



Western DuPage Special Recreation Association (WDSRA)
www.wdsra.com

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For those who are not familiar with WDSRA here's a little bit about who we are and what we do.

First, WDSRA stands for ---the Western DuPage Special Recreation Association. WDSRA provides engaging, community-based social & recreational programs (both virtual and in-person) and inclusion services for children, teens, and adults with special needs. We offer Special Olympics, adaptive sports, dance and art programs, camps, trips, special events, and everything in between. With all of our programs, there is definitely something for everyone and every interest! And we have programs all year round.

Our goal is to help individuals with special needs grow personally, connect with their community and discover their potential.

What does that mean?

Through our programs an individual gets to explore their likes and dislikes by trying new things and really get to gain a good positive idea of who they are. While doing that with WDSRA they get to be a part of the communities around them. Connecting to what's around you gives you a better sense of the world you live in. And of course, we are always evolving as individuals. Our programs evolve with our participants so they can really test their limits.

How do you do that with so many types of disabilities?

It's all about our participants. It is important to know that our goal is to provide all individuals with opportunities that allow them to perform at their personal highest level of ability no matter the disability. We recognize the need for flexibility in order to provide the very best environment for each individual. We base our assistance on a person's ability, their level of function, age, interest, and their personal recreation goals. So accommodations are based on very individual needs...specific to that person. That is the key!

Who does WDSRA serve?

WDSRA serves the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. So if you reside in any of those communities, we are your special recreation association!

What types of programs do you have?

We think it is really important to meet people where they are comfortable, so we offer:

- **virtual programs** for those who feel more comfortable engaging from the comfort of their own homes
- **in-person programs** for those people who are ready to have that in-person experience in their lives again

- and **inclusion services** are available depending on the status of each particular park district ...at no cost to the resident. So if you prefer, your child can participate in any regular park district class right alongside his/her neighbors and classmates.

You can find more about who we are and our programs on our website at www.wdsra.com. And certainly if you have any questions about anything, you can call us at 630.681.0962.

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Western DuPage Special Recreation Association (WDSRA) provides engaging, community-based recreational programs and inclusion services for children, teens, and adults with special needs. WDSRA offers Special Olympics, adapted sports, dance and art programs, camps, trips, special events, and more. WDSRA's mission, the development of individuals through recreation, makes it possible for individuals to grow personally, connect with their community and discover their potential.

WDSRA is an award winning organization and a cooperative extension of nine park districts serving the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield.

WDSRA Mission: The development of individuals through recreation.

WDSRA Vision: Opening a world of untapped potential and a lifetime of possibilities.