



A DAY PROGRAM OF **WDSRA**

Rec & Roll Fountain View Schedule **SEPTEMBER 2026**

Monday 8/31	Tuesday 09/01	Wednesday 09/02	Thursday 09/03	Friday 09/04
Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
How Was Your Weekend?	Story Time	Funny Wednesday	Trivia Thursday	Fun Fact Friday
Weather Report	Weather Report	Weather Report	Weather Report	Weather Report
Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up
Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
<i>WTN</i> Farmers Market 	<i>In House</i> Fall Planting 	Swallow Stories Bookshop 	<i>WIN/CS</i> Sunflower Fields 	Dollar Tree 
Lunch	Lunch	Lunch	Lunch	Lunch
Peruse the Tents & Lounge at Nike Park	Make Bean & Veggie Planters	Sunflower Book & Craft	Photo Shoot in the Fields	Shop for Fall Décor & Supplies
Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home

Please call and/or email any absences to your Head Instructor before the program begins at 9:00 am. The best time to call is between 8:30 am and 9:00 am.

Email: recandrollfv@wdsra.com; Phone: 630-384-8564

Bring a non-perishable lunch unless noted otherwise.

Rec & Roll

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Rec & Roll Fountain View Schedule **SEPTEMBER 2026**

Monday 09/07	Tuesday 09/08	Wednesday 09/09 Snack Provided	Thursday 09/10	Friday 09/11 Treat provided
No Rec & Roll Labor Day	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
	Story Time	Funny Wednesday	Trivia Thursday	Fun Fact Friday
	Weather Report	Weather Report	Weather Report	Weather Report
	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up
	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
	<i>NAP</i> 90's Danceathon 	<i>In House</i> Drive-In Movie 	<i>GE</i> Bingo 	<i>All Sites</i> Fort Hill 10 Year Celebration 
	Lunch	Lunch	Lunch	Lunch
	Karaoke, Hacky Sack & Retro Music	Popcorn, Games & Projector Movie	Silent Ball & Four Corners Games	Photo Booth, Games, Crafts & Dancing
	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home

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Rec & Roll Fountain View Schedule **SEPTEMBER 2026**

Monday 09/14	Tuesday 09/15 Lunch Provided	Wednesday 09/16	Thursday 09/17	Friday 09/18
Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
How Was Your Weekend?	Story Time	Funny Wednesday	Trivia Thursday	Fun Fact Friday
Weather Report	Weather Report	Weather Report	Weather Report	Weather Report
Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up
Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
<i>GE</i> Kellers Orchard 	Fall Cooking 	Fabyan Gardens 	<i>In House</i> Destination Day: Brazil 	Lombard Fitness 
Lunch	Lunch	Lunch	Lunch	Lunch
Search the Rows for Tasty Apples	Chicken Rice Soup & Harvest Salad	Walk Through Japanese Gardens	Brazilian Dances & Colorful Art	Morning Minute to Win It Games
Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home

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Rec & Roll Fountain View Schedule **SEPTEMBER 2026**

Monday 09/21	Tuesday 09/22	Wednesday 09/23	Thursday 09/24	Friday 09/25 Bring swim gear Treat Provided
Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Greetings and Free Time
How Was Your Weekend?	Story Time	Funny Wednesday	Trivia Thursday	Fun Fact Friday
Weather Report	Weather Report	Weather Report	Weather Report	Weather Report
Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up
Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track	Walk Indoor Track
<i>FH</i> Harvester Park 	<i>CS/WTN</i> Scarecrow Building 	<i>NAP/GE</i> Fall Fest at Fountain View 	Bowling at Stardust 	<i>In House w/WTN</i> Swimming at Fountain View 
Lunch	Lunch	Lunch	Lunch	Lunch
Explore Route 66 Statues	Create a Group Scarecrow for the St Charles Fest	Apple Craft, Mini Scarecrows & Games	Lymphatic Movement Activity	Morning Dunkin Donut Trip
Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home

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Rec & Roll Fountain View Schedule **SEPTEMBER 2026**

Monday 09/28 Lunch Provided	Tuesday 09/29	Wednesday 09/30	Thursday 10/1	Friday 10/2
Greetings and Free Time	Greetings and Free Time	Greetings and Free Time	Calendars for October will be sent out one week prior to the new month starting	
How Was Your Weekend?	Story Time	Story Time		
Weather Report	Weather Report	Weather Report		
Stretch & Warm Up	Stretch & Warm Up	Stretch & Warm Up		
Walk Indoor Track	Walk Indoor Track	Walk Indoor Track		
Lunch at Culvers 	<i>WTN</i> Chicago Botanical Gardens 	Ghoulish Mortals Shop 		
Lunch	Lunch	Lunch		
Group Volleyball & Ring Toss	Fall Flowers & Trails	Browse the shop for unique collectibles		
Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home	Clean Up and Get Ready to Go Home		

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