

November 2024 *Rec & Roll*

A DAY PROGRAM OF **WDSRA**

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	31 Halloween	1 Fondue Friday Taste Some Dipped Snacks Morning Stretch & Walk
4 In-House Movie Holiday Themed Ppt Choice Morning Yoga	5 Fox Bowl Bowl 2 Games Lunch at Bowling Alley Bring Lunch or \$ to Buy	6 Lunch at Anyways Pub Listen to Saxophone Music Giant Beachball Volley Lunch Provided	7 Aurora University Visit Student Project Part 1 Create Snacks for Visitors Snack Provided	8 Fall Wagon Ride St. James Farm Fall Color Craft
11 Aurora Food Pantry Volunteer Day Morning Exercise	12 Main Event Laser Tag, Games Morning Dodgeball Circle	13 Pizza Party Kindness Cards Project at Wheaton with NAP, FH, GE	14 Bingo with GE Main St. Rec.Center Mini Hoop Contest	15 Friendsgiving Turkey, Treats, Crafts, Games All R&R Sites Lunch Provided
18 Top Golf Practice Your Swing with NAP & FV	19 Aurora University Visit Student Project Part 2 Thanksging Craft & Cards	20 Lombard Fitness Workout, Lift Weights Keep Fit Discussion/Activity	21 Bloomindale Picture Show Surprise Movie Morning Music Workout	22 Magic Show Vacation Discussion All R&R Sites
25 No Rec & Roll	26 No Rec & Roll	27 No Rec & Roll	28 Thanksgiving No Rec & Roll	29 No Rec & Roll
2	Notes			