

# October 2024



A DAY PROGRAM OF WDSRA

Monday	Tuesday	Wednesday	Thursday	Friday
<b>30</b> 	<b>1</b> <u>Swimming</u> Beachball Volley Lunch & Games with RRFV	<b>2</b> <u>Scarecrow Building</u> Smarties Candy Craft with RRGE, RRNAP & RRFH	<b>3</b> <u>In-House Movie</u> Fall Craft, Healthy Treat Decorate for Halloween <i>Healthy Treat Provided by R&amp;R</i>	<b>4</b> <u>Adaptive Recreation Day</u> Archery, Fishing, & Nature Activities With RRFH, RRNAP & RRWIN
<b>7</b> <u>Group Fitness Workout</u> Trip to Spirit Halloween Halloween Decorate <i>Optional \$ for Shopping</i>	<b>8</b> <u>Alice in Wonderland Play</u> Metropolis Theater with RRCS & RRGE	<b>9</b> <u>Coffee and Conversation</u> History of Halloween Autumn Guided Meditation	<b>10</b> <u>Mall Walk at Oakbrook</u> District Food Court Browse the Stores <i>Optional \$ for Lunch/Shopping</i>	<b>11</b> <u>Scarecrow Festival</u> Check out the Craft Show View Rec & Roll Scarecrows <i>Optional \$ for Shopping</i>
<b>14</b> <u>Paint Pumpkins</u> Table Games with RRCS at Wheaton	<b>15</b> <u>SEASPAR EAGLES</u> Meet at Reed Keppler Park Smores and Cornhole	<b>16</b> <u>Paddlewheel Boat Cruise</u> St. Charles with RRGE, RRNAP	<b>17</b> <u>Abbey Farms</u> Corn Maze, Duck Races with RRNAP, RRFV, & RRGE	<b>18</b> <u>Dine Out at Egg Yolk Café</u> Money Management Exercise Morning Stretch & Walk <i>Lunch Provided by R&amp;R</i>
<b>21</b> <u>Costume Dance Party</u> Dress Up and Groove at Wheaton with RRFV	<b>22</b> <u>Music Therapy</u> Mini Macrame Craft Morning Yoga Workout	<b>23</b> <u>Sonny Acres Farm</u> Hayride & Petting Zoo Pick Mini Pumpkin or Gourd	<b>24</b> <u>Fall Baking</u> Decorate Treats & Cupcakes with RRFV <i>Treat Provided by R&amp;R</i>	<b>25</b> <u>Pumpkin Day</u> Craft, Pass the Pumpkin Game Pumpkin Treat <i>Treat Provided by R&amp;R</i>
<b>28</b> <u>Tae Kwon Do</u> Games and Lunch with RRFH	<b>29</b> <u>Geneva History Museum</u> All Chocolate Café Treat Window Shop on 3rd Street <i>Treat Provided by R&amp;R</i>	<b>30</b> <u>Dave &amp; Busters</u> Arcade & Fun with Friends with RRGE	<b>31</b> <u>Halloween Party</u> Crafts, Treats & Games All R&R Sites <i>Wear Costume for Contest</i>	
	Notes			