



A DAY PROGRAM OF **WDSRA**

*Rec & Roll Fountain View Schedule* **September 2023**

Monday 8/28	Tuesday 8/29	Wednesday 8/30	Thursday 8/31	Friday 9/1 <b>Lunch Provided</b>
				Greetings and Free Time
				Fun Fact Friday
				Weather Report
				Stretch & Warm Up  Walk Indoor Track
				End of Summer BBQ  All R&R Sites
				Lunch
				Lawn Games
				Clean Up and Get Ready to Go Home

**Please call and/or email any absences to your Head Instructor before the program begins at 9:00 am. The best time to call is between 8:30 am and 9:00 am.  
 Email: [recandrollfv@wdsra.com](mailto:recandrollfv@wdsra.com); Phone: 630-784-6162  
 Bring a non-perishable lunch unless noted otherwise.**



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## Rec & Roll Fountain View Schedule September 2023

Monday 9/4	Tuesday 9/5	Wednesday 9/6	Thursday 9/7 Bring towel and Swimsuit	Friday 9/8
Labor Day Holiday  No Rec & Roll	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
	Story Time	Funny Wednesday	Current Events	Fun Fact Friday
	Weather Report	Weather Report	Weather Report	Weather Report
	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up
	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
	Fall Craft Day At Fountain View	Trip to Funway With RRCS	Swimming at Fountain View With RRGE	Cantigny Park With RRWIN, RRWTN & RRCS
	Lunch	Lunch	Lunch	Lunch
	Vote on a Movie	Arcade & Outdoor Fun	Make Grandparents Day Cards	Looking for Signs of Fall
Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	

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<b>Monday 9/11</b>	<b>Tuesday 9/12</b>	<b>Wednesday 9/13</b>	<b>Thursday 9/14</b>	<b>Friday 9/15</b>
		<b>Treat provided</b>		<b>Lunch provided</b>
<b>Greetings and Free Time</b>	<b>Greetings and Free Time</b>	<b>Greetings and Free Time</b>	<b>Greetings and Free Time</b>	<b>Greetings and Free Time</b>
<b>How Was Your Weekend?</b>	<b>Story Time</b>	<b>Funny Wednesday</b>	<b>Current Events</b>	<b>Fun Fact Friday</b>
<b>Weather Report</b>	<b>Weather Report</b>	<b>Weather Report</b>	<b>Weather Report</b>	<b>Weather Report</b>
<b>Stretch &amp; Warm Up</b>	<b>Stretch &amp; Warm Up</b>	<b>Stretch &amp; Warm Up</b>	<b>Stretch &amp; Warm Up</b>	<b>Stretch &amp; Warm Up</b>
<b>Walk Indoor Track</b>	<b>Walk Indoor Track</b>	<b>Walk Indoor Track</b>	<b>Walk Indoor Track</b>	<b>Walk Indoor Track</b>
<b>Visit to Kuipers With RRFH &amp; RRWTN</b>	<b>Silly Gym Games at Fountain View</b>	<b>Cooking Fall Snacks at Winfield Park District With RRWTN</b>	<b>Nature Walk At Busse Woods</b>	<b>Thrift Store And Steak &amp; Shake</b>
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
<b>Apples, Trains And Mazes</b>	<b>Beach Volleyball And Meditation</b>	<b>Perfection and Candyland</b>	<b>Fall Foliage Collage</b>	<b>Fall Decoration Hunt</b>
<b>Clean Up and Get Ready to Go Home</b>	<b>Clean Up and Get Ready to Go Home</b>	<b>Clean Up and Get Ready to Go Home</b>	<b>Clean Up and Get Ready to Go Home</b>	<b>Clean Up and Get Ready to Go Home</b>

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<b>Monday 9/18</b> Treat provided	<b>Tuesday 9/19</b>	<b>Wednesday 9/20</b> Bring towel and swimsuit	<b>Thursday 9/21</b> Optional: Bring own money	<b>Friday 9/22</b>
<b>Greetings and Free Time</b>	<b>Greetings and Free Time</b>	<b>Greetings and Free Time</b>	<b>Greetings and Free Time</b>	<b>Rec &amp; Roll Staff Inservice Day</b>  <b>No Rec &amp; Roll</b>
<b>How Was Your Weekend?</b>	<b>Story Time</b>	<b>Funny Wednesday</b>	<b>Current Events</b>	
<b>Weather Report</b>	<b>Weather Report</b>	<b>Weather Report</b>	<b>Weather Report</b>	
<b>Stretch &amp; Warm Up</b>	<b>Stretch &amp; Warm Up</b>	<b>Stretch &amp; Warm Up</b>	<b>Stretch &amp; Warm Up</b>	
<b>Walk Indoor Track</b>	<b>Walk Indoor Track</b>	<b>Walk Indoor Track</b>	<b>Walk Indoor Track</b>	
<b>Fall Stories And S'mores at the Park</b>	<b>Miracle Field With RRFH</b>	<b>Swimming at Fountain View With RRNAP</b>	<b>Apple Picking At Kellers Farm With RRCS</b>	
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	
<b>Seed for the Local Wildlife</b>	<b>Basketball, Frisbee, and Table Games</b>	<b>Fall Sensory Art &amp; Exploration</b>	<b>Find fresh produce for home</b>	
<b>Clean Up and Get Ready to Go Home</b>	<b>Clean Up and Get Ready to Go Home</b>	<b>Clean Up and Get Ready to Go Home</b>	<b>Clean Up and Get Ready to Go Home</b>	

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## Rec & Roll Fountain View Schedule **September 2023**

<b>Monday 9/25</b>	<b>Tuesday 9/26</b>	<b>Wednesday 9/27</b>	<b>Thursday 9/28</b> <b>Snack provided</b>	<b>Friday 9/29</b>
<b>Greetings and Free Time</b>	<b>Greetings and Free Time</b>	<b>Greetings and Free Time</b>	<b>Greetings and Free Time</b>	<b>Greetings and Free Time</b>
<b>How Was Your Weekend?</b> <b>Weather Report</b>	<b>Story Time</b> <b>Weather Report</b>	<b>Funny Wednesday</b> <b>Weather Report</b>	<b>Current Events</b> <b>Weather Report</b>	<b>Fun Fact Friday</b> <b>Weather Report</b>
<b>Stretch &amp; Warm Up</b> <b>Walk Indoor Track</b>	<b>Stretch &amp; Warm Up</b> <b>Walk Indoor Track</b>	<b>Stretch &amp; Warm Up</b> <b>Walk Indoor Track</b>	<b>Stretch &amp; Warm Up</b> <b>Walk Indoor Track</b>	<b>Stretch &amp; Warm Up</b> <b>Walk Indoor Track</b>
Tae Kwon Do With RRNAP	Capture the Flag At the Park With RRCS	Blackberry Farm Visit With RRWTN & RRNAP	Yard Games And Picnic at Fountain View	Scarecrow Building At Central Athletics with RRWTN, RRGE, RRFH
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
<b>Just Dance Tournament</b>	<b>Tournament and Prizes for All</b>	<b>Corn Maze, Slides &amp; Games</b>	<b>Leaf Art by the Fountain</b>	<b>Fall Activity Books</b>
<b>Clean Up and Get Ready to Go Home</b>	<b>Clean Up and Get Ready to Go Home</b>	<b>Clean Up and Get Ready to Go Home</b>	<b>Clean Up and Get Ready to Go Home</b>	<b>Clean Up and Get Ready to Go Home</b>

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