

Rec & Roll

A DAY PROGRAM OF **WDSRA**

Rec & Roll Fountain View Schedule

September 2025

Monday 09/01	Tuesday 09/02 Snack Provided	Wednesday 09/03 Lunch Provided	Thursday 09/04	Friday 09/05
No Rec & Roll Labor Day	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
	Story Time	Funny Wednesday	Trivia Thursday	Fun Fact Friday
	Weather Report	Weather Report	Weather Report	Weather Report
	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up
	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
	GE Fall Themed Cooking Day at Winfield Park District 	Lunch at Bakers Square In Woodridge 	WTN Naperville Riverwalk Painted Duck Sculptures 	WIN/CS Kuipers Sunflower Fest 
	Lunch	Lunch	Lunch	Lunch
	Mini Apple Pies & Fall Bingo	Meditation & Leaf Suncatchers	Downtown Scavenger Hunt	Photo Shoot in the Fields
	Clean Up & Get Ready to Go Home	Clean Up & Get Ready to Go Home	Clean Up & Get Ready to Go Home	Clean Up & Get Ready to Go Home

Please call and/or email any absences to your Head Instructor before the program begins at 9:00 am. The best time to call is between 8:30 am and 9:00 am.

Email: recandrollfv@wdsra.com; Phone: 630-784-6162.

Bring a non-perishable lunch unless noted otherwise.

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September 2025

Monday 09/08	Tuesday 09/09	Wednesday 09/10	Thursday 09/11	Friday 09/12 Treat Provided
Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
How Was Your Weekend?	Story Time	Funny Wednesday	Trivia Thursday	Fun Fact Friday
Weather Report	Weather Report	Weather Report	Weather Report	Weather Report
Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up
Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
Picture Show Movie Theater 	Music Therapy at Fountain View 	Bowling at Funway with Opportunity House 	Fall Foliage Hike at Herrick Lake 	In House Apple Theme Party at Fountain View 
Lunch	Lunch	Lunch	Lunch	Lunch
Chair Workout & Disney Scratch Art	Craft Shopping at Michaels	Site Vs Site Bowling Tournament	Make Nature Collages	Apple Prints & Caramel Apple Bar
Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home

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Monday 09/15	Tuesday 09/16	Wednesday 09/17 Treat Provided	Thursday 09/18	Friday 09/19
Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
How Was Your Weekend?	Story Time	Funny Wednesday	Trivia Thursday	Fun Fact Friday
Weather Report	Weather Report	Weather Report	Weather Report	Weather Report
Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up
Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
NAP Bartlett Nature Center 	In House Pen Pal Party at Fountain View 	Lombard Fitness 	Fabyan Gardens & Museum in Geneva 	WTN Kellers Orchard 
Lunch	Lunch	Lunch	Lunch	Lunch
Hands-On Nature Exhibits	Letters to Friends & Afternoon Bball	Bikes, Treadmills & TeaTime Anytime Drinks	Drawing in the Japanese Garden	Pick Apples & Browse the Gift Shop
Clean Up & Get Ready to Go Home	Clean Up & Get Ready to Go Home	Clean Up & Get Ready to Go Home	Clean Up & Get Ready to Go Home	Clean Up & Get Ready to Go Home

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September 2025

Monday 09/22	Tuesday 09/23	Wednesday 09/24	Thursday 09/25	Friday 09/26
Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
How Was Your Weekend?	Story Time	Funny Wednesday	Trivia Thursday	Fun Fact Friday
Weather Report	Weather Report	Weather Report	Weather Report	Weather Report
Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up
Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
CS Taekwondo 	FH Sonny Acres 	WTN/CS/NAP/GE Brookfield Zoo 	Carol Stream Library 	In House Scarecrow Party at Fountain View 
Lunch	Lunch	Lunch	Lunch	Lunch
Make Paper Ninja Stars	Jumping Pillow & Animal Feeding	Gorillas, Wolves & Bats	Crafts & Fall Stories	Make a FV Scarecrow & Hay Art
Clean Up & Get Ready to Go Home	Clean Up & Get Ready to Go Home	Clean Up & Get Ready to Go Home	Clean Up & Get Ready to Go Home	Clean Up and Get Ready to Go Home

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September 2025

Monday 09/29	Tuesday 09/30	Wednesday 10/01	Thursday 10/02	Friday 10/03
Lunch Provided				
Greetings and Free Time	Greetings and Free Time	Calendars for October will be sent out one week before the new month starts		
How Was Your Weekend?	Story Time			
Weather Report	Weather Report			
Stretch & Warm Up	Stretch & Warm Up			
Walk Indoor Track	Walk Indoor Track			
All Sites Rec & Roll's Birthday Party 	Pickleball at Armstrong Park 			
Lunch	Lunch			
Games & Celebrations	Afternoon Movie & Games			
Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home			

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