944**. Bring a non-perishable lunch unless otherwise noted.



A DAY PROGRAM OF **WDSRA**

REC & ROLL FORT HILL **NOVEMBER 2025** SCHEDULE:

Monday 11/10 Lunch Provided	Tuesday 11/11	Wednesday 11/12 Lunch Provided	Thursday 11/13 Snack Provided	Friday 11/14
Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
Weekend Chat Calendar Updates	Question of the Day Calendar Updates	Weather Wednesday Calendar Updates	Today in History Calendar Updates	Today in History Calendar Updates
Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track
<i>All Sites</i> Wondervers Indoor Games Enjoyable Lunch 	Naper Public Library Read Books Donate Books 	<i>RRWTN</i> Grocery Store Nacho Cuisine Turf Fun 	<i>RRFV</i> Gratitude Day Thankful Jar Make Cards 	<i>RRWIN/RRNAP</i> Turkey Trot Basketball Tournament Fun Stations 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill
Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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A DAY PROGRAM OF **WDSRA**

REC & ROLL FORT HILL **NOVEMBER 2025** SCHEDULE:

Monday 11/17	Tuesday 11/18	Wednesday 11/19	Thursday 11/20	Friday 11/21
Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
Weekend Chat Calendar Updates	Question of the Day Calendar Updates	Weather Wednesday Calendar Updates	Today in History Calendar Updates	Today in History Calendar Updates
Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track
Tae Kwon Do w/ Master Frank Mickey Head Craft 	<i>All Sites</i> Friendsgiving Thanksgiving Lunch Festive Activities 	Bass Pro Shop Shop Hunt Go Fish Game 	Woodfield Mall Holiday Shopping <i>Optional: \$\$ for gifts/lunch</i> 	Post Office Making Holiday Cards Fun Stations 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill
Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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A DAY PROGRAM OF **WDSRA**

REC & ROLL FORT HILL NOVEMBER 2025 SCHEDULE:

Monday 11/24	Tuesday 11/25	Wednesday 11/26	Thursday 11/27	Friday 11/28
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**FALL THANKSGIVING BREAK
NO PROGRAM THIS WEEK**



ENJOY YOUR TIME W/ FAMILY & FRIENDS

Please call and/or email any absences to your head instructor before the program begins at 9:00 am. The best time to call is between 8:30 am and 9:00 am. Email: recandrollfh@wdsra.com; Phone: [630.995.8944](tel:630.995.8944). Bring a non-perishable lunch unless otherwise noted.