

April 2026



Monday	Tuesday	Wednesday	Thursday	Friday
30 Spring Break	31 Spring Break	1 Spring Break	2 Spring Break	3 Spring Break
6 Fitness @ FV Rainbow Craft Dance Workout	7 Dine Out at Potbelly Discuss Simple Wisdom Interactive Workout Lunch Provided	8 Carol Stream Library Share your Talents Day Create Appreciation Notes	9 In-House Diamond Art @ WTN Discuss Unicorn Legends Kickboxing Workout	10 Tae Kwon Do Games in the Gym Planting Stems in Pots
13 WIN Picture Show Bloomingdale Movie with Friends Morning Exercise Snack Provided	14 CS Master Gardeners Learn Flower Varieties Social Step Up Hygiene	15 In-House w/ FV Let's Fly Kites Activities on Turf Lunch with Friends	16 Sock Monkey Museum Jungle Escape Workout Morning Stretch Optional Bring \$ Gift Shop	17 Yoga @ Winfield Make a Banana Recipe Social Step Up Lesson
20 All-Site PROM Dancing, Snacks, Music Dress Your Best Dessert Provided	21 SEASPAR to Visit WTN Dodgeball on Turf Spring Craft	22 Park Day Earth Day Clean-Up Recycling Craft	23 In-House Picnic Day on the Turf Volleyball Tap Nutrition/Adaptogen Talk Snack Provided	24 Lombard Fitness Telephone Game Nature Meditation
27 No Rec & Roll	28 No Rec & Roll	29 No Rec & Roll	30 No Rec & Roll	1 No Rec & Roll
4	Notes 2026/2027 Rec & Roll Year begins on Monday, May 4, 2026			