



A DAY PROGRAM OF **WDSRA**

REC & ROLL FORT HILL **SEPTEMBER 2025** SCHEDULE:

Monday 09/01	Tuesday 09/02	Wednesday 09/03 <i>Outdoor Activity</i>	Thursday 09/04	Friday 09/05
NO PROGRAM Labor Day 	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
	Question of the Day Calendar Updates	Weather Wednesday Calendar Updates	Today in History Calendar Updates	Today in History Calendar Updates
	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track
	Naperville Library Community Plaza Picnic Lunch 	<i>RRNAP</i> World Football Day Practice Our Skills Nike Park 	<i>RRCS</i> Pirates Day Pirate Language Games & Crafts 	Lombard Fitness Yorktown Mall Lunch/Mall <i>Optional: \$\$ for Lunch</i> 
	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill
	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities
	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

Please call and/or email any absences to your head instructor before the program begins at 9:00 am. The best time to call is between 8:30 am and 9:00 am. Email: recandrollfh@wdsra.com; Phone: **630.995.8944**. Bring a non-perishable lunch unless otherwise noted.



A DAY PROGRAM OF **WDSRA**

REC & ROLL FORT HILL **SEPTEMBER 2025** SCHEDULE:

Monday 09/08 Lunch Provided	Tuesday 09/09	Wednesday 09/10 <i>Outdoor Activity</i>	Thursday 09/11 <i>Early Departure</i> <i>Outdoor Activity</i>	Friday 09/12 In-House Day
Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
Weekend Chat Calendar Updates	Question of the Day Calendar Updates	Weather Wednesday Calendar Updates	Today in History Calendar Updates	Today in History Calendar Updates
Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track
Taco Dale Country Lakes Park Explore Park 	Fox Bowl Bowl 1 Game Lunch @ Alley 	Fabyan Forest Preserve Japanese Garden Fabyan Windmill 	Brookfield Zoo Explore Zoo 	Cars Movie Roadside Attraction Plate Craft 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill
Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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A DAY PROGRAM OF **WDSRA**

REC & ROLL FORT HILL **SEPTEMBER 2025** SCHEDULE:

Monday 09/15 <i>In-House Day</i>	Tuesday 09/16	Wednesday 09/17	Thursday 09/18 <i>Lunch Provided</i>	Friday 09/19 <i>Outdoor Activity</i>
Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
Weekend Chat Calendar Updates	Question of the Day Calendar Updates	Weather Wednesday Calendar Updates	Today in History Calendar Updates	Today in History Calendar Updates
Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track
Johnny Appleseed Games & Crafts Apple Testing 	<i>RRGE</i> Tae Kwon Do w/ Master Frank Oakwood Park 	Community Pantry Drop Off Donations Food Collection 	Jewel Osco Pizza/Salad Cuisine Table Activities 	Knoch Knolls Park Nature Hike Look at Fall Leaves 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill
Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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A DAY PROGRAM OF **WDSRA**

REC & ROLL FORT HILL **SEPTEMBER 2025** SCHEDULE:

Monday 09/22	Tuesday 09/23 <i>Outdoor Activity</i>	Wednesday 09/24 <i>In-House Day</i>	Thursday 09/25 <i>Outdoor Activity</i>	Friday 09/26 <i>Outdoor Activity</i>
Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time
Weekend Chat Calendar Updates	Question of the Day Calendar Updates	Weather Wednesday Calendar Updates	Today in History Calendar Updates	Today in History Calendar Updates
Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track	Warm Up Stretches Walk Indoor Track
Making Small Gifts Local Bakery Random Act of Kindness 	<i>RRFV</i> Sonny Acres Farm Farm Rides General Store 	Fall Fest Fall Games & Crafts Fall Treat 	<i>RRWTN</i> Southside Park Kickball Game Teatime Café 	<i>RRGE</i> Kuipers Orchard U-Pick Apples General Store 
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends
Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill	Travel Back to Fort Hill
Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home

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A DAY PROGRAM OF **WDSRA**

REC & ROLL FORT HILL **SEPTEMBER 2025** SCHEDULE:

Monday 09/29 Lunch Provided	Tuesday 09/30	Wednesday 10/01	Thursday 10/02	Friday 10/03
Arrive to Program Attendance Free Time	Arrive to Program Attendance Free Time	 <i>Stayed Tuned for October Activities will be coming soon</i>		
Weekend Chat	Question of the Day			
Calendar Updates	Calendar Updates			
Warm Up Stretches	Warm Up Stretches			
Walk Indoor Track	Walk Indoor Track			
<i>All Sites</i> R&R Birthday Bash Celebrating 20 years Games & Crafts 	The Little Travelers Explore Store Lunch Outside 			
Enjoy Lunch w/ Our Friends	Enjoy Lunch w/ Our Friends			
Travel Back to Fort Hill	Travel Back to Fort Hill			
Afternoon Activities	Afternoon Activities			
Clean Up Wait for Rides Go Home	Clean Up Wait for Rides Go Home			

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