

Rec & Roll

A DAY PROGRAM OF WDSRA

Rec & Roll Fountain View Schedule November 2024

Monday 10/28	Tuesday 10/29	Wednesday 10/30	Thursday 10/31 Dessert Provided Optional: Wear Costumes	Friday 11/1
Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
How Was Your Weekend?	Story Time	Funny Wednesday	Trivia Thursday	Fun Fact Friday
Weather Report	Weather Report	Weather Report	Weather Report	Weather Report
Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up
Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
Halloween Party At Fountain View With RRWIN & RRGE 	Hocus Pocus Party at Fort Hill with RRFH 	Costume Bowling At Stardust With RRNAP 	Halloween Party With All R&R Sites 	Trip to Glen Ellyn Library 
Lunch	Lunch	Lunch	Lunch	Lunch
Creepy Crawly Crafts & Pumpkin Bowling	Movie, Crafts & Thrilling Games	Dress Up & Bowl your Best	Dancing, Spooky Punch & Desserts	Fall books & pumpkin paper craft
Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home

Please call and/or email any absences to your Head Instructor before the program begins at 9:00 am. The best time to call is between 8:30 am and 9:00 am.

Email: recandrollfv@wdsra.com; Phone: 630-784-6162

Bring a non-perishable lunch unless noted otherwise.

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Monday 11/4	Tuesday 11/5	Wednesday 11/6 Snack Provided	Thursday 11/7 Lunch Provided	Friday 11/8
Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
How Was Your Weekend?	Story Time	Funny Wednesday	Trivia Thursday	Fun Fact Friday
Weather Report	Weather Report	Weather Report	Weather Report	Weather Report
Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up
Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
Fitness Class At Fountain View 	Trip to Costco 	Grateful Gathering with RRNAP 	Out to eat at Wahlburgers 	Stardust Bowling Alley 
Lunch	Lunch	Lunch	Lunch	Lunch
Afternoon Movie & Turkey Craft	Make snacks for our grateful gathering	Snacks, Games & Gratitude Sharing	Soccer Games in the Gym	Morning Meditation Video
Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home

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Monday 11/11 Lunch Provided	Tuesday 11/12 Dessert Provided	Wednesday 11/13	Thursday 11/14	Friday 11/15 Lunch Provided
Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
How Was Your Weekend?	Story Time	Funny Wednesday	Trivia Thursday	Fun Fact Friday
Weather Report	Weather Report	Weather Report	Weather Report	Weather Report
Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up
Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
Scarecrow Pizza Party At Fountain View 	Music Therapy & Trip to Dairy Queen 	Basketball Tournament With RRCS At Central Athletics	Game Show Day At Fountain View	Friendsgiving with All Sites 
Lunch	Lunch	Lunch	Lunch	Lunch
Karaoke & Dance Party	Make paper plate tambourines	Sports Jingo	Rec and Roll Family Feud & Jeopardy	Turkey Bowling, Crafts & Racing
Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home

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Monday 11/18	Tuesday 11/19	Wednesday 11/20 Side Dishes Provided	Thursday 11/21 Optional: Bring \$ for Snacks	Friday 11/22
Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
How Was Your Weekend?	Story Time	Funny Wednesday	Trivia Thursday	Fun Fact Friday
Weather Report	Weather Report	Weather Report	Weather Report	Weather Report
Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up
Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
Top Golf with RRNAP & RRWTN 	Friendship Day At Fountain View 	Last But Not Feast, Cooking Day with RRCS 	Picture Show Theater Movie Day 	Magician With All Sites 
Lunch	Lunch	Lunch	Lunch	Lunch
Morning Jenga & Holiday Art	Make Centerpieces, Play Games & Pick a Movie	Comfort Foods & Fall Wreath Making	Vote on a Movie & Snack on Popcorn	Card Tricks & Fellowship
Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home

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Rec & Roll Fountain View Schedule November 2024

Monday 11/25	Tuesday 11/26	Wednesday 11/27	Thursday 11/28	Friday 11/29
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Happy Thanksgiving
No Rec & Roll



Calendars for December will be sent out
one week before the new month

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