Rec and Roll Naperville-735 S. West St. Naperville; (630)384-8572

November 2026

Rec & Roll
A DAY PROGRAM OF WDSRA

Monday	Tuesday	Wednesday	Thursday	Friday
2 Jurica Suchy Museum Enjoy the Animals Virtual Zoo Tour	**3** Lunch on the Town Dining at Noodles What to do at a Restaurant ***Lunch Provided***	**4** Music Therapy Music Crafts Trip to Dollar Tree	**5** In House Movie Day Thanksgiving Crafts Guess that Movie	**6** FV Swimming Day Fun with Fountain View Pool Volleyball and Football ***Bring Swim Suit***
9 All Site Friendsgiving Fall Games Thanksgiving Dance ***Lunch Provided***	**10** Wtn/FV Football on the Turf Football Crafts Sports Trivia	**11** Cooking Skills Grocery Shopping Making Breakfast ***Lunch Provided***	**12** Bowling Day 2 Games of Bowling Best Score Competition	**13** In House Science Experiemnents Body Percussion Dance Short Workout
16 Tae Kwon Do Skills With Master Frank Karaoke-a-Thon	**17** In House Fitness Day Aurora University Students Living Well Activities	**18** Win Big Run Wolf Ranch Animal Bingo Social time with Winfield ***Dress for the Weather***	**19** Movie on the Town Cinema Crafts Dance Party ***Optional $ Concessions***	**20** Yoga Time Creative Art Time Thankfullness Tree
23	**24**	**25**	**26**	**27**
30 FH Holiday Shopping This or That Holiday Oranaments	**1**	**2**	**3**	**4**
7	Notes			