

August 2023



A DAY PROGRAM OF WDSRA

Monday	Tuesday	Wednesday	Thursday	Friday
31 	1 Top Golf Driving Range Competition Lunch @ McDowell Forest Soccer Game	2 Watermelon Day Watermelon Snack Seed Game Dance Work Out	3 Shrek the Third In House Movie Popcorn Shrek Swamp Water	4 Cosley Zoo Picnic Lunch Animal Conservation Lesson Racoons, Coyotes and More
7 Paddle Boat Quarry Nature Hike Paddle Boats With Glen Ellyn R&R	8 Riverwalk Visit Downtown Naperville Smoothie King Treat UNO Tournament	9 Fort Hill Fitness Yoga Cardio Workout Flexibility Exercises	10 Art Therapy Paint a Picture Make Smoothies Nature Walk	11 Team Building Build Communication Skills Form Strong Bonds Challenging Fun Games
14 Out to Eat McAlister's Deli Uno Games Please Bring \$20	15 Blackberry Farm Nature Walk Train Ride Picnic in the Woods	16 Swimming Centennial Beach with Fountain View R&R Bring Swim Gear & Towel	17 Music Therapy Play a Musical Instrument Sing & Dance at Winfield R&R	18 Cantigny Park Flower Gardens Nature Education Military Tanks
21 Horse Facts Meet a Famous Show Horse Horse Grooming With Wheaton R&R	22 Soccer Clinic Glen Ellyn Laker Instructors Work on Your Soccer Skills All Site Event	23 BBQ End of Summer Party All Rec & Roll Sites Attend Dancing, Games and More	24 Cernan Space Ctr. Stars of the Pharaoh's Show With WTN, FV & FH R&R Nature Hike	25 Family Fun Center Go Karts Mini Golf With Wheaton & FV R&R
28 Summer Fun Outdoor Games Picnic With SEAPAR Eagles	29 Taco Tuesday Shop for Taco Ingredients With Fountain View R&R Lunch Provided by R&R	30 Paddlewheel Boat Boat Trip On The Fox River With Wheaton & Fort Hill R&R Dance Work Out to Follow	31 Pickle Ball Nike Sports Complex Pickle Ball Challenge w/Prizes Basketball	
Notes Please bring a sack lunch everyday to program unless otherwise noted!				