

September 2025



Monday		Tuesday		Wednesday		Thursday		Friday	
1	Labor Day No Rec & Roll	2	Painted Tree Shops 1/2 Price Books Lunch at the Park Bring \$ to Shop	3	In-House Coffee and Conversation Discuss Summer Memories Sunflower Craft Coffee or Snack Provided	4	Riverwalk Duck Scavenger Hunt Morning Stretch	5	NAP Tae Kwon Do Lunch with Friends Red Hawk Park
8	Fitness @ FV Textured Art Collage Morning Meditation	9	CS Master Gardeners Learn Planting Tips Walk the Track	10	Winfield Farmers Market Dance Workout Afternoon Games & Music Bring \$ to Shop	11	GE Bingo for Prizes Beach Ball Pickeball Cross Gym Exercises	12	In-House In-House Movie Yoga Workout Healthy Mind and Body
15	Top Golf Practice Your Swing CAC Gym Workout	16	In-House Everything Apples Day History of Apple Tech Apple Craft/Snack Snack Provided	17	Peck Farm Butterfly House Book of Why Facts Review	18	Phil's Friends Volunteering Assemble Care Packages Basketball/Stretch in Gym	19	FV Kellers Orchard Apple Picking with Friends Morning Stretch
22	In-House States and Capitals Game/Craft Floor Hockey in Gym Health and Hygiene Tips	23	Dine Out at Colonial Café Discuss a Favorite Story/Movie Gym Exercises/ Group Game Lunch Provided	24	Multi-Site Brookfield Zoo with Friends Tropic World and Koalas Morning Exercise	25	FH Southside Park & Tea Time Kickball,Cornhole/w Friends Smartboard Game Snack Provided	26	Cooking at Winfield Kitchen Mexican Fare Wear Your Sombrero Lunch Provided
29	All-Site Rec & Roll 20th Birthday National Coffee Day Music Workout Lunch Provided	30	CS Swimming @ FV Beach Ball Volley Bubble Gum Art	1		2		3	
6		Notes Health Awareness Month!							