










A DAY PROGRAM OF WDSRA

Wheaton January 2019

Central Athletic Complex, 500 S Naperville, Wheaton. 630-225-8511

Mon	Tue	Wed	Thu	Fri
<p>Rec and roll skill building this month is:</p> <p>Sticking to goals and New Year's Resolutions!</p>	<p>1 Winter Break No Rec & Roll</p> 	<p>2 Winter Break No Rec & Roll</p> 	<p>3 Winter Break No Rec & Roll</p> 	<p>4 Winter Break No Rec & Roll</p> 
<p>7 CS & Wtn at CS Grocery shopping Cooking skills Do not bring lunch</p>	<p>8 CS & Wtn at Wtn Creating goals & resolutions for 2019 Healthy Snack Bring your lunch</p>	<p>9 Next Chapter Book Club at Glen Ellyn Library Special treat out! Bring your lunch</p> 	<p>10 Nap, CS, GE, & Wtn 10:30am Bowling League at Fox Bowl 2 Games of bowling Bring your lunch</p>	<p>11 Nap, CS, GE, & Wtn Legoland Bring your lunch</p>
<p>14 Mind, body & spirit 12-1pm Yoga class at Universal Spirit Yoga Bring your lunch</p>	<p>15 Wtn & FH at FH National Hat Day! Hat decorating Bring your lunch</p> 	<p>16 Today will be out of this world! Cernan Space Center Bring your lunch</p>	<p>17 Recycling Day Art Project using Recyclables Bring your lunch</p>	<p>18 Wtn & FV at Wtn Gym games and activities Bring your lunch</p>
<p>21 Nap, CS, GE, & Wtn Sledding at Villa Oliva Bring your lunch</p>	<p>22 Nap, CS, GE, & Wtn Drum Circle with Dave Bring your lunch</p>	<p>23 Nap, CS, GE, & Wtn Celebrate National Pie Day! Lunch out at Baker's Square Bring \$10 & do not bring your lunch</p>	<p>24 Nap, CS, GE, & Wtn Disney On Ice: Mickey's Search Party! Bring \$10 Bring your lunch</p>	<p>25 Nap, CS, GE, & Wtn Surprise movie out! Bring money for concessions (optional) Bring your lunch</p>
<p>28 Friendship Bracelet Making Laser Tag at Main Event Bring your lunch</p>	<p>29 CS, FH, & Wtn Swimming at Fountain View Bring your bathing suit and a towel Bring your lunch</p>	<p>30 Movie Marathon Snack bar Bring a lunch</p> 	<p>31 Nap, CS, GE, & Wtn Ninja Academy @ 10:30 am Bring your lunch</p>	