



A DAY PROGRAM OF **WDSRA**

REC & ROLL FORT HILL **OCTOBER 2025** SCHEDULE:

Monday 09/29 Lunch Provided	Tuesday 09/30	Wednesday 10/01	Thursday 10/02	Friday 10/03
Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
Weekend Chat Calendar Updates	Question of the Day Calendar Updates	Weather Wednesday Calendar Updates	Today in History Calendar Updates	Today in History Calendar Updates
Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track
<i>All Sites</i> R&R Birthday Bash Celebrating 20 years Games & Crafts 	The Little Travelers Explore Store Lunch Outside 	<i>RRCS</i> Build Scarecrow for Scarecrow Fest in St. Charles 	St. Charles Motorcycle Museum Motorcycles/Art Gallery 	Funway Center Indoor Glow Mini Golf Golf Club Craft 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill
Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

Please call and/or email any absences to your head instructor before the program begins at 9:00 am. The best time to call is between 8:30 am and 9:00 am. Email: recandrollfh@wdsra.com; Phone: [630.995.8944](tel:630.995.8944). Bring a non-perishable lunch unless otherwise noted.



A DAY PROGRAM OF **WDSRA**

REC & ROLL FORT HILL **OCTOBER 2025** SCHEDULE:

Monday 10/06 <i>Outdoor Activity</i>	Tuesday 10/07	Wednesday 10/08 <i>In-House Day</i>	Thursday 10/09	Friday 10/10
Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
Weekend Chat Calendar Updates	Question of the Day Calendar Updates	Weather Wednesday Calendar Updates	Today in History Calendar Updates	Today in History Calendar Updates
Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track
Johansen Farm Fall Market Pumpkins & Treats 	<i>RRCS</i> Mickey's Not So Scary Halloween Party Games/Crafts/Treats Wear Halloween Costume 	Halloween Movie Halloween B-I-N-G-O Candy Corn Craft 	<i>RRNAP</i> Fox Bowl Bowl 1 Game Lunch at Alley 	Lombard Fitness Oak Brook Mall Lunch/Walk 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill
Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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A DAY PROGRAM OF **WDSRA**

REC & ROLL FORT HILL **OCTOBER 2025** SCHEDULE:

Monday 10/13 <i>In-House Day</i>	Tuesday 10/14 <i>Outdoor Activity</i>	Wednesday 10/15	Thursday 10/16 <i>Outdoor Activity</i>	Friday 10/17 <i>Lunch Provided</i>
Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
Weekend Chat Calendar Updates	Question of the Day Calendar Updates	Weather Wednesday Calendar Updates	Today in History Calendar Updates	Today in History Calendar Updates
Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track
Dance Class All About Me Box Show & Tell 	Abbey Farms Country Farm Store Apple Nacho Treat 	<i>RRFV</i> Bake n Decorate Halloween Cookies Halloween Activities 	<i>RRWTN</i> Windy Acres Farm Fall Fest Attractions Apple Orchard Tour 	Jewel-Osco Store Appetizers Cuisines Football Craft 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill
Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities
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A DAY PROGRAM OF **WDSRA**

REC & ROLL FORT HILL **OCTOBER 2025** SCHEDULE:

Monday 10/20	Tuesday 10/21	Wednesday 10/22	Thursday 10/23 <i>Outdoor Activity</i>	Friday 10/24 <i>In-House Day</i>
Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
Weekend Chat Calendar Updates	Question of the Day Calendar Updates	Weather Wednesday Calendar Updates	Today in History Calendar Updates	Today in History Calendar Updates
Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track
Barnes & Noble Read Books DIY Water Bottles 	<i>RRGE</i> Tae Kwon Do w/ Master Frank Local Park 	Peter Pan Play Woodfield Mall The Eatery Court 	McDowell Park Nature Scavenger Hunt Pinecone Birdfeeder 	Eye of the Tiger Tiger Craft/Games Tiger Facts 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill
Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities
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A DAY PROGRAM OF **WDSRA**

REC & ROLL FORT HILL **OCTOBER 2025** SCHEDULE

SPRIT HALLOWEEN WEEK

Monday 10/27	Tuesday 10/28 Lunch Provided	Wednesday 10/29	Thursday 10/30 In-House Day	Friday 10/31 Lunch Provided
Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
Weekend Chat Calendar Updates	Question of the Day Calendar Updates	Weather Wednesday Calendar Updates	Today in History Calendar Updates	Today in History Calendar Updates
Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track
<i>RRGE</i> Pumpkin Patch Decorate Pumpkins Pumpkin Game Pumpkin Flavors Wear Pumpkin Attire 	Black & Orange Pancake Café Practicing Ordering Comics Store Wear Black & Orange Color Attire 	Hocus Pocus Practice Broom Flying Witch's Hat Craft Make Witch's Brew Wal-Mart Store 	Monster Mash Monster Craft/Game Watch Monster Show Not So Scary Haunted House 	<i>All Sites</i> Halloween Bash Games/Crafts Costume Contest Tasty Lunch Wear Costume 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill
Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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