Rec & Roll Wheaton - 500 S. Naperville Rd. Wheaton (630) 384-8556

December 2026

Rec & Roll
A DAY PROGRAM OF WDSRA

Monday	Tuesday	Wednesday	Thursday	Friday
30	**1** AU Students Student Presentations Half Priced Books Trip ***Opt. Bring $ to Shop***	**2** CS Yorktown Mall Scavenger Hunt 2,000 Step Challenge	**3** Christkindl Market Outdoor Market Shop Vendors and Crafters ***Opt. Bring $ to Shop***	**4** Tae Kwon Do Special Guests History of Aviation
7 Music Therapy Stars Resale Shop Trip Resistance Band Workout ***Opt. Bring $ to Shop***	**8** In House Oh, The Places We'll Go! Virtual Trip-Colorado 3D Ski Slope Canvas Art	**9** All Site Ugly Sweater Party Wear Your Ugly Sweater Games and Dancing ***Lunch Provided***	**10** Dine Out Olive Garden 3000 Questions About Me ***Lunch Provided***	**11** All Site The Venue The Merry Janes Carolers Interactive Workout ***Bring Cold Lunch***
14 FV Arcade Games Dave & Busters Interactive Workout ***Bring Cold Lunch***	**15** FH Holiday Cookie Baking Real or Fake Cake Challenge Disney HIIT Workout ***Treat Provided***	**16** Bass Pro Shops Trip Santa Stop Step Up Lesson-Calming Hobbies ***Opt. Bring $ to Shop***	**17** Diamond Art Holiday Would You Rather Peloton Adaptive Workout	**18** In House Holiday Movie Hot Chocolate Bar Wooden Elf Ornament
21 **No Rec & Roll**	**22** **No Rec & Roll**	**23** **No Rec & Roll**	**24** **No Rec & Roll**	**25** **No Rec & Roll**
28 **No Rec & Roll**	**29** **No Rec & Roll**	**30** **No Rec & Roll**	**31** **No Rec & Roll**	1 **No Rec & Roll**
4	Notes December 22nd - Happy Birthday Alex!			