

October 2025

A DAY PROGRAM OF **WDSRA**

Monday	Tuesday	Wednesday	Thursday	Friday
29 	30 	1 The Growing Place Buy Fall Flowers Plant Outdoor Box	2 In-House/GE Scarecrow Building Fall Crafts with Friends Morning Basketball in Gym	3 NAP Tae Kwon Do Timber Ridge Trail Morning Stretch
6 Fullersburg Woods See the Fall Colors Create Nature Notes	7 Oakbrook Mall Walk and Shop Morning Stretch <i>Bring \$ to Shop/Lunch</i>	8 In-House In-House Movie Create Hero Mask Discuss Our Heroes	9 CS Shop Spirit Halloween Table Games @Wheaton Morning Exercise	10 Multi-Site Scarecrow Festival Craft Fair at Pottawatomie Pk Visit with Friends <i>Bring \$ to Shop/Snack</i>
13 Dine Out @ Golden Wok Dance Workout StepUP Finance Lesson <i>Lunch Provided</i>	14 Lombard Fitness What is a Fossil? Rock Painting Craft	15 Winfield Farmers Market Apple Shape Workout Group Puzzle Build <i>Bring \$ to Shop</i>	16 FH Windy Acres Farm Mega Slide/Jumping Pillow Pick a Pumpkin	17 In-House National Pasta Day Culinary Skills Lesson Saving Money Discussion
20 WIN Metropolis Theater Peter Pan with Friends Morning Stretch	21 SEASPAR Meet Up Herrick Lake Trail Smores and Fire	22 FV Abbey Farms Corn Maze/Tire Shoot Hayride with Friends	23 In-House Budgeting Lesson Fall Bean Mosaic Track Walk	24 Yoga Beach Volleyball Tap Fall Color Walk
27 In-House/FV Obstacle Course Halloween Bingo Music & Smartboard Games	28 GE Halloween Party @ NEDSRA Music & Fun with Friends Morning Musical Workout	29 Lombard Walk Gnarly Knots Morning Exercise <i>Snack Provided</i>	30 WIN Halloween Sites Tour Pumpkin Painting History of Halloween Tale	31 All-Site Halloween Party Games, Food, Music Costume Contest <i>Lunch Provided</i>
3	Notes October Theme: Money Management Month! Reminder: Please send your participant with a jacket as the weather is getting cooler and we will continue to spend time outdoors at our community outings.			