

Rec & Roll Wheaton - 500 S. Naperville Rd. Wheaton (630) 384-8556

October 2026



Monday		Tuesday		Wednesday		Thursday		Friday	
28		29		30		1		2	
						Diamond Art Home Depot Trip Pick Out Our Fall Flowers		Tae Kwon Do Plant Fall Flower Box Resistance Band Workout	
5		6		7		8		9	
WIN		In House		GE+CS+FH					
Brookfield Zoo Explore Animal Exhibits Dinos! Trail Bring Cold Lunch		Cooking Skills Chicken Pot Pie Casserole Resistance Band Workout Lunch Provided		St. Charles Paddlewheel Fox River Boat Ride Interactive Workout Bring Cold Lunch		Spirit Halloween Browse Décor + Costumes Decorate Our Room Opt. Bring \$ to Shop		Scarecrow Fest Arts & Craft Fair Visit Our Scarecrow Opt. Bring \$ to Shop Fair	
12		13		14		15		16	
				CS		In House + FV		FH	
Aurora Premium Outlets Shop for Bargains 2,000 Step Challenge Opt. Bring \$ to Shop		Hobby Lobby Shopping Shop for Fall Crafts Pom Pom Pumpkins Craft		Monthly Book Club Pumpkin Carving Resistance Band Workout		National Fossil Day Dinosaur Fossil Dig Track Walk		Windy Acres Farm Jumping Pillow + Corn Maze Dance Workout Bring Cold Lunch	
19		20		21		22		23	
WIN + NAP						FV + WIN		In House	
Sock Hop Stroll Dance-Off History of the Sock Hop		Seaspar Meet Up Top Golf Friendly Competition Bring Cold Lunch		Railway Museum Guided Tour Steam Engines/Locomotive Bring Cold Lunch		Abbey Farms Corn Maze + Hay Ride Who Smarted Podcast Bring Cold Lunch		Music Therapy Oh, The Places We'll Go! Virtual Trip-Texas Wear Cowboy Boots/Hat	
26		27		28		29		30	
		GE + NAP + CS		In House		All Site			
Aurora Food Pantry Volunteer Day Interactive Workout		Chicago Wolves vs. Manitoba Moose NHL Greatest Plays		Dine Out Billy Bricks Pizza 3,000 Questions About Me Lunch Provided		Halloween Party Games/Crafts/Dancing Costume Contest Treat Provided		Yoga National Candy Corn Day Candy Corn Broom Craft	
2		Notes October 1st - Happy Birthday Aimee! October 27th - Happy Birthday Mason!							