



A DAY PROGRAM OF WDSRA

Glen Ellyn December 2018

Ackerman Sports & Fitness Center, 800 E St. Charles Rd, Glen Ellyn. 630-225-8518

Mon	Tue	Wed	Thu	Fri
<p>3 9:30am grocery shopping 11-1pm cooking skills @ Ackerman <i>holiday meal?</i></p> <p>Do not bring lunch</p>	<p>4 Expression's Dance Studio 11:15am Dance Class Wear comfortable clothing Bring your lunch</p>	<p>5 Annual White elephant party with SEASPAR Eagles Bring a white elephant gift Do not bring your lunch</p>	<p>6 10:30am Bowling League at Fox Bowl 2 Games of bowling Bring your lunch</p>	<p>7 Nap, GE, CS, Wtn @ 95th st. Ginger Bread house contest and Cookie exchange Bring a batch of cookies to share & Bring your lunch</p>
<p>10 Nap, CS, GE, Wtn A Christmas Carol @ Drury Lane 10 a.m. ARRIVE EARLY Bring your lunch</p>	<p>11 CS, GE, & Wtn at CS Santa's Workshop/holiday crafts and holiday movie marathon Bring your lunch</p>	<p>12 Next Chapter Book Club at Glen Ellyn Library Special treat out! Bring your lunch</p>	<p>13 Fitness at Ackerman and thank you cards Bring your lunch</p>	<p>14 Nap, CS, GE, & Wtn Holiday karaoke at Round One Fox Valley Mall Bring your lunch OR bring money to buy lunch at the food court</p>
<p>17 Nap, GE, CS, FH, & Wtn Christkindlmarket @ NaperSettlement Bring your lunch Bring \$ to shop</p>	<p>18 GE & Nap Chicago Wolves game 11:00 a.m. Bring Lunch and money for souvenirs</p>	<p>19 FH & GE Holiday Crafts and holiday movies Bring your lunch</p>	<p>20 Nap, CS, GE, & Wtn Holiday Tradition Lunch out! Benihana Dress your holiday best Do not bring lunch</p>	<p>21 GE, FV, FH, Nap, CS, & Wtn Ugly sweater party Bring a white elephant gift Wear an ugly sweater Do Not bring your lunch</p>
<p>24 Holiday Break No Rec & Roll</p>	<p>25 Holiday Break No Rec & Roll</p>	<p>26 Holiday Break No Rec & Roll</p>	<p>27 Holiday Break No Rec & Roll</p>	<p>28 Holiday Break No Rec & Roll</p>
<p>31 Holiday Break No Rec & Roll</p>			<p>Rec & Roll skill building this month is:</p>	<p>Daily Activities: 9:00-9:10 Reality Check 9:10-9:20 Current Events 9:20-9:30 Physical Exercise</p>