

March 2026

A DAY PROGRAM OF WDSRA

Monday		Tuesday		Wednesday		Thursday		Friday	
2	All-Site Art Show Unique Display from All Ppts Dance Workout	3	Gnarly Knots National Anthem History Yoga on Turf Snack Provided	4	In-House In-House Movie Learn to Write Limericks Musical Workout	5	FV Fox Bowl Bowl with Friends & Lunch Morning Stretch Bring Lunch or \$ to Buy	6	Lombard Fitness Oreo Cookie Craft Wear Blue Today
9	FH Willowbrook Wildlife Center Learn about Animal Care Kickboxing Workout	10	In-House National Mario Day Wii Tournament Super Mario Workout	11	Multi-Site Oscars Red Carpet Party Make an Oscar Dress like a Movie Star Snack Provided	12	St.Charles Motorcycle Museum Write a Good Vibes Note Decorate for Spring	13	National Plant a Flower Day Shop and Plant in Pots Discuss Flower Varieties
16	In-House Virtual Trip To Germany Craft and Music Making Positive Connections	17	TaeKwonDo St Patricks Craft and Snack Wear Your Green Snack Provided	18	Aurora Food Pantry Volunteer Opportunity Morning Movement	19	National Laughter Day Share Your Favorite Joke Craft Shopping	20	Dine Out for March Madness Buffalo Wild Wings Basketball in Kale Gym Lunch Provided
23	All-Site 50th Anniversary Party Riverwalk-Naperville Games, Music	24	Hoppers-The Movie Today in History Clips Morning Exercise	25	Naper Settlement What is the Medal of Honor? Table Games for Prizes	26	In-House Cooking Skills Let's Make Paninis Karma and Positive Life Steps Lunch Provided	27	CS Swimming at Fountain View Therapy Pool Beach Volley Bring Suit/Towel
30	No Rec & Roll	31	No Rec & Roll	1	No Rec & Roll	2	No Rec & Roll	3	No Rec & Roll
6	Notes March Theme: Spread Positivity to all! 								