



Western DuPage Special Recreation Association (WDSRA)
www.wdsra.com

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AS HEARD ON WONC FM89.1

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We are the Western DuPage Special Recreation Association providing social and recreational programs for children, teens and adults right here in DuPage County.

Swimmers Bring Home GOLD!

In the first meet of the season, WDSRA swimmers came off the block strong earning 4 GOLD, 5 SILVER, 3 BRONZE, 2 - 4th places, 1 - 5th place, and 1 - 6th place medals! Events included individual backstroke, breaststroke and freestyle. The meet was hosted by SEASPAR on Saturday 12/7.

Congratulations to all!

Congratulations Unified Bowlers!

Brothers Emmett and Liam earned a 4th in their division at the State competition after qualifying for sectionals back in October. They competed in the Special Olympics unified bowling tournament held at the Landmark Lanes, Peoria on Saturday, 12/7.

Congratulations to Emmett and Liam!

Parade Honors Special Olympics Athletes!

Friday, 11/29, Special Olympics athletes from all over the area were honored at the Rotary Club of Naperville's Holiday Parade of Lights event. Ten WDSRA athletes marched in the parade and dozens of family members attended. PLUS, Moira M. had the distinct honor of representing WDSRA athletes on the Grand Marshall's float alongside the Mayor of Naperville.

What an honor for everyone!

Calling All Families with Children Ages 3-15!

Did you know we have YOUTH SPORTS for your young athlete?

We do! Whether your child is new to sports, honing their skills, or simply eager to make friends, we've got an exciting lineup they're sure to love! While registration may have closed, we still have spots available. Take a look at these winter AND spring programs!

For more information OR to register, contact Macey directly at maceyh@wdsra.com or 630-681-0962 ext554.

Learn 2 Play Sports – Build skills & confidences thru sports

Age 3-6 years | Sa 10:45-11:30am | 3/15-4/26 | Jefferson Early Education Center, Wheaton | Fee \$60
Introduce your child to the exciting world of sports in a fun, supportive, environment! Your budding athlete will enjoy exploring soccer, basketball, and more through engaging drills and games. Build confidence, foster teamwork, and spark a lifelong love for sports!

Youth Basketball – Dribble, shoot, score... and make friends

Age 7-15 years | Sa 9-10am | 3/15-4/26 | Beebe Elementary School, Naperville | Fee \$70

It's all FUN on the court! Whether your child is just starting out or looking to improve their skills, we've got the perfect program for them! With engaging drills and games tailored to their level, they'll stay active, build confidence, and have a great time. **This program is not part of the Special Olympics Illinois competition.*

Youth Bowling – guaranteed strikes, spares and smiles

Age 7-15 years | Tu 5-6pm | 2/4, 2/18, 3/4, 3/18, 4/1, 4/15 | Bowlero, Naperville | Fee \$90

Bowling is a blast for all ages! Whether teaming up with a friend or making new ones on the lanes, they'll enjoy learning the basics of bowling in an exciting and supportive program designed to build skills and confidence. Let's get rolling!

Jr Wildcat Soccer – experience the thrill of Special Olympics

Age 8-15 years | W 4:30-5:30pm | 3/12-4/30 | Lions Park, Winfield | Fee \$95

Join us for an exciting season of Jr. Wildcat Soccer! Build skills in practice, compete in fun games against local teams, and make new friends along the way. PLUS - participate in the Special Olympics Tournaments (*held on Sundays - dates TBD*), with gold-medal teams advancing to the State Tournament in June.

New-to-YOU Programs!

These programs are worth another look!

Find complete details in the winter/spring brochure. BUT to register, for

- bowling or boxing, contact Macey directly at maceyh@wdsra.com or 630-681-0962 ext554
- recreational golf or powerlifting, contact Ryan at ryanf@wdsra.com or 630-681-0962 ext576

Adult Bowling

Age 16+ years | Tu 5-6pm | 1/28-4/15 | Bowlero, Naperville | Fee \$200

NEW! Meets on Tuesdays AND runs 12 consecutive weeks!

Boxing

Age 16+ years | Sa 12:30-1:30pm | 2/1-3/8 | Title Boxing, Naperville | Fee \$90

Transform your fitness journey as you build strength.

Wildcat Recreational Golf

Age 16+ years | Th 6-8pm | 6/5-7/24 | Arrowhead Golf Course, Wheaton OR Naperbrook Golf Course, Naperville | Fee \$90

All the FUN without the competition! Start by building your confidence with practice at the range & putting green. Then move onto the course to play a few friendly holes.

Wildcat Powerlifting

Age 16+ years | W 7-8:30pm | 1/22-3/26 | Winfield Park District, Winfield | Fee \$115

Powerlifting focuses on three lifts-squat, bench press and deadlift. Coaches will work closely with you at every turn. Get ready to push your limits and achieve a new personal best.

Annual Appeal Going on Now

Did you know that you change a life with just a click! You can by donating to the annual appeal that just kicked off. Everyone deserves a place to belong, a chance to make new friends, try new things, and explore with their peers. Caregivers also need the chance to recharge. By donating today, you can make this possible. Your gift will transform lives — for participants and their families — as soon as the next program season. *Funds raised through the Annual Appeal are a vital part of our FY24-25 budget.*

Learn more or donate at <https://www.wdsra.com/event/wdsra-annual-appeal/>.

Wrap With that, all I can do is wrap it up. If you have any questions about anything we talked about here today, please give us a call. We are happy to answer them all! Contact us at 630-681-0962 or check out our website at www.wdsra.com. And please, stay connected with us by following us on Facebook or signing up for our enews.

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WDSRA

Western DuPage Special Recreation Association (WDSRA) provides engaging, community-based recreational programs and inclusion services for children, teens, and adults with special needs. WDSRA offers Special Olympics, adapted sports, dance and art programs, camps, trips, special events, and more. WDSRA's mission, the development of individuals through recreation, makes it possible for individuals to grow personally, connect with their community and discover their potential.

WDSRA is an award-winning organization and a cooperative extension of nine park districts serving the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield.

MISSION *We enrich lives, connect communities and create fun through inclusive recreational opportunities.*

VISION *A world of opportunities, belonging and individuals reaching their full potential.*

Learn more at www.wdsra.com.