

Rec and Roll Glen Ellyn-800 E St. Charles Rd; (630)384-8568

October 2026

Rec & Roll

A DAY PROGRAM OF **WDSRA**

Monday		Tuesday		Wednesday		Thursday		Friday	
28		29		30		1 FH/ NAP Building Scarecrows for Scarecrow Fest Painting & Decorating		2 Yoga at Winfield Park District Create Multi Medium Sculpture Cards for Seniors	
5 In House In House Movie Music Therapy with OJ Popcorn Bar Treat Provided		6 Visit the Bookfield Eagles Outside Games Visit a Park Bring a Cold Lunch		7 CS/FH/WTN St. Charles Paddlewheel Riverboat Tour Decorate R&R room for Fall		8 CS BINGO & Prizes Main Street Rec Center Play The Game Headbandz		9 Scarecrow Festival Vote on Scarecrows Fall Themed Perspective Painting	
12 Brookfield Zoo Explore 235 Acres Discuss Favorite Vacations		13 CS Master Gardeners Fall garden project Donuts & Apple Cider Treat Provided		14 Carol Stream Library Walk library trails This or That Fall Fitness		15 FH Destination Day: Kentucky Derby Race Game Throw Back Thursday Photos		16 In House Fitness with Ms Patti Skills & Drills October Magnets	
19 Book Club Table Topics Extreme Halloween Workout		20 Tae Kwon Do with Master Frank Fall Bingo		21 Puttshack Oakbrook High Tech Mini Golf Guess the Characters Game		22 Glen Ellyn Library Annual Giving Campaign Envelope Stuffing Volunteers		23 Out to Lunch Alfies Animal Charades Lunch Provided	
26 FV National Pumpkin Day Pick Out Pumpkins Paint & Decorate Pumpkins Pumpkin Treat Provided		27 Grocery Shopping at Jewel Hike Ackerman Woods Tenzi Dice Game		28 In House Cooking Skills Mini Meatloaf & Mashed Potatoes Origami Bookmark Lunch Provided		29 All Site Halloween Party Costume Contest Crafts & Dancing Treat Provided		30 Abbey Farms Pumpkin Daze Mummy Rocks	
 October Birthdays Aimee 1st Brian 8th Sarah 8th Brenda 24th		Notes							