Rec & Roll

A DAY PROGRAM OF WDSRA

REC & ROLL FORT HILL NOVEMBER 2026 SCHEDULE:

Monday 11/02	Tuesday 11/03 Outdoor Activity	Wednesday 11/04	Thursday 11/05 *In-House Day*	Friday 11/06 *Lunch Provided*
Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time
Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches
Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break
RRCS Disney Day Crafts & Activities Watch Disney Episode *Wear Your Disney Attire* 	*RRGE* Turkey Trot 2k Walk & Awards Creative Project 	Ultimate Treasures Check Out Deals Local Park (WP) 	Day of the Dead Skelton Craft & Game Watch *Coco* Movie 	Hobby Lobby Store Culver's Lunch Creation Project 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill Afternoon Activities	Travel Back to Fort Hill Afternoon Activities	Travel Back to Fort Hill Afternoon Activities	Afternoon Group Activity Wind-Down Activity	Travel Back to Fort Hill Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

Please call and/or email any absences to your head instructor before the program begins at 9:00 am.
The best time to call is between 8:30 am and 9:00 am. Bring a non-perishable lunch unless otherwise noted.
Email: recandrollfh@wdsra.com; Phone: 630.384.8575

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A DAY PROGRAM OF WDSRA

REC & ROLL FORT HILL NOVEMBER 2026 SCHEDULE:

Monday 11/09 *Lunch Provided*	Tuesday 11/10	Wednesday 11/11	Thursday 11/12	Friday 11/13 *In-House Day*
Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time
Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches
Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break
All Sites Friendsgiving Thankful Activities Festive Lunch	Bass Pro Shop Fish Tank Hunt Go Fish Games	*RRWIN* Dave & Buster's Play Arcade Games Browse Mall Store *Optional: $$ for Lunch*	*RRFV* Fox Bowl Bowl 1 Game How Many Marks Challenge? *Optional: $$ for Lunch*	Music Therapy Virtual Road Trip Ohio Rock n Roll Bingo Game
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill Afternoon Activities	Travel Back to Fort Hill Afternoon Activities	Travel Back to Fort Hill Afternoon Activities	Travel Back to Fort Hill Afternoon Activities	Afternoon Group Activity Wind-Down Activity
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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A DAY PROGRAM OF WDSRA

REC & ROLL FORT HILL NOVEMBER 2026 SCHEDULE:

Monday 11/16	Tuesday 11/17 *Lunch Provided*	Wednesday 11/18 *In-House Day*	Thursday 11/19	Friday 11/20
Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time	Arrival Attendance Choice Time
Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches	Daily Overview Warm Up Stretches
Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break	Walk Indoor Track Bathroom Break
RRWTN Naperville Police Station Police Station Tour Cop Car Craft 	Tae Kwon Do Thanksgiving Lunch Thankful Leaves 	Thanksgiving Bingo Game Turkey Craft DYO Placements 	Aurora Public Library Read Books Turkey Creations 	Cleve Carney Museum Linework Exhibit Campus Visit 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill Afternoon Activities	Travel Back to Fort Hill Afternoon Activities	Afternoon Group Activity Wind-Down Activity	Travel Back to Fort Hill Afternoon Activities	Travel Back to Fort Hill Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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REC & ROLL FORT HILL NOVEMBER 2026 SCHEDULE:

Monday 11/23	Tuesday 11/24	Wednesday 11/25	Thursday 11/26	Friday 11/27
Fall Break Have fun and enjoyable week with family & friends Happy Thanksgiving! 				

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Rec & Roll

A DAY PROGRAM OF WDSRA

REC & ROLL FORT HILL NOVEMBER 2026 SCHEDULE:

Monday 11/30 Outdoor Activity	Tuesday 12/01	Wednesday 12/02	Thursday 12/03	Friday 12/04
Arrival Attendance Choice Time	STAYED TUNED FOR DECEMBER ACTIVITIES WILL BE COMING SOON 			
Daily Overview Warm Up Stretches				
Walk Indoor Track Bathroom Break				
RRNAP Holiday Shopping Chicago Premium Outlet Food Court Lunch *Optional: $$ for Lunch or Gifts* 				
Enjoy Lunch w/ Our Friends				
Travel Back to Fort Hill Afternoon Activities				
Clean Up Wait for Rides Go Home				

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