

Rec & Roll

A DAY PROGRAM OF WDSRA

Rec & Roll Fountain View Schedule October 2024

Monday 9/30	Tuesday 10/1 Snack Provided Bring Swim Gear	Wednesday 10/2	Thursday 10/3	Friday 10/4
	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
	Story Time	Funny Wednesday	Trivia Thursday	Fun Fact Friday
	Weather Report	Weather Report	Weather Report	Weather Report
	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up
	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
	Swim Party At Fountain View With RRWTN 	Cosley Zoo With RRCS 	Paddlewheel Riverboat Tour With RRCS & RRFH 	Tae Kwon Do With RRGE 
	Lunch	Lunch	Lunch	Lunch
	Halloween Room Decoration and Fall Snack	Feed the ducks and photo shoot	Cruise the River with Friends	Yoga in the Park
	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home

Please call and/or email any absences to your Head Instructor before the program begins at 9:00 am. The best time to call is between 8:30 am and 9:00 am.

Email: recandrollfv@wdsra.com; Phone: 630-784-6162.

Bring a non-perishable lunch unless noted otherwise.

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Monday 10/7	Tuesday 10/8	Wednesday 10/9 Treats Provided	Thursday 10/10	Friday 10/11
Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
How Was Your Weekend? Weather Report	Story Time Weather Report	Funny Wednesday Weather Report	Trivia Thursday Weather Report	Fun Fact Friday Weather Report
Stretch & Warm Up Walk Indoor Track	Stretch & Warm Up Walk Indoor Track	Stretch & Warm Up Walk Indoor Track	Stretch & Warm Up Walk Indoor Track	Stretch & Warm Up Walk Indoor Track
Konow Pumpkin Farm 	Pumpkin Party At Winfield Park District With RRNAP 	Halloween Town Movie Party With RRCS 	Oakbrook Mall Scavenger Hunt 	Scarecrow Fest With All R&R Sites 
Lunch	Lunch	Lunch	Lunch	Lunch
Hay Bale Climb and Corn Maze	Carve & decorate Pumpkins & do Crafts	Treats and Halloween Games	Bring money if you want to shop	Check out the Rec and Roll Scarecrows
Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home

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Monday 10/14 Lunch Provided	Tuesday 10/15	Wednesday 10/16	Thursday 10/17	Friday 10/18
Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
How Was Your Weekend? Weather Report	Story Time Weather Report	Funny Wednesday Weather Report	Trivia Thursday Weather Report	Fun Fact Friday Weather Report
Stretch & Warm Up Walk Indoor Track	Stretch & Warm Up Walk Indoor Track	Stretch & Warm Up Walk Indoor Track	Stretch & Warm Up Walk Indoor Track	Stretch & Warm Up Walk Indoor Track
Trip to Noodles & Co 	Nightmare Before Christmas Party At Fountain View 	Lombard Fitness Class 	Abbey Farm With RRNAP, RRWTN & RRGE 	Trip to the Spirit Store 
Lunch Make a dessert for National Dessert Day	Lunch Sally Quilt Art and Skeleton Jack Craft	Lunch Work Off Our Fall Snacks	Lunch Slides, Tractor Rides and Duck Racing	Lunch Design Sweetest Day Cards
Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home

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Monday 10/21	Tuesday 10/22	Wednesday 10/23	Thursday 10/24	Friday 10/25 Bring Swim Gear Treat Provided
Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
How Was Your Weekend?	Story Time	Funny Wednesday	Trivia Thursday	Fun Fact Friday
Weather Report	Weather Report	Weather Report	Weather Report	Weather Report
Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up
Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
Ghostly Dance Party with RRWTN At Central Athletics 	Morton Arboretum Scarecrow Trail 	Fall Scrapbooking At Fountain View With RRFH 	Spooky Cooking At Winfield Park District With RRWTN 	Trick or Treat Trip To Jamba Juice 
Lunch	Lunch	Lunch	Lunch	Lunch
Monster Mash and Thriller dances	Autumn Leaves and Decorations	Make our Own Fall Photo Books	Finger Cookies and Grape Eyeballs	Afternoon Dive in the Therapy Pool
Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home

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Monday 10/28	Tuesday 10/29	Wednesday 10/30	Thursday 10/31 Dessert Provided Optional: Wear Costumes	Friday 11/1
Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Calendars for November will be sent out one week prior to the new month
How Was Your Weekend?	Story Time	Funny Wednesday	Trivia Thursday	
Weather Report	Weather Report	Weather Report	Weather Report	
Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	
Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	
Halloween Party At Fountain View With RRWIN & RRGE 	Hocus Pocus Party at Fort Hill with RRFH 	Costume Bowling At Stardust With RRNAP 	Halloween Party With All R&R Sites 	
Lunch	Lunch	Lunch	Lunch	
Creepy Crawly Crafts and Pumpkin Bowling	Movie, Crafts and Thrilling Games	Dress Up and Bowl your Best	Dancing, Spooky Punch and Desserts	
Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	

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