

September 2023



A DAY PROGRAM OF WDSRA

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	31	1 End of Summer BBQ Blackwell Forest Preserve All-Sites, Food, Games, Fun <i>Lunch Provided by R&R</i>
4 Labor Day NO REC & ROLL	5 In-House Movie Day Create a Pizza Craft New Word of the Day	6 Back to Nature Geocaching Lincoln Marsh GE Rec & Roll to Join	7 NFL- Day Celebrate Season Start Craft and Pick your Team	8 Explore Cantigny Tanks, Museum, Gardens CS/FV/Win R&R to Join
11 Prepare to Plant Purchase Plant Material Honor Our Heroes	12 Plant WDSRA Fall Box Learn New Plant Varieties Block Walk Outside	13 Cooking Day Discover New Recipes At Winfield - FV R&R to join	14 Volunteering RibFest Set Up with Nap Morning Yoga	15 Fitness @ Ackerman Move and Stretch With Winfield R&R
18 Keller Farmstand Knoc Knolls Park Disc golf	19 Dine Out with Friends Seven Dwarfs Morning Craft <i>Lunch Provided by R&R</i>	20 Tae Kwon Do Peruse Farmers Market Optional Bring \$10	21 Apple Picking Keller/Oswego Fort Hill R&R to Join	22 NO REC & ROLL STAFF IN SERVICE DAY
25 Quesadilla Day Shop Marianos Create our Delicious Snack	26 Red Oak Nature Center Animal Facts, Habitats Hike, Explore the Cave	27 Blackberry Farm Carousel, Horse Wagons Paddleboats	28 WTN Scavenger Hunt Unravel the Clues Stroll Town with CS R&R	29 Scarecrow Building Create to Compete Multi-group activity
Notes Please bring a lunch each day to program unless otherwise noted!				